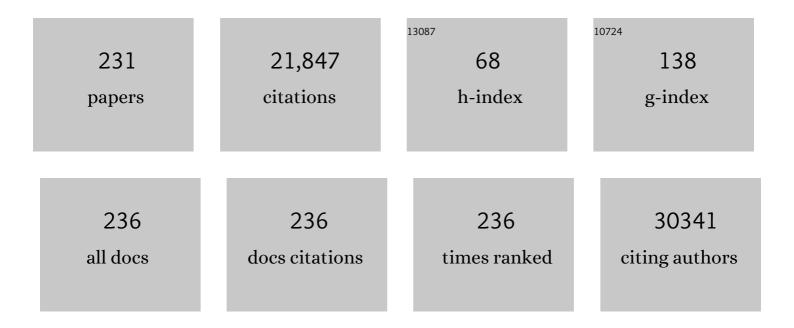
List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Worldwide trends in body-mass index, underweight, overweight, and obesity from 1975 to 2016: a pooled analysis of 2416 population-based measurement studies in 128·9 million children, adolescents, and adults. Lancet, The, 2017, 390, 2627-2642.	6.3	5,010
2	Worldwide trends in hypertension prevalence and progress in treatment and control from 1990 to 2019: a pooled analysis of 1201 population-representative studies with 104 million participants. Lancet, The, 2021, 398, 957-980.	6.3	1,289
3	Rising rural body-mass index is the main driver of the global obesity epidemic in adults. Nature, 2019, 569, 260-264.	13.7	469
4	Protocatechuic Acid Is the Major Human Metabolite of Cyanidin-Glucosides3. Journal of Nutrition, 2007, 137, 2043-2048.	1.3	415
5	Bifidobacterium longum with Fructo-Oligosaccharides in Patients with Non Alcoholic Steatohepatitis. Digestive Diseases and Sciences, 2012, 57, 545-553.	1.1	369
6	Role of Omega-3 Fatty Acids in the Treatment of Depressive Disorders: A Comprehensive Meta-Analysis of Randomized Clinical Trials. PLoS ONE, 2014, 9, e96905.	1.1	358
7	Coffee, Caffeine, and Health Outcomes: An Umbrella Review. Annual Review of Nutrition, 2017, 37, 131-156.	4.3	348
8	Modulation of Nrf2/ARE Pathway by Food Polyphenols: A Nutritional Neuroprotective Strategy for Cognitive and Neurodegenerative Disorders. Molecular Neurobiology, 2011, 44, 192-201.	1.9	325
9	A comprehensive meta-analysis on evidence of Mediterranean diet and cardiovascular disease: Are individual components equal?. Critical Reviews in Food Science and Nutrition, 2017, 57, 3218-3232.	5.4	325
10	Possible role of diet in cancer: systematic review and multiple meta-analyses of dietary patterns, lifestyle factors, and cancer risk. Nutrition Reviews, 2017, 75, 405-419.	2.6	322
11	Dietary Strategies to Counteract the Effects of Mycotoxins: A Review. Journal of Food Protection, 2001, 64, 120-131.	0.8	274
12	Cyanidins: metabolism and biological properties. Journal of Nutritional Biochemistry, 2004, 15, 2-11.	1.9	272
13	Diversity in metabolite production by Fusarium langsethiae, Fusarium poae, and Fusarium sporotrichioides. International Journal of Food Microbiology, 2004, 95, 257-266.	2.1	259
14	Occurrence and Stability of Aflatoxin M1 in Milk and Milk Products: A Worldwide Review. Journal of Food Protection, 1996, 59, 1079-1090.	0.8	240
15	Cyanidin-3- <i>O</i> -β-Glucoside and Protocatechuic Acid Exert Insulin-Like Effects by Upregulating PPARγ Activity in Human Omental Adipocytes. Diabetes, 2011, 60, 2234-2244.	0.3	223
16	Height and body-mass index trajectories of school-aged children and adolescents from 1985 to 2019 in 200 countries and territories: a pooled analysis of 2181 population-based studies with 65 million participants. Lancet, The, 2020, 396, 1511-1524.	6.3	219
17	A comprehensive metaâ€analysis on dietary flavonoid and lignan intake and cancer risk: Level of evidence and limitations. Molecular Nutrition and Food Research, 2017, 61, 1600930.	1.5	217
18	Omega-3 Fatty Acids and Depression: Scientific Evidence and Biological Mechanisms. Oxidative Medicine and Cellular Longevity, 2014, 2014, 1-16.	1.9	215

#	Article	IF	CITATIONS
19	Dietary Flavonoid and Lignan Intake and Mortality in Prospective Cohort Studies: Systematic Review and Dose-Response Meta-Analysis. American Journal of Epidemiology, 2017, 185, 1304-1316.	1.6	215
