Rosa Baños

List of Publications by Year in descending order

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38660 58464 10,138 296 50 citations h-index papers

g-index 319 319 319 9913 docs citations times ranked citing authors all docs

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#	Article	IF	CITATIONS
1	Immersion and Emotion: Their Impact on the Sense of Presence. Cyberpsychology, Behavior and Social Networking, 2004, 7, 734-741.	2.2	434
2	Recent Progress in Virtual Reality Exposure Therapy for Phobias: A Systematic Review. Current Psychiatry Reports, 2017, 19, 42.	2.1	282
3	Positive Technology: Using Interactive Technologies to Promote Positive Functioning. Cyberpsychology, Behavior, and Social Networking, 2012, 15, 69-77.	2.1	277
4	Transforming Experience: The Potential of Augmented Reality and Virtual Reality for Enhancing Personal and Clinical Change. Frontiers in Psychiatry, 2016, 7, 164.	1.3	256
5	Emotional eating and food intake after sadness and joy. Appetite, 2013, 66, 20-25.	1.8	198
6	Virtual reality treatment of claustrophobia: a case report. Behaviour Research and Therapy, 1998, 36, 239-246.	1.6	188
7	Executive Functions Profile in Extreme Eating/Weight Conditions: From Anorexia Nervosa to Obesity. PLoS ONE, 2012, 7, e43382.	1.1	180
8	Psychometric properties of the Spanish validation of the Five Facets of Mindfulness Questionnaire (FFMQ). European Journal of Psychiatry, 2012, 26, 118-126.	0.7	173
9	Presence and Reality Judgment in Virtual Environments: A Unitary Construct?. Cyberpsychology, Behavior and Social Networking, 2000, 3, 327-335.	2.2	171
10	Virtual reality exposure-based therapy for the treatment of post-traumatic stress disorder: a review of its efficacy, the adequacy of the treatment protocol, and its acceptability. Neuropsychiatric Disease and Treatment, 2015, 11, 2533.	1.0	155
11	Association of Irisin with Fat Mass, Resting Energy Expenditure, and Daily Activity in Conditions of Extreme Body Mass Index. International Journal of Endocrinology, 2014, 2014, 1-9.	0.6	151
12	The Present and Future of Positive Technologies. Cyberpsychology, Behavior, and Social Networking, 2012, 15, 78-84.	2.1	150
13	Presence and Emotions in Virtual Environments: The Influence of Stereoscopy. Cyberpsychology, Behavior and Social Networking, 2008, 11, 1-8.	2.2	143
14	Maximizing the Impact of e-Therapy and Serious Gaming: Time for a Paradigm Shift. Frontiers in Psychiatry, 2016, 7, 65.	1.3	138
15	An Internet-Based Self-Help Treatment for Fear of Public Speaking: A Controlled Trial. Cyberpsychology, Behavior, and Social Networking, 2010, 13, 407-421.	2.1	127
16	Virtual reality in the treatment of claustrophobic fear: A controlled, multiple-baseline design. Behavior Therapy, 2000, 31, 583-595.	1.3	120
17	Treating Cockroach Phobia With Augmented Reality. Behavior Therapy, 2010, 41, 401-413.	1.3	119
18	European COMPARative Effectiveness research on blended Depression treatment versus treatment-as-usual (E-COMPARED): study protocol for a randomized controlled, non-inferiority trial in eight European countries. Trials, 2016, 17, 387.	0.7	118

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19	Virtual reality and stimulation of touch and smell for inducing relaxation: A randomized controlled trial. Computers in Human Behavior, 2016, 55, 1-8.	5.1	117
20	Using Augmented Reality to Treat Phobias. IEEE Computer Graphics and Applications, 2005, 25, 31-37.	1.0	112
21	A positive psychological intervention using virtual reality for patients with advanced cancer in a hospital setting: a pilot study to assess feasibility. Supportive Care in Cancer, 2013, 21, 263-270.	1.0	106
22	Mixing Realities? An Application of Augmented Reality for the Treatment of Cockroach Phobia. Cyberpsychology, Behavior and Social Networking, 2005, 8, 162-171.	2.2	105
