

Manohar L Garg

List of Publications by Year in descending order

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Version: 2024-02-01

227
papers

9,814
citations

34016

52
h-index

48187

88
g-index

238
all docs

238
docs citations

238
times ranked

12408
citing authors

| # | ARTICLE | IF | CITATIONS |
|----|---|-----|-----------|
| 1 | Methodology for the determination of biological antioxidant capacity in vitro: a review. <i>Journal of the Science of Food and Agriculture</i> , 2006, 86, 2046-2056. | 1.7 | 318 |
| 2 | Docosapentaenoic acid (22:5n-3): A review of its biological effects. <i>Progress in Lipid Research</i> , 2011, 50, 28-34. | 5.3 | 271 |
| 3 | Airway inflammation is augmented by obesity and fatty acids in asthma. <i>European Respiratory Journal</i> , 2011, 38, 594-602. | 3.1 | 256 |
| 4 | Biomarkers of lipid peroxidation, airway inflammation and asthma. <i>European Respiratory Journal</i> , 2003, 21, 177-186. | 3.1 | 254 |
| 5 | Dietary restriction and exercise improve airway inflammation and clinical outcomes in overweight and obese asthma: a randomized trial. <i>Clinical and Experimental Allergy</i> , 2013, 43, 36-49. | 1.4 | 235 |
| 6 | A high-fat challenge increases airway inflammation and impairs bronchodilator recovery in asthma. <i>Journal of Allergy and Clinical Immunology</i> , 2011, 127, 1133-1140. | 1.5 | 228 |
| 7 | Prevention of Cardiac Arrhythmia by Dietary (n-3) Polyunsaturated Fatty Acids and Their Mechanism of Action. <i>Journal of Nutrition</i> , 1997, 127, 383-393. | 1.3 | 200 |
| 8 | Manipulating antioxidant intake in asthma: a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2012, 96, 534-543. | 2.2 | 200 |
| 9 | Fish oil supplements in New Zealand are highly oxidised and do not meet label content of n-3 PUFA. <i>Scientific Reports</i> , 2015, 5, 7928. | 1.6 | 176 |
| 10 | Plasma n-3 polyunsaturated fatty acids are negatively associated with obesity. <i>British Journal of Nutrition</i> , 2009, 102, 1370-1374. | 1.2 | 174 |
| 11 | Means of Delivering Recommended Levels of Long Chain n-3 Polyunsaturated Fatty Acids in Human Diets. <i>Journal of Food Science</i> , 2006, 71, R66. | 1.5 | 172 |
| 12 | Reproducibility and comparative validity of a food frequency questionnaire for Australian children and adolescents. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2009, 6, 62. | 2.0 | 168 |
| 13 | Stimulation of mitochondrial reactive oxygen species production by unesterified, unsaturated fatty acids in defective human spermatozoa. <i>Free Radical Biology and Medicine</i> , 2010, 48, 112-119. | 1.3 | 168 |
| 14 | Lipid peroxidation as determined by plasma isoprostanes is related to disease severity in mild asthma. <i>Lipids</i> , 2000, 35, 967-974. | 0.7 | 154 |
| 15 | Oat Bran Concentrate Bread Products Improve Long-Term Control of Diabetes. <i>Journal of the American Dietetic Association</i> , 1996, 96, 1254-1261. | 1.3 | 139 |
| 16 | Anti-inflammatory and cardioprotective effects of n-3 polyunsaturated fatty acids and plant sterols in hyperlipidemic individuals. <i>Atherosclerosis</i> , 2009, 204, 476-482. | 0.4 | 134 |
| 17 | Macadamia Nut Consumption Lowers Plasma Total and LDL Cholesterol Levels in Hypercholesterolemic Men. <i>Journal of Nutrition</i> , 2003, 133, 1060-1063. | 1.3 | 128 |
| 18 | WHO draft guidelines on dietary saturated and trans fatty acids: time for a new approach?. <i>BMJ: British Medical Journal</i> , 2019, 366, l4137. | 2.4 | 127 |

