

# Elena Philippou

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

43  
papers

1,017  
citations

16  
h-index

31  
g-index

53  
ext. papers

1,333  
ext. citations

4.6  
avg, IF

4.81  
L-index

#	Paper	IF	Citations
43	Rehabilitation at the Time of Pandemic: Patient Journey Recommendations.. <i>Frontiers in Aging Neuroscience</i> , <b>2022</b> , 14, 781226	5.3	1
42	Prevalence of Gastrointestinal Symptoms in Severe Acute Respiratory Syndrome Coronavirus 2 Infection: Results of the Prospective Controlled Multinational GI-COVID-19 Study. <i>American Journal of Gastroenterology</i> , <b>2021</b> , 117,	0.7	4
41	Rehabilitation Care at the Time of Coronavirus Disease-19 (COVID-19) Pandemic: A Scoping Review of Health System Recommendations.. <i>Frontiers in Aging Neuroscience</i> , <b>2021</b> , 13, 781271	5.3	2
40	Gut and airway microbiota and their role in COVID-19 infection and pathogenesis: a scoping review. <i>Infection</i> , <b>2021</b> , 1	5.8	3
39	Persistent Moderate-to-Weak Mediterranean Diet Adherence and Low Scoring for Plant-Based Foods across Several Southern European Countries: Are We Overlooking the Mediterranean Diet Recommendations?. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	8
38	Lifestyle habits of adults during the COVID-19 pandemic lockdown in Cyprus: evidence from a cross-sectional study. <i>BMC Public Health</i> , <b>2021</b> , 21, 786	4.1	18
37	Rheumatoid arthritis and dietary interventions: systematic review of clinical trials. <i>Nutrition Reviews</i> , <b>2021</b> , 79, 410-428	6.4	18
36	Brain iron concentrations in the pathophysiology of children with attention deficit/hyperactivity disorder: a systematic review. <i>Nutrition Reviews</i> , <b>2021</b> , 79, 615-626	6.4	2
35	Developed and validated food frequency questionnaires in Iran: A systematic literature review. <i>Journal of Research in Medical Sciences</i> , <b>2021</b> , 26, 50	1.6	1
34	Exercise interventions for older adults with Alzheimer's disease: a systematic review and meta-analysis protocol. <i>Systematic Reviews</i> , <b>2021</b> , 10, 6	3	3
33	Ten Simple Dietary Steps to Strengthen Your Immune System - A Guide for Older Individuals at Risk of COVID-19. <i>Archives of Physical Medicine and Rehabilitation</i> , <b>2021</b> , 102, 1865-1868	2.8	
32	Mediterranean Diet Adherence and Subjective Well-Being in a Sample of Portuguese Adults. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	9
31	Personality, Chrono-nutrition and Cardiometabolic Health: A Narrative Review of the Evidence. <i>Advances in Nutrition</i> , <b>2020</b> , 11, 1201-1210	10	6
30	Nutrition in RMDs: is it really food for thought? Focus on rheumatoid arthritis. <i>BMC Rheumatology</i> , <b>2020</b> , 4, 10	2.9	8
29	Association between vegetarian and vegan diets and depression: a systematic review. <i>Proceedings of the Nutrition Society</i> , <b>2020</b> , 79,	2.9	3
28	Exploring the Validity of the 14-Item Mediterranean Diet Adherence Screener (MEDAS): A Cross-National Study in Seven European Countries around the Mediterranean Region. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	28
27	Food for Thought: Basic Nutrition Recommendations for the Mature Brain. <i>Archives of Physical Medicine and Rehabilitation</i> , <b>2019</b> , 100, 1581-1583	2.8	0

