Sara S P Rodrigues

List of Publications by Year in descending order

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37 papers

1,079 citations

394421 19 h-index 32 g-index

42 all docs 42 docs citations

42 times ranked 1652 citing authors

#	Article	IF	CITATIONS
1	Dietary patterns and their socio-demographic determinants in 10 European countries: data from the DAFNE databank. European Journal of Clinical Nutrition, 2006, 60, 181-190.	2.9	133
2	Disparities in food habits across Europe. Proceedings of the Nutrition Society, 2002, 61, 553-558.	1.0	85
3	National Food, Nutrition, and Physical Activity Survey of the Portuguese General Population (2015-2016): Protocol for Design and Development. JMIR Research Protocols, 2018, 7, e42.	1.0	71
4	1. Executive Summary. Forum of Nutrition, 2009, 62, 1-11.	3.7	67
5	A New Food Guide for the Portuguese Population: Development and Technical Considerations. Journal of Nutrition Education and Behavior, 2006, 38, 189-195.	0.7	66
6	Determination of plate waste in primary school lunches by weighing and visual estimation methods: A validation study. Waste Management, 2014, 34, 1362-1368.	7.4	66
7	Portuguese households' diet quality (adherence to Mediterranean food pattern and compliance with) Tj ETQq1 European Journal of Clinical Nutrition, 2008, 62, 1263-1272.	1 1 0.7843 2.9	314 rgBT / <mark>()\</mark> 61
8	Prevalence of general and abdominal obesity in Portugal: comprehensive results from the National Food, nutrition and physical activity survey 2015–2016. BMC Public Health, 2018, 18, 614.	2.9	53
9	Eating out is different from eating at home among individuals who occasionally eat out. A cross-sectional study among middle-aged adults from eleven European countries. British Journal of Nutrition, 2015, 113, 1951-1964.	2.3	45
10	Food balance sheet and household budget survey dietary data and mortality patterns in Europe. British Journal of Nutrition, 2009, 102, 166-171.	2.3	43
11	Strategies to reduce plate waste in primary schools – experimental evaluation. Public Health Nutrition, 2016, 19, 1517-1525.	2.2	38
12	Ultra-processed food consumption, appetitive traits and BMI in children: a prospective study. British Journal of Nutrition, 2021, 125, 1427-1436.	2.3	33
13	Relationship between cooking habits and skills and Mediterranean diet in a sample of Portuguese adolescents. Perspectives in Public Health, 2011, 131, 283-287.	1.6	27
14	National Food, Nutrition and Physical Activity Survey of the Portuguese general population. EFSA Supporting Publications, 2017, 14, 1341E.	0.7	27
15	Consumption of ultra-processed foods and non-communicable disease-related nutrient profile in Portuguese adults and elderly (2015–2016): the UPPER project. British Journal of Nutrition, 2021, 125, 1177-1187.	2.3	26
16	Eating at restaurants, at work or at home. Is there a difference? A study among adults of 11 European countries in the context of the HECTOR* project. European Journal of Clinical Nutrition, 2017, 71, 407-419.	2.9	25
17	Eating out of home and dietary adequacy in preschool children. British Journal of Nutrition, 2015, 114, 297-305.	2.3	22
18	Comparison of national food supply, household food availability and individual food consumption data in Portugal. Zeitschrift Fur Gesundheitswissenschaften, 2007, 15, 447-455.	1.6	21

#	Article	IF	CITATIONS
19	Factors influencing food waste during lunch of fourth-grade school children. Waste Management, 2020, 113, 439-446.	7.4	21
20	General and abdominal adiposity in a representative sample of Portuguese adults: dependency of measures and socio-demographic factors' influence. British Journal of Nutrition, 2016, 115, 185-192.	2.3	18
21	Associated factors to the consumption of ultra-processed foods and its relation with dietary sources in Portugal. Journal of Nutritional Science, 2021, 10, e89.	1.9	16
22	Diet quality in elderly Portuguese households. Journal of Nutrition, Health and Aging, 2014, 18, 243-250.	3.3	15
23	Ultra-Processed Food Availability and Noncommunicable Diseases: A Systematic Review. International Journal of Environmental Research and Public Health, 2021, 18, 7382.	2.6	15
24	Food Processing: Comparison of Different Food Classification Systems. Nutrients, 2022, 14, 729.	4.1	15
25	Cooking skills and socio-demographics among Portuguese university students. British Food Journal, 2018, 120, 563-577.	2.9	13
26	Qualitative evaluation of the menu and plate waste in public day care centers in São Paulo city, Brazil. Revista De Nutricao, 2013, 26, 135-144.	0.4	10
27	Effect of sociodemographic variables and time on food group contribution to total food availability in Portuguese elderly households. Journal of Nutrition, Health and Aging, 2014, 18, 471-478.	3.3	6
28	The Portuguese mediterranean diet wheel: development considerations. British Journal of Nutrition, 2022, 128, 1315-1321.	2.3	6
29	Availability of foods and beverages in nationally representative samples of Portuguese households from 1990 to 2000: the DAFNE initiative. Zeitschrift Fur Gesundheitswissenschaften, 2007, 15, 211-220.	1.6	5
30	School lunch nutritional adequacy: what is served, consumed and wasted. Public Health Nutrition, 2021, 24, 4277-4285.	2.2	5
31	Dietary Patterns in Portuguese Children and Adolescent Population: The UPPER Project. Nutrients, 2021, 13, 3851.	4.1	5
32	Household diet quality in relation to mortality in Portuguese regions: an ecological study. Zeitschrift Fur Gesundheitswissenschaften, 2008, 16, 43-51.	1.6	4
33	An Ultra-Processed Food Dietary Pattern Is Associated with Lower Diet Quality in Portuguese Adults and the Elderly: The UPPER Project. Nutrients, 2021, 13, 4119.	4.1	4
34	Dietary availability in elderly Portuguese households. Public Health Nutrition, 2015, 18, 392-402.	2.2	3
35	Adhering to a Mediterranean diet in a Mediterranean country: an excess cost for families?. British Journal of Nutrition, 2021 , , 1 -8.	2.3	3
36	1431Dietary patterns and diet quality of Portuguese children and adolescents: the UPPER project. International Journal of Epidemiology, 2021, 50, .	1.9	0

#	Article	IF	CITATIONS
37	Interaction effects of socioeconomic position in the association between eating location and diet quality in Portuguese children and adolescents: results from the National Food, Nutrition and Physical activity survey 2015-2016. British Journal of Nutrition, 2021, , 1-23.	2.3	O