

# Amador Garca-Ramos

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

207  
papers

2,319  
citations

26  
h-index

36  
g-index

214  
ext. papers

3,047  
ext. citations

2.9  
avg, IF

6.15  
L-index

#	Paper	IF	Citations
207	Caffeine ingestion attenuates diurnal variation of lower-body ballistic performance in resistance-trained women.. <i>European Journal of Sport Science</i> , <b>2022</b> , 1-23	3.9	0
206	Load-Velocity Relationship Variables to Assess the Maximal Neuromuscular Capacities During the Back-Squat Exercise.. <i>Sports Health</i> , <b>2022</b> , 19417381211064603	4.7	2
205	Effects of post-tetanic potentiation induced by whole-body electrostimulation and post-activation potentiation on maximum isometric strength.. <i>Biology of Sport</i> , <b>2022</b> , 39, 451-461	4.3	0
204	Immediate and cumulative effects of upper-body isometric exercise on the cornea and anterior segment of the human eye.. <i>PeerJ</i> , <b>2022</b> , 10, e13160	3.1	
203	Association of the load-velocity relationship variables with 2000-m rowing ergometer performance.. <i>European Journal of Sport Science</i> , <b>2022</b> , 1-25	3.9	1
202	Using cluster and rest redistribution set structures as alternatives to resistance training prescription method based on velocity loss thresholds.. <i>PeerJ</i> , <b>2022</b> , 10, e13195	3.1	2
201	Methodological considerations for assessing whole-body strength capacity through isometric dynamometry.. <i>Sports Biomechanics</i> , <b>2022</b> , 1-15	2.2	
200	Effect of wearing different types of face masks during dynamic and isometric resistance training on intraocular pressure.. <i>Australasian journal of optometry, The</i> , <b>2022</b> , 1-6	2.7	0
199	Using Global Positioning System to Compare Training Monotony and Training Strain of Starters and Non-Starters across of Full-Season in Professional Soccer Players. <i>Sustainability</i> , <b>2022</b> , 14, 3560	3.6	
198	The linear regression model provides the force-velocity relationship parameters with the highest reliability.. <i>Sports Biomechanics</i> , <b>2022</b> , 1-20	2.2	1
197	Feasibility of Volitional Reaction Time Tests in Athletes: A Systematic Review.. <i>Motor Control</i> , <b>2022</b> , 1-24	1.3	2
196	The placement of linear transducers affects the magnitude but not the intra-session reliability of kinematic variables during the bench press exercise. <i>Isokinetics and Exercise Science</i> , <b>2022</b> , 1-10	0.6	
195	Influence of an Acute Exposure to a Moderate Real Altitude on Motoneuron Pool Excitability and Jumping Performance.. <i>Frontiers in Physiology</i> , <b>2022</b> , 13, 861927	4.6	
194	Single-leg mechanical performance and inter-leg asymmetries during bilateral countermovement jumps: A comparison of different calculation methods.. <i>Gait and Posture</i> , <b>2022</b> , 96, 47-52	2.6	0
193	Velocity-Based Resistance Training Monitoring: Influence of Lifting Straps, Reference Repetitions, and Variable Selection in Resistance-Trained Men.. <i>Sports Health</i> , <b>2022</b> , 19417381221095073	4.7	
192	Influence of countermovement depth on the countermovement jump-derived reactive strength index modified. <i>European Journal of Sport Science</i> , <b>2021</b> , 21, 1606-1616	3.9	6
191	The intraocular pressure response to lower-body and upper-body isometric exercises is affected by the breathing pattern. <i>European Journal of Sport Science</i> , <b>2021</b> , 21, 879-886	3.9	7