| # | ARTICLE | IF | CITATIONS |
|----|---|-----|-----------|
| 19 | Interactions of saturated, n-6 and n-3 polyunsaturated fatty acids to modulate arachidonic acid metabolism.. Journal of Lipid Research, 1990, 31, 271-277. | 2.0 | 124 |
| 20 | Lycopene-rich treatments modify noneosinophilic airway inflammation in asthma: Proof of concept. Free Radical Research, 2008, 42, 94-102. | 1.5 | 120 |
| 21 | Antioxidant and Anti-Inflammatory Effects of Resveratrol in Airway Disease. Antioxidants and Redox Signaling, 2010, 13, 1535-1548. | 2.5 | 117 |
| 22 | Effect of Dietary Cholesterol and/or ω -3 Fatty Acids on Lipid Composition and δ -5-Desaturase Activity of Rat Liver Microsomes. Journal of Nutrition, 1988, 118, 661-668. | 1.3 | 114 |
| 23 | Improved antioxidant and fatty acid status of patients with cystic fibrosis after antioxidant supplementation is linked to improved lung function. American Journal of Clinical Nutrition, 2003, 77, 150-159. | 2.2 | 111 |
| 24 | Reduced mania and depression in juvenile bipolar disorder associated with long-chain ω -3 polyunsaturated fatty acid supplementation. European Journal of Clinical Nutrition, 2009, 63, 1037-1040. | 1.3 | 107 |
| 25 | Antioxidant Restriction and Oxidative Stress in Short-Duration Exhaustive Exercise. Medicine and Science in Sports and Exercise, 2005, 37, 63-71. | 0.2 | 102 |
| 26 | Oxidative Stress in Cystic Fibrosis: Dietary and Metabolic Factors. Journal of the American College of Nutrition, 2001, 20, 157-165. | 1.1 | 100 |
| 27 | Validation of Overweight Children's Fruit and Vegetable Intake Using Plasma Carotenoids. Obesity, 2009, 17, 162-168. | 1.5 | 100 |
| 28 | An inverse relationship between plasma n-3 fatty acids and C-reactive protein in healthy individuals. European Journal of Clinical Nutrition, 2009, 63, 1154-1156. | 1.3 | 94 |
| 29 | Induced Sputum 8-Isoprostane Concentrations in Inflammatory Airway Diseases. American Journal of Respiratory and Critical Care Medicine, 2005, 171, 426-430. | 2.5 | 87 |
| 30 | The association between dietary patterns and type 2 diabetes: a systematic review and meta-analysis of cohort studies. Journal of Human Nutrition and Dietetics, 2014, 27, 251-260. | 1.3 | 86 |
| 31 | Elevated plasma levels of F ₂ isoprostane in cystic fibrosis. Lipids, 1999, 34, 551-556. | 0.7 | 83 |
| 32 | Short-term docosapentaenoic acid (ω -3) supplementation increases tissue docosapentaenoic acid, DHA and EPA concentrations in rats. British Journal of Nutrition, 2010, 103, 32-37. | 1.2 | 82 |
| 33 | The Lipid-Lowering Effects of Phytosterols and (n-3) Polyunsaturated Fatty Acids Are Synergistic and Complementary in Hyperlipidemic Men and Women. Journal of Nutrition, 2008, 138, 1086-1090. | 1.3 | 81 |
| 34 | Higher omega-3 index is associated with increased insulin sensitivity and more favourable metabolic profile in middle-aged overweight men. Scientific Reports, 2014, 4, 6697. | 1.6 | 79 |
| 35 | A review of the methodology for assessing in vivo antioxidant capacity. Journal of the Science of Food and Agriculture, 2006, 86, 2057-2066. | 1.7 | 75 |
| 36 | Macadamia Nut Consumption Modulates Favourably Risk Factors for Coronary Artery Disease in Hypercholesterolemic Subjects. Lipids, 2007, 42, 583-587. | 0.7 | 69 |