23	Validation of the Dutch Eating Behavior Questionnaire (DEBQ) in a sample of Spanish women. Appetite, 2014, 73, 58-64.	1.8	105
24	Treating cockroach phobia using a serious game on a mobile phone and augmented reality exposure: A single case study. Computers in Human Behavior, 2011, 27, 217-227.	5.1	98
25	Relationship between Meditative Practice and Self-Reported Mindfulness: The MINDSENS Composite Index. PLoS ONE, 2014, 9, e86622.	1.1	96
26	Positive mood induction procedures for virtual environments designed for elderly people. Interacting With Computers, 2012, 24, 131-138.	1.0	95
27	Positive and Negative Affect Schedule (PANAS): psychometric properties of the online Spanish version in a clinical sample with emotional disorders. BMC Psychiatry, 2020, 20, 56.	1.1	91
28	Meditation and happiness: Mindfulness and self-compassion may mediate the meditation–happiness relationship. Personality and Individual Differences, 2016, 93, 80-85.	1.6	90
29	Virtual Reality in the Treatment of Fibromyalgia: A Pilot Study. Cyberpsychology, Behavior, and Social Networking, 2013, 16, 215-223.	2.1	88
30	Smell–taste dysfunctions in extreme weight/eating conditions: analysis of hormonal and psychological interactions. Endocrine, 2016, 51, 256-267.	1.1	82
31	Body Image and Virtual Reality in Eating Disorders: Is Exposure to Virtual Reality More Effective than the Classical Body Image Treatment?. Cyberpsychology, Behavior and Social Networking, 1999, 2, 149-155.	2.2	81
32	In Vivo versus Augmented Reality Exposure in the Treatment of Small Animal Phobia: A Randomized Controlled Trial. PLoS ONE, 2016, 11, e0148237.	1.1	80
33	Immersive Versus Non-immersive Experience: Exploring the Feasibility of Memory Assessment Through 360° Technology. Frontiers in Psychology, 2019, 10, 2509.	1.1	78
34	Ecological momentary assessment for chronic pain in fibromyalgia using a smartphone: A randomized crossover study. European Journal of Pain, 2014, 18, 862-872.	1.4	75
35	Relative effects of cognitive and behavioral therapies on generalized anxiety disorder, social anxiety disorder and panic disorder: A meta-analysis. Journal of Anxiety Disorders, 2016, 43, 79-89.	1.5	71
36	The association between depression symptoms, psychological burden caused by Covid-19 and physical activity: An investigation in Germany, Italy, Russia, and Spain. Psychiatry Research, 2021, 295, 113596.	1.7	71

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37	Virtual Reality Versus Computer-Aided Exposure Treatments for Fear of Flying. Behavior Modification, 2011, 35, 3-30.	1.1	70
38	An increase in visceral fat is associated with a decrease in the taste and olfactory capacity. PLoS ONE, 2017, 12, e0171204.	1.1	70
39	Virtual Reality as a Medium to Elicit Empathy: A Meta-Analysis. Cyberpsychology, Behavior, and Social Networking, 2020, 23, 667-676.	2.1	70
40	Assessing Decentering: Validation, Psychometric Properties, and Clinical Usefulness of the Experiences Questionnaire in a Spanish Sample. Behavior Therapy, 2014, 45, 863-871.	1.3	68
41	Integrating Virtual Reality With Activity Management for the Treatment of Fibromyalgia. Clinical Journal of Pain, 2015, 31, 564-572.	0.8	68
42	Psychometric Characteristics in Normal and Social Phobic Samples for a Spanish Version of the Rosenberg Self-Esteem Scale. Psychological Reports, 2000, 87, 269-274.	0.9	67
43	An Internet-based program for depressive symptoms using human and automated support: a randomized controlled trial. Neuropsychiatric Disease and Treatment, 2017, Volume 13, 987-1006.	1.0	66
44	Life-review therapy with computer supplements for depression in the elderly: A randomized controlled trial. Aging and Mental Health, 2012, 16, 964-974.	1.5	64