190	The load-velocity profiles of three upper-body pushing exercises in men and women. <i>Sports Biomechanics</i> , <b>2021</b> , 20, 693-705	2.2	22
189	Magnitude and reliability of mechanical outputs obtained during loaded squat jumps performed from different knee angles. <i>Sports Biomechanics</i> , <b>2021</b> , 20, 925-937	2.2	6
188	Vertical jump performance is affected by the velocity and depth of the countermovement. <i>Sports Biomechanics</i> , <b>2021</b> , 20, 1015-1030	2.2	25
187	Reliability and Validity of the iLOAD Application for Monitoring the Mean Set Velocity During the Back Squat and Bench Press Exercises Performed Against Different Loads. <i>Journal of Strength and Conditioning Research</i> , <b>2021</b> , 35, S57-S65	3.2	7
186	Velocity-Based Training: From Theory to Application. <i>Strength and Conditioning Journal</i> , <b>2021</b> , 43, 31-49	2	49
185	Transcranial Direct Current Stimulation Does Not Affect Sprint Performance or the Horizontal Force-Velocity Profile. <i>Research Quarterly for Exercise and Sport</i> , <b>2021</b> , 1-9	1.9	2
184	Delineating the potential of the vertical and horizontal force-velocity profile for optimizing sport performance: A systematic review. <i>Journal of Sports Sciences</i> , <b>2021</b> , 1-14	3.6	0
183	Force-Velocity Profile of Competitive Kayakers: Evaluation of a Novel Single Kayak Stroke Test. <i>Journal of Human Kinetics</i> , <b>2021</b> , 80, 49-59	2.6	1
182	Reliability of Throwing Velocity during Non-specific and Specific Handball Throwing Tests. <i>International Journal of Sports Medicine</i> , <b>2021</b> , 42, 825-832	3.6	3
181	Unilateral or Bilateral Standing Broad Jumps: Which Jump Type Provides Inter-Limb Asymmetries with a Higher Reliability?. <i>Journal of Sports Science and Medicine</i> , <b>2021</b> , 20, 317-327	2.7	1
180	The force-velocity profile as determinant of spike and serve ball speed in top-level male volleyball players. <i>PLoS ONE</i> , <b>2021</b> , 16, e0249612	3.7	8
179	Reliability of Sprint Force-Velocity-Power Profiles Obtained with KiSprint System. <i>Journal of Sports Science and Medicine</i> , <b>2021</b> , 20, 357-364	2.7	1
178	Assessment of Back-Squat Performance at Submaximal Loads: Is the Reliability Affected by the Variable, Exercise Technique, or Repetition Criterion?. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	1
177	Intraocular pressure responses to walking with surgical and FFP2/N95 face masks in primary open-angle glaucoma patients. <i>Graefes Archive for Clinical and Experimental Ophthalmology</i> , <b>2021</b> , 259, 2373-2378	3.8	4
176	Ballistic, maximal strength and strength-endurance performance of male handball players: Are they affected by the evaluator's sex?. <i>PLoS ONE</i> , <b>2021</b> , 16, e0249974	3.7	1
175	Prediction of One Repetition Maximum Using Reference Minimum Velocity Threshold Values in Young and Middle-Aged Resistance-Trained Males. <i>Behavioral Sciences (Basel, Switzerland)</i> , <b>2021</b> , 11,	2.3	2
174	Reliability and Sensitivity of Reaction Time Measurements During Quasi-Realistic Soccer Situations. <i>Motor Control</i> , <b>2021</b> , 25, 491-501	1.3	0
173	Sensitivity of the iLOAD Application for Monitoring Changes in Barbell Velocity Following Power- and Strength-Oriented Resistance Training Programs. <i>International Journal of Sports Physiology and Performance</i> , <b>2021</b> , 16, 1056-1060	3.5	2

