

Helena Fonseca

List of Publications by Year in descending order

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Version: 2024-02-01

46
papers

716
citations

623188

14
h-index

552369

26
g-index

46
all docs

46
docs citations

46
times ranked

1014
citing authors

#	ARTICLE	IF	CITATIONS
1	Health risk behaviors and associated risk and protective factors among Brazilian Adolescents in Santos, Brazil. <i>Journal of Adolescent Health</i> , 2001, 28, 295-302.	1.2	127
2	Are overweight and obese adolescents different from their peers?. <i>Pediatric Obesity</i> , 2009, 4, 166-174.	3.2	65
3	Perception of overweight and obesity among Portuguese adolescents: an overview of associated factors. <i>European Journal of Public Health</i> , 2005, 15, 323-328.	0.1	60
4	Familial correlates of extreme weight control behaviors among adolescents. <i>International Journal of Eating Disorders</i> , 2002, 32, 441-448.	2.1	46
5	Preventing and treating adolescent obesity: A position paper of the Society for Adolescent Medicine. <i>Journal of Adolescent Health</i> , 2006, 38, 784-787.	1.2	44
6	Paediatric departments need to improve residents'™ training in adolescent medicine and health: a position paper of the European Academy of Paediatrics. <i>European Journal of Pediatrics</i> , 2018, 177, 479-487.	1.3	30
7	Health promoting behaviors in adolescence: validation of the Portuguese version of the Adolescent Lifestyle Profile. <i>Jornal De Pediatria</i> , 2015, 91, 358-365.	0.9	29
8	Controlled trial of an Internet-based intervention for overweight teens (Next.Step): effectiveness analysis. <i>European Journal of Pediatrics</i> , 2015, 174, 1143-1157.	1.3	26
9	Physical activity and cardiorespiratory fitness, but not sedentary behavior, are associated with carotid intima-media thickness in obese adolescents. <i>European Journal of Pediatrics</i> , 2016, 175, 391-398.	1.3	26
10	Prevalence of metabolic syndrome in a Portuguese obese adolescent population according to three different definitions. <i>European Journal of Pediatrics</i> , 2010, 169, 935-940.	1.3	24
11	Are overweight adolescents at higher risk of engaging in unhealthy weight'€control behaviours?. <i>Acta Paediatrica, International Journal of Paediatrics</i> , 2009, 98, 847-852.	0.7	19
12	The development and pilot-testing of a training curriculum in adolescent medicine and health. <i>Journal of Adolescent Health</i> , 2004, 35, 51-57.	1.2	18
13	Social media and children: what is the paediatrician'™s role?. <i>European Journal of Pediatrics</i> , 2019, 178, 1605-1612.	1.3	18
14	Sexuality in the Child, Teen, and Young Adult: Concepts for the Clinician. <i>Primary Care - Clinics in Office Practice</i> , 2007, 34, 275-292.	0.7	16
15	Internet'€based intervention programme for obese adolescents and their families (Next.Step): research protocol of a controlled trial. <i>Journal of Advanced Nursing</i> , 2014, 70, 904-914.	1.5	15
16	Anthropometric outcomes of a motivational interviewing school-based randomized trial involving adolescents with overweight. <i>European Journal of Pediatrics</i> , 2018, 177, 1121-1130.	1.3	14
17	The effect of a physical activity consultation on body mass index z-score of overweight adolescents: results from a pediatric outpatient obesity clinic. <i>European Journal of Pediatrics</i> , 2017, 176, 655-660.	1.3	13
18	Usability of an internet-based platform (Next.Step) for adolescent weight management. <i>Jornal De Pediatria</i> , 2015, 91, 68-74.	0.9	11