| # | ARTICLE | IF | CITATIONS |
|----|--|-----|-----------|
| 37 | Omega-3 index, obesity and insulin resistance in children. <i>Pediatric Obesity</i> , 2011, 6, e532-e539. | 3.2 | 69 |
| 38 | Long-term omega-3 polyunsaturated fatty acid supplementation reduces the recurrence of persistent atrial fibrillation after electrical cardioversion. <i>Heart Rhythm</i> , 2012, 9, 483-491. | 0.3 | 69 |
| 39 | Dietary cholesterol and/or n [~] 3 fatty acid modulate δ^9 -desaturase activity in rat liver microsomes. <i>Lipids and Lipid Metabolism</i> , 1988, 962, 330-336. | 2.6 | 67 |
| 40 | The Eicosapentaenoic to Docosahexaenoic Acid Ratio of Diets Affects the Pathogenesis of Arthritis in Low/SSN Rats. <i>Journal of Nutrition</i> , 2000, 130, 559-565. | 1.3 | 67 |
| 41 | Beyond blood lipids: phytosterols, statins and omega-3 polyunsaturated fatty acid therapy for hyperlipidemia. <i>Journal of Nutritional Biochemistry</i> , 2009, 20, 927-939. | 1.9 | 67 |
| 42 | Curcumin and/or omega-3 polyunsaturated fatty acids supplementation reduces insulin resistance and blood lipids in individuals with high risk of type 2 diabetes: a randomised controlled trial. <i>Lipids in Health and Disease</i> , 2019, 18, 31. | 1.2 | 67 |
| 43 | Influence of dietary cholesterol on desaturase enzymes of rat liver microsomes. <i>Progress in Lipid Research</i> , 1986, 25, 639-644. | 5.3 | 66 |
| 44 | Long-chain Omega-3 Polyunsaturated Fatty Acids in the Blood of Children and Adolescents with Juvenile Bipolar Disorder. <i>Lipids</i> , 2008, 43, 1031-1038. | 0.7 | 65 |
| 45 | Macronutrient Intakes and Development of Type 2 Diabetes: A Systematic Review and Meta-Analysis of Cohort Studies. <i>Journal of the American College of Nutrition</i> , 2012, 31, 243-258. | 1.1 | 65 |
| 46 | Oxidative Stress and Antioxidants in Athletes Undertaking Regular Exercise Training. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2005, 15, 131-146. | 1.0 | 64 |
| 47 | Curcumin potentiates cholesterol-lowering effects of phytosterols in hypercholesterolaemic individuals. A randomised controlled trial. <i>Metabolism: Clinical and Experimental</i> , 2018, 82, 22-35. | 1.5 | 63 |
| 48 | Inhibition of platelet aggregation by omega-3 polyunsaturated fatty acids is gender specific—Redefining platelet response to fish oils. <i>Prostaglandins Leukotrienes and Essential Fatty Acids</i> , 2009, 81, 35-40. | 1.0 | 62 |
| 49 | Acute effects of feeding fructose, glucose and sucrose on blood lipid levels and systemic inflammation. <i>Lipids in Health and Disease</i> , 2014, 13, 195. | 1.2 | 62 |
| 50 | Airway and Circulating Levels of Carotenoids in Asthma and Healthy Controls. <i>Journal of the American College of Nutrition</i> , 2005, 24, 448-455. | 1.1 | 60 |
| 51 | Variation in antioxidant potential and total polyphenol content of fresh and fully-fermented Sri Lankan tea. <i>Food Chemistry</i> , 2011, 125, 536-541. | 4.2 | 59 |
| 52 | Diet and Thrombosis Risk: Nutrients for Prevention of Thrombotic Disease. <i>Seminars in Thrombosis and Hemostasis</i> , 2011, 37, 199-208. | 1.5 | 59 |
| 53 | Increased plasma fatty acid concentrations after respiratory exacerbations are associated with elevated oxidative stress in cystic fibrosis patients. <i>American Journal of Clinical Nutrition</i> , 2002, 75, 668-675. | 2.2 | 56 |
| 54 | Dietary supplementation with n-3 PUFA does not promote weight loss when combined with a very-low-energy diet. <i>British Journal of Nutrition</i> , 2012, 108, 1466-1474. | 1.2 | 54 |

