

Pooja Sahni

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/7464267/publications.pdf>

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5
papers

68
citations

1937685

4
h-index

2053705

5
g-index

8
all docs

8
docs citations

8
times ranked

44
citing authors

#	ARTICLE	IF	CITATIONS
1	Effect of Yoga on the Stress, Anxiety, and Depression of COVID-19-Positive Patients: A Quasi-Randomized Controlled Study. <i>International Journal of Yoga Therapy</i> , 2022, 32, .	0.7	5
2	Yoga an effective strategy for self-management of stress-related problems and wellbeing during COVID19 lockdown: A cross-sectional study. <i>PLoS ONE</i> , 2021, 16, e0245214.	2.5	43
3	Exploring the relationship of human-nature interaction and mindfulness: a cross-sectional study. <i>Mental Health, Religion and Culture</i> , 2021, 24, 450-462.	0.9	2
4	Effect of Nature Experience on Fronto-Parietal Correlates of Neurocognitive Processes Involved in Directed Attention: An ERP Study. <i>Annals of Neurosciences</i> , 2020, 27, 136-147.	1.7	7
5	The Concept and Measure of <i>Sukha</i> and <i>Dukha</i> : An Indian Perspective on Well-Being. <i>Journal of Spirituality in Mental Health</i> , 2017, 19, 116-132.	1.1	9