45	Deterioration rates in Virtual Reality Therapy: An individual patient data level meta-analysis. Journal of Anxiety Disorders, 2019, 61, 3-17.	1.5	64
46	Cognitively-Based Compassion Training (CBCT $<$ sup $>$ Â $^{\odot}<$ /sup $>$) in Breast Cancer Survivors: A Randomized Clinical Trial Study. Integrative Cancer Therapies, 2018, 17, 684-696.	0.8	61
47	Economic evaluation of a guided and unguided internet-based CBT intervention for major depression: Results from a multi-center, three-armed randomized controlled trial conducted in primary care. PLoS ONE, 2017, 12, e0172741.	1.1	59
48	An Internet-Based Intervention for Depression in Primary Care in Spain: A Randomized Controlled Trial. Journal of Medical Internet Research, 2016, 18, e231.	2.1	59
49	Relationship between eating styles and temperament in an Anorexia Nervosa, Healthy Control, and Morbid Obesity female sample. Appetite, 2014, 76, 76-83.	1.8	57
50	An e-Health System for the Elderly (Butler Project): A Pilot Study on Acceptance and Satisfaction. Cyberpsychology, Behavior and Social Networking, 2009, 12, 255-262.	2.2	56
51	Virtual Reality, Augmented Reality, and <i>In Vivo</i> Exposure Therapy: A Preliminary Comparison of Treatment Efficacy in Small Animal Phobia. Cyberpsychology, Behavior, and Social Networking, 2019, 22, 31-38.	2.1	56
52	Psychological Variables and Reality Judgment in Virtual Environments: The Roles of Absorption and Dissociation. Cyberpsychology, Behavior and Social Networking, 1999, 2, 143-148.	2.2	55
53	Effects of the Best Possible Self intervention: A systematic review and meta-analysis. PLoS ONE, 2019, 14, e0222386.	1.1	54
54	An Internet based intervention for improving resilience and coping strategies in university students: Study protocol for a randomized controlled trial. Internet Interventions, 2019, 16, 43-51.	1.4	54

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55	Explicit and implicit memory biases in depression and panic disorder. Behaviour Research and Therapy, 2001, 39, 61-74.	1.6	52
56	Online Positive Interventions to Promote Well-being and Resilience in the Adolescent Population: A Narrative Review. Frontiers in Psychiatry, 2017, 8, 10.	1.3	51
57	Validation of the Dutch Eating Behavior Questionnaire for Children (DEBQ-C) for use with Spanish children. Nutricion Hospitalaria, 2011, 26, 890-8.	0.2	51
58	Virtual reality treatment of flying phobia. IEEE Transactions on Information Technology in Biomedicine, 2002, 6, 206-212.	3.6	50
59	Dropping out of a transdiagnostic online intervention: A qualitative analysis of client's experiences. Internet Interventions, 2017, 10, 29-38.	1.4	50
60	An adaptive display to treat stress-related disorders: EMMA's World. British Journal of Guidance and Counselling, 2009, 37, 347-356.	0.6	48
61	Using Virtual Reality to Distract Overweight Children from Bodily Sensations During Exercise. Cyberpsychology, Behavior, and Social Networking, 2016, 19, 115-119.	2.1	48
62	Process of design and usability evaluation of a telepsychology web and virtual reality system for the elderly: Butler. International Journal of Human Computer Studies, 2013, 71, 350-362.	3.7	46
63	EARTH of Well-Being System: A pilot study of an Information and Communication Technology-based positive psychology intervention. Journal of Positive Psychology, 2014, 9, 482-488.	2.6	46
64	Using virtual reality and mood-induction procedures to test products with consumers of ceramic tiles. Computers in Human Behavior, 2013, 29, 648-653.	5.1	45
65	Consensus statement on the problem of terminology in psychological interventions using the internet or digital components. Internet Interventions, 2020, 21, 100331.	1.4	45
66	An fMRI Study to Analyze Neural Correlates of Presence during Virtual Reality Experiences. Interacting With Computers, 2014, 26, 269-284.	1.0	44
