

Jorge Encantado

List of Publications by Year in descending order

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Version: 2024-02-01

22
papers

480
citations

840776

11
h-index

752698

20
g-index

28
all docs

28
docs citations

28
times ranked

418
citing authors

#	ARTICLE	IF	CITATIONS
1	Usersâ€™ Experiences With the NoHoW Web-Based Toolkit With Weight and Activity Tracking in Weight Loss Maintenance: Long-term Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2022, 24, e29302.	4.3	1
2	Questionnaires measuring movement behaviours in adults and older adults: Content description and measurement properties. A systematic review. <i>PLoS ONE</i> , 2022, 17, e0265100.	2.5	3
3	Keep on running â€“ a randomized controlled trial to test a digital evidence-based intervention for sustained adoption of recreational running: rationale, design and pilot feasibility study. <i>Health Psychology and Behavioral Medicine</i> , 2021, 9, 149-164.	1.8	2
4	Evidence-Based Digital Tools for Weight Loss Maintenance: The NoHoW Project. <i>Obesity Facts</i> , 2021, 14, 320-333.	3.4	7
5	Development and cross-cultural validation of the Goal Content for Weight Maintenance Scale (GCWMS). <i>Eating and Weight Disorders</i> , 2021, 26, 2737-2748.	2.5	3
6	Effect of exercise training interventions on energy intake and appetite control in adults with overweight or obesity: A systematic review and meta-analysis. <i>Obesity Reviews</i> , 2021, 22, e13251.	6.5	23
7	Effect of exercise on cardiometabolic health of adults with overweight or obesity: Focus on blood pressure, insulin resistance, and intrahepatic fatâ€”A systematic review and meta-analysis. <i>Obesity Reviews</i> , 2021, 22, e13269.	6.5	46
8	Systematic Review of Psychological and Behavioral Correlates of Recreational Running. <i>Frontiers in Psychology</i> , 2021, 12, 624783.	2.1	21
9	Effect of different types of regular exercise on physical fitness in adults with overweight or obesity: Systematic review and meta-analyses. <i>Obesity Reviews</i> , 2021, 22, e13239.	6.5	33
10	Effective behavior change techniques to promote physical activity in adults with overweight or obesity: A systematic review and meta-analysis. <i>Obesity Reviews</i> , 2021, 22, e13258.	6.5	39
11	Effect of exercise training on weight loss, body composition changes, and weight maintenance in adults with overweight or obesity: An overview of 12 systematic reviews and 149 studies. <i>Obesity Reviews</i> , 2021, 22, e13256.	6.5	80
12	Effect of exercise training on psychological outcomes in adults with overweight or obesity: A systematic review and meta-analysis. <i>Obesity Reviews</i> , 2021, 22, e13261.	6.5	28
13	Effect of exercise training before and after bariatric surgery: A systematic review and meta-analysis. <i>Obesity Reviews</i> , 2021, 22, e13296.	6.5	52
14	Exercise training in the management of overweight and obesity in adults: Synthesis of the evidence and recommendations from the European Association for the Study of Obesity Physical Activity Working Group. <i>Obesity Reviews</i> , 2021, 22, e13273.	6.5	56
15	Hair Cortisol Concentration, Weight Loss Maintenance and Body Weight Variability: A Prospective Study Based on Data From the European NoHoW Trial. <i>Frontiers in Endocrinology</i> , 2021, 12, 655197.	3.5	3
16	A Theory- and Evidence-Based Digital Intervention Tool for Weight Loss Maintenance (NoHoW Toolkit): Systematic Development and Refinement Study. <i>Journal of Medical Internet Research</i> , 2021, 23, e25305.	4.3	12
17	Body weight variability is not associated with changes in risk factors for cardiometabolic disease. <i>International Journal of Cardiology: Hypertension</i> , 2020, 6, 100045.	2.2	7
18	Consistent sleep onset and maintenance of body weight after weight loss: An analysis of data from the NoHoW trial. <i>PLoS Medicine</i> , 2020, 17, e1003168.	8.4	11

#	ARTICLE	IF	CITATIONS
19	Association between objectively measured sleep duration, adiposity and weight loss history. International Journal of Obesity, 2020, 44, 1577-1585.	3.4	13
20	Percepções e comportamentos dos médicos oncologistas relativos à promoção de atividade física. Psychology, Community & Health, 2020, 8, 188-203.	0.7	0
21	The NoHoW protocol: a multicentre 2×2 factorial randomised controlled trial investigating an evidence-based digital toolkit for weight loss maintenance in European adults. BMJ Open, 2019, 9, e029425.	1.9	30
22	A SCALE TO ACCESS THE PERCEIVED NEIGHBORHOOD WALKABILITY IN SENIOR CITIZENS. Psicologia, Saúde & Doenças, 2014, 15, 26-36.	0.1	3