

Hana Kahleova

List of Publications by Year in descending order

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Version: 2024-02-01

67
papers

3,680
citations

182225

30
h-index

156644

58
g-index

70
all docs

70
docs citations

70
times ranked

4452
citing authors

#	ARTICLE	IF	CITATIONS
1	A Mediterranean Diet and Low-Fat Vegan Diet to Improve Body Weight and Cardiometabolic Risk Factors: A Randomized, Cross-over Trial. <i>Journal of the American College of Nutrition</i> , 2022, 41, 127-139.	1.1	37
2	Nutrition for Hospital Workers During a Crisis: Effect of a Plant-Based Dietary Intervention on Cardiometabolic Outcomes and Quality of Life in Healthcare Employees During the COVID-19 Pandemic. <i>American Journal of Lifestyle Medicine</i> , 2022, 16, 399-407.	0.8	3
3	Can a plant-based diet help mitigate Covid-19?. <i>European Journal of Clinical Nutrition</i> , 2022, 76, 911-912.	1.3	9
4	Temporal Patterns of Glucagon and Its Relationships with Glucose and Insulin following Ingestion of Different Classes of Macronutrients. <i>Nutrients</i> , 2022, 14, 376.	1.7	6
5	Association of Low- and No-Calorie Sweetened Beverages as a Replacement for Sugar-Sweetened Beverages With Body Weight and Cardiometabolic Risk. <i>JAMA Network Open</i> , 2022, 5, e222092.	2.8	52
6	Changes in Food and Nutrient Intake and Diet Quality on a Low-Fat Vegan Diet Are Associated with Changes in Body Weight, Body Composition, and Insulin Sensitivity in Overweight Adults: A Randomized Clinical Trial. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2022, 122, 1922-1939.e0.	0.4	5
7	Commentary: United States Dietary Trends Since 1800: Lack of Association Between Saturated Fatty Acid Consumption and Non-communicable Diseases. <i>Frontiers in Nutrition</i> , 2022, 9, 891792.	1.6	2
8	Plant-Based Diets for Healthy Aging. <i>Journal of the American College of Nutrition</i> , 2021, 40, 478-479.	1.1	10
9	A plant-based meal affects thalamus perfusion differently than an energy- and macronutrient-matched conventional meal in men with type 2 diabetes, overweight/obese, and healthy men: A three-group randomized crossover study. <i>Clinical Nutrition</i> , 2021, 40, 1822-1833.	2.3	7
10	Blood Type Is Not Associated with Changes in Cardiometabolic Outcomes in Response to a Plant-Based Dietary Intervention. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2021, 121, 1080-1086.	0.4	3
11	Industry Funding and Cholesterol Research: A Systematic Review. <i>American Journal of Lifestyle Medicine</i> , 2021, 15, 165-172.	0.8	4
12	Effect of a diet intervention on cardiometabolic outcomes: Does race matter? A randomized clinical trial. <i>Clinical Nutrition ESPEN</i> , 2021, 41, 126-128.	0.5	4
13	Perspective: Plant-Based Eating Pattern for Type 2 Diabetes Prevention and Treatment: Efficacy, Mechanisms, and Practical Considerations. <i>Advances in Nutrition</i> , 2021, 12, 2045-2055.	2.9	25
14	The Women's Study for the Alleviation of Vasomotor Symptoms (WAVS): a randomized, controlled trial of a plant-based diet and whole soybeans for postmenopausal women. <i>Menopause</i> , 2021, 28, 1150-1156.	0.8	12
15	Effect of low glycaemic index or load dietary patterns on glycaemic control and cardiometabolic risk factors in diabetes: systematic review and meta-analysis of randomised controlled trials. <i>BMJ</i> , The, 2021, 374, n1651.	3.0	70
16	A plant-based diet in overweight adults in a 16-week randomized clinical trial: The role of dietary acid load. <i>Clinical Nutrition ESPEN</i> , 2021, 44, 150-158.	0.5	27
17	A plant-based meal reduces postprandial oxidative and dicarbonyl stress in men with diabetes or obesity compared with an energy- and macronutrient-matched conventional meal in a randomized crossover study. <i>Nutrition and Metabolism</i> , 2021, 18, 84.	1.3	3
18	Mediterranean diet, cardiovascular disease and mortality in diabetes: A systematic review and meta-analysis of prospective cohort studies and randomized clinical trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2020, 60, 1207-1227.	5.4	181

