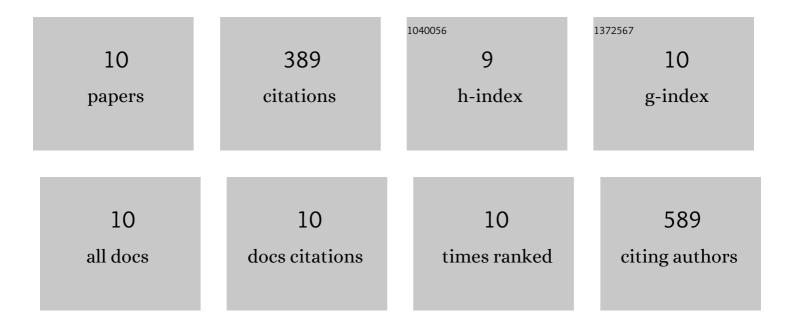
## Aryane F Machado

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/7381260/publications.pdf Version: 2024-02-01



#	Article	IF	CITATIONS
1	A New Mathematical Approach to Explore the Post-exercise Recovery Process and Its Applicability in a Cold Water Immersion Protocol. Journal of Strength and Conditioning Research, 2019, 33, 1266-1275.	2.1	8
2	Phototherapy on Management of Creatine Kinase Activity in General Versus Localized Exercise. Clinical Journal of Sport Medicine, 2018, Publish Ahead of Print, 267-274.	1.8	21
3	Test-retest reliability of knee extensors endurance test with elastic resistance. PLoS ONE, 2018, 13, e0203259.	2.5	12
4	Effect of low-level laser therapy (LLLT) and light-emitting diodes (LEDT) applied during combined training on performance and post-exercise recovery: protocol for a randomized placebo-controlled trial. Brazilian Journal of Physical Therapy, 2017, 21, 296-304.	2.5	12
5	Dosages of coldâ€water immersion post exercise on functional and clinical responses: a randomized controlled trial. Scandinavian Journal of Medicine and Science in Sports, 2017, 27, 1356-1363.	2.9	40
6	Post-exercise recovery of biological, clinical and metabolic variables after different temperatures and durations of cold water immersion: a randomized clinical trial. Journal of Sports Medicine and Physical Fitness, 2017, 57, 1267-1275.	0.7	10
7	Resistance training reduces systolic blood pressure in metabolic syndrome: a systematic review and meta-analysis of randomised controlled trials. British Journal of Sports Medicine, 2016, 50, 1438-1442.	6.7	75
8	Can Water Temperature and Immersion Time Influence the Effect of Cold Water Immersion on Muscle Soreness? A Systematic Review and Meta-Analysis. Sports Medicine, 2016, 46, 503-514.	6.5	149
9	The effects of cold water immersion with different dosages (duration and temperature variations) on heart rate variability post-exercise recovery: A randomized controlled trial. Journal of Science and Medicine in Sport, 2016, 19, 676-681.	1.3	27
10	Advice to Stay Active or Structured Exercise in the Management of Sciatica. Spine, 2015, 40, 1457-1466.	2.0	35