67	Efficacy and acceptability of an Internet platform to improve the learning of nutritional knowledge in children: the ETIOBE mates. Health Education Research, 2013, 28, 234-248.	1.0	43
68	Circulating Betatrophin Levels Are Increased in Anorexia and Decreased in Morbidly Obese Women. Journal of Clinical Endocrinology and Metabolism, 2015, 100, E1188-E1196.	1.8	42
69	Moderate-Vigorous Physical Activity across Body Mass Index in Females: Moderating Effect of Endocannabinoids and Temperament. PLoS ONE, 2014, 9, e104534.	1.1	41
70	Efficacy and cost-effectiveness of guided and unguided internet- and mobile-based indicated transdiagnostic prevention of depression and anxiety (ICare Prevent): A three-armed randomized controlled trial in four European countries. Internet Interventions, 2019, 16, 52-64.	1.4	40
71	Is comfort food actually comforting for emotional eaters? A (moderated) mediation analysis. Physiology and Behavior, 2019, 211, 112671.	1.0	40
72	An Augmented Reality System Validation for the Treatment of Cockroach Phobia. Cyberpsychology, Behavior, and Social Networking, 2010, 13, 705-710.	2.1	39

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73	Virtual Reality Exposure and Imaginal Exposure in the Treatment of Fear of Flying. Behavior Modification, 2013, 37, 568-590.	1.1	39
74	Economic Impact of Third-Wave Cognitive Behavioral Therapies: A Systematic Review and Quality Assessment of Economic Evaluations in Randomized Controlled Trials. Behavior Therapy, 2018, 49, 124-147.	1.3	39
75	Telepsychology and Self-Help: The Treatment of Phobias Using the Internet. Cyberpsychology, Behavior and Social Networking, 2008, 11, 659-664.	2.2	38
76	How the physical similarity of avatars can influence the learning of emotion regulation strategies in teenagers. Computers in Human Behavior, 2015, 43, 101-111.	5.1	38
77	Telepsychology: Public Speaking Fear Treatment on the Internet. Cyberpsychology, Behavior and Social Networking, 2000, 3, 959-968.	2.2	37
78	Clinically Significant Virtual Environments for the Treatment of Panic Disorder and Agoraphobia. Cyberpsychology, Behavior and Social Networking, 2004, 7, 527-535.	2.2	37
79	Genetic variations of the bitter taste receptor TAS2R38 are associated with obesity and impact on single immune traits. Molecular Nutrition and Food Research, 2016, 60, 1673-1683.	1.5	37
80	Body schema plasticity after stroke: Subjective and neurophysiological correlates of the rubber hand illusion. Neuropsychologia, 2017, 96, 61-69.	0.7	37
81	Orexin and sleep quality in anorexia nervosa: Clinical relevance and influence on treatment outcome. Psychoneuroendocrinology, 2016, 65, 102-108.	1.3	36
82	Putting Oneself in the Body of Others: A Pilot Study on the Efficacy of an Embodied Virtual Reality System to Generate Self-Compassion. Frontiers in Psychology, 2019, 10, 1521.	1.1	36
83	Virtual Body Swap: A New Feasible Tool to Be Explored in Health and Education. , 2016, , .		35
84	Effects of a Brief Mindful Eating Induction on Food Choices and Energy Intake: External Eating and Mindfulness State as Moderators. Mindfulness, 2018, 9, 750-760.	1.6	35
85	Virtual reality and psychotherapy. Studies in Health Technology and Informatics, 2004, 99, 37-54.	0.2	35
86	An Augmented Reality System for the Treatment of Acrophobia: The Sense of Presence Using Immersive Photography. Presence: Teleoperators and Virtual Environments, 2006, 15, 393-402.	0.3	34
87	An Internet-based program for depression using activity and physiological sensors: efficacy, expectations, satisfaction, and ease of use. Neuropsychiatric Disease and Treatment, 2016, 12, 393.	1.0	34
88	Decision Making Impairment: A Shared Vulnerability in Obesity, Gambling Disorder and Substance Use Disorders?. PLoS ONE, 2016, 11, e0163901.	1.1	34