20	Normal-weight obese syndrome: early inflammation?. American Journal of Clinical Nutrition, 2007, 85, 40-45.	2.2	196
21	L-Carnitine Supplementation to Diet: A New Tool in Treatment of Nonalcoholic Steatohepatitis—A Randomized and Controlled Clinical Trial. American Journal of Gastroenterology, 2010, 105, 1338-1345.	0.2	191
22	A review of recent evidence in human studies of n-3 and n-6 PUFA intake on cardiovascular disease, cancer, and depressive disorders: does the ratio really matter?. International Journal of Food Sciences and Nutrition, 2015, 66, 611-622.	1.3	186
23	Nut consumption on all-cause, cardiovascular, and cancer mortality risk: a systematic review and meta-analysis of epidemiologic studies. American Journal of Clinical Nutrition, 2015, 101, 783-793.	2.2	185
24	Effects of Vitamin C on health: a review of evidence. Frontiers in Bioscience - Landmark, 2013, 18, 1017.	3.0	179
25	Dietary n-3 PUFA, fish consumption and depression: A systematic review and meta-analysis of observational studies. Journal of Affective Disorders, 2016, 205, 269-281.	2.0	178
26	Protocatechuic Acid and Human Disease Prevention: Biological Activities and Molecular Mechanisms. Current Medicinal Chemistry, 2012, 19, 2901-2917.	1.2	167
27	Fruit and vegetable consumption and health outcomes: an umbrella review of observational studies. International Journal of Food Sciences and Nutrition, 2019, 70, 652-667.	1.3	156
28	Coffee components and cardiovascular risk: beneficial and detrimental effects. International Journal of Food Sciences and Nutrition, 2014, 65, 925-936.	1.3	149
29	Mediterranean Diet and Cardiovascular Risk Factors: A Systematic Review. Critical Reviews in Food Science and Nutrition, 2014, 54, 593-610.	5.4	148
30	Diet and Mental Health: Review of the Recent Updates on Molecular Mechanisms. Antioxidants, 2020, 9, 346.	2.2	146
31	Toxicity of Ochratoxin A and Its Modulation by Antioxidants: A Review. Toxins, 2013, 5, 1742-1766.	1.5	145
32	Coffee, tea, caffeine and risk of depression: A systematic review and dose–response metaâ€analysis of observational studies. Molecular Nutrition and Food Research, 2016, 60, 223-234.	1.5	143
33	Association between diet and sleep quality: A systematic review. Sleep Medicine Reviews, 2021, 57, 101430.	3.8	133
34	Cyanidin and cyanidin 3-O-β-D-glucoside as DNA cleavage protectors and antioxidants. Cell Biology and Toxicology, 2003, 19, 243-252.	2.4	132
35	Effects of Blood Orange Juice Intake on Antioxidant Bioavailability and on Different Markers Related to Oxidative Stress. Journal of Agricultural and Food Chemistry, 2005, 53, 941-947.	2.4	131
36	Factors Associated with Adherence to the Mediterranean Diet among Adolescents Living in Sicily, Southern Italy. Nutrients, 2013, 5, 4908-4923.	1.7	127

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37	Coffee consumption and risk of all-cause, cardiovascular, and cancer mortality in smokers and non-smokers: a dose-response meta-analysis. European Journal of Epidemiology, 2016, 31, 1191-1205.	2.5	125
38	Mediterranean diet adherence in children and adolescents in southern European countries. NFS Journal, 2016, 3, 13-19.	1.9	122
39	Legume consumption and CVD risk: a systematic review and meta-analysis. Public Health Nutrition, 2017, 20, 245-254.	1.1	118
40	Dietary Polyphenol Intake and Depression: Results from the Mediterranean Healthy Eating, Lifestyle and Aging (MEAL) Study. Molecules, 2018, 23, 999.	1.7	109
41	Effects of rosmarinic acid against aï¬,atoxin B1 and ochratoxin-A-induced cell damage in a human hepatoma cell line(Hep G2). Journal of Applied Toxicology, 2004, 24, 289-296.	1.4	108