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19	Effects of a Low-Fat Vegan Diet on Gut Microbiota in Overweight Individuals and Relationships with Body Weight, Body Composition, and Insulin Sensitivity. A Randomized Clinical Trial. <i>Nutrients</i> , 2020, 12, 2917.	1.7	51
20	Relation of Change or Substitution of Low Calorie Sweetened Beverages with Cardiometabolic Outcomes: A Systematic Review and Meta-Analysis of Prospective Cohort Studies. <i>Current Developments in Nutrition</i> , 2020, 4, nzaa061_060.	0.1	1
21	Nordic Dietary Pattern and Cardiometabolic Outcomes: A Systematic Review and Meta-Analysis of Prospective Cohort Studies and Randomized Controlled Trials. <i>Current Developments in Nutrition</i> , 2020, 4, nzaa046_046.	0.1	3
22	Effect of Non-Nutritive Sweetened Beverages (NSBs) on Cardiometabolic Risk: A Network Meta-Analysis of Randomized Controlled Trials. <i>Current Developments in Nutrition</i> , 2020, 4, nzaa063_057.	0.1	0
23	Editorial: Vegetarian Dietary Patterns in the Prevention and Treatment of Disease. <i>Frontiers in Nutrition</i> , 2020, 7, 92.	1.6	6
24	The role of nutrition in asthma prevention and treatment. <i>Nutrition Reviews</i> , 2020, 78, 928-938.	2.6	95
25	The Effects of Different Quantities and Qualities of Protein Intake in People with Diabetes Mellitus. <i>Nutrients</i> , 2020, 12, 365.	1.7	30
26	Effect of a Low-Fat Vegan Diet on Body Weight, Insulin Sensitivity, Postprandial Metabolism, and Intramyocellular and Hepatocellular Lipid Levels in Overweight Adults. <i>JAMA Network Open</i> , 2020, 3, e2025454.	2.8	85
27	Effect of vegetarian dietary patterns on cardiometabolic risk factors in diabetes: A systematic review and meta-analysis of randomized controlled trials. <i>Clinical Nutrition</i> , 2019, 38, 1133-1145.	2.3	123
28	Nut consumption and incidence of cardiovascular diseases and cardiovascular disease mortality: a meta-analysis of prospective cohort studies. <i>Nutrition Reviews</i> , 2019, 77, 691-709.	2.6	111
29	Relation of Vegetarian Dietary Patterns With Major Cardiovascular Outcomes: A Systematic Review and Meta-Analysis of Prospective Cohort Studies. <i>Frontiers in Nutrition</i> , 2019, 6, 80.	1.6	54
30	Prevention of Type 2 Diabetes by Lifestyle Changes: A Systematic Review and Meta-Analysis. <i>Nutrients</i> , 2019, 11, 2611.	1.7	203
31	Associations between Dietary Pulses Alone or with Other Legumes and Cardiometabolic Disease Outcomes: An Umbrella Review and Updated Systematic Review and Meta-analysis of Prospective Cohort Studies. <i>Advances in Nutrition</i> , 2019, 10, S308-S319.	2.9	74
32	Nutrition Interventions in Rheumatoid Arthritis: The Potential Use of Plant-Based Diets. A Review. <i>Frontiers in Nutrition</i> , 2019, 6, 141.	1.6	66
33	Dietary Patterns and Cardiometabolic Outcomes in Diabetes: A Summary of Systematic Reviews and Meta-Analyses. <i>Nutrients</i> , 2019, 11, 2209.	1.7	75
34	Crohn's Disease Remission with a Plant-Based Diet: A Case Report. <i>Nutrients</i> , 2019, 11, 1385.	1.7	11
35	The Thermic Effect of Food: A Review. <i>Journal of the American College of Nutrition</i> , 2019, 38, 547-551.	1.1	44
36	A Plant-Based Meal Stimulates Incretin and Insulin Secretion More Than an Energy- and Macronutrient-Matched Standard Meal in Type 2 Diabetes: A Randomized Crossover Study. <i>Nutrients</i> , 2019, 11, 486.	1.7	24

