

Helena Fonseca

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

44
papers

527
citations

12
h-index

21
g-index

46
ext. papers

618
ext. citations

2.7
avg, IF

3.65
L-index

#	Paper	IF	Citations
44	Health risk behaviors and associated risk and protective factors among Brazilian adolescents in Santos, Brazil. <i>Journal of Adolescent Health</i> , 2001 , 28, 295-302	5.8	90
43	Are overweight and obese adolescents different from their peers?. <i>Pediatric Obesity</i> , 2009 , 4, 166-74		59
42	Perception of overweight and obesity among Portuguese adolescents: an overview of associated factors. <i>European Journal of Public Health</i> , 2005 , 15, 323-8	2.1	48
41	Preventing and treating adolescent obesity: a position paper of the Society for Adolescent Medicine. <i>Journal of Adolescent Health</i> , 2006 , 38, 784-7	5.8	43
40	Familial correlates of extreme weight control behaviors among adolescents. <i>International Journal of Eating Disorders</i> , 2002 , 32, 441-8	6.3	34
39	Paediatric departments need to improve residents training in adolescent medicine and health: a position paper of the European Academy of Paediatrics. <i>European Journal of Pediatrics</i> , 2018 , 177, 479-487	4.1	23
38	Physical activity and cardiorespiratory fitness, but not sedentary behavior, are associated with carotid intima-media thickness in obese adolescents. <i>European Journal of Pediatrics</i> , 2016 , 175, 391-8	4.1	21
37	Prevalence of metabolic syndrome in a Portuguese obese adolescent population according to three different definitions. <i>European Journal of Pediatrics</i> , 2010 , 169, 935-40	4.1	18
36	Health promoting behaviors in adolescence: validation of the Portuguese version of the Adolescent Lifestyle Profile. <i>Jornal De Pediatria</i> , 2015 , 91, 358-65	2.6	17
35	Are overweight adolescents at higher risk of engaging in unhealthy weight-control behaviours?. <i>Acta Paediatrica, International Journal of Paediatrics</i> , 2009 , 98, 847-52	3.1	17
34	Controlled trial of an Internet-based intervention for overweight teens (Next.Step): effectiveness analysis. <i>European Journal of Pediatrics</i> , 2015 , 174, 1143-57	4.1	16
33	Sexuality in the child, teen, and young adult: concepts for the clinician. <i>Primary Care - Clinics in Office Practice</i> , 2007 , 34, 275-92; abstract vii	2.2	13
32	Internet-based intervention programme for obese adolescents and their families (Next.Step): research protocol of a controlled trial. <i>Journal of Advanced Nursing</i> , 2014 , 70, 904-14	3.1	12
31	The effect of a physical activity consultation on body mass index z-score of overweight adolescents: results from a pediatric outpatient obesity clinic. <i>European Journal of Pediatrics</i> , 2017 , 176, 655-660	4.1	9
30	Usability of an internet-based platform (Next.Step) for adolescent weight management. <i>Jornal De Pediatria</i> , 2015 , 91, 68-74	2.6	9
29	How much does overweight impact the adolescent developmental process?. <i>Child: Care, Health and Development</i> , 2011 , 37, 135-42	2.8	8
28	Short- and medium-term impact of a residential weight-loss camp for overweight adolescents. <i>International Journal of Adolescent Medicine and Health</i> , 2014 , 26, 33-8	1.1	7