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|----|---|-----|-----------|
| 55 | Potential of coconut oil and medium chain triglycerides in the prevention and treatment of Alzheimer's disease. Mechanisms of Ageing and Development, 2020, 186, 111209. | 2.2 | 54 |
| 56 | Eicosapentaenoic and Docosahexaenoic Acid Supplementations Reduce Platelet Aggregation and Hemostatic Markers Differentially in Men and Women. Journal of Nutrition, 2013, 143, 457-463. | 1.3 | 53 |
| 57 | Effects of season and plantation on phenolic content of unfermented and fermented Sri Lankan tea. Food Chemistry, 2014, 152, 546-551. | 4.2 | 53 |
| 58 | Fish oil-enriched diet is mucosal protective against acetic acid-induced colitis in rats. Canadian Journal of Physiology and Pharmacology, 1991, 69, 480-487. | 0.7 | 52 |
| 59 | Innate immune mechanisms linking non-esterified fatty acids and respiratory disease. Progress in Lipid Research, 2009, 48, 27-43. | 5.3 | 52 |
| 60 | Relationship between central and peripheral fatty acids in humans. Lipids in Health and Disease, 2013, 12, 79. | 1.2 | 52 |
| 61 | Dietary Supplementation with Curcumin Reduce Circulating Levels of Glycogen Synthase Kinase-3 β and Islet Amyloid Polypeptide in Adults with High Risk of Type 2 Diabetes and Alzheimer's Disease. Nutrients, 2020, 12, 1032. | 1.7 | 51 |
| 62 | Dietary supplementation with long chain omega-3 polyunsaturated fatty acids and weight loss in obese adults. Obesity Research and Clinical Practice, 2013, 7, e173-e181. | 0.8 | 50 |
| 63 | Omega-3 polyunsaturated fatty acids and vegetarian diets. Medical Journal of Australia, 2013, 199, S22-6. | 0.8 | 50 |
| 64 | Postprandial lipemia: factoring in lipemic response for ranking foods for their healthiness. Lipids in Health and Disease, 2017, 16, 178. | 1.2 | 50 |
| 65 | Alteration of the Lipid Composition of Rat Testicular Plasma Membranes by Dietary (n-3) Fatty Acids Changes the Responsiveness of Leydig Cells and Testosterone Synthesis. Journal of Nutrition, 1990, 120, 610-618. | 1.3 | 49 |
| 66 | Fat type in phytosterol products influence their cholesterol-lowering potential: A systematic review and meta-analysis of RCTs. Progress in Lipid Research, 2016, 64, 16-29. | 5.3 | 49 |
| 67 | Elevated plasma ferritin in elderly individuals with high neocortical amyloid- β load. Molecular Psychiatry, 2018, 23, 1807-1812. | 4.1 | 49 |
| 68 | Science behind the cardio-metabolic benefits of omega-3 polyunsaturated fatty acids: biochemical effects vs clinical outcomes. Food and Function, 2018, 9, 3576-3596. | 2.1 | 49 |
| 69 | A comparative validation of a child food frequency questionnaire using red blood cell membrane fatty acids. European Journal of Clinical Nutrition, 2012, 66, 825-829. | 1.3 | 48 |
| 70 | Plasma carotenoid levels as biomarkers of dietary carotenoid consumption: A systematic review of the validation studies. Journal of Nutrition & Intermediary Metabolism, 2015, 2, 15-64. | 1.7 | 48 |
| 71 | Differential effects of medium- and long-chain saturated fatty acids on blood lipid profile: a systematic review and meta-analysis. American Journal of Clinical Nutrition, 2018, 108, 675-687. | 2.2 | 48 |
| 72 | Sex hormones and systemic inflammation are modulators of the obese asthma phenotype. Allergy: European Journal of Allergy and Clinical Immunology, 2016, 71, 1037-1047. | 2.7 | 47 |