172	Validity of Different Velocity-Based Methods and Repetitions-to-Failure Equations for Predicting the 1 Repetition Maximum During 2 Upper-Body Pulling Exercises. <i>Journal of Strength and Conditioning Research</i> , <b>2021</b> , 35, 1800-1808	3.2	19
171	Effect of Different Types of Loads on the Force-Velocity Relationship Obtained During the Bench Press Throw Exercise. <i>Journal of Strength and Conditioning Research</i> , <b>2021</b> , 35, 2401-2406	3.2	
170	Determinant Factors of Intraocular Pressure Responses to a Maximal Isometric Handgrip Test: Hand Dominance, Handgrip Strength and Sex. <i>Current Eye Research</i> , <b>2021</b> , 46, 64-70	2.9	2
169	Assessment of the loaded squat jump and countermovement jump exercises with a linear velocity transducer: which velocity variable provides the highest reliability?. <i>Sports Biomechanics</i> , <b>2021</b> , 20, 247-260	2.2	6
168	Repetitions in Reserve and Rate of Perceived Exertion Increase the Prediction Capabilities of the Load-Velocity Relationship. <i>Journal of Strength and Conditioning Research</i> , <b>2021</b> , 35, 724-730	3.2	9
167	Differences in the one-repetition maximum and load-velocity profile between the flat and arched bench press in competitive powerlifters. <i>Sports Biomechanics</i> , <b>2021</b> , 20, 261-273	2.2	9
166	Optimisation of applied loads when using the two-point method for assessing the force-velocity relationship during vertical jumps. <i>Sports Biomechanics</i> , <b>2021</b> , 20, 274-289	2.2	26
165	Ergogenic effects of lifting straps on movement velocity, grip strength, perceived exertion and grip security during the deadlift exercise. <i>Physiology and Behavior</i> , <b>2021</b> , 229, 113283	3.5	2
164	Acute effects of transcranial direct current stimulation on cycling and running performance. A systematic review and meta-analysis. <i>European Journal of Sport Science</i> , <b>2021</b> , 1-13	3.9	3
163	Resistance Training to Failure vs. Not to Failure: Acute and Delayed Markers of Mechanical, Neuromuscular, and Biochemical Fatigue. <i>Journal of Strength and Conditioning Research</i> , <b>2021</b> , 35, 886-893	3.2	2
162	The Bench Press Grip Width Does Not Affect the Number of Repetitions Performed at Different Velocity Loss Thresholds. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	1
161	The Validity and Reliability of Commercially Available Resistance Training Monitoring Devices: A Systematic Review. <i>Sports Medicine</i> , <b>2021</b> , 51, 443-502	10.6	25
160	The Effects of Set Structure Manipulation on Chronic Adaptations to Resistance Training: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , <b>2021</b> , 51, 1061-1086	10.6	9
159	Effects of Wearing the Elevation Training Mask During Low-intensity Cycling Exercise on Intraocular Pressure. <i>Journal of Glaucoma</i> , <b>2021</b> , 30, e193-e197	2.1	1
158	Transcranial direct current stimulation and repeated sprint ability: No effect on sprint performance or ratings of perceived exertion. <i>European Journal of Sport Science</i> , <b>2021</b> , 1-10	3.9	3
157	Concentric-Only Versus Touch-and-Go Bench Press One-Repetition Maximum in Men and Women. <i>Sports Health</i> , <b>2021</b> , 13, 373-379	4.7	
156	Comparison of the FitroDyne and GymAware Rotary Encoders for Quantifying Peak and Mean Velocity During Traditional Multijointed Exercises. <i>Journal of Strength and Conditioning Research</i> , <b>2021</b> , 35, 1760-1765	3.2	11
155	Number of Repetitions Performed Before and After Reaching Velocity Loss Thresholds: First Repetition Versus Fastest Repetition-Mean Velocity Versus Peak Velocity. <i>International Journal of Sports Physiology and Performance</i> , <b>2021</b> , 16, 950-957	3.5	4