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37	The Effect of Liquid Meal Replacements on Cardiometabolic Risk Factors in Overweight/Obese Individuals With Type 2 Diabetes: A Systematic Review and Meta-analysis of Randomized Controlled Trials. <i>Diabetes Care</i> , 2019, 42, 767-776.	4.3	31
38	Fat Quantity and Quality, as Part of a Low-Fat, Vegan Diet, Are Associated with Changes in Body Composition, Insulin Resistance, and Insulin Secretion. A 16-Week Randomized Controlled Trial. <i>Nutrients</i> , 2019, 11, 615.	1.7	47
39	The Effects of Vegetarian and Vegan Diets on Gut Microbiota. <i>Frontiers in Nutrition</i> , 2019, 6, 47.	1.6	389
40	DASH Dietary Pattern and Cardiometabolic Outcomes: An Umbrella Review of Systematic Reviews and Meta-Analyses. <i>Nutrients</i> , 2019, 11, 338.	1.7	300
41	A Plant-Based Meal Increases Gastrointestinal Hormones and Satiety More Than an Energy- and Macronutrient-Matched Processed-Meat Meal in T2D, Obese, and Healthy Men: A Three-Group Randomized Crossover Study. <i>Nutrients</i> , 2019, 11, 157.	1.7	39
42	Serial measures of circulating biomarkers of dairy fat: something is missing. <i>American Journal of Clinical Nutrition</i> , 2019, 109, 219-220.	2.2	1
43	Plant-Based Diets for Cardiovascular Safety and Performance in Endurance Sports. <i>Nutrients</i> , 2019, 11, 130.	1.7	80
44	Associations of fats and carbohydrates with cardiovascular disease and mortalityâ€”PURE and simple?. <i>Lancet</i> , The, 2018, 391, 1676-1677.	6.3	3
45	A plant-based diet in overweight individuals in a 16-week randomized clinical trial: metabolic benefits of plant protein. <i>Nutrition and Diabetes</i> , 2018, 8, 58.	1.5	86
46	A Plant-Based High-Carbohydrate, Low-Fat Diet in Overweight Individuals in a 16-Week Randomized Clinical Trial: The Role of Carbohydrates. <i>Nutrients</i> , 2018, 10, 1302.	1.7	47
47	Vegetarian Dietary Patterns and Cardiovascular Disease. <i>Progress in Cardiovascular Diseases</i> , 2018, 61, 54-61.	1.6	155
48	Portfolio Dietary Pattern and Cardiovascular Disease: A Systematic Review and Meta-analysis of Controlled Trials. <i>Progress in Cardiovascular Diseases</i> , 2018, 61, 43-53.	1.6	130
49	A Plant-Based Dietary Intervention Improves Beta-Cell Function and Insulin Resistance in Overweight Adults: A 16-Week Randomized Clinical Trial. <i>Nutrients</i> , 2018, 10, 189.	1.7	85
50	The Effect of Two Isocaloric and Energy-Matched Plant-Based and Processed-Meat Meals on Glucose Metabolism, Gastrointestinal Hormones, and Satiety in Subjects with T2D, Obese Subjects, and Healthy Controlsâ€”A Randomized Crossover Study. <i>Diabetes</i> , 2018, 67, .	0.3	1
51	A Plant-Based Diet Improves Beta-Cell Function and Insulin Resistance in Overweight Adultsâ€”A 16-Week Randomized Clinical Trial. <i>Diabetes</i> , 2018, 67, 294-OR.	0.3	0
52	The Effect of a Vegetarian vs Conventional Hypocaloric Diabetic Diet on Thigh Adipose Tissue Distribution in Subjects with Type 2 Diabetes: A Randomized Study. <i>Journal of the American College of Nutrition</i> , 2017, 36, 364-369.	1.1	17
53	Meal Frequency and Timing Are Associated with Changes in Body Mass Index in Adventist Health Study 2. <i>Journal of Nutrition</i> , 2017, 147, 1722-1728.	1.3	176
54	Cardio-Metabolic Benefits of Plant-Based Diets. <i>Nutrients</i> , 2017, 9, 848.	1.7	255

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55	Vegetarian Diets in People With Type 2 Diabetes. , 2017, , 369-393.		1
56	The effect of meal frequency in a reduced-energy regimen on the gastrointestinal and appetite hormones in patients with type 2 diabetes: A randomised crossover study. PLoS ONE, 2017, 12, e0174820.	1.1	19
57	âœ“A Vegetarian vs. Conventional Hypocaloric Diet: The Effect on Physical Fitness in Response to Aerobic Exercise in Patients with Type 2 Diabetes.âœ“A Parallel Randomized Study. Nutrients, 2016, 8, 671.	1.7	17
58	The effect of a vegetarian versus conventional hypocaloric diet on serum concentrations of persistent organic pollutants in patients with type 2 diabetes. Nutrition, Metabolism and Cardiovascular Diseases, 2016, 26, 430-438.	1.1	8
59	The Effect of Meal Frequency on the Fatty Acid Composition of Serum Phospholipids in Patients with Type 2 Diabetes. Journal of the American College of Nutrition, 2016, 35, 317-325.	1.1	10
60	The impact of vitamin D deficiency on patients undergoing kidney transplantation: focus on cardiovascular, metabolic, and endocrine outcomes. Endocrine, 2015, 50, 568-574.	1.1	19
61	Vegetarian Diets in the Prevention and Treatment of Type 2 Diabetes. Journal of the American College of Nutrition, 2015, 34, 448-458.	1.1	50
62	Postprandial Oxidative Stress and Gastrointestinal Hormones: Is There a Link?. PLoS ONE, 2014, 9, e103565.	1.1	4
63	Eating two larger meals a day (breakfast and lunch) is more effective than six smaller meals in a reduced-energy regimen for patients with type 2 diabetes: a randomised crossover study. Diabetologia, 2014, 57, 1552-1560.	2.9	147
64	Vegetarian vs. conventional diabetic diet - A 1-year follow-up. Cor Et Vasa, 2014, 56, e140-e144.	0.1	9
65	Differential Acute Postprandial Effects of Processed Meat and Isocaloric Vegan Meals on the Gastrointestinal Hormone Response in Subjects Suffering from Type 2 Diabetes and Healthy Controls: A Randomized Crossover Study. PLoS ONE, 2014, 9, e107561.	1.1	35
66	A Randomized, Crossover Trial of a Nutritional Intervention for Rheumatoid Arthritis. American Journal of Lifestyle Medicine, 0, , 155982762210818.	0.8	1
67	The Role of Nutrition in COVID-19: Taking a Lesson from the 1918 H1N1 Pandemic. American Journal of Lifestyle Medicine, 0, , 155982762210976.	0.8	0