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|----|---|-----|-----------|
| 73 | Do ω -3 PUFAs affect insulin resistance in a sex-specific manner? A systematic review and meta-analysis of randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2016, 104, 1470-1484. | 2.2 | 47 |
| 74 | Relationship between Obesity and Cognitive Function in Young Women: The Food, Mood and Mind Study. <i>Journal of Obesity</i> , 2017, 2017, 1-11. | 1.1 | 47 |
| 75 | Prior supplementation with long chain omega-3 polyunsaturated fatty acids promotes weight loss in obese adults: a double-blinded randomised controlled trial. <i>Food and Function</i> , 2013, 4, 650. | 2.1 | 46 |
| 76 | Relationship between body composition, inflammation and lung function in overweight and obese asthma. <i>Respiratory Research</i> , 2012, 13, 10. | 1.4 | 45 |
| 77 | Lycopene enrichment of cultured airway epithelial cells decreases the inflammation induced by rhinovirus infection and lipopolysaccharide. <i>Journal of Nutritional Biochemistry</i> , 2009, 20, 577-585. | 1.9 | 44 |
| 78 | Gender-specific inhibition of platelet aggregation following omega-3 fatty acid supplementation. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2012, 22, 109-114. | 1.1 | 44 |
| 79 | Effects of chronic omega-3 polyunsaturated fatty acid supplementation on human atrial electrophysiology. <i>Heart Rhythm</i> , 2011, 8, 562-568. | 0.3 | 42 |
| 80 | Natural and processed milk and oil body emulsions: Bioavailability, bioaccessibility and functionality. <i>Food Structure</i> , 2017, 13, 13-23. | 2.3 | 42 |
| 81 | Effect of Fish Oil Supplementation on Hepatic and Visceral Fat in Overweight Men: A Randomized Controlled Trial. <i>Nutrients</i> , 2019, 11, 475. | 1.7 | 40 |
| 82 | DHA-enriched fish oil reduces insulin resistance in overweight and obese adults. <i>Prostaglandins Leukotrienes and Essential Fatty Acids</i> , 2020, 159, 102154. | 1.0 | 39 |
| 83 | Tomato Juice and Platelet Aggregation in Type 2 Diabetes. <i>JAMA - Journal of the American Medical Association</i> , 2004, 292, 805-806. | 3.8 | 38 |
| 84 | LipSpin: A New Bioinformatics Tool for Quantitative ^1H NMR Lipid Profiling. <i>Analytical Chemistry</i> , 2018, 90, 2031-2040. | 3.2 | 38 |
| 85 | Fish oil reduces cholesterol and arachidonic acid content more efficiently in rats fed diets containing low linoleic acid to saturated fatty acid ratios. <i>Lipids and Lipid Metabolism</i> , 1988, 962, 337-344. | 2.6 | 37 |
| 86 | Macronutrient intake and type 2 diabetes risk in middle-aged Australian women. Results from the Australian Longitudinal Study on Women's Health. <i>Public Health Nutrition</i> , 2014, 17, 1587-1594. | 1.1 | 36 |
| 87 | Using personality as a predictor of diet induced weight loss and weight management. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2011, 8, 129. | 2.0 | 35 |
| 88 | Alterations in erythrocyte fatty acid composition in preclinical Alzheimer's disease. <i>Scientific Reports</i> , 2017, 7, 676. | 1.6 | 35 |
| 89 | Dietary N-3 Fatty Acid Supplementation in Rheumatoid Arthritis-Mechanisms, Clinical Outcomes, Controversies, and Future Directions.. <i>Journal of Clinical Biochemistry and Nutrition</i> , 1996, 20, 83-97. | 0.6 | 34 |
| 90 | Long-chain omega-3 polyunsaturated fatty acids and cognitive decline in non-demented adults: a systematic review and meta-analysis. <i>Nutrition Reviews</i> , 2020, 78, 563-578. | 2.6 | 34 |