27	The development and pilot-testing of a training curriculum in adolescent medicine and health. <i>Journal of Adolescent Health</i> , 2004 , 35, 51-7	5.8	7
26	Effectiveness analysis of an internet-based intervention for overweight adolescents: next steps for researchers and clinicians. <i>BMC Obesity</i> , 2016 , 3, 15	3.6	7
25	Anthropometric outcomes of a motivational interviewing school-based randomized trial involving adolescents with overweight. <i>European Journal of Pediatrics</i> , 2018 , 177, 1121-1130	4.1	7
24	Social media and children: what is the paediatrician's role?. <i>European Journal of Pediatrics</i> , 2019 , 178, 1605-1612	4.1	6
23	Lifestyle and treatment adherence among overweight adolescents. <i>Journal of Health Psychology</i> , 2016 , 21, 562-72	3.1	6
22	SAPHO syndrome in an adolescent: a clinical case with unusual severe systemic impact. <i>Journal of Adolescent Health</i> , 2014 , 55, 304-6	5.8	5
21	Association between treatment adherence and quality of life among overweight adolescents. <i>Cadernos De Saude Publica</i> , 2017 , 33, e00171815	3.2	4
20	Effect of a Physical Activity Consultation in the Management of Adolescent Overweight (the PAC-MAnO project): study rationale, design and methods. <i>BMJ Paediatrics Open</i> , 2018 , 2, e000214	2.4	4
19	Are adolescent weight-related problems and general well-being essentially an issue of age, gender or rather a pubertal timing issue?. <i>Journal of Pediatric Endocrinology and Metabolism</i> , 2011 , 24, 251-6	1.6	4
18	Defining and assessing risky behaviours. <i>Journal of Advanced Nursing</i> , 1993 , 18, 1911-6	3.1	4
17	Quality-of-life outcomes of a weight management program for adolescents based on motivational interviewing. <i>Patient Education and Counseling</i> , 2019 , 102, 718-725	3.1	4
16	Acanthosis nigricans as a clinical marker of insulin resistance among overweight adolescents. <i>Annals of Pediatric Endocrinology and Metabolism</i> , 2019 , 24, 99-103	2.9	3
15	Managing paediatric obesity: a multidisciplinary intervention including peers in the therapeutic process. <i>BMC Pediatrics</i> , 2014 , 14, 89	2.6	3
14	Pathways between BMI and adherence to weight management in adolescence. <i>International Journal of Adolescent Medicine and Health</i> , 2016 , 29,	1.1	3
13	Development and Preliminary Validation of the Adherence to Weight Control Questionnaire. <i>Journal of Nursing Measurement</i> , 2015 , 23, 224-38	0.5	3
12	Put Yourself in My Shoes: Perspectives of Adolescents about What Makes an Obesity Intervention Effective. <i>Health</i> , 2015 , 07, 1833-1840	0.4	3
11	Metabolically healthy overweight adolescents: definition and components. <i>Annals of Pediatric Endocrinology and Metabolism</i> , 2020 , 25, 256-264	2.9	3
10	Combined high-intensity interval training as an obesity-management strategy for adolescents. <i>European Journal of Sport Science</i> , 2021 , 1-12	3.9	2

9	The effect of a physical activity consultation in the management of adolescent excess weight: Results from a non-randomized controlled trial. <i>Clinical Obesity</i> , 2021 , 11, e12484	3.6	2
8	Helping adolescents develop resilience: steps the pediatrician can take in the office. <i>Adolescent Medicine: State of the Art Reviews</i> , 2010 , 21, 152-60, xi		2
7	Helping Adolescents Develop Resilience 2005 , 152-160		1
6	Usability of an internet-based platform (Next.Step) for adolescent weight management. <i>Jornal De Pediatria (Versão Em Português)</i> , 2015 , 91, 68-74	0.2	0
5	Why are certain age bands used for children in paediatric studies of medicines?. <i>Archives of Disease in Childhood</i> , 2021 , 106, 631-635	2.2	0
4	Cross-sectional study showed psychosocial variables, gender and family involvement played an important role in an adolescent weight management programme. <i>Acta Paediatrica, International Journal of Paediatrics</i> , 2017 , 106, 105-111	3.1	
3	Vigorous physical activity: a potential ally in adolescent obesity management.. <i>European Journal of Sport Science</i> , 2022 , 1-25	3.9	
2	Psychosocial Correlates in the Context of Body Mass Index and Overweight 2012 , 2273-2284		
1	Adolescent medicine during specialized paediatric training: the past, the present and the future. <i>International Journal of Adolescent Medicine and Health</i> , 2021 , 33, 83-88	1.1	