42	The effects of dietary flavonoids on the regulation of redox inflammatory networks. Frontiers in Bioscience - Landmark, 2012, 17, 2396.	3.0	107
43	Mediterranean diet and cancer: epidemiological evidence and mechanism of selected aspects. BMC Surgery, 2013, 13, S14.	0.6	105
44	Silibinin modulates lipid homeostasis and inhibits nuclear factor kappa B activation in experimental nonalcoholic steatohepatitis. Translational Research, 2012, 159, 477-486.	2.2	104
45	Bifidobacterium combined with fructo-oligosaccharide versus lactulose in the treatment of patients with hepatic encephalopathy. European Journal of Gastroenterology and Hepatology, 2010, 22, 199-206.	0.8	101
46	Detoxification methods of aflatoxins. A review. Nutrition Research, 1995, 15, 767-776.	1.3	100
47	Dietary sources of polyphenols in the Mediterranean healthy Eating, Aging and Lifestyle (MEAL) study cohort. International Journal of Food Sciences and Nutrition, 2017, 68, 750-756.	1.3	98
48	Nutrition knowledge and other determinants of food intake and lifestyle habits in children and young adolescents living in a rural area of Sicily, South Italy. Public Health Nutrition, 2013, 16, 1827-1836.	1.1	97
49	Red Orange: Experimental Models and Epidemiological Evidence of Its Benefits on Human Health. Oxidative Medicine and Cellular Longevity, 2013, 2013, 1-11.	1.9	97
50	Mediterranean diet adherence rates in Sicily, southern Italy. Public Health Nutrition, 2014, 17, 2001-2009.	1.1	96
51	Validation of a food frequency questionnaire for use in Italian adults living in Sicily. International Journal of Food Sciences and Nutrition, 2015, 66, 426-438.	1.3	96
52	Dietary Polyphenol Intake, Blood Pressure, and Hypertension: A Systematic Review and Meta-Analysis of Observational Studies. Antioxidants, 2019, 8, 152.	2.2	91
53	Oxidative Stress in Normalâ€Weight Obese Syndrome. Obesity, 2010, 18, 2125-2130.	1.5	90
54	Potential Therapeutic Effects of Natural Heme Oxygenase-1 Inducers in Cardiovascular Diseases. Antioxidants and Redox Signaling, 2013, 18, 507-521.	2.5	87

#	Article	IF	CITATIONS
55	Dietary Flavonoids and Cardiovascular Disease: A Comprehensive Dose–Response Metaâ€Analysis. Molecular Nutrition and Food Research, 2021, 65, e2001019.	1.5	87
56	Whole grain consumption and human health: an umbrella review of observational studies. International Journal of Food Sciences and Nutrition, 2020, 71, 668-677.	1.3	81
57	Cyanidin-3-O-β-glucopyranoside, a natural free-radical scavenger against aflatoxin B1- and ochratoxin A-induced cell damage in a human hepatoma cell line (Hep G2) and a human colonic adenocarcinoma cell line (CaCo-2). British Journal of Nutrition, 2005, 94, 211-220.	1.2	79
58	Maternal dietary habits and mycotoxin occurrence in human mature milk. Molecular Nutrition and Food Research, 2008, 52, 496-501.	1.5	79
59	Mediterranean diet adherence in the Mediterranean healthy eating, aging and lifestyle (MEAL) study cohort. International Journal of Food Sciences and Nutrition, 2018, 69, 100-107.	1.3	79
60	Molecular Bases Underlying the Hepatoprotective Effects of Coffee. Nutrients, 2017, 9, 85.	1.7	78
61	Response of cell cycle/stress-related protein expression and DNA damage upon treatment of CaCo2 cells with anthocyanins. British Journal of Nutrition, 2008, 100, 27-35.	1.2	75
62	Oral acetyl-l-carnitine therapy reduces fatigue in overt hepatic encephalopathy: a randomized, double-blind, placebo-controlled study. American Journal of Clinical Nutrition, 2011, 93, 799-808.	2.2	75