89	Presence-Inducing Media for Mental Health Applications. , 2015, , 283-332.		33
90	Virtual Reality and Psychopathology. Cyberpsychology, Behavior and Social Networking, 1999, 2, 283-292.	2.2	32

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91	An e-health platform for the elderly population: The butler system. Computers and Education, 2011, 56, 275-279.	5.1	32
92	Effect of a web-based positive psychology intervention on prenatal well-being: A case series study. Women and Birth, 2018, 31, e1-e8.	0.9	32
93	A brief online transdiagnostic measure: Psychometric properties of the Overall Anxiety Severity and Impairment Scale (OASIS) among Spanish patients with emotional disorders. PLoS ONE, 2018, 13, e0206516.	1.1	32
94	Acceptability of virtual reality interoceptive exposure for the treatment of panic disorder with agoraphobia. British Journal of Guidance and Counselling, 2014, 42, 123-137.	0.6	31
95	Analysis of the efficacy of an internet-based self-administered intervention ("Living Betterâ€) to promote healthy habits in a population with obesity and hypertension: An exploratory randomized controlled trial. International Journal of Medical Informatics, 2019, 124, 13-23.	1.6	31
96	Expectations Among Patients and Health Professionals Regarding Web-Based Interventions for Depression in Primary Care: A Qualitative Study. Journal of Medical Internet Research, 2015, 17, e67.	2.1	31
97	An Adaptive Display for the Treatment of Diverse Trauma PTSD Victims. Cyberpsychology, Behavior, and Social Networking, 2010, 13, 67-71.	2.1	30
98	Psychometric properties of the General Self Efficacy-12 Scale in Spanish: General and clinical population samples. Comprehensive Psychiatry, 2014, 55, 1738-1743.	1.5	30
99	Changes in Body Composition in Anorexia Nervosa: Predictors of Recovery and Treatment Outcome. PLoS ONE, 2015, 10, e0143012.	1.1	30
100	Exploring relations among mindfulness facets and various meditation practices: Do they work in different ways?. Consciousness and Cognition, 2017, 49, 172-180.	0.8	30
101	The effect of a mindfulness-based therapy on different biomarkers among patients with inflammatory bowel disease: a randomised controlled trial. Scientific Reports, 2020, 10, 6071.	1.6	30
102	How Does Mindfulness Work? Exploring a Theoretical Model Using Samples of Meditators and Non-meditators. Mindfulness, 2018, 9, 860-870.	1.6	29
103	Modulation of the Endocannabinoids N-Arachidonoylethanolamine (AEA) and 2-Arachidonoylglycerol (2-AG) on Executive Functions in Humans. PLoS ONE, 2013, 8, e66387.	1.1	29
104	Modulation of Higher-Order Olfaction Components on Executive Functions in Humans. PLoS ONE, 2015, 10, e0130319.	1.1	29
105	Impact of a Web-Based Exercise and Nutritional Education Intervention in Patients Who Are Obese With Hypertension: Randomized Wait-List Controlled Trial. Journal of Medical Internet Research, 2020, 22, e14196.	2.1	29
106	The Treatment of Claustrophobia with Virtual Reality: Changes in Other Phobic Behaviors Not Specifically Treated. Cyberpsychology, Behavior and Social Networking, 1999, 2, 135-141.	2.2	28
107	Psychological countermeasures in manned space missions: "EARTH―system for the Mars-500 project. Computers in Human Behavior, 2016, 55, 898-908.	5.1	28
108	The Binge Eating Scale: Structural Equation Competitive Models, Invariance Measurement Between Sexes, and Relationships With Food Addiction, Impulsivity, Binge Drinking, and Body Mass Index. Frontiers in Psychology, 2019, 10, 530.	1.1	28

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109	How Does It Feel to Be a Woman Victim of Sexual Harassment? The Effect of 360°-Video-Based Virtual Reality on Empathy and Related Variables. Cyberpsychology, Behavior, and Social Networking, 2021, 24, 258-266.	2.1	28