154	Between-session reliability of performance and asymmetry variables obtained during unilateral and bilateral countermovement jumps in basketball players. <i>PLoS ONE</i> , <b>2021</b> , 16, e0255458	3.7	6
153	Bench Press 1-Repetition Maximum Estimation Through the Individualized Load-Velocity Relationship: Comparison of Different Regression Models and Minimal Velocity Thresholds. <i>International Journal of Sports Physiology and Performance</i> , <b>2021</b> , 1-8	3.5	6
152	Inter-limb differences in unilateral countermovement jump height are not associated with the inter-limb differences in bilateral countermovement jump force production. <i>Sports Biomechanics</i> , <b>2021</b> , 1-13	2.2	2
151	Validation of a novel method to assess maximal neuromuscular capacities through the load-velocity relationship. <i>Journal of Biomechanics</i> , <b>2021</b> , 127, 110684	2.9	4
150	Reliability and concurrent validity of a functional electromechanical dynamometer device for the assessment of movement velocity. <i>Proceedings of the Institution of Mechanical Engineers, Part P: Journal of Sports Engineering and Technology</i> , <b>2021</b> , 235, 176-181	0.7	1
149	Validity of the bench press one-repetition maximum test predicted through individualized load-velocity relationship using different repetition criteria and minimal velocity thresholds. <i>Isokinetics and Exercise Science</i> , <b>2021</b> , 1-9	0.6	5
148	Reliability and Magnitude of Countermovement Jump Performance Variables: Influence of the Take-off Threshold. <i>Measurement in Physical Education and Exercise Science</i> , <b>2021</b> , 25, 227-235	1.9	5
147	Group versus Individualised Minimum Velocity Thresholds in the Prediction of Maximal Strength in Trained Female Athletes. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	2
146	Feasibility of a modern video-based technology for assessing the reaction time during specific karate kumite situations. <i>International Journal of Performance Analysis in Sport</i> , <b>2020</b> , 20, 620-630	1.8	3
145	Effects of Blood Flow Restriction at Different Intensities on IOP and Ocular Perfusion Pressure. <i>Optometry and Vision Science</i> , <b>2020</b> , 97, 293-299	2.1	1
144	Intraocular pressure increases during dynamic resistance training exercises according to the exercise phase in healthy young adults. <i>Graefes Archive for Clinical and Experimental Ophthalmology</i> , <b>2020</b> , 258, 1795-1801	3.8	3
143	Does the level of effort during resistance training influence arterial stiffness and blood pressure in young healthy adults?. <i>Isokinetics and Exercise Science</i> , <b>2020</b> , 28, 375-382	0.6	0
142	Knowledge of results during vertical jump testing: an effective method to increase the performance but not the consistency of vertical jumps. <i>Sports Biomechanics</i> , <b>2020</b> , 1-13	2.2	3
141	Effect of different intersets rest intervals on mean velocity during the squat and bench press exercises. <i>Sports Biomechanics</i> , <b>2020</b> , 1-14	2.2	0
140	Anodal transcranial direct current stimulation enhances strength training volume but not the force-velocity profile. <i>European Journal of Applied Physiology</i> , <b>2020</b> , 120, 1881-1891	3.4	13
139	Comparison of the bench press one-repetition maximum obtained by different procedures: Direct assessment vs. lifts-to-failure equations vs. two-point method. <i>International Journal of Sports Science and Coaching</i> , <b>2020</b> , 15, 337-346	1.8	8
138	Effects of caffeine consumption on intraocular pressure during low-intensity endurance exercise: A placebo-controlled, double-blind, balanced crossover study. <i>Clinical and Experimental Ophthalmology</i> , <b>2020</b> , 48, 602-609	2.4	3
137	The force-velocity relationship obtained during the squat jump exercise is meaningfully influenced by the initial knee angle. <i>Sports Biomechanics</i> , <b>2020</b> , 1-10	2.2	4