63	Dairy foods and health: an umbrella review of observational studies. International Journal of Food Sciences and Nutrition, 2020, 71, 138-151.	1.3	74
64	Vegetarianism and breast, colorectal and prostate cancer risk: an overview and metaâ€analysis of cohort studies. Journal of Human Nutrition and Dietetics, 2017, 30, 349-359.	1.3	72
65	Silibinin Restores NAD+ Levels and Induces the SIRT1/AMPK Pathway in Non-Alcoholic Fatty Liver. Nutrients, 2017, 9, 1086.	1.7	72
66	Adherence to the Mediterranean Diet is Associated with Better Sleep Quality in Italian Adults. Nutrients, 2019, 11, 976.	1.7	72
67	Polyphenols and neuroprotection: Therapeutic implications for cognitive decline. , 2022, 232, 108013.		71
68	Natural co-occurrence of deoxynivalenol and fumonisins B1and B2in Italian marketed foodstuffs. Food Additives and Contaminants, 2003, 20, 566-571.	2.0	70
69	Reliability and relative validity of a food frequency questionnaire for Italian adults living in Sicily, Southern Italy. International Journal of Food Sciences and Nutrition, 2016, 67, 857-864.	1.3	70
70	Toxic metal levels in cocoa powder and chocolate by ICP-MS method after microwave-assisted digestion. Food Chemistry, 2018, 245, 1163-1168.	4.2	70
71	Beneficial Effects of the Mediterranean Diet on Metabolic Syndrome. Current Pharmaceutical Design, 2014, 20, 5039-5044.	0.9	70
72	Cyanidin-3- O -β-glucopyranoside Protects Myocardium and Erythrocytes from Oxygen Radical-mediated Damages. Free Radical Research, 2003, 37, 453-460.	1.5	69

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73	Survey of the Occurrence of Aflatoxin M1 in Dairy Products Marketed in Italy. Journal of Food Protection, 1998, 61, 738-741.	0.8	68
74	DNA damage in human fibroblasts exposed to fumonisin B1. Food and Chemical Toxicology, 2002, 40, 25-31.	1.8	68
75	Neuroprotective effect of silibinin in diabetic mice. Neuroscience Letters, 2011, 504, 252-256.	1.0	68
76	Survey of the occurrence of Aflatoxin M1 in ovine milk by HPLC and its confirmation by MS. Molecular Nutrition and Food Research, 2006, 50, 300-305.	1.5	66
77	Contributions of mean and shape of blood pressure distribution to worldwide trends and variations in raised blood pressure: a pooled analysis of 1018 population-based measurement studies with 88.6 million participants. International Journal of Epidemiology, 2018, 47, 872-883i.	0.9	65
78	New markers of neonatal neurology. Journal of Maternal-Fetal and Neonatal Medicine, 2009, 22, 57-61.	0.7	64
79	Effect of silibinin on endothelial dysfunction and ADMA levels in obese diabetic mice. Cardiovascular Diabetology, 2011, 10, 62.	2.7	64
80	Factors Associated With Metabolic Syndrome in a Mediterranean Population: Role of Caffeinated Beverages. Journal of Epidemiology, 2014, 24, 327-333.	1.1	64
81	Silibinin improves hepatic and myocardial injury in mice with nonalcoholic steatohepatitis. Digestive and Liver Disease, 2012, 44, 334-342.	0.4	63
82	Apigenin induces apoptosis and impairs head and neck carcinomas EGFR/ErbB2 signaling. Frontiers in Bioscience - Landmark, 2011, 16, 1060.	3.0	62
83	Protocatechuic acid activates key components of insulin signaling pathway mimicking insulin activity. Molecular Nutrition and Food Research, 2015, 59, 1472-1481.	1.5	62
84	Long-Term Coffee Consumption Is Associated with Decreased Incidence of New-Onset Hypertension: A Dose–Response Meta-Analysis. Nutrients, 2017, 9, 890.	1.7	62