110	The VEPSY Updated Project: Virtual Reality in Clinical Psychology. Cyberpsychology, Behavior and Social Networking, 2001, 4, 449-455.	2.2	27
111	Modulation of Irisin and Physical Activity on Executive Functions in Obesity and Morbid obesity. Scientific Reports, 2016, 6, 30820.	1.6	27
112	Users' Opinion About a Virtual Reality System as an Adjunct to Psychological Treatment for Stress-Related Disorders: A Quantitative and Qualitative Mixed-Methods Study. Frontiers in Psychology, 2018, 9, 1038.	1.1	27
113	The acceptability of an Internet-based self-help treatment for fear of public speaking. British Journal of Guidance and Counselling, 2009, 37, 297-311.	0.6	26
114	Enduring Changes in Decision Making in Patients with Full Remission from Anorexia Nervosa. European Eating Disorders Review, 2016, 24, 523-527.	2.3	26
115	Editorial: Positive Technology: Designing E-experiences for Positive Change. Frontiers in Psychology, 2019, 10, 1571.	1.1	26
116	Reduced Plasma Orexin-A Concentrations are Associated with Cognitive Deficits in Anorexia Nervosa. Scientific Reports, 2019, 9, 7910.	1.6	26
117	Working Alliance Inventory for Online Interventions-Short Form (WAI-TECH-SF): The Role of the Therapeutic Alliance between Patient and Online Program in Therapeutic Outcomes. International Journal of Environmental Research and Public Health, 2020, 17, 6169.	1.2	26
118	Treatment of Complicated Grief Using Virtual Reality: A Case Report. Death Studies, 2008, 32, 674-692.	1.8	25
119	Working alliance inventory applied to virtual and augmented reality (WAI-VAR): psychometrics and therapeutic outcomes. Frontiers in Psychology, 2015, 6, 1531.	1.1	25
120	Usability and acceptability assessment of an empathic virtual agent to prevent major depression. Expert Systems, 2016, 33, 297-312.	2.9	25
121	Exploring the Relationship Between the Acceptability of an Internet-Based Intervention for Depression in Primary Care and Clinical Outcomes: Secondary Analysis of a Randomized Controlled Trial. Frontiers in Psychiatry, 2019, 10, 325.	1.3	25
122	Internet-Based Telehealth System for the Treatment of Agoraphobia. Cyberpsychology, Behavior and Social Networking, 2003, 6, 355-358.	2.2	24
123	Embodiment and Body Awareness in Meditators. Mindfulness, 2016, 7, 1297-1305.	1.6	24
124	Associations between neuropsychological performance and appetite-regulating hormones in anorexia nervosa and healthy controls: Ghrelin's putative role as a mediator of decision-making. Molecular and Cellular Endocrinology, 2019, 497, 110441.	1.6	24
125	Improving Childhood Obesity Treatment Using New Technologies: The ETIOBE System. Clinical Practice and Epidemiology in Mental Health, 2011, 7, 62-66.	0.6	24
126	Bronchial Asthma and Personality Dimensions: A Multifaceted Association. Journal of Asthma, 1994, 31, 161-170.	0.9	23

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127	A New Realistic 3D Body Representation in Virtual Environments for the Treatment of Disturbed Body Image in Eating Disorders. Cyberpsychology, Behavior and Social Networking, 2000, 3, 433-439.	2.2	23
128	The Intelligent e-Therapy system: a new paradigm for telepsychology and cybertherapy. British Journal of Guidance and Counselling, 2009, 37, 287-296.	0.6	23
129	Dialectical Behavior Therapy in the Treatment of Borderline Personality Disorder and Eating DisordersÂComorbidity: A Pilot Study in a Naturalistic Setting. Cognitive Therapy and Research, 2018, 42, 636-649.	1.2	23
130	Increasing physical activity through an Internet-based motivational intervention supported by pedometers in a sample of sedentary students: A randomised controlled trial. Psychology and Health, 2018, 33, 465-482.	1,2	23
