

Melanie Ann Holden

List of Publications by Year in descending order

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42
papers

1,630
citations

393982

19
h-index

301761

39
g-index

42
all docs

42
docs citations

42
times ranked

1979
citing authors

#	ARTICLE	IF	CITATIONS
1	Interventions to improve adherence to exercise for chronic musculoskeletal pain in adults. The Cochrane Library, 2010, , CD005956.	1.5	265
2	Barriers and Facilitators to Exercise Participation in People with Hip and/or Knee Osteoarthritis. American Journal of Physical Medicine and Rehabilitation, 2016, 95, 372-389.	0.7	192
3	Interventions to increase adherence to therapeutic exercise in older adults with low back pain and/or hip/knee osteoarthritis: a systematic review and meta-analysis. British Journal of Sports Medicine, 2017, 51, 791-799.	3.1	130
4	Role of exercise for knee pain: What do older adults in the community think?. Arthritis Care and Research, 2012, 64, 1554-1564.	1.5	105
5	UK-based physical therapists' attitudes and beliefs regarding exercise and knee osteoarthritis: Findings from a mixed-methods study. Arthritis and Rheumatism, 2009, 61, 1511-1521.	6.7	94
6	Physical Therapists' Use of Therapeutic Exercise for Patients With Clinical Knee Osteoarthritis in the United Kingdom: In Line With Current Recommendations?. Physical Therapy, 2008, 88, 1109-1121.	1.1	80
7	Is long-term physical activity safe for older adults with knee pain?: a systematic review. Osteoarthritis and Cartilage, 2015, 23, 1445-1456.	0.6	65
8	Recommendations for exercise adherence measures in musculoskeletal settings: a systematic review and consensus meeting (protocol). Systematic Reviews, 2014, 3, 10.	2.5	60
9	Therapeutic alliance facilitates adherence to physiotherapy-led exercise and physical activity for older adults with knee pain: a longitudinal qualitative study. Journal of Physiotherapy, 2020, 66, 45-53.	0.7	56
10	How does hip osteoarthritis differ from knee osteoarthritis?. Osteoarthritis and Cartilage, 2022, 30, 32-41.	0.6	54
11	Priorities for the effective implementation of osteoarthritis management programs: an OARSI international consensus exercise. Osteoarthritis and Cartilage, 2019, 27, 1270-1279.	0.6	49
12	A multicentre, pragmatic, parallel group, randomised controlled trial to compare the clinical and cost-effectiveness of three physiotherapy-led exercise interventions for knee osteoarthritis in older adults: the BEEP trial protocol (ISRCTN: 93634563). BMC Musculoskeletal Disorders, 2014, 15, 254.	0.8	38
13	Current management of pregnancy-related low back pain: a national cross-sectional survey of UK physiotherapists. Physiotherapy, 2016, 102, 78-85.	0.2	38
14	Defining adherence to therapeutic exercise for musculoskeletal pain: a systematic review. British Journal of Sports Medicine, 2020, 54, bjsports-2017-098742.	3.1	36
15	Exercise and physical activity in older adults with knee pain: a mixed methods study. Rheumatology, 2015, 54, 413-423.	0.9	33
16	Relationship Between Attitudes and Beliefs and Physical Activity in Older Adults With Knee Pain: Secondary Analysis of a Randomized Controlled Trial. Arthritis Care and Research, 2017, 69, 1192-1200.	1.5	31
17	Evaluating Acupuncture and Standard care for pregnant women with Back pain (EASE Back): a feasibility study and pilot randomised trial. Health Technology Assessment, 2016, 20, 1-236.	1.3	31
18	Quality and acceptability of measures of exercise adherence in musculoskeletal settings: a systematic review. Rheumatology, 2017, 56, kew422.	0.9	21