85	<i>Moro</i> orange juice prevents fatty liver in mice. World Journal of Gastroenterology, 2012, 18, 3862.	1.4	62
86	Health risk factors associated with meat, fruit and vegetable consumption in cohort studies: A comprehensive meta-analysis. PLoS ONE, 2017, 12, e0183787.	1.1	60
87	Tea Consumption and Risk of Cancer: An Umbrella Review and Meta-Analysis of Observational Studies. Advances in Nutrition, 2020, 11, 1437-1452.	2.9	60
88	Lipoprotein(a) in Cardiovascular Diseases. BioMed Research International, 2013, 2013, 1-9.	0.9	59
89	Ochratoxin A removal during winemaking. Enzyme and Microbial Technology, 2006, 40, 122-126.	1.6	58
90	Association of dietary patterns with insulin resistance and clinically silent carotid atherosclerosis in apparently healthy people. European Journal of Clinical Nutrition, 2013, 67, 1284-1290.	1.3	58

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91	The Effect of Dietary Polyphenols on Vascular Health and Hypertension: Current Evidence and Mechanisms of Action. Nutrients, 2022, 14, 545.	1.7	58
92	Absorption and metabolism of red orange juice anthocyanins in rats. British Journal of Nutrition, 2006, 95, 898-904.	1.2	57
93	Coffee enhances the expression of chaperones and antioxidant proteins in rats with nonalcoholic fatty liver disease. Translational Research, 2014, 163, 593-602.	2.2	57
94	Bioavailability, antioxidant and biological properties of the natural free-radical scavengers cyanidin and related glycosides. Annali Dell'Istituto Superiore Di Sanita, 2007, 43, 382-93.	0.2	57
95	Activity and mechanism of the antioxidant properties of cyanidin-3-O-l²-glucopyranoside. Free Radical Research, 2001, 35, 953-966.	1.5	55
96	Ochratoxin A-induced DNA damage in human fibroblast: protective effect of cyanidin 3-O-β-d-glucoside. Journal of Nutritional Biochemistry, 2005, 16, 31-37.	1.9	55
97	Antiproliferative effect of oleuropein in prostate cell lines. International Journal of Oncology, 2012, 41, 31-8.	1.4	54
98	Pharmacological Induction of Heme Oxygenase-1 Inhibits iNOS and Oxidative Stress in Renal Ischemia-Reperfusion Injury. Transplantation Proceedings, 2007, 39, 2986-2991.	0.3	53
99	Factors Associated with Colorectal Cancer in the Context of the Mediterranean Diet: A Case-Control Study. Nutrition and Cancer, 2014, 66, 558-565.	0.9	53
100	Protective role of the Mediterranean diet on several cardiovascular risk factors: Evidence from Sicily, southern Italy. Nutrition, Metabolism and Cardiovascular Diseases, 2014, 24, 370-377.	1.1	53
101	The Mediterranean healthy eating, ageing, and lifestyle (MEAL) study: rationale and study design. International Journal of Food Sciences and Nutrition, 2017, 68, 577-586.	1.3	53
102	Natural heme oxygenase-1 inducers in hepatobiliary function. World Journal of Gastroenterology, 2008, 14, 6122.	1.4	53
103	Reduction of Carryover of Aflatoxin from Cow Feed to Milk by Addition of Activated Carbons. Journal of Food Protection, 1996, 59, 551-554.	0.8	52
104	Activated Carbons: In Vitro Affinity for Ochratoxin A and Deoxynivalenol and Relation of Adsorption Ability to Physicochemical Parameters. Journal of Food Protection, 1998, 61, 469-475.	0.8	52
105	Simultaneous determination of aflatoxin B1and ochratoxin A and their natural occurrence in Mediterranean virgin olive oil. Food Additives and Contaminants, 2007, 24, 173-180.	2.0	51
106	DNA damage in astrocytes exposed to fumonisin B1. Neurochemical Research, 2002, 27, 345-351.	1.6	50
107	Association between polyphenol intake and adherence to the Mediterranean diet in Sicily, southern Italy. NFS Journal, 2017, 8, 1-7.	1.9	50