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|-----|---|-----|-----------|
| 91 | Long chain omega-3 polyunsaturated fatty acids in the treatment of psychiatric illnesses in children and adolescents. <i>Acta Neuropsychiatrica</i> , 2007, 19, 92-103. | 1.0 | 33 |
| 92 | Older Australians Can Achieve High Adherence to the Mediterranean Diet during a 6 Month Randomised Intervention; Results from the Medley Study. <i>Nutrients</i> , 2017, 9, 534. | 1.7 | 33 |
| 93 | Anti-inflammatory effects of oral supplementation with curcumin: a systematic review and meta-analysis of randomized controlled trials. <i>Nutrition Reviews</i> , 2021, 79, 1043-1066. | 2.6 | 33 |
| 94 | Cardiac (n-3) Non-Esterified Fatty Acids Are Selectively Increased in Fish Oil-Fed Pigs following Myocardial Ischemia. <i>Journal of Nutrition</i> , 1999, 129, 1518-1523. | 1.3 | 32 |
| 95 | Tomato extract inhibits human platelet aggregation in vitro without increasing basal cAMP levels. <i>International Journal of Food Sciences and Nutrition</i> , 2004, 55, 249-256. | 1.3 | 32 |
| 96 | Oxidized vitamin E and glutathione as markers of clinical status in asthma. <i>Clinical Nutrition</i> , 2008, 27, 579-586. | 2.3 | 31 |
| 97 | Effects of Chronic Omega-3 Polyunsaturated Fatty Acid Supplementation on Human Pulmonary Vein and Left Atrial Electrophysiology in Paroxysmal Atrial Fibrillation. <i>American Journal of Cardiology</i> , 2011, 108, 531-535. | 0.7 | 31 |
| 98 | Dietary resveratrol supplementation normalizes gene expression in the hippocampus of streptozotocin-induced diabetic C57Bl/6 mice. <i>Journal of Nutritional Biochemistry</i> , 2014, 25, 313-318. | 1.9 | 30 |
| 99 | Effect of the food form and structure on lipid digestion and postprandial lipaemic response. <i>Food and Function</i> , 2019, 10, 112-124. | 2.1 | 30 |
| 100 | Supplementation with a blend of krill and salmon oil is associated with increased metabolic risk in overweight men. <i>American Journal of Clinical Nutrition</i> , 2015, 102, 49-57. | 2.2 | 29 |
| 101 | A Systematic Review of Technology-Based Dietary Intake Assessment Validation Studies That Include Carotenoid Biomarkers. <i>Nutrients</i> , 2017, 9, 140. | 1.7 | 29 |
| 102 | Arachidonic acid supplementation modulates blood and skeletal muscle lipid profile with no effect on basal inflammation in resistance exercise trained men. <i>Prostaglandins Leukotrienes and Essential Fatty Acids</i> , 2018, 128, 74-86. | 1.0 | 29 |
| 103 | Joint association of magnesium and iron intake with anemia among Chinese adults. <i>Nutrition</i> , 2008, 24, 977-984. | 1.1 | 28 |
| 104 | Long-chain n-3 polyunsaturated fatty acid incorporation into human atrium following fish oil supplementation. <i>Lipids</i> , 2006, 41, 1127-1132. | 0.7 | 26 |
| 105 | Effects of chronic omega-3 polyunsaturated fatty acid supplementation on human atrial mechanical function after reversion of atrial arrhythmias to sinus rhythm: Reversal of tachycardia-mediated atrial cardiomyopathy with fish oils. <i>Heart Rhythm</i> , 2011, 8, 643-649. | 0.3 | 26 |
| 106 | Fish oil supplementation to rats fed high-fat diet during pregnancy prevents development of impaired insulin sensitivity in male adult offspring. <i>Scientific Reports</i> , 2017, 7, 5595. | 1.6 | 26 |
| 107 | Incorporation of n-3 fatty acids into plasma and liver lipids of rats: Importance of background dietary fat. <i>Lipids</i> , 2004, 39, 545-551. | 0.7 | 25 |
| 108 | Consumption of an n-3 polyunsaturated fatty acid-enriched diet modulates plasma lipid profile in subjects with diabetes type II. <i>European Journal of Clinical Nutrition</i> , 2007, 61, 1312-1317. | 1.3 | 25 |

