

Manuel Delgado-Fernández

List of Publications by Year in descending order

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Version: 2024-02-01

116
papers

3,561
citations

136885

32
h-index

168321

53
g-index

132
all docs

132
docs citations

132
times ranked

4205
citing authors

#	ARTICLE	IF	CITATIONS
1	Is active commuting associated with sedentary behaviour and physical activity in women with fibromyalgia? The al-Ándalus project. <i>Disability and Rehabilitation</i> , 2022, 44, 4602-4610.	0.9	2
2	The favourable association of self-reported physical fitness with depression and anxiety during pregnancy. The GESTAFIT project. <i>European Journal of Sport Science</i> , 2022, 22, 1932-1940.	1.4	1
3	The Protective Role of Physical Fitness on Cardiometabolic Risk During Pregnancy: The GESTation and FITness Project. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2022, , 1-14.	1.0	1
4	Interplay between genetics and lifestyle on pain susceptibility in women with fibromyalgia: the al-Ándalus project. <i>Rheumatology</i> , 2022, 61, 3180-3191.	0.9	4
5	Objective and subjective measures of physical functioning in women with fibromyalgia: what type of measure is associated most clearly with subjective well-being?. <i>Disability and Rehabilitation</i> , 2021, 43, 1649-1656.	0.9	17
6	Fatigue in Women with Fibromyalgia: A Gene-Physical Activity Interaction Study. <i>Journal of Clinical Medicine</i> , 2021, 10, 1902.	1.0	2
7	Physical and psychological paths toward less severe fibromyalgia: A structural equation model. <i>Annals of Physical and Rehabilitation Medicine</i> , 2020, 63, 46-52.	1.1	55
8	The "in TIME" Gamification Project: Using a Mobile App to Improve Cardiorespiratory Fitness Levels of College Students. <i>Games for Health Journal</i> , 2020, 9, 37-44.	1.1	20
9	Is type of work associated with physical activity and sedentary behaviour in women with fibromyalgia? A cross-sectional study from the al-Ándalus project. <i>BMJ Open</i> , 2020, 10, e034697.	0.8	5
10	Sedentary Time Accumulated in Bouts is Positively Associated with Disease Severity in Fibromyalgia: The Al-Ándalus Project. <i>Journal of Clinical Medicine</i> , 2020, 9, 733.	1.0	7
11	A Gamification-Based Intervention Program that Encourages Physical Activity Improves Cardiorespiratory Fitness of College Students: "The Matrix rEvolution Program"™. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 877.	1.2	18
12	Patterns of Sedentary Time and Quality of Life in Women With Fibromyalgia: Cross-Sectional Study From the al-Ándalus Project. <i>JMIR MHealth and UHealth</i> , 2020, 8, e14538.	1.8	7
13	Association of objectively measured physical activity and sedentary time with health-related quality of life in women with fibromyalgia: The al-Ándalus project. <i>Journal of Sport and Health Science</i> , 2019, 8, 258-266.	3.3	16
14	Substituting Sedentary Time With Physical Activity in Fibromyalgia and the Association With Quality of Life and Impact of the Disease: The al-Ándalus Project. <i>Arthritis Care and Research</i> , 2019, 71, 281-289.	1.5	16
15	High Levels of Physical Fitness Are Associated With Better Health-Related Quality of Life in Women With Fibromyalgia: The al-Ándalus Project. <i>Physical Therapy</i> , 2019, 99, 1481-1494.	1.1	9
16	Sedentary Time, Physical Activity, and Sleep Duration: Associations with Body Composition in Fibromyalgia. The Al-Andalus Project. <i>Journal of Clinical Medicine</i> , 2019, 8, 1260.	1.0	5
17	Physical activity, sedentary behaviour, physical fitness, and cognitive performance in women with fibromyalgia who engage in reproductive and productive work: the al-Ándalus project. <i>Clinical Rheumatology</i> , 2019, 38, 3585-3593.	1.0	7
18	Lower Fatigue in Fit and Positive Women with Fibromyalgia: The al-Ándalus Project. <i>Pain Medicine</i> , 2019, 20, 2506-2515.	0.9	9

