

# Francesco Spelta

## List of Publications by Citations

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**Version:** 2024-04-28

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

8

papers

434

citations

6

h-index

11

g-index

11

ext. papers

583

ext. citations

5.8

avg, IF

2.93

L-index

#	Paper	IF	Citations
8	Decreased Consumption of Branched-Chain Amino Acids Improves Metabolic Health. <i>Cell Reports</i> , <b>2016</b> , 16, 520-530	10.6	209
7	Long-Term Calorie Restriction Enhances Cellular Quality-Control Processes in Human Skeletal Muscle. <i>Cell Reports</i> , <b>2016</b> , 14, 422-428	10.6	94
6	Body weight and mortality in COPD: focus on the obesity paradox. <i>Eating and Weight Disorders</i> , <b>2018</b> , 23, 15-22	3.6	46
5	Restriction of dietary protein decreases mTORC1 in tumors and somatic tissues of a tumor-bearing mouse xenograft model. <i>Oncotarget</i> , <b>2015</b> , 6, 31233-40	3.3	39
4	In a randomized trial in prostate cancer patients, dietary protein restriction modifies markers of leptin and insulin signaling in plasma extracellular vesicles. <i>Aging Cell</i> , <b>2017</b> , 16, 1430-1433	9.9	30
3	Dietary fats, olive oil and respiratory diseases in Italian adults: A population-based study. <i>Clinical and Experimental Allergy</i> , <b>2019</b> , 49, 799-807	4.1	6
2	Health-related quality of life varies in different respiratory disorders: a multi-case control population based study. <i>BMC Pulmonary Medicine</i> , <b>2019</b> , 19, 32	3.5	5
1	Vegetable but not animal protein intake is associated to a better physical performance: a study on a general population sample of adults. <i>Food and Nutrition Research</i> , <b>2019</b> , 63,	3.1	3