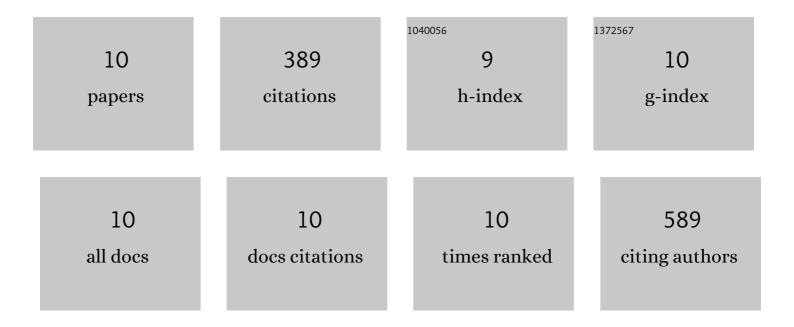
## Aryane F Machado

List of Publications by Year in descending order

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| #  | Article   | IF  | CITATIONS |
|----|---|-----|-----------|
| 1  | A New Mathematical Approach to Explore the Post-exercise Recovery Process and Its Applicability in a Cold Water Immersion Protocol. Journal of Strength and Conditioning Research, 2019, 33, 1266-1275.   | 2.1 | 8         |
| 2  | Phototherapy on Management of Creatine Kinase Activity in General Versus Localized Exercise. Clinical<br>Journal of Sport Medicine, 2018, Publish Ahead of Print, 267-274.  | 1.8 | 21        |
| 3  | Test-retest reliability of knee extensors endurance test with elastic resistance. PLoS ONE, 2018, 13, e0203259.   | 2.5 | 12        |
| 4  | Effect of low-level laser therapy (LLLT) and light-emitting diodes (LEDT) applied during combined<br>training on performance and post-exercise recovery: protocol for a randomized placebo-controlled<br>trial. Brazilian Journal of Physical Therapy, 2017, 21, 296-304. | 2.5 | 12        |
| 5  | Dosages of coldâ€water immersion post exercise on functional and clinical responses: a randomized controlled trial. Scandinavian Journal of Medicine and Science in Sports, 2017, 27, 1356-1363.  | 2.9 | 40        |
| 6  | Post-exercise recovery of biological, clinical and metabolic variables after different temperatures and<br>durations of cold water immersion: a randomized clinical trial. Journal of Sports Medicine and<br>Physical Fitness, 2017, 57, 1267-1275.                       | 0.7 | 10        |
| 7  | Resistance training reduces systolic blood pressure in metabolic syndrome: a systematic review and meta-analysis of randomised controlled trials. British Journal of Sports Medicine, 2016, 50, 1438-1442.  | 6.7 | 75        |
| 8  | Can Water Temperature and Immersion Time Influence the Effect of Cold Water Immersion on Muscle<br>Soreness? A Systematic Review and Meta-Analysis. Sports Medicine, 2016, 46, 503-514.   | 6.5 | 149       |
| 9  | The effects of cold water immersion with different dosages (duration and temperature variations) on heart rate variability post-exercise recovery: A randomized controlled trial. Journal of Science and Medicine in Sport, 2016, 19, 676-681.                            | 1.3 | 27        |
| 10 | Advice to Stay Active or Structured Exercise in the Management of Sciatica. Spine, 2015, 40, 1457-1466.   | 2.0 | 35        |