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19	Association of Patterns of Moderate-to-Vigorous Physical Activity Bouts With Pain, Physical Fatigue, and Disease Severity in Women With Fibromyalgia: the al-Ándalus Project. Archives of Physical Medicine and Rehabilitation, 2019, 100, 1234-1242.e1.	0.5	18
20	Association of physical fitness components and health-related quality of life in women with systemic lupus erythematosus with mild disease activity. PLoS ONE, 2019, 14, e0212436.	1.1	12
21	FRIO709-HPRâ€¦EFFECTS OF LAND- AND WATER-BASED EXERCISE INTERVENTIONS ON PAIN IN PEOPLE WITH FIBROMYALGIA: A PRELIMINARY REPORT FROM THE AL-ÁNDALUS RANDOMISED CONTROLLED TRIAL. , 2019, , .		0
22	OP0101â€¦COMPARATIVE EFFECTIVENESS OF LAND AND WATER-BASED EXERCISE ON QUALITY OF LIFE OF PATIENTS WITH FIBROMYALGIA: PRELIMINARY FINDINGS FROM THE AL-ÁNDALUS RANDOMISED CONTROLLED TRIAL. , 2019, , .		0
23	THU0468â€¦THE INTERACTIONS OF PHYSICAL ACTIVITY LEVELS WITH THE SODIUM CHANNEL PROTEIN TYPE 9 SUBUNIT ALPHA AND METHYLENE TETRAHYDROFOLATE REDUCTASE GENES ARE ASSOCIATED WITH FATIGUE IN WOMEN WITH FIBROMYALGIA. , 2019, , .		0
24	Therapeutic validity of exercise interventions in the management of fibromyalgia. Journal of Sports Medicine and Physical Fitness, 2019, 59, 828-838.	0.4	14
25	Association of sedentary time and physical fitness with ideal cardiovascular health in perimenopausal women: The FLAMENCO project. Maturitas, 2019, 120, 53-60.	1.0	21
26	Sedentary time, physical activity, and sleep quality in fibromyalgia: The al-Ándalus project. Scandinavian Journal of Medicine and Science in Sports, 2019, 29, 266-274.	1.3	30
27	Fibromyalgia Impact Score in Women with Fibromyalgia Across Southern, Central, and Northern Areas of Europe. Pain Physician, 2019, 22, E511-E516.	0.3	2
28	The discordance between subjectively and objectively measured physical function in women with fibromyalgia: association with catastrophizing and self-efficacy cognitions. The al-Ándalus project. Disability and Rehabilitation, 2018, 40, 1-9.	0.9	42
29	Identification of candidate genes associated with fibromyalgia susceptibility in southern Spanish women: the al-Ándalus project. Journal of Translational Medicine, 2018, 16, 43.	1.8	9
30	The TT genotype of the rs6860 polymorphism of the charged multivesicular body protein 1A gene is associated with susceptibility to fibromyalgia in southern Spanish women. Rheumatology International, 2018, 38, 531-533.	1.5	7
31	Association of objectively measured physical activity and sedentary time with arterial stiffness in women with systemic lupus erythematosus with mild disease activity. PLoS ONE, 2018, 13, e0196111.	1.1	15
32	Síndrome premenstrual e ingesta dietética en estudiantes adolescentes. TECNOCENCIA (MÃ©xico), 2018, 2, 172-180.	0.1	0
33	Association of sedentary time and physical activity with pain, fatigue, and impact of fibromyalgia: the al-Ándalus study. Scandinavian Journal of Medicine and Science in Sports, 2017, 27, 83-92.	1.3	51
34	Biodanza Reduces Acute Pain Severity in Women with Fibromyalgia. Pain Management Nursing, 2017, 18, 318-327.	0.4	7
35	The Potential of Established Fitness Cut-off Points for Monitoring Women with Fibromyalgia: The al-Ándalus Project. International Journal of Sports Medicine, 2017, 38, 359-369.	0.8	8
36	Association of Dietary Habits with Psychosocial Outcomes in Women with Fibromyalgia: The al-Ándalus Project. Journal of the Academy of Nutrition and Dietetics, 2017, 117, 422-432.e1.	0.4	21