108	Environmental Impact of Dietary Choices: Role of the Mediterranean and Other Dietary Patterns in an Italian Cohort, International Journal of Environmental Research and Public Health, 2020, 17, 1468	1.2	50

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109	Aflatoxin M ₁ in raw, UHT milk and dairy products in Sicily (Italy). Food Additives and Contaminants: Part B Surveillance, 2013, 6, 181-186.	1.3	49
110	Differentiation of human melanoma cells induced by cyanidinâ€3―O â€Î²â€glucopyranoside. FASEB Journal, 2004, 18, 1940-1942.	0.2	48
111	Association of obesity and diabetes with thyroid nodules. Endocrine, 2018, 60, 339-347.	1.1	48
112	Cyanidin-3- O -Ĵ²-glucoside and protocatechuic acid activate AMPK/mTOR/S6K pathway and improve glucose homeostasis in mice. Journal of Functional Foods, 2016, 21, 338-348.	1.6	46
113	Role of Dietary and Endogenous Antioxidants in Diabetes. Critical Reviews in Food Science and Nutrition, 2014, 54, 1599-1616.	5.4	44
114	Dietary Inflammatory Index and Sleep Quality in Southern Italian Adults. Nutrients, 2019, 11, 1324.	1.7	44
115	National trends in total cholesterol obscure heterogeneous changes in HDL and non-HDL cholesterol and total-to-HDL cholesterol ratio: a pooled analysis of 458 population-based studies in Asian and Western countries. International Journal of Epidemiology, 2020, 49, 173-192.	0.9	44
116	Effects of simvastatin and carnitine versus simvastatin on lipoprotein(a) and apoprotein(a) in type 2 diabetes mellitus. Expert Opinion on Pharmacotherapy, 2009, 10, 1875-1882.	0.9	43
117	L-carnitine supplementation improves hematological pattern in patients affected by HCV treated with Peg interferon-1± 2b plus ribavirin. World Journal of Gastroenterology, 2011, 17, 4414.	1.4	42
118	Resveratrol and diallyl disulfide enhance curcumin-induced sarcoma cell apoptosis. Frontiers in Bioscience - Landmark, 2012, 17, 498.	3.0	41
119	Association between dietary flavonoids intake and obesity in a cohort of adults living in the Mediterranean area. International Journal of Food Sciences and Nutrition, 2018, 69, 1020-1029.	1.3	40
120	Egg consumption and cardiovascular risk: a dose–response meta-analysis of prospective cohort studies. European Journal of Nutrition, 2021, 60, 1833-1862.	1.8	40
121	Heme oxygenase induction by cyanidin-3-O-β-glucoside in cultured human endothelial cells. Molecular Nutrition and Food Research, 2007, 51, 580-586.	1.5	39
122	Nut and legume consumption and human health: an umbrella review of observational studies. International Journal of Food Sciences and Nutrition, 2021, 72, 871-878.	1.3	39
123	The Therapeutic Potential of Carnosine/Anserine Supplementation against Cognitive Decline: A Systematic Review with Meta-Analysis. Biomedicines, 2021, 9, 253.	1.4	39
124	Biochemical markers of perinatal brain damage. Frontiers in Bioscience - Scholar, 2010, S2, 47-72.	0.8	38
125	Higher phenolic acid intake independently associates with lower prevalence of insulin resistance and non-alcoholic fatty liver disease. JHEP Reports, 2020, 2, 100069.	2.6	38
126	Association Between Dietary Flavonoids Intake and Cognitive Function in an Italian Cohort. Biomolecules, 2020, 10, 1300.	1.8	37

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127	Circulating Biochemical Markers of Brain Damage in Infants Complicated by Ischemia Reperfusion Injury. Cardiovascular and Hematological Agents in Medicinal Chemistry, 2009, 7, 108-126.	0.4	36