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19	Acanthosis nigricans as a clinical marker of insulin resistance among overweight adolescents. <i>Annals of Pediatric Endocrinology and Metabolism</i> , 2019, 24, 99-103.	0.8	11
20	Short- and medium-term impact of a residential weight-loss camp for overweight adolescents. <i>International Journal of Adolescent Medicine and Health</i> , 2014, 26, 33-38.	0.6	10
21	Effectiveness analysis of an internet-based intervention for overweight adolescents: next steps for researchers and clinicians. <i>BMC Obesity</i> , 2016, 3, 15.	3.1	10
22	How much does overweight impact the adolescent developmental process?. <i>Child: Care, Health and Development</i> , 2011, 37, 135-142.	0.8	9
23	Lifestyle and treatment adherence among overweight adolescents. <i>Journal of Health Psychology</i> , 2016, 21, 562-572.	1.3	8
24	SAPHO Syndrome in an Adolescent: A Clinical Case With Unusual Severe Systemic Impact. <i>Journal of Adolescent Health</i> , 2014, 55, 304-306.	1.2	7
25	Are adolescent weight-related problems and general well-being essentially an issue of age, gender or rather a pubertal timing issue?. <i>Journal of Pediatric Endocrinology and Metabolism</i> , 2011, 24, 251-6.	0.4	6
26	Quality-of-life outcomes of a weight management program for adolescents based on motivational interviewing. <i>Patient Education and Counseling</i> , 2019, 102, 718-725.	1.0	6
27	Metabolically healthy overweight adolescents: definition and components. <i>Annals of Pediatric Endocrinology and Metabolism</i> , 2020, 25, 256-264.	0.8	6
28	Effect of a Physical Activity Consultation in the Management of Adolescent Overweight (the Tj ETQq0 0 0 rgBT /Overlock 10 Tf 50 382	0.6	5
29	Defining and assessing risky behaviours. <i>Journal of Advanced Nursing</i> , 1993, 18, 1911-1916.	1.5	4
30	Managing paediatric obesity: a multidisciplinary intervention including peers in the therapeutic process. <i>BMC Pediatrics</i> , 2014, 14, 89.	0.7	4
31	Pathways between BMI and adherence to weight management in adolescence. <i>International Journal of Adolescent Medicine and Health</i> , 2017, 29, .	0.6	4
32	Association between treatment adherence and quality of life among overweight adolescents. <i>Cadernos De Saude Publica</i> , 2017, 33, e00171815.	0.4	4
33	Development and Preliminary Validation of the Adherence to Weight Control Questionnaire. <i>Journal of Nursing Measurement</i> , 2015, 23, 224-238.	0.2	3
34	Why are certain age bands used for children in paediatric studies of medicines?. <i>Archives of Disease in Childhood</i> , 2021, 106, 631-635.	1.0	3
35	Put Yourself in My Shoes: Perspectives of Adolescents about What Makes an Obesity Intervention Effective. <i>Health</i> , 2015, 07, 1833-1840.	0.1	3
36	Combined high-intensity interval training as an obesity management strategy for adolescents. <i>European Journal of Sport Science</i> , 2023, 23, 109-120.	1.4	3

#	ARTICLE	IF	CITATIONS
37	The effect of a physical activity consultation in the management of adolescent excess weight: Results from a non-randomized controlled trial. <i>Clinical Obesity</i> , 2021, 11, e12484.	1.1	2
38	Helping adolescents develop resilience: steps the pediatrician can take in the office. <i>Adolescent Medicine: State of the Art Reviews</i> , 2010, 21, 152-60, xi.	0.2	2
39	Usability of an internet-based platform (Next.Step) for adolescent weight management. <i>Jornal De Pediatria (Versão Em Português)</i> , 2015, 91, 68-74.	0.2	1
40	Cross-sectional study showed psychosocial variables, gender and family involvement played an important role in an adolescent weight management programme. <i>Acta Paediatrica, International Journal of Paediatrics</i> , 2017, 106, 105-111.	0.7	1
41	The state of adolescent medicine as a specific field: an international exploratory survey. <i>International Journal of Adolescent Medicine and Health</i> , 2023, 35, 173-177.	0.6	1
42	Helping Adolescents Develop Resilience. , 2005, , 152-160.		1
43	Vigorous physical activity: A potential ally in adolescent obesity management. <i>European Journal of Sport Science</i> , 2023, 23, 607-616.	1.4	1
44	Adolescent medicine during specialized paediatric training: the past, the present and the future. <i>International Journal of Adolescent Medicine and Health</i> , 2021, 33, 83-88.	0.6	0
45	Psychosocial Correlates in the Context of Body Mass Index and Overweight. , 2012, , 2273-2284.		0
46	Is internet use unhealthy?. <i>Swiss Medical Weekly</i> , 2014, 144, w14071.	0.8	0