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37	Adaptation profiles comprising objective and subjective measures in fibromyalgia: the al-Ándalus project. <i>Rheumatology</i> , 2017, 56, 2015-2024.	0.9	42
38	FRIO743-HPRâ€¦The association of physical fitness components with sleep quality in women with fibromyalgia: the al-Ándalus project. , 2017, , .		2
39	Physical fitness reference standards in fibromyalgia: The al-Ándalus project. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017, 27, 1477-1488.	1.3	26
40	Independent and joint associations of physical activity and fitness with fibromyalgia symptoms and severity: The al-Ándalus project. <i>Journal of Sports Sciences</i> , 2017, 35, 1565-1574.	1.0	14
41	Do women with fibromyalgia present higher cardiovascular disease risk profile than healthy women? The al-Ándalus project. <i>Clinical and Experimental Rheumatology</i> , 2017, 35 Suppl 105, 61-67.	0.4	4
42	Gender Differences in Symptoms, Health-Related Quality of Life, Sleep Quality, Mental Health, Cognitive Performance, Pain-Cognition, and Positive Health in Spanish Fibromyalgia Individuals: The Al-Ándalus Project. <i>Pain Research and Management</i> , 2016, 2016, 1-14.	0.7	23
43	The association of total and central body fat with pain, fatigue and the impact of fibromyalgia in women; role of physical fitness. <i>European Journal of Pain</i> , 2016, 20, 811-821.	1.4	18
44	Effects of supervised aerobic and strength training in overweight and grade I obese pregnant women on maternal and foetal health markers: the GESTAFIT randomized controlled trial. <i>BMC Pregnancy and Childbirth</i> , 2016, 16, 290.	0.9	39
45	Association of Physical Fitness with Depression in Women with Fibromyalgia. <i>Pain Medicine</i> , 2016, 17, 1542-1552.	0.9	23
46	Association of physical fitness and fatness with cognitive function in women with fibromyalgia. <i>Journal of Sports Sciences</i> , 2016, 34, 1731-1739.	1.0	9
47	Physical fitness is associated with anxiety levels in women with fibromyalgia: the al-Ándalus project. <i>Quality of Life Research</i> , 2016, 25, 1053-1058.	1.5	30
48	International Fitness Scale (IFIS): Construct Validity and Reliability in Women With Fibromyalgia: The al-Ándalus Project. <i>Archives of Physical Medicine and Rehabilitation</i> , 2016, 97, 395-404.	0.5	25
49	Factor structure of the Positive and Negative Affect Schedule (PANAS) in adult women with fibromyalgia from Southern Spain: the al-Ándalus project. <i>PeerJ</i> , 2016, 4, e1822.	0.9	21
50	Subgroups of fibromyalgia patients using the 1990 American College of Rheumatology criteria and the modified 2010 preliminary diagnostic criteria: the al-Ándalus project. <i>Clinical and Experimental Rheumatology</i> , 2016, 34, S26-33.	0.4	11
51	Associations between patterns of active commuting and socioeconomic factors in women with fibromyalgia: the al-Ándalus project. <i>Clinical and Experimental Rheumatology</i> , 2016, 34, S67-73.	0.4	3
52	Association of Physical Fitness With Pain in Women With Fibromyalgia: The al-Ándalus Project. <i>Arthritis Care and Research</i> , 2015, 67, 1561-1570.	1.5	55
53	Differences in Sedentary Time and Physical Activity Between Female Patients With Fibromyalgia and Healthy Controls: The al-Ándalus Project. <i>Arthritis and Rheumatology</i> , 2015, 67, 3047-3057.	2.9	57
54	Fitness Testing in the Fibromyalgia Diagnosis. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 451-459.	0.2	38