128	Impact of lifestyle on metabolic syndrome in apparently healthy people. Eating and Weight Disorders, 2014, 19, 225-232.	1.2	36
129	Activated Carbons: In Vitro Affinity for Fumonisin B1 and Relation of Adsorption Ability to Physicochemical Parameters. Journal of Food Protection, 1997, 60, 985-991.	0.8	34
130	Phenolic Compounds and Antioxidant Activity of Italian Extra Virgin Olive Oil Monti Iblei. Journal of Medicinal Food, 2007, 10, 650-656.	0.8	34
131	The antioxidant profile of three different peaches cultivars (Prunus persica) and their short-term effect on antioxidant status in human. European Food Research and Technology, 2007, 225, 167-172.	1.6	34
132	Effect of l-carnitine on the size of low-density lipoprotein particles in type 2 diabetes mellitus patients treated with simvastatin. Metabolism: Clinical and Experimental, 2009, 58, 1618-1623.	1.5	34
133	Next generation biomarkers for brain injury. Journal of Maternal-Fetal and Neonatal Medicine, 2013, 26, 44-49.	0.7	34
134	Dietary phytoestrogens and biomarkers of their intake in relation to cancer survival and recurrence: a comprehensive systematic review with meta-analysis. Nutrition Reviews, 2021, 79, 42-65.	2.6	34
135	Time restricted feeding and mental health: a review of possible mechanisms on affective and cognitive disorders. International Journal of Food Sciences and Nutrition, 2021, 72, 723-733.	1.3	34
136	Markers of systemic inflammation and colorectal adenoma risk: Meta-analysis of observational studies. World Journal of Gastroenterology, 2017, 23, 1909.	1.4	34
137	Protective effect of cyanidin 3-O-β-d-glucoside on ochratoxin A-mediated damage in the rat. British Journal of Nutrition, 2007, 98, 937-943.	1.2	33
138	Silibinin Regulates Lipid Metabolism and Differentiation in Functional Human Adipocytes. Frontiers in Pharmacology, 2015, 6, 309.	1.6	33
139	Specific Dietary (Poly)phenols Are Associated with Sleep Quality in a Cohort of Italian Adults. Nutrients, 2020, 12, 1226.	1.7	33
140	Activated Carbons: In Vitro Affinity for Aflatoxin B1 and Relation of Adsorption Ability to Physicochemical Parameters. Journal of Food Protection, 1996, 59, 545-550.	0.8	32
141	Antioxidant activity of pasteurized and sterilized commercial red orange juices. Molecular Nutrition and Food Research, 2005, 49, 1129-1135.	1.5	32
142	Coffee Decreases the Risk of Endometrial Cancer: A Dose–Response Meta-Analysis of Prospective Cohort Studies. Nutrients, 2017, 9, 1223.	1.7	32
143	Egg consumption and human health: an umbrella review of observational studies. International Journal of Food Sciences and Nutrition, 2020, 71, 325-331.	1.3	32
144	Association between Time Restricted Feeding and Cognitive Status in Older Italian Adults. Nutrients, 2021, 13, 191.	1.7	32

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145	Supercritical fluid extraction of Beauvericin from maize. Talanta, 2004, 62, 523-530.	2.9	31
146	Coffee and metabolic impairment: An updated review of epidemiological studies. NFS Journal, 2016, 3, 1-7.	1.9	30
147	Oxidative and Antioxidant Status in Plasma of Runners: Effect of Oral Supplementation with Natural Antioxidants. Journal of Medicinal Food, 2009, 12, 145-150.	0.8	29
148	Neuromarkers and unconventional biological fluids. Journal of Maternal-Fetal and Neonatal Medicine, 2010, 23, 66-69.	0.7	29
149	Diabetic human adipose tissue-derived mesenchymal stem cells fail to differentiate in functional adipocytes. Experimental Biology and Medicine, 2017, 242, 1079-1085.	1.1	29
