

Konrad S Jankowski

List of Publications by Year in descending order

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Version: 2024-02-01

61
papers

1,450
citations

304743

22
h-index

361022

35
g-index

61
all docs

61
docs citations

61
times ranked

1455
citing authors

#	ARTICLE	IF	CITATIONS
1	Social jet lag: Sleep-corrected formula. <i>Chronobiology International</i> , 2017, 34, 531-535.	2.0	114
2	Diurnal Variation in Energetic Arousal, Tense Arousal, and Hedonic Tone in Extreme Morning and Evening Types. <i>Chronobiology International</i> , 2008, 25, 577-595.	2.0	91
3	Mind the balance, be contented: Balanced time perspective mediates the relationship between mindfulness and life satisfaction. <i>Personality and Individual Differences</i> , 2016, 93, 27-31.	2.9	77
4	Is the shift in chronotype associated with an alteration in well-being?. <i>Biological Rhythm Research</i> , 2015, 46, 237-248.	0.9	71
5	Deviation from the balanced time perspective: A systematic review of empirical relationships with psychological variables. <i>Personality and Individual Differences</i> , 2020, 156, 109772.	2.9	66
6	Chronotype and time-of-day effects on mood during school day. <i>Chronobiology International</i> , 2015, 32, 37-42.	2.0	61
7	Morningness-eveningness and depressive symptoms: Test on the components level with CES-D in Polish students. <i>Journal of Affective Disorders</i> , 2016, 196, 47-53.	4.1	61
8	Morningness-eveningness correlates with sleep time, quality, and hygiene in secondary school students: a multilevel analysis. <i>Sleep Medicine</i> , 2017, 30, 151-159.	1.6	54
9	Evening adolescents: The role of family relationships and pubertal development. <i>Journal of Adolescence</i> , 2014, 37, 425-432.	2.4	47
10	Morningness/Eveningness and Satisfaction With Life in a Polish Sample. <i>Chronobiology International</i> , 2012, 29, 780-785.	2.0	43
11	Morningness and life satisfaction: Further evidence from Spain. <i>Chronobiology International</i> , 2013, 30, 1283-1285.	2.0	42
12	The role of temperament in the relationship between morningness-eveningness and mood. <i>Chronobiology International</i> , 2014, 31, 114-122.	2.0	39
13	ARNTL, CLOCK and PER3 polymorphisms links with chronotype and affective dimensions. <i>Chronobiology International</i> , 2017, 34, 1105-1113.	2.0	36
14	What Are the Optimal Levels of Time Perspectives? Deviation from the Balanced Time Perspective-Revisited (DBTP-r). <i>Psychologica Belgica</i> , 2020, 60, 164-183.	1.9	34
15	Polish version of the reduced Morningness-Eveningness Questionnaire. <i>Biological Rhythm Research</i> , 2013, 44, 427-433.	0.9	32
16	Morningness-eveningness and sociosexuality: Evening females are less restricted than morning ones. <i>Personality and Individual Differences</i> , 2014, 68, 13-17.	2.9	30
17	Morningness-eveningness and performance-based emotional intelligence. <i>Biological Rhythm Research</i> , 2015, 46, 417-423.	0.9	30
18	Age or age at onset? Which of them really matters for neuro and social cognition in schizophrenia?. <i>Psychiatry Research</i> , 2015, 225, 197-201.	3.3	28

#	ARTICLE	IF	CITATIONS
19	Chronotype, gender, and time for sex. <i>Chronobiology International</i> , 2014, 31, 911-916.	2.0	26
20	Let's dance " feel better! Mood changes following dancing in different situations. <i>European Journal of Sport Science</i> , 2015, 15, 640-646.	2.7	24
21	Wise "birds" follow their clock: The role of emotional intelligence and morningness"eveningness in diurnal regulation of mood. <i>Chronobiology International</i> , 2016, 33, 51-63.	2.0	24
22	Morningness"eveningness and temperament: The Regulative Theory of Temperament perspective. <i>Personality and Individual Differences</i> , 2012, 53, 734-739.	2.9	22
23	Differences in sun time within the same time zone affect sleep"wake and social rhythms, but not morningness preference: Findings from a Polish"German comparison study. <i>Time and Society</i> , 2014, 23, 258-276.	1.5	22
24	Chronotype, social jetlag and sleep loss in relation to sex steroids. <i>Psychoneuroendocrinology</i> , 2019, 108, 87-93.	2.7	22
25	Animal Welfare Attitudes: Effects of Gender and Diet in University Samples from 22 Countries. <i>Animals</i> , 2021, 11, 1893.	2.3	22
26	Mood as a Result of Temperament Profile: Predictions from the Regulative Theory of Temperament. <i>Personality and Individual Differences</i> , 2012, 52, 559-562.	2.9	20
27	Personality and individual differences in responses to aggression triggering events among prisoners and non-prisoners. <i>Personality and Individual Differences</i> , 2013, 55, 947-951.	2.9	19
28	Effects of chronotype and time of day on mood responses to CrossFit training. <i>Chronobiology International</i> , 2019, 36, 237-249.	2.0	18
29	Sociosexuality, Morningness"Eveningness, and Sleep Duration. <i>SAGE Open</i> , 2016, 6, 215824401562195.	1.7	17
30	Similarity in Chronotype and Preferred Time for Sex and Its Role in Relationship Quality and Sexual Satisfaction. <i>Frontiers in Psychology</i> , 2018, 9, 443.	2.1	17
31	Effects of cognitive remediation therapy versus other interventions on cognitive functioning in schizophrenia inpatients. <i>Neuropsychological Rehabilitation</i> , 2019, 29, 477-488.	1.6	17
32	Women would like their Partners to be more Synchronized with them in their Sleep-Wake Rhythm. <i>Spanish Journal of Psychology</i> , 2014, 17, E70.	2.1	16
33	Evidence for the validity of the composite scale of morningness based on students from Germany and Poland " relationship with sleep"wake and social schedules. <i>Biological Rhythm Research</i> , 2014, 45, 653-659.	0.9	14
34	Construct validity of the Polish version of the reinforcement sensitivity theory-personality questionnaire. <i>Personality and Individual Differences</i> , 2017, 109, 172-180.	2.9	14
35	The mediational role of emotion regulation in the relationship between personality and subjective well-being. <i>Current Psychology</i> , 2022, 41, 4098-4111.	2.8	14
36	Binge Eating Disorder: What Is the Role of Physical Activity Associated with Dietary and Psychological Treatment?. <i>Nutrients</i> , 2020, 12, 3622.	4.1	14