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55	Effectiveness of an exercise intervention on body composition and physical fitness in midlife women: the FLAMENCO project. <i>Revista Andaluza De Medicina Del Deporte</i> , 2015, 8, 22.	0.1	3
56	Reliability of an adaptation of the 20m shuttle run test to be use in preschool children: The PREFIT 20m shuttle run test. <i>Revista Andaluza De Medicina Del Deporte</i> , 2015, 8, 23.	0.1	1
57	Reliability and Feasibility of Physical Fitness Tests in Female Fibromyalgia Patients. <i>International Journal of Sports Medicine</i> , 2015, 36, 157-162.	0.8	52
58	Reliability of the ALPHA environmental questionnaire and its association with physical activity in female fibromyalgia patients: the al-Ándalus project. <i>Journal of Sports Sciences</i> , 2015, 33, 850-862.	1.0	8
59	Ageing influence in the evolution of strength and muscle mass in women with fibromyalgia: the al-Ándalus project. <i>Rheumatology International</i> , 2015, 35, 1243-1250.	1.5	9
60	Independent and combined association of overall physical fitness and subjective well-being with fibromyalgia severity: the al-Ándalus project. <i>Quality of Life Research</i> , 2015, 24, 1865-1873.	1.5	34
61	Illness perception and fibromyalgia impact on female patients from Spain and the Netherlands: do cultural differences exist?. <i>Rheumatology International</i> , 2015, 35, 1985-1993.	1.5	16
62	Association of Physical Fitness With Fibromyalgia Severity in Women: The al-Ándalus Project. <i>Archives of Physical Medicine and Rehabilitation</i> , 2015, 96, 1599-1605.	0.5	34
63	Fibromyalgia has a larger impact on physical health than on psychological health, yet both are markedly affected: The al-Ándalus project. <i>Seminars in Arthritis and Rheumatism</i> , 2015, 44, 563-570.	1.6	71
64	Cost-effectiveness of an exercise intervention program in perimenopausal women: the Fitness League Against MENopause COst (FLAMENCO) randomized controlled trial. <i>BMC Public Health</i> , 2015, 15, 555.	1.2	17
65	Association of different levels of depressive symptoms with symptomatology, overall disease severity, and quality of life in women with fibromyalgia. <i>Quality of Life Research</i> , 2015, 24, 2951-2957.	1.5	41
66	Does body composition differ between fibromyalgia patients and controls? the al-Ándalus project. <i>Clinical and Experimental Rheumatology</i> , 2015, 33, S25-32.	0.4	17
67	Inter-accelerometer comparison to measure physical activity and sedentary time in female fibromyalgia patients: the al-Ándalus project. <i>Clinical and Experimental Rheumatology</i> , 2015, 33, S46-52.	0.4	1
68	Agreement between self-reported sleep patterns and actigraphy in fibromyalgia and healthy women. <i>Clinical and Experimental Rheumatology</i> , 2015, 33, S58-67.	0.4	8
69	Physical Fitness Comparison and Quality of Life between Spanish and Serbian Elderly Women through a Physical Fitness Program. <i>Collegium Antropologicum</i> , 2015, 39, 411-7.	0.1	4
70	Effectiveness of Tai-Chi for Decreasing Acute Pain in Fibromyalgia Patients. <i>International Journal of Sports Medicine</i> , 2014, 35, 418-423.	0.8	22
71	Disability Predictors in Chronic Low Back Pain After Aquatic Exercise. <i>American Journal of Physical Medicine and Rehabilitation</i> , 2014, 93, 615-623.	0.7	7
72	Anthropometric, body composition and somatotype characteristics of elite female volleyball players from the highest Spanish league. <i>Journal of Sports Sciences</i> , 2014, 32, 137-148.	1.0	34