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|-----|--|-----|-----------|
| 109 | Acute supplementation with eicosapentaenoic acid reduces platelet microparticle activity in healthy subjects. <i>Journal of Nutritional Biochemistry</i> , 2012, 23, 1128-1133. | 1.9 | 25 |
| 110 | Effects of dietary saturated and n-6 polyunsaturated fatty acids on the incorporation of long-chain n-3 polyunsaturated fatty acids into blood lipids. <i>European Journal of Clinical Nutrition</i> , 2016, 70, 812-818. | 1.3 | 25 |
| 111 | Curcumin alleviates postprandial glycaemic response in healthy subjects: A cross-over, randomized controlled study. <i>Scientific Reports</i> , 2018, 8, 13679. | 1.6 | 25 |
| 112 | Altered expression of histone and synaptic plasticity associated genes in the hippocampus of streptozotocin-induced diabetic mice. <i>Metabolic Brain Disease</i> , 2013, 28, 613-618. | 1.4 | 24 |
| 113 | Iron Deficiency Anemia, Not Iron Deficiency, Is Associated with Reduced Attention in Healthy Young Women. <i>Nutrients</i> , 2017, 9, 1216. | 1.7 | 24 |
| 114 | Therapeutic Potential of Mitophagy-Inducing Microflora Metabolite, Urolithin A for Alzheimer's Disease. <i>Nutrients</i> , 2021, 13, 3744. | 1.7 | 24 |
| 115 | Diet quality score is a predictor of type 2 diabetes risk in women: The Australian Longitudinal Study on Women's Health. <i>British Journal of Nutrition</i> , 2014, 112, 945-951. | 1.2 | 23 |
| 116 | Bread enriched with phytosterols with or without curcumin modulates lipoprotein profiles in hypercholesterolaemic individuals. A randomised controlled trial. <i>Food and Function</i> , 2019, 10, 2515-2527. | 2.1 | 23 |
| 117 | Hypothesis: Vitamin E Complements Polyunsaturated Fatty Acids in Essential Fatty Acid Deficiency in Cystic Fibrosis. <i>Journal of the American College of Nutrition</i> , 2003, 22, 253-257. | 1.1 | 22 |
| 118 | From embryo sac to oil and protein bodies: embryo development in the model legume <i>Medicago truncatula</i> . <i>New Phytologist</i> , 2012, 193, 327-338. | 3.5 | 22 |
| 119 | Food matrix and co-presence of turmeric compounds influence bioavailability of curcumin in healthy humans. <i>Food and Function</i> , 2019, 10, 4584-4592. | 2.1 | 22 |
| 120 | Modulation of carbon tetrachloride-induced oxidative stress by dietary fat in rats. Research supported by a joint grant from the Meadowlea Foods/GRDC program and the collaborative research grant of the University of Newcastle. <i>Journal of Nutritional Biochemistry</i> , 2002, 13, 87-95. | 1.9 | 21 |
| 121 | Dietary Protein Level Interacts With ω -3 Polyunsaturated Fatty Acid Deficiency to Induce Hypertension. <i>American Journal of Hypertension</i> , 2010, 23, 125-128. | 1.0 | 21 |
| 122 | Fasting Whole Blood Fatty Acid Profile and Risk of Type 2 Diabetes in Adults: A Nested Case Control Study. <i>PLoS ONE</i> , 2014, 9, e97001. | 1.1 | 21 |
| 123 | Curcumin and long-chain Omega-3 polyunsaturated fatty acids for Prevention of type 2 Diabetes (COP-D): study protocol for a randomised controlled trial. <i>Trials</i> , 2016, 17, 565. | 0.7 | 21 |
| 124 | Impaired cerebrovascular responsiveness and cognitive performance in adults with type 2 diabetes. <i>Journal of Diabetes and Its Complications</i> , 2017, 31, 462-467. | 1.2 | 21 |
| 125 | High molecular weight oat β -glucan enhances lipid-lowering effects of phytosterols. A randomised controlled trial. <i>Clinical Nutrition</i> , 2020, 39, 80-89. | 2.3 | 21 |
| 126 | The importance of dietary eicosapentaenoic to docosahexaenoic acid ratio in modulation of serum lipid and arachidonic acid levels. <i>Nutrition Research</i> , 1994, 14, 1575-1582. | 1.3 | 20 |