26	Natural Products Derived from the Mediterranean Diet with Antidiabetic Activity: From Insulin Mimetic Hypoglycemic to Nutriepigenetic Modulator Compounds. <i>Current Pharmaceutical Design</i> , <b>2019</b> , 25, 1760-1782	3.3	4
25	Intermittent Fasting During Ramadan and Its Effects in Individuals With Metabolic Syndrome. <i>Nutrition Today</i> , <b>2019</b> , 54, 159-164	1.6	0
24	Dietary glycaemic index and cognitive function: prospective associations in adults of the 1946 British birth cohort. <i>Public Health Nutrition</i> , <b>2019</b> , 22, 1415-1424	3.3	4
23	The ABCs for Nutrition Poststroke: An Evidence-Based Practice Guide for Rehabilitation Professionals. <i>Archives of Physical Medicine and Rehabilitation</i> , <b>2018</b> , 99, 2125-2127	2.8	
22	Prevalence of breast-feeding and exclusive breast-feeding at 48 h after birth and up to the sixth month in Cyprus: the BrEaST start in life project. <i>Public Health Nutrition</i> , <b>2018</b> , 21, 967-980	3.3	4
21	Are we really what we eat? Nutrition and its role in the onset of rheumatoid arthritis. <i>Autoimmunity Reviews</i> , <b>2018</b> , 17, 1074-1077	13.6	39
20	The Mediterranean diet, fish oil supplements and Rheumatoid arthritis outcomes: evidence from clinical trials. <i>Autoimmunity Reviews</i> , <b>2018</b> , 17, 1105-1114	13.6	40
19	The role of metabolic syndrome factors on cognition using latent variable modeling: The neurocognitive study on aging. <i>Journal of Clinical and Experimental Neuropsychology</i> , <b>2018</b> , 40, 1030-1043 <sup>1</sup>	3.1	9
18	The impact of nutrition education on nutrition knowledge and adherence to the Mediterranean Diet in adolescent competitive swimmers. <i>Journal of Science and Medicine in Sport</i> , <b>2017</b> , 20, 328-332	4.4	30
17	Mediterranean Diet, Cognitive Function, and Dementia: A Systematic Review of the Evidence. <i>Advances in Nutrition</i> , <b>2016</b> , 7, 889-904	10	214
16	Intestinal microbiota and diet in IBS: causes, consequences, or epiphenomena?. <i>American Journal of Gastroenterology</i> , <b>2015</b> , 110, 278-87	0.7	225
15	The influence of glycemic index on cognitive functioning: a systematic review of the evidence. <i>Advances in Nutrition</i> , <b>2014</b> , 5, 119-30	10	39
14	A study of the dietary intake of Cypriot children and adolescents aged 6-18 years and the association of mother's educational status and children's weight status on adherence to nutritional recommendations. <i>BMC Public Health</i> , <b>2014</b> , 14, 13	4.1	20
13	Hyperglycemia and antibody titres against heat shock protein 27 in traumatic brain injury patients on parenteral nutrition. <i>Iranian Journal of Basic Medical Sciences</i> , <b>2014</b> , 17, 119-22	1.8	1
12	Comparison of intensive insulin therapy versus conventional glucose control in traumatic brain injury patients on parenteral nutrition: A pilot randomized clinical trial. <i>Journal of Research in Medical Sciences</i> , <b>2014</b> , 19, 420-5	1.6	1
11	Effect of fasting in Ramadan on body composition and nutritional intake: a prospective study. <i>Journal of Human Nutrition and Dietetics</i> , <b>2013</b> , 26 Suppl 1, 97-104	3.1	75
10	C-Reactive Protein and Diet Quality in Children <b>2013</b> , 75-86		1
9	Effect of Ramadan fasting on glycemic control in patients with Type 2 diabetes. <i>Journal of Endocrinological Investigation</i> , <b>2012</b> , 35, 766-71	5.2	21

8	Preliminary report: the effect of a 6-month dietary glycemic index manipulation in addition to healthy eating advice and weight loss on arterial compliance and 24-hour ambulatory blood pressure in men: a pilot study. <i>Metabolism: Clinical and Experimental</i> , <b>2009</b> , 58, 1703-8	12.7	30
7	The effect of dietary glycemic index on weight maintenance in overweight subjects: a pilot study. <i>Obesity</i> , <b>2009</b> , 17, 396-401	8	16
6	The effect of a 12-week low glycaemic index diet on heart disease risk factors and 24 h glycaemic response in healthy middle-aged volunteers at risk of heart disease: a pilot study. <i>European Journal of Clinical Nutrition</i> , <b>2008</b> , 62, 145-9	5.2	25
5	Is it only diastolic dysfunction? Segmental relaxation patterns and longitudinal systolic deformation in systemic hypertension. <i>European Journal of Echocardiography</i> , <b>2008</b> , 9, 741-7		25
4	The evolution of diastolic dysfunction in the hypertensive disease. <i>European Journal of Echocardiography</i> , <b>2008</b> , 9, 772-8		16
3	Low-dose pancreatic polypeptide inhibits food intake in man. <i>British Journal of Nutrition</i> , <b>2007</b> , 97, 426-93.6		57
2	Nutritional influences on gut hormone release. <i>Current Opinion in Endocrinology, Diabetes and Obesity</i> , <b>2006</b> , 13, 42-48		3
1	Association between vegetarian and vegan diets and depression: A systematic review. <i>Nutrition Bulletin</i> ,	3.5	1