131	Healthy Teens @ School: Evaluating and disseminating transdiagnostic preventive interventions for eating disorders and obesity for adolescents in school settings. Internet Interventions, 2019, 16, 65-75.	1.4	23
132	Interventions for Family Members and Carers of Patients with Borderline Personality Disorder: A Systematic Review. Family Process, 2021, 60, 134-144.	1.4	23
133	Low intensity vs. self-guided Internet-delivered psychotherapy for major depression: a multicenter, controlled, randomized study. BMC Psychiatry, 2013, 13, 21.	1.1	22
134	Effectiveness of a transdiagnostic internet-based protocol for the treatment of emotional disorders versus treatment as usual in specialized care: study protocol for a randomized controlled trial. Trials, 2015, 16, 488.	0.7	22
135	The VEPSY UPDATED Project: Clinical Rationale and Technical Approach. Cyberpsychology, Behavior and Social Networking, 2003, 6, 433-439.	2.2	21
136	Subjective, behavioral, and physiological responses to the rubber hand illusion do not vary with age in the adult phase. Consciousness and Cognition, 2018, 58, 90-96.	0.8	21
137	Virtual and Augmented Reality: New Frontiers for Clinical Psychology. , 0, , .		21
138	The acceptability of an Internet-based exposure treatment for flying phobia with and without therapist guidance: patients' expectations, satisfaction, treatment preferences, and usability. Neuropsychiatric Disease and Treatment, 2018, Volume 14, 879-892.	1.0	21
139	Efficacy of an internet-based exposure treatment for flying phobia (NO-FEAR Airlines) with and without therapist guidance: a randomized controlled trial. BMC Psychiatry, 2019, 19, 86.	1.1	21
140	Towards a Comprehensive Understanding of Body Image: Integrating Positive Body Image, Embodiment and Self-Compassion. Psychologica Belgica, 2021, 61, 248-261.	1.0	21
141	What is the Current and Future Status of Digital Mental Health Interventions?. Spanish Journal of Psychology, 2022, 25, e5.	1.1	21
142	Assessing the Relationship Between Attitudinal and Perceptual Component of Body Image Disturbance Using Virtual Reality. Cyberpsychology, Behavior, and Social Networking, 2018, 21, 679-686.	2.1	20
143	Can Avatar Appearance Influence Physical Activity? User-Avatar Similarity and Proteus Effects on Cardiac Frequency and Step Counts. Health Communication, 2022, 37, 222-229.	1.8	20
144	Efficacy of Three Low-Intensity, Internet-Based Psychological Interventions for the Treatment of Depression in Primary Care: Randomized Controlled Trial. Journal of Medical Internet Research, 2020, 22, e15845.	2.1	20

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145	An Augmented Reality System for Treating Psychological Disorders: Application to Phobia to Cockroaches. , 0, , .		19
146	Expectations, experiences and attitudes of patients and primary care health professionals regarding online psychotherapeutic interventions for depression: protocol for a qualitative study. BMC Psychiatry, 2013, 13, 64.	1.1	19
147	Competitive active video games: Physiological and psychological responses in children and adolescents. Paediatrics and Child Health, 2015, 20, 373-376.	0.3	19
148	Physical activity in anorexia nervosa: How relevant is it to therapy response?. European Psychiatry, 2015, 30, 924-931.	0.1	19
149	A game for emotional regulation in adolescents: The (body) interface device matters. Computers in Human Behavior, 2016, 57, 267-273.	5.1	19
150	Efficacy of a Transdiagnostic internet-based treatment for emotional disorders with a specific component to address positive affect: Study protocol for a randomized controlled trial. BMC Psychiatry, 2017, 17, 145.	1.1	19
151	Adherence predictors in an Internet-based Intervention program for depression. Cognitive Behaviour Therapy, 2018, 47, 246-261.	1.9	19