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37	Angry night birds: Emotionality, activity and sociability temperament in adolescent chronotypes. <i>Chronobiology International</i> , 2020, 37, 652-659.	2.0	13
38	Morningness-eveningness and seasonality. <i>Biological Rhythm Research</i> , 2017, 48, 331-342.	0.9	12
39	The relationship between mood experienced during an exam, proneness to frustration and neuroticism. <i>Learning and Individual Differences</i> , 2015, 37, 237-240.	2.7	11
40	+G<SUB>z</SUB> Centrifugation and Mood. <i>Aviation, Space, and Environmental Medicine</i> , 2012, 83, 136-139.	0.5	10
41	Synchrony in chronotype and social jetlag between dogs and humans across Europe. <i>Time and Society</i> , 2018, 27, 223-238.	1.5	10
42	Sexual Self-Schema Scale for Womenâ€™Validation and Psychometric Properties of the Polish Version. <i>Sexual Medicine</i> , 2018, 6, 131-142.	1.6	10
43	Why do evening people consider themselves more intelligent than morning individuals? The role of big five, narcissism, and objective cognitive ability. <i>Chronobiology International</i> , 2019, 36, 1741-1751.	2.0	10
44	Measuring the Capacity to Love: Development of the CTL-Inventory. <i>Frontiers in Psychology</i> , 2018, 9, 1115.	2.1	9
45	The Role of Morningness and Endurance in Mood and Attention During Morning and Evening Hours. <i>Journal of Individual Differences</i> , 2016, 37, 73-80.	1.0	8
46	Religiosity and the Spread of COVID-19: A Multinational Comparison. <i>Journal of Religion and Health</i> , 2022, 61, 1641-1656.	1.7	8
47	Actual versus preferred sleep times as a proxy of biological time for social jet lag. <i>Chronobiology International</i> , 2017, 34, 1175-1176.	2.0	7
48	Sleep timing is linked to sociosexuality: Evidence from German, Polish, Slovak, and Spanish females. <i>Time and Society</i> , 2019, 28, 1272-1287.	1.5	7
49	The role of time perspective and mindfulness on life satisfaction in the United States of America, Spain, Poland and Japan: A cross-cultural study. <i>Current Psychology</i> , 2023, 42, 17682-17699.	2.8	7
50	Morningness-eveningness preference and shift in chronotype during COVID-19 as predictors of mood and well-being in university students. <i>Personality and Individual Differences</i> , 2022, 191, 111581.	2.9	6
51	Polish Version of the Managing the Emotions of Others Scale (MEOS). <i>Psychological Reports</i> , 2016, 118, 532-543.	1.7	4
52	Chronotype and time metaphors: morning-types conceive time as more friendly and less hostile. <i>Biological Rhythm Research</i> , 2018, 49, 431-441.	0.9	4
53	Ukrainian versions of the Composite Scale of Morningness and Munich Chronotype Questionnaire. <i>Biological Rhythm Research</i> , 2022, 53, 878-896.	0.9	4
54	Coffee consumption and propensity to experience aggressive feelings in provoking and frustrating situations. <i>Current Issues in Personality Psychology</i> , 2015, 3, 105-111.	0.5	3

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55	Moral foundations in chronotypes: morningness predicts conservative morality. <i>Chronobiology International</i> , 2021, 38, 1143-1150.	2.0	3
56	Role of Living Conditions and Socioenvironmental Factors on Chronotype in Adolescents. <i>Adolescents</i> , 2021, 1, 95-107.	0.8	2
57	Mental health indices may fully mediate the relationship between morningness“eveningness and disease control among adult asthma patients. <i>Journal of Asthma</i> , 2022, 59, 1923-1932.	1.7	2
58	Reliability of the Nonweightbearing Inclinometric Measurements of the Ankle Range of Motion in Older Adults With Orthopedic Problems. <i>Topics in Geriatric Rehabilitation</i> , 2015, 31, 164-169.	0.4	1
59	The moderating role of personality traits in the associations between seasonal fluctuations in chronotype and depressive symptoms. <i>Chronobiology International</i> , 2022, , 1-9.	2.0	1
60	SprawnoÅ– intelektualna osÅ–b o odmiennych chronotypach. , 2021, , 259-273.		0
61	The influence of light exposure and chronotype on working memory in humans. <i>Acta Neurobiologiae Experimentalis</i> , 2021, 81, 111-120.	0.7	0