

Michelle Jospe

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

15
papers

189
citations

6
h-index

13
g-index

18
ext. papers

255
ext. citations

4.1
avg. IF

2.93
L-index

#	Paper	IF	Citations
15	Using Biological Feedback to Promote Health Behavior Change in Adults: Protocol for a Scoping Review.. <i>JMIR Research Protocols</i> , 2022 , 11, e32579	2	0
14	Bidirectional associations between sleep quality or quantity, and dietary intakes or eating behaviors in children 6-12 years old: a systematic review with evidence mapping. <i>Nutrition Reviews</i> , 2021 , 79, 1079-1099	6.4	2
13	Teaching people to eat according to appetite - Does the method of glucose measurement matter?. <i>Appetite</i> , 2020 , 151, 104691	4.5	3
12	Translating hunger training research to primary health: a qualitative study of nurse attitudes towards a novel weight management intervention. <i>Journal of Primary Health Care</i> , 2020 , 12, 79-87	0.8	0
11	Continuous Glucose Monitors as Wearable Lifestyle Behavior Change Tools in Obesity and Diabetes 2020 , 591-603		0
10	A tool for assessing the satisfaction of a diet: Development and preliminary validation of the Diet Satisfaction Score. <i>Nutrition and Dietetics</i> , 2020 , 77, 268-273	2.5	4
9	Intermittent fasting, Paleolithic, or Mediterranean diets in the real world: exploratory secondary analyses of a weight-loss trial that included choice of diet and exercise. <i>American Journal of Clinical Nutrition</i> , 2020 , 111, 503-514	7	17
8	Am I really hungry? A qualitative exploration of patients' experience, adherence and behaviour change during hunger training: a pilot study. <i>BMJ Open</i> , 2019 , 9, e032248	3	3
7	High-Intensity Interval Training in the Real World: Outcomes from a 12-Month Intervention in Overweight Adults. <i>Medicine and Science in Sports and Exercise</i> , 2018 , 50, 1818-1826	1.2	48
6	Self-monitoring has no adverse effect on disordered eating in adults seeking treatment for obesity. <i>Obesity Science and Practice</i> , 2018 , 4, 283-288	2.6	6
5	The Effect of Different Types of Monitoring Strategies on Weight Loss: A Randomized Controlled Trial. <i>Obesity</i> , 2017 , 25, 1490-1498	8	24
4	Adherence to Hunger Training over 6 Months and the Effect on Weight and Eating Behaviour: Secondary Analysis of a Randomised Controlled Trial. <i>Nutrients</i> , 2017 , 9,	6.7	5
3	Adherence to hunger training using blood glucose monitoring: a feasibility study. <i>Nutrition and Metabolism</i> , 2015 , 12, 22	4.6	13
2	Determining how best to support overweight adults to adhere to lifestyle change: protocol for the SWIFT study. <i>BMC Public Health</i> , 2015 , 15, 861	4.1	15
1	Diet app use by sports dietitians: a survey in five countries. <i>JMIR MHealth and UHealth</i> , 2015 , 3, e7	5.5	49