152	Efficacy of an adaptation of the Best Possible Self intervention implemented through positive technology: a randomized control trial. Applied Research in Quality of Life, 2018, 13, 671-689.	1.4	18
153	Exploring the Heterogeneity and Trajectories of Positive Functioning Variables, Emotional Distress, and Post-traumatic Growth During Strict Confinement Due to COVID-19. Journal of Happiness Studies, 2022, 23, 1683-1708.	1.9	18
154	Telepsychology and Self-help: The Treatment of Fear of Public Speaking. Cognitive and Behavioral Practice, 2007, 14, 46-57.	0.9	17
155	Manipulating Self-Avatar Body Dimensions in Virtual Worlds to Complement an Internet-Delivered Intervention to Increase Physical Activity in Overweight Women. International Journal of Environmental Research and Public Health, 2020, 17, 4045.	1.2	17
156	Binge Eating and Binge Drinking: A Two-Way Road? An Integrative Review. Current Pharmaceutical Design, 2020, 26, 2402-2415.	0.9	17
157	An internet-based self-administered intervention for promoting healthy habits and weight loss in hypertensive people who are overweight or obese: a randomized controlled trial. BMC Cardiovascular Disorders, 2015, 15, 83.	0.7	16
158	Efficacy of a cognitive and behavioral treatment for childhood obesity supported by the ETIOBE web platform. Psychology, Health and Medicine, 2019, 24, 703-713.	1.3	16
159	Meaningâ€making as a mediator of anxiety and depression reduction during cognitive behavioral therapy intervention in participants with adjustment disorders. Clinical Psychology and Psychotherapy, 2021, 28, 325-333.	1.4	16
160	Negative and Positive Affect Regulation in a Transdiagnostic Internet-Based Protocol for Emotional Disorders: Randomized Controlled Trial. Journal of Medical Internet Research, 2021, 23, e21335.	2.1	16
161	Integrating virtual realities and psychotherapy: SWOT analysis on VR and MR based treatments of anxiety and stress-related disorders. Cognitive Behaviour Therapy, 2021, 50, 509-526.	1.9	16
162	Exploring the Incorporation of a Positive Psychology Component in a Cognitive Behavioral Internet-Based Program for Depressive Symptoms. Results Throughout the Intervention Process. Frontiers in Psychology, 2018, 9, 2360.	1.1	15

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163	An adaptive virtual reality system for the treatment of adjustment disorder and complicated grief: 1â€year followâ€up efficacy data. Clinical Psychology and Psychotherapy, 2019, 26, 204-217.	1.4	15
164	Clinical utility of cognitive-behavioural treatment for panic disorder. results obtained in different settings: a research centre and a public mental health care unit. Clinical Psychology and Psychotherapy, 2002, 9, 373-383.	1.4	14
165	Detection and distraction effects for threatening information in social phobia and change after treatment. Depression and Anxiety, 2008, 25, 55-63.	2.0	14
166	Efficacy of low-intensity psychological intervention applied by ICTs for the treatment of depression in primary care: a controlled trial. BMC Psychiatry, 2015, 15, 106.	1.1	14
167	Capturing the Severity and Impairment Associated With Depression: The Overall Depression Severity and Impairment Scale (ODSIS) Validation in a Spanish Clinical Sample. Frontiers in Psychiatry, 2019, 10, 180.	1.3	14
168	EMMA: An Adaptive Display for Virtual Therapy. Lecture Notes in Computer Science, 2007, , 258-265.	1.0	14
169	Validación psicométrica del cuestionario de regulación emocional (ERQ-CA) en población adolescente española. Revista De Psicologia Clinica Con Ninos Y Adolescentes, 2018, 5, 9-15.	0.2	14
170	Selective Processing of Food– and Body–Related Information and Autonomic Arousal in Patients with Eating Disorders. Spanish Journal of Psychology, 1998, 1, 3-10.	1.1	13
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