#	ARTICLE	IF	CITATIONS
19	Clinical effectiveness of one ultrasound guided intra-articular corticosteroid and local anaesthetic injection in addition to advice and education for hip osteoarthritis (HIT trial): single blind, parallel group, three arm, randomised controlled trial. <i>BMJ, The</i> , 2022, 377, e068446.	3.0	21
20	Guidance for Implementing Best Practice Therapeutic Exercise for Patients With Knee and Hip Osteoarthritis: What Does the Current Evidence Base Tell Us?. <i>Arthritis Care and Research</i> , 2021, 73, 1746-1753.	1.5	20
21	Subgrouping and TargetEd Exercise pRogrammes for knee and hip OsteoArthritis (STEER OA): a systematic review update and individual participant data meta-analysis protocol. <i>BMJ Open</i> , 2017, 7, e018971.	0.8	19
22	How Do Physical Therapists in the United Kingdom Manage Patients With Hip Osteoarthritis? Results of a Cross-Sectional Survey. <i>Physical Therapy</i> , 2018, 98, 461-470.	1.1	19
23	Do comorbidities predict pain and function in knee osteoarthritis following an exercise intervention, and do they moderate the effect of exercise? Analyses of data from three randomized controlled trials. <i>Musculoskeletal Care</i> , 2020, 18, 3-11.	0.6	19
24	Evaluating acupuncture and standard care for pregnant women with back pain: the EASE Back pilot randomised controlled trial (ISRCTN49955124). <i>Pilot and Feasibility Studies</i> , 2016, 2, 72.	0.5	18
25	How do UK physiotherapists address weight loss among individuals with hip osteoarthritis? A mixedâ€methods study. <i>Musculoskeletal Care</i> , 2019, 17, 133-144.	0.6	14
26	The Role of Qualitative Research in Clinical Trial Development: The EASE Back Study. <i>Journal of Mixed Methods Research</i> , 2018, 12, 325-343.	1.8	13
27	Physical Therapists' Views and Experiences of Pregnancy-Related Low Back Pain and the Role of Acupuncture: Qualitative Exploration. <i>Physical Therapy</i> , 2015, 95, 1234-1243.	1.1	12
28	Change in physical activity level and clinical outcomes in older adults with knee pain: a secondary analysis from a randomised controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2018, 19, 59.	0.8	12
29	A qualitative study exploring the views of individuals with knee osteoarthritis on the role of physiotherapists in weight management: A complex issue requiring a sophisticated skill set. <i>Musculoskeletal Care</i> , 2019, 17, 206-214.	0.6	12
30	Identification and Evaluation of Selfâ€Report Physical Activity Instruments in Adults With Osteoarthritis: A Systematic Review. <i>Arthritis Care and Research</i> , 2019, 71, 237-251.	1.5	11
31	Optimal primary care management of clinical osteoarthritis and joint pain in older people: a mixed-methods programme of systematic reviews, observational and qualitative studies, and randomised controlled trials. <i>Programme Grants for Applied Research</i> , 2018, 6, 1-260.	0.4	11
32	Content and Evaluation of the Benefits of Effective Exercise for Older Adults With Knee Pain Trial Physiotherapist Training Program. <i>Archives of Physical Medicine and Rehabilitation</i> , 2017, 98, 866-873.	0.5	10
33	Use of the nominal group technique to identify UK stakeholder views of the measures and domains used in the assessment of therapeutic exercise adherence for patients with musculoskeletal disorders. <i>BMJ Open</i> , 2020, 10, e031591.	0.8	9
34	A mixed methods exploration of physiotherapistâ€™s approaches to analgesic use among patients with hip osteoarthritis. <i>Physiotherapy</i> , 2019, 105, 328-337.	0.2	8
35	A randomised controlled trial of the clinical and cost-effectiveness of ultrasound-guided intra-articular corticosteroid and local anaesthetic injections: the hip injection trial (HIT) protocol. <i>BMC Musculoskeletal Disorders</i> , 2018, 19, 218.	0.8	7
36	Effects of an Online Education Program on Physical Therapists' Confidence in Weight Management for People With Osteoarthritis: A Randomized Controlled Trial. <i>Arthritis Care and Research</i> , 2023, 75, 835-847.	1.5	6

#	ARTICLE	IF	CITATIONS
37	Where to From Here? Is There a Role for Physical Therapists in Enacting Evidence-Based Guidelines for Weight Loss in Adults With Osteoarthritis Who Are Overweight?. <i>Physical Therapy</i> , 2020, 100, 3-7.	1.1	5
38	Attitudes, beliefs and common practices of hand therapists for base of thumb osteoarthritis in Australia (The ABC Thumb Study). <i>Hand Therapy</i> , 2018, 23, 19-27.	0.5	3
39	171.â€fUK-Based Physiotherapistsâ€™ Current Management of Pregnancy-Related Back Pain: A National Survey. <i>Rheumatology</i> , 2014, 53, i123-i124.	0.9	1
40	Clinical and cost-effectiveness of bracing in symptomatic knee osteoarthritis management: protocol for a multicentre, primary care, randomised, parallel-group, superiority trial. <i>BMJ Open</i> , 2021, 11, e048196.	0.8	1
41	A Framework to Guide the Development of Health Care Professional Education and Training in Best Evidence Osteoarthritis Care. <i>Clinics in Geriatric Medicine</i> , 2022, 38, 361-384.	1.0	1
42	Rehabilitation & Outcomes. <i>Osteoarthritis and Cartilage</i> , 2022, 30, S6.	0.6	0