136	Differences in the magnitude and reliability of velocity variables collected during 3 variants of the bench press exercise. <i>Journal of Sports Sciences</i> , <b>2020</b> , 38, 759-766	3.6	9
135	Seasonal Changes in the Sprint Acceleration Force-Velocity Profile of Elite Male Soccer Players. <i>Journal of Strength and Conditioning Research</i> , <b>2020</b> ,	3.2	19
134	Criterion Validity, and Interunit and Between-Day Reliability of the FLEX for Measuring Barbell Velocity During Commonly Used Resistance Training Exercises. <i>Journal of Strength and Conditioning Research</i> , <b>2020</b> , 34, 1519-1524	3.2	13
133	Potential benefits of multicenter reliability studies in sports science: A practical guide for its implementation. <i>Isokinetics and Exercise Science</i> , <b>2020</b> , 28, 199-204	0.6	6
132	Influence of Grip Width and Anthropometric Characteristics on the Bench-Press Load-Velocity Relationship. <i>International Journal of Sports Physiology and Performance</i> , <b>2020</b> , 1-9	3.5	7
131	Comparison of 1-Repetition-Maximum Performance Across 3 Weightlifting Overhead Pressing Exercises and Sport Groups. <i>International Journal of Sports Physiology and Performance</i> , <b>2020</b> , 15, 862-867	3.5	2
130	Changes in the Load-Velocity Profile Following Power- and Strength-Oriented Resistance-Training Programs. <i>International Journal of Sports Physiology and Performance</i> , <b>2020</b> , 15, 1460-1466	3.5	9
129	Validity of Load-Velocity Relationship to Predict 1 Repetition Maximum During Deadlifts Performed With and Without Lifting Straps: The Accuracy of Six Prediction Models. <i>Journal of Strength and Conditioning Research</i> , <b>2020</b> ,	3.2	9
128	Magnitude and Reliability of Velocity and Power Variables During Deadlifts Performed With and Without Lifting Straps. <i>Journal of Strength and Conditioning Research</i> , <b>2020</b> ,	3.2	4
127	Velocity Performance Feedback During the Free-Weight Bench Press Testing Procedure: An Effective Strategy to Increase the Reliability and One Repetition Maximum Accuracy Prediction. <i>Journal of Strength and Conditioning Research</i> , <b>2020</b> ,	3.2	12
126	Effect of Traditional, Cluster, and Rest Redistribution Set Configurations on Neuromuscular and Perceptual Responses During Strength-Oriented Resistance Training. <i>Journal of Strength and Conditioning Research</i> , <b>2020</b> ,	3.2	7
125	Effect of Augmented Feedback on Velocity Performance During Strength-Oriented and Power-Oriented Resistance Training Sessions. <i>Journal of Strength and Conditioning Research</i> , <b>2020</b> ,	3.2	6
124	The Use of Lifting Straps Alters the Entire Load-Velocity Profile During the Deadlift Exercise. <i>Journal of Strength and Conditioning Research</i> , <b>2020</b> , 34, 3331-3337	3.2	5
123	Changes in bench press performance and throwing velocity after strength-oriented and ballistic resistance training programs. <i>Journal of Sports Medicine and Physical Fitness</i> , <b>2020</b> , 60, 1423-1430	1.4	4
122	Reliability of the velocity achieved during the last repetition of sets to failure and its association with the velocity of the 1-repetition maximum. <i>PeerJ</i> , <b>2020</b> , 8, e8760	3.1	10
121	Validity and Reliability of a Standardized Protocol for Assessing the One Repetition Maximum Performance During Overhead Pressing Exercises. <i>Journal of Strength and Conditioning Research</i> , <b>2020</b> , 35,	3.2	1
120	Effects of Combined Surfaces vs. Single-Surface Plyometric Training on Soccer Players' Physical Fitness. <i>Journal of Strength and Conditioning Research</i> , <b>2020</b> , 34, 2644-2653	3.2	14
119	Effects of two drop-jump protocols with different volumes on vertical jump performance and its association with the force-velocity profile. <i>European Journal of Applied Physiology</i> , <b>2020</b> , 120, 317-324	3.4	5