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|-----|---|-----|-----------|
| 127 | Antihypertensive Potential of Combined Extracts of Olive Leaf, Green Coffee Bean and Beetroot: A Randomized, Double-Blind, Placebo-Controlled Crossover Trial. <i>Nutrients</i> , 2014, 6, 4881-4894. | 1.7 | 20 |
| 128 | Association between omega-3 index and blood lipids in older Australians. <i>Journal of Nutritional Biochemistry</i> , 2016, 27, 233-240. | 1.9 | 20 |
| 129 | Higher Omega-3 Index Is Associated with Better Asthma Control and Lower Medication Dose: A Cross-Sectional Study. <i>Nutrients</i> , 2020, 12, 74. | 1.7 | 20 |
| 130 | Vitamin E supplementation in the mitigation of carbon tetrachloride induced oxidative stress in rats. <i>Journal of Nutritional Biochemistry</i> , 2003, 14, 211-218. | 1.9 | 19 |
| 131 | Effects of high dose intravenous fish oil on human atrial electrophysiology: Implications for possible anti- and pro-arrhythmic mechanisms in atrial fibrillation. <i>International Journal of Cardiology</i> , 2013, 168, 2754-2760. | 0.8 | 19 |
| 132 | Determinants of weight loss success utilizing a meal replacement plan and/or exercise, in overweight and obese adults with asthma. <i>Respirology</i> , 2015, 20, 243-250. | 1.3 | 19 |
| 133 | Oxidized fish oil in rat pregnancy causes high newborn mortality and increases maternal insulin resistance. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2016, 311, R497-R504. | 0.9 | 19 |
| 134 | Cholesterol dynamics in rats fed diets containing either canola oil or sunflower oil. <i>Nutrition Research</i> , 1997, 17, 485-492. | 1.3 | 18 |
| 135 | Association between magnesium:Iron intake ratio and diabetes in Chinese adults in Jiangsu Province. <i>Diabetic Medicine</i> , 2008, 25, 1164-1170. | 1.2 | 18 |
| 136 | Sex-dependent association between erythrocyte n-3 PUFA and type 2 diabetes in older overweight people. <i>British Journal of Nutrition</i> , 2016, 115, 1379-1386. | 1.2 | 18 |
| 137 | Ad libitum Mediterranean diet reduces subcutaneous but not visceral fat in patients with coronary heart disease: A randomised controlled pilot study. <i>Clinical Nutrition ESPEN</i> , 2019, 32, 61-69. | 0.5 | 18 |
| 138 | Effects of Plant-Based Diets on Weight Status in Type 2 Diabetes: A Systematic Review and Meta-Analysis of Randomised Controlled Trials. <i>Nutrients</i> , 2021, 13, 4099. | 1.7 | 18 |
| 139 | N-3 polyunsaturated fatty acid supplementation alters inositol phosphate metabolism and protein kinase C activity in adult porcine cardiac myocytes. <i>Journal of Nutritional Biochemistry</i> , 2001, 12, 7-13. | 1.9 | 17 |
| 140 | Dietary predictors of arterial stiffness in a cohort with type 1 and type 2 diabetes. <i>Atherosclerosis</i> , 2015, 238, 175-181. | 0.4 | 17 |
| 141 | Relationship between dietary intake and behaviors with oxytocin: a systematic review of studies in adults. <i>Nutrition Reviews</i> , 2018, 76, 303-331. | 2.6 | 17 |
| 142 | Extra virgin olive oil high in polyphenols improves antioxidant status in adults: a double-blind, randomized, controlled, cross-over study (OLIVAUS). <i>European Journal of Nutrition</i> , 2022, 61, 1073-1086. | 1.8 | 17 |
| 143 | The lipid-lowering effects of rhubarb stalk fiber: A new source of dietary fiber. <i>Nutrition Research</i> , 1993, 13, 1017-1024. | 1.3 | 16 |
| 144 | Dietary supplementation with resveratrol and/or docosahexaenoic acid alters hippocampal gene expression in adult C57Bl/6 mice. <i>Journal of Nutritional Biochemistry</i> , 2013, 24, 1735-1740. | 1.9 | 16 |

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