

# Mohammad Reza Amini

## List of Publications by Year in descending order

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Version: 2024-02-01

33  
papers

226  
citations

1162889

8  
h-index

1199470

12  
g-index

34  
all docs

34  
docs citations

34  
times ranked

208  
citing authors

#	ARTICLE	IF	CITATIONS
1	Anti-hypertensive effects of cinnamon supplementation in adults: A systematic review and dose-response Meta-analysis of randomized controlled trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2020, 60, 3144-3154.	5.4	26
2	The effect of ketogenic diet on body composition and anthropometric measures: A systematic review and meta-analysis of randomized controlled trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2022, 62, 3644-3657.	5.4	16
3	Effects of garlic supplementation on oxidative stress and antioxidative capacity biomarkers: A systematic review and meta-analysis of randomized controlled trials. <i>Phytotherapy Research</i> , 2021, 35, 3032-3045.	2.8	15
4	Clinical effectiveness of zinc supplementation on the biomarkers of oxidative stress: A systematic review and meta-analysis of randomized controlled trials. <i>Pharmacological Research</i> , 2020, 161, 105166.	3.1	13
5	The association between plant-based diet indices and metabolic syndrome in Iranian older adults. <i>Nutrition and Health</i> , 2021, 27, 435-444.	0.6	13
6	The association of dietary energy density and the risk of obesity, type 2 diabetes and metabolic syndrome: A systematic review and meta-analysis of observational studies. <i>International Journal of Clinical Practice</i> , 2021, 75, e14291.	0.8	13
7	The effects of capsinoids and fermented red pepper paste supplementation on blood pressure: A systematic review and meta-analysis of randomized controlled trials. <i>Clinical Nutrition</i> , 2021, 40, 1767-1775.	2.3	11
8	Effects of berberine and barberry on anthropometric measures: A systematic review and meta-analysis of randomized controlled trials. <i>Complementary Therapies in Medicine</i> , 2020, 49, 102337.	1.3	10
9	Major dietary patterns and predicted cardiovascular disease risk in an Iranian adult population. <i>Nutrition and Health</i> , 2021, 27, 27-37.	0.6	10
10	The link between plant-based diet indices with biochemical markers of bone turn over, inflammation, and insulin in Iranian older adults. <i>Food Science and Nutrition</i> , 2021, 9, 3000-3014.	1.5	9
11	Association of Dietary Patterns with Visceral Adiposity, Lipid Accumulation Product, and Triglyceride-Glucose Index in Iranian Adults. <i>Clinical Nutrition Research</i> , 2020, 9, 145.	0.5	9
12	Potato Consumption and Risk of Site-Specific Cancers in Adults: A Systematic Review and Dose-Response Meta-Analysis of Observational Studies. <i>Advances in Nutrition</i> , 2021, 12, 1705-1722.	2.9	7
13	The effects of L-carnitine supplementation on lipid concentrations inpatients with type 2 diabetes: A systematic review and meta-analysis of randomized clinical trials. <i>Journal of Cardiovascular and Thoracic Research</i> , 2020, 12, 246-255.	0.3	7
14	Association of major dietary patterns with muscle strength and muscle mass index in middle-aged men and women: Results from a cross-sectional study. <i>Clinical Nutrition ESPEN</i> , 2020, 39, 215-221.	0.5	6
15	The Effects of <i>Nigella sativa</i> Supplementation on Liver Enzymes Levels: a Systematic Review and Meta-analysis of Randomized Controlled Trials. <i>Clinical Nutrition Research</i> , 2021, 10, 72.	0.5	6
16	The Lack of Association between Plant-Based Dietary Pattern and Breast Cancer: a Hospital-Based Case-Control Study. <i>Clinical Nutrition Research</i> , 2021, 10, 115.	0.5	6
17	Effects of ginger supplementation on biomarkers of oxidative stress: A systematic review and meta-analysis of randomized controlled trials. <i>Clinical Nutrition ESPEN</i> , 2021, 45, 111-119.	0.5	6
18	Effects of glucomannan supplementation on weight loss in overweight and obese adults: A systematic review and meta-analysis of randomized controlled trials. <i>Obesity Medicine</i> , 2020, 19, 100276.	0.5	5

#	ARTICLE	IF	CITATIONS
19	Effects of chromium supplementation on inflammatory biomarkers: A systematic review and dose-response meta-analysis of randomized controlled trials. <i>European Journal of Integrative Medicine</i> , 2020, 37, 101147.	0.8	5
20	Effects of chromium supplementation on oxidative stress biomarkers. <i>International Journal for Vitamin and Nutrition Research</i> , 2023, 93, 241-251.	0.6	5
21	The effects of chromium supplementation on blood pressure: a systematic review and meta-analysis of randomized clinical trials. <i>European Journal of Clinical Nutrition</i> , 2022, 76, 340-349.	1.3	4
22	Effects of artichoke leaf extract supplementation or artichoke juice consumption on lipid profile: A systematic review and dose-response meta-analysis of randomized controlled trials. <i>Phytotherapy Research</i> , 2021, , .	2.8	4
23	Dietary Insulin Index and Insulin Load in Relation to Breast Cancer: Findings from a Case-control Study. <i>Clinical Breast Cancer</i> , 2021, 21, e665-e674.	1.1	3
24	The effects of hesperidin supplementation or orange juice consumption on anthropometric measures in adults: A meta-analysis of randomized controlled clinical trials. <i>Clinical Nutrition ESPEN</i> , 2021, 43, 148-157.	0.5	3
25	Effect of orlistat on serum uric acid level in adults: A systematic review and meta-analysis of randomised controlled trials. <i>International Journal of Clinical Practice</i> , 2021, 75, e14674.	0.8	3
26	Association of Nutrient Patterns with Metabolic Syndrome and Its Components in Iranian Adults. <i>Clinical Nutrition Research</i> , 2020, 9, 318.	0.5	3
27	The effect of chromium supplementation on apolipoproteins: A systematic review and meta-analysis of randomized clinical trials. <i>Clinical Nutrition ESPEN</i> , 2020, 40, 34-41.	0.5	2
28	The effects of capsinoids and fermented red pepper paste supplementation on Glycaemic Control: A systematic review and meta-analysis of randomised controlled trials. <i>International Journal of Clinical Practice</i> , 2021, 75, e14803.	0.8	2
29	The association between adherence to MIND diet and risk of breast cancer: A case-control study. <i>International Journal of Clinical Practice</i> , 2021, 75, e14780.	0.8	2
30	The effect of Glucomannan on fasting and postprandial blood glucose in adults: a systematic review and meta-analysis of randomized controlled trials. <i>Journal of Diabetes and Metabolic Disorders</i> , 0, , 1.	0.8	2
31	The association between dairy products consumption with risk of type 1 diabetes mellitus in children: a meta-analysis of observational studies. <i>International Journal of Diabetes in Developing Countries</i> , 2021, 41, 369-376.	0.3	0
32	Association of Vitamin D status with Visceral Adiposity Index and Lipid Accumulation Product Index among a Group of Iranian People. <i>Clinical Nutrition Research</i> , 2021, 10, 150.	0.5	0
33	Association of Nutrient Patterns and Their Relation with Obesity in Iranian Adults: a Population Based Study. <i>Clinical Nutrition Research</i> , 2021, 10, 59.	0.5	0