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73	Are there differences in quality of life, symptomatology and functional capacity among different obesity classes in women with fibromyalgia? The al-Ándalus project. <i>Rheumatology International</i> , 2014, 34, 811-821.	1.5	18
74	Validation of the modified 2010 American College of Rheumatology diagnostic criteria for fibromyalgia in a Spanish population. <i>Rheumatology</i> , 2014, 53, 1803-1811.	0.9	64
75	Aquatic therapy improves pain, disability, quality of life, body composition and fitness in sedentary adults with chronic low back pain. A controlled clinical trial. <i>Clinical Rehabilitation</i> , 2014, 28, 350-360.	1.0	62
76	Fitness testing as a discriminative tool for the diagnosis and monitoring of fibromyalgia. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2013, 23, 415-423.	1.3	31
77	Six-Year Trend in Active Commuting to School in Spanish Adolescents. <i>International Journal of Behavioral Medicine</i> , 2013, 20, 529-537.	0.8	66
78	Fibromyalgia's Key Symptoms in Normal-Weight, Overweight, and Obese Female Patients. <i>Pain Management Nursing</i> , 2013, 14, 268-276.	0.4	31
79	The 6-Minute Walk Test in Female Fibromyalgia Patients: Relationship With Tenderness, Symptomatology, Quality of Life, and Coping Strategies. <i>Pain Management Nursing</i> , 2013, 14, 193-199.	0.4	24
80	Effects of Different Frequencies (2-3 Days/Week) of Aquatic Therapy Program in Adults with Chronic Low Back Pain. A Non-Randomized Comparison Trial. <i>Pain Medicine</i> , 2013, 14, 145-158.	0.9	30
81	Comparison of physical activity estimates using International Physical Activity Questionnaire (IPAQ) and accelerometry in fibromyalgia patients: The Al-Andalus study. <i>Journal of Sports Sciences</i> , 2013, 31, 1741-1752.	1.0	22
82	Objectively measured sedentary time and physical activity in women with fibromyalgia: a cross-sectional study. <i>BMJ Open</i> , 2013, 3, e002722.	0.8	35
83	A Warm Water Pool-Based Exercise Program Decreases Immediate Pain in Female Fibromyalgia Patients: Uncontrolled Clinical Trial. <i>International Journal of Sports Medicine</i> , 2013, 34, 600-605.	0.8	16
84	Spanish adaptation and psychometric properties of the Sedentary Behaviour Questionnaire for fibromyalgia patients: the al-Andalus study. <i>Clinical and Experimental Rheumatology</i> , 2013, 31, S22-33.	0.4	8
85	Effect of a 24-week physical training programme (in water and on land) on pain, functional capacity, body composition and quality of life in women with fibromyalgia. <i>Clinical and Experimental Rheumatology</i> , 2013, 31, S72-80.	0.4	19
86	Comparison of the International Physical Activity Questionnaire (IPAQ) with a multi-sensor armband accelerometer in women with fibromyalgia: the al-Ándalus project. <i>Clinical and Experimental Rheumatology</i> , 2013, 31, S94-101.	0.4	24
87	Are There Gender Differences in Quality of Life and Symptomatology Between Fibromyalgia Patients?. <i>American Journal of Men's Health</i> , 2012, 6, 314-319.	0.7	24
88	Effectiveness of a Tai-Chi Training and Detraining on Functional Capacity, Symptomatology and Psychological Outcomes in Women with Fibromyalgia. <i>Evidence-based Complementary and Alternative Medicine</i> , 2012, 2012, 1-9.	0.5	35
89	Effects of a multicomponent behavioral intervention on impulsivity and cognitive deficits in adolescents with excess weight. <i>Behavioural Pharmacology</i> , 2012, 23, 609-615.	0.8	41
90	Land- and water-based exercise intervention in women with fibromyalgia: the al-andalus physical activity randomised controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2012, 13, 18.	0.8	38