118	Influence of the grip width on the reliability and magnitude of different velocity variables during the bench press exercise. <i>European Journal of Sport Science</i> , <b>2020</b> , 20, 1168-1177	3.9	11
117	Using Velocity to Predict the Maximum Dynamic Strength in the Power Clean. <i>Sports</i> , <b>2020</b> , 8,	3	3
116	Validity And Reliability Of A Mobile App For Measuring Bar Velocity In The Bench Press Exercise. <i>Medicine and Science in Sports and Exercise</i> , <b>2020</b> , 52, 937-937	1.2	
115	Behavior of the muscle quality index and isometric strength in elderly women. <i>Physiology and Behavior</i> , <b>2020</b> , 227, 113145	3.5	2
114	Isokinetic Testing: Sensitivity of the Force-Velocity Relationship Assessed through the Two-Point Method to Discriminate between Muscle Groups and Participants Physical Activity Levels. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	1
113	Gender-Related Differences in Mechanics of the Sprint Start and Sprint Acceleration of Top National-Level Sprinters. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	2
112	Intraocular Pressure Responses to Four Different Isometric Exercises in Men and Women. <i>Optometry and Vision Science</i> , <b>2020</b> , 97, 648-653	2.1	5
111	Acute Effects of Cluster and Rest Redistribution Set Structures on Mechanical, Metabolic, and Perceptual Fatigue During and After Resistance Training: A Systematic Review and Meta-analysis. <i>Sports Medicine</i> , <b>2020</b> , 50, 2209-2236	10.6	9
110	Velocity Loss Thresholds Reliably Control Kinetic and Kinematic Outputs during Free Weight Resistance Training. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	1
109	Influence of Coaching Condition on the Magnitude and Reliability of Drop Jump Height in Men and Women. <i>Motor Control</i> , <b>2020</b> , 25, 167-181	1.3	
108	Optimal Instructions to Maximize Attack Efficiency in Beginners and Experienced Fencers. <i>Motor Control</i> , <b>2020</b> , 25, 153-166	1.3	
107	Comparison of the Force-, Velocity-, and Power-Time Curves Between the Concentric-Only and Eccentric-Concentric Bench Press Exercises. <i>Journal of Strength and Conditioning Research</i> , <b>2020</b> , 34, 1618-1624	3.2	11
106	Mechanical, Metabolic, and Perceptual Acute Responses to Different Set Configurations in Full Squat. <i>Journal of Strength and Conditioning Research</i> , <b>2020</b> , 34, 1581-1590	3.2	20
105	Mechanical and Metabolic Responses to Traditional and Cluster Set Configurations in the Bench Press Exercise. <i>Journal of Strength and Conditioning Research</i> , <b>2020</b> , 34, 663-670	3.2	19
104	Load-Velocity Relationship in Variations of the Half-Squat Exercise: Influence of Execution Technique. <i>Journal of Strength and Conditioning Research</i> , <b>2020</b> , 34, 1024-1031	3.2	47
103	Assessment of Loaded Squat Jump Height With a Free-Weight Barbell and Smith Machine: Comparison of the Takeoff Velocity and Flight Time Procedures. <i>Journal of Strength and Conditioning Research</i> , <b>2020</b> , 34, 671-677	3.2	11
102	Influence of the breathing pattern during resistance training on intraocular pressure. <i>European Journal of Sport Science</i> , <b>2020</b> , 20, 157-165	3.9	10
101	Comparison of Mechanical Outputs Between the Traditional and Ballistic Bench Press: Role of the Type of Variable. <i>Journal of Strength and Conditioning Research</i> , <b>2020</b> , 34, 2227-2234	3.2	2

