

# Jun-Youl Cha

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/7370515/publications.pdf>

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5  
papers

30  
citations

2258059

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2272923

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g-index

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#	ARTICLE	IF	CITATIONS
1	Effects of Knee Injury Length on Jump Inside Kick Performances of Wushu Player. <i>Medicina (Lithuania)</i> , 2021, 57, 1166.	2.0	0
2	Mouthguard-effect of high-intensity weight training on masticatory muscle tone and stiffness in taekwondo athletes. <i>Journal of Exercise Rehabilitation</i> , 2020, 16, 510-515.	1.0	1
3	Wushu Nanquan training is effective in preventing obesity and improving heart function in youth. <i>Journal of Exercise Rehabilitation</i> , 2018, 14, 466-472.	1.0	4
4	Relative appendicular skeletal muscle mass is associated with isokinetic muscle strength and balance in healthy collegiate men. <i>Journal of Sports Sciences</i> , 2016, 34, 2114-2120.	2.0	13
5	The effect of inversion traction on pain sensation, lumbar flexibility and trunk muscles strength in patients with chronic low back pain. <i>Isokinetics and Exercise Science</i> , 2013, 21, 237-246.	0.4	12