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91	Análise das capacidades físicas de mulheres com fibromialgia segundo o nível de gravidade da enfermidade. Revista Brasileira De Medicina Do Esporte, 2012, 18, 308-312.	0.1	10
92	Motivos de abandono y no práctica de actividad físico-deportiva en adolescentes españoles: estudio Avena. Cuadernos De Psicología Del Deporte, 2012, 12, 45-54.	0.2	31
93	Multidimensional Fatigue Inventory: Spanish adaptation and psychometric properties for fibromyalgia patients. The Al-Andalus study. Clinical and Experimental Rheumatology, 2012, 30, 94-102.	0.4	25
94	Multidisciplinary and biodanza intervention for the management of fibromyalgia. Acta Reumatológica Portuguesa, 2012, 37, 240-50.	0.2	7
95	T'ai-Chi Intervention in Men with Fibromyalgia: A Multiple-Patient Case Report. Journal of Alternative and Complementary Medicine, 2011, 17, 187-189.	2.1	4
96	Handgrip Strength Test as a Complementary Tool in the Assessment of Fibromyalgia Severity in Women. Archives of Physical Medicine and Rehabilitation, 2011, 92, 83-88.	0.5	52
97	Changes in Vertical Jump Height, Anthropometric Characteristics, and Biochemical Parameters After Contrast Training in Master Athletes and Physically Active Older People. Journal of Strength and Conditioning Research, 2011, 25, 1866-1878.	1.0	16
98	Change In Adolescent Physical Fitness And Anthropometrics Following Overweight/obesity Treatment: The EVASYON Study. Medicine and Science in Sports and Exercise, 2011, 43, 715.	0.2	0
99	Pain and Functional Capacity in Female Fibromyalgia Patients. Pain Medicine, 2011, 12, 1667-1675.	0.9	57
100	Does a 3-month multidisciplinary intervention improve pain, body composition and physical fitness in women with fibromyalgia?. British Journal of Sports Medicine, 2011, 45, 1189-1195.	3.1	58
101	Relationship of Weight Status with Mental and Physical Health in Female Fibromyalgia Patients. Obesity Facts, 2011, 4, 443-448.	1.6	27
102	Physical activity among Spanish adolescents: Relationship with their relatives' physical activity " The AVENA Study. Journal of Sports Sciences, 2011, 29, 329-336.	1.0	27
103	Preliminary Findings of a 4-Month Tai Chi Intervention on Tenderness, Functional Capacity, Symptomatology, and Quality of Life in Men With Fibromyalgia. American Journal of Men's Health, 2011, 5, 421-429.	0.7	16
104	Sleep patterns in Spanish adolescents: associations with TV watching and leisure-time physical activity. European Journal of Applied Physiology, 2010, 110, 563-573.	1.2	64
105	Excessive TV viewing and cardiovascular disease risk factors in adolescents. The AVENA cross-sectional study. BMC Public Health, 2010, 10, 274.	1.2	46
106	Efficacy of Biodanza for Treating Women with Fibromyalgia. Journal of Alternative and Complementary Medicine, 2010, 16, 1191-1200.	2.1	34
107	Socio-economic factors and active commuting to school in urban Spanish adolescents: the AVENA study. European Journal of Public Health, 2009, 19, 470-476.	0.1	77
108	Design and evaluation of a treatment programme for Spanish adolescents with overweight and obesity. The EVASYON Study. BMC Public Health, 2009, 9, 414.	1.2	30

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109	Spatial-temporal parameters of gait in women with fibromyalgia. <i>Clinical Rheumatology</i> , 2009, 28, 595-598.	1.0	45
110	Shifts in clostridia, bacteroides and immunoglobulin-coating fecal bacteria associated with weight loss in obese adolescents. <i>International Journal of Obesity</i> , 2009, 33, 758-767.	1.6	295
111	Interplay Between Weight Loss and Gut Microbiota Composition in Overweight Adolescents. <i>Obesity</i> , 2009, 17, 1906-1915.	1.5	392
112	Television watching, videogames, and excess of body fat in Spanish adolescents: The AVENA study. <i>Nutrition</i> , 2008, 24, 654-662.	1.1	104
113	THE EFFECT OF ACUTE MODERATE HYPOXIA ON ACCUMULATED OXYGEN DEFICIT DURING INTERMITTENT EXERCISE IN NONACCLIMATIZED MEN. <i>Journal of Strength and Conditioning Research</i> , 2007, 21, 413-418.	1.0	0
114	Three Days Fast in Sportsmen Decreases Physical Work Capacity but Not Strength or Perception-Reaction Time. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2001, 11, 420-429.	1.0	28
115	Physical exercise reverses diet-induced increases in LDL-cholesterol and apo B levels in healthy ovo-lactovegetarian subjects. <i>Nutrition Research</i> , 2000, 20, 1707-1714.	1.3	5
116	Elimination of Meat, Fish, and Derived Products from the Spanish-Mediterranean Diet: Effect on the Plasma Lipid Profile. <i>Annals of Nutrition and Metabolism</i> , 1996, 40, 202-211.	1.0	14