150	Metabolic profile of the Mediterranean healthy Eating, Lifestyle and Aging (MEAL) study cohort. Mediterranean Journal of Nutrition and Metabolism, 2017, 10, 131-140.	0.2	29
151	Inhibition of ErbB receptors, Hedgehog and NF-kappaB signaling by polyphenols in cancer. Frontiers in Bioscience - Landmark, 2013, 18, 1290.	3.0	28
152	Protocatechuic Acid Prevents oxLDL-Induced Apoptosis by Activating JNK/Nrf2 Survival Signals in Macrophages. Oxidative Medicine and Cellular Longevity, 2015, 2015, 1-11.	1.9	28
153	Total, red and processed meat consumption and human health: an umbrella review of observational studies. International Journal of Food Sciences and Nutrition, 2022, 73, 726-737.	1.3	28
154	Habitual fish intake and clinically silent carotid atherosclerosis. Nutrition Journal, 2014, 13, 2.	1.5	27
155	Dietary Phenolic Acids and Their Major Food Sources Are Associated with Cognitive Status in Older Italian Adults. Antioxidants, 2021, 10, 700.	2.2	25
156	Neurological Abnormalities in Full-Term Asphyxiated Newborns and Salivary S100B Testing: The "Cooperative Multitask against Brain Injury of Neonates―(CoMBINe) International Study. PLoS ONE, 2015, 10, e0115194.	1.1	25
157	Protocatechuic acid: The missing human cyanidins' metabolite. Molecular Nutrition and Food Research, 2008, 52, 386-387.	1.5	24
158	Donkey s milk detailed lipid composition. Frontiers in Bioscience - Elite, 2010, E2, 537-546.	0.9	24
159	Ineffectiveness of activated carbon in reducing the alteration of sphingolipid metabolism in rats exposed to fumonisin-contaminated diets. Food and Chemical Toxicology, 2001, 39, 507-511.	1.8	23
160	Fasting and Fast Food Diet Play an Opposite Role in Mice Brain Aging. Molecular Neurobiology, 2018, 55, 6881-6893.	1.9	23
161	Effect of growth factors and steroids on transglutaminase activity and expression in primary astroglial cell cultures. Journal of Neuroscience Research, 2008, 86, 1297-1305.	1.3	22
162	The ketogenic diet corrects metabolic hypogonadism and preserves pancreatic ß-cell function in overweight/obese men: a single-arm uncontrolled study. Endocrine, 2021, 72, 392-399.	1.1	22

#	Article	IF	CITATIONS
163	The physiopathology of lipoprotein a. Frontiers in Bioscience - Scholar, 2010, S2, 866-875.	0.8	21
164	DNA damage in normal-weight obese syndrome measured by Comet assay. Mediterranean Journal of Nutrition and Metabolism, 2011, 4, 99-104.	0.2	21
165	Influence of glucose on cyanidin 3â€glucoside absorption in rats. Molecular Nutrition and Food Research, 2008, 52, 959-964.	1.5	20
166	Effect of Treatment with Cyanidin-3-O- <mml:math <br="" xmlns:mml="http://www.w3.org/1998/Math/MathML">id="M1"><mml:mrow><mml:mi mathvariant="bold-italic">β</mml:mi </mml:mrow></mml:math> -D-Glucoside on Rat Ischemic/Reperfusion Brain Damage. Evidence-based Complementary and Alternative Medicine, 2012, 2012, 1-10.	0.5	20
167	Potential immunoregulatory role of heme oxygenase-1 in human milk: a combined biochemical and molecular modeling approach. Journal of Nutritional Biochemistry, 2010, 21, 865-871.	1.9	19
168	The role of diet in gastric cancer: still an open question. Frontiers in Bioscience - Landmark, 2012, 17, 1640.	3.0	19
169	Resting energy expenditure in type 2 diabetic patients and the effect of insulin bolus. Diabetes Research and Clinical Practice, 2014, 106, 605-610.	1.1	19
170	Hair Mercury Levels Detection in Fishermen from Sicily (Italy) by ICP-MS Method after Microwave-Assisted Digestion. Bioinorganic Chemistry and Applications, 2016, 2016, 1-5.	1.8	19
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