100	Effect of a maximal treadmill test on intraocular pressure and ocular perfusion pressure: The mediating role of fitness level. <i>European Journal of Ophthalmology</i> , <b>2020</b> , 30, 506-512	1.9	10
99	Acute and Delayed Effects of a Resistance Training Session Leading to Muscular Failure on Mechanical, Metabolic, and Perceptual Responses. <i>Journal of Strength and Conditioning Research</i> , <b>2020</b> , 34, 2220-2226	3.2	5
98	Comparison of reaction time between beginners and experienced fencers during quasi-realistic fencing situations. <i>European Journal of Sport Science</i> , <b>2020</b> , 20, 896-905	3.9	10
97	Impact of resistance training sets performed until muscular failure with different loads on intraocular pressure and ocular perfusion pressure. <i>European Journal of Ophthalmology</i> , <b>2020</b> , 30, 1342-1348	1.9	4
96	Assessment of the force-velocity relationship during vertical jumps: influence of the starting position, analysis procedures and number of loads. <i>European Journal of Sport Science</i> , <b>2020</b> , 20, 614-623	3.9	15
95	RENDIMIENTO DEL SALTO TRAS VARIOS PARTIDOS DE FÚTBOL DISPUTADOS EN DÍAS CONSECUTIVOS. <i>Revista Internacional De Medicina Y Ciencias De La Actividad Fisica Y Del Deporte</i> , <b>2020</b> , 20, 185	0.5	2
94	Velocity Performance Feedback During Ballistic Training: Which Is the Optimal Frequency of Feedback Administration?. <i>Motor Control</i> , <b>2020</b> , 25, 19-32	1.3	4
93	The Novel Single-Stroke Kayak Test: Can It Discriminate Between 200-m and Longer-Distance (500- and 1000-m) Specialists in Canoe Sprint?. <i>International Journal of Sports Physiology and Performance</i> , <b>2020</b> , 16, 208-215	3.5	1
92	Effect of Resistance-Training Programs Differing in Set Configuration on Maximal Strength and Explosive-Action Performance. <i>International Journal of Sports Physiology and Performance</i> , <b>2020</b> , 16, 243-249	3.5	3
91	Associations between accommodative dynamics, heart rate variability and behavioural performance during sustained attention: A test-retest study. <i>Vision Research</i> , <b>2019</b> , 163, 24-32	2.1	10
90	Reliability and validity of different methods of estimating the one-repetition maximum during the free-weight prone bench pull exercise. <i>Journal of Sports Sciences</i> , <b>2019</b> , 37, 2205-2212	3.6	34
89	Acute intraocular pressure changes during isometric exercise and recovery: The influence of exercise type and intensity, and participant's sex. <i>Journal of Sports Sciences</i> , <b>2019</b> , 37, 2213-2219	3.6	9
88	Assessment of unloaded and loaded squat jump performance with a force platform: Which jump starting threshold provides more reliable outcomes?. <i>Journal of Biomechanics</i> , <b>2019</b> , 92, 19-28	2.9	5
87	Selective effect of static stretching, concentric contractions, and a one-leg balance task on ankle motion sense in young and older adults. <i>Gait and Posture</i> , <b>2019</b> , 71, 1-6	2.6	5
86	Investigating the Immediate and Cumulative Effects of Isometric Squat Exercise for Different Weight Loads on Intraocular Pressure: A Pilot Study. <i>Sports Health</i> , <b>2019</b> , 11, 247-253	4.7	14
85	Muscle Activation During Power-Oriented Resistance Training: Continuous vs. Cluster Set Configurations. <i>Journal of Strength and Conditioning Research</i> , <b>2019</b> , 33 Suppl 1, S95-S102	3.2	5
84	Assessment of the load-velocity profile in the free-weight prone bench pull exercise through different velocity variables and regression models. <i>PLoS ONE</i> , <b>2019</b> , 14, e0212085	3.7	24
83	Precision of 7 Commercially Available Devices for Predicting Bench-Press 1-Repetition Maximum From the Individual Load-Velocity Relationship. <i>International Journal of Sports Physiology and Performance</i> , <b>2019</b> , 14, 1442-1446	3.5	26



82	Acute effects of different set configurations during a strength-oriented resistance training session on barbell velocity and the force-velocity relationship in resistance-trained males and females. <i>European Journal of Applied Physiology</i> , <b>2019</b> , 119, 1409-1417	3.4	7
81	Association Between the Force-Velocity Profile and Performance Variables Obtained in Jumping and Sprinting in Elite Female Soccer Players. <i>International Journal of Sports Physiology and Performance</i> , <b>2019</b> , 14, 209-215	3.5	46
80	Effect of the level of effort during resistance training on intraocular pressure. <i>European Journal of Sport Science</i> , <b>2019</b> , 19, 394-401	3.9	22
79	Feasibility of the two-point method for assessing the force-velocity relationship during lower-body and upper-body isokinetic tests. <i>Journal of Sports Sciences</i> , <b>2019</b> , 37, 2396-2402	3.6	9
78	Influence of holding weights of different magnitudes on intraocular pressure and anterior eye biometrics. <i>Graefes Archive for Clinical and Experimental Ophthalmology</i> , <b>2019</b> , 257, 2233-2238	3.8	4
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