

Wilhelm Hofmann

List of Publications by Year in descending order

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Version: 2024-02-01

96
papers

14,485
citations

57719

44
h-index

42364

92
g-index

102
all docs

102
docs citations

102
times ranked

10502
citing authors

| # | ARTICLE | IF | CITATIONS |
|----|---|-----|-----------|
| 1 | Executive functions and self-regulation. Trends in Cognitive Sciences, 2012, 16, 174-180. | 4.0 | 1,430 |
| 2 | A Meta-Analysis on the Correlation Between the Implicit Association Test and Explicit Self-Report Measures. Personality and Social Psychology Bulletin, 2005, 31, 1369-1385. | 1.9 | 1,298 |
| 3 | Impulse and Self-Control From a Dual-Systems Perspective. Perspectives on Psychological Science, 2009, 4, 162-176. | 5.2 | 1,070 |
| 4 | Subjective well-being and adaptation to life events: A meta-analysis.. Journal of Personality and Social Psychology, 2012, 102, 592-615. | 2.6 | 977 |
| 5 | Evaluative conditioning in humans: A meta-analysis.. Psychological Bulletin, 2010, 136, 390-421. | 5.5 | 746 |
| 6 | Everyday temptations: An experience sampling study of desire, conflict, and self-control.. Journal of Personality and Social Psychology, 2012, 102, 1318-1335. | 2.6 | 647 |
| 7 | Impulsive versus reflective influences on health behavior: a theoretical framework and empirical review. Health Psychology Review, 2008, 2, 111-137. | 4.4 | 545 |
| 8 | Working memory capacity and self-regulatory behavior: Toward an individual differences perspective on behavior determination by automatic versus controlled processes.. Journal of Personality and Social Psychology, 2008, 95, 962-977. | 2.6 | 422 |
| 9 | Morality in everyday life. Science, 2014, 345, 1340-1343. | 6.0 | 403 |
| 10 | Cognitive Bias Modification and Cognitive Control Training in Addiction and Related Psychopathology. Clinical Psychological Science, 2013, 1, 192-212. | 2.4 | 401 |
| 11 | And deplete us not into temptation: Automatic attitudes, dietary restraint, and self-regulatory resources as determinants of eating behavior. Journal of Experimental Social Psychology, 2007, 43, 497-504. | 1.3 | 387 |
| 12 | What People Desire, Feel Conflicted About, and Try to Resist in Everyday Life. Psychological Science, 2012, 23, 582-588. | 1.8 | 385 |
| 13 | Yes, But Are They Happy? Effects of Trait Self-Control on Affective Well-Being and Life Satisfaction. Journal of Personality, 2014, 82, 265-277. | 1.8 | 365 |
| 14 | When impulses take over: Moderated predictive validity of explicit and implicit attitude measures in predicting food choice and consumption behaviour. British Journal of Social Psychology, 2008, 47, 397-419. | 1.8 | 352 |
| 15 | Control yourself or just eat what you like? Weight gain over a year is predicted by an interactive effect of response inhibition and implicit preference for snack foods.. Health Psychology, 2010, 29, 389-393. | 1.3 | 333 |
| 16 | Are "implicit" attitudes unconscious?. Consciousness and Cognition, 2006, 15, 485-499. | 0.8 | 320 |
| 17 | On Integrating the Components of Self-Control. Perspectives on Psychological Science, 2015, 10, 618-638. | 5.2 | 300 |
| 18 | Three ways to resist temptation: The independent contributions of executive attention, inhibitory control, and affect regulation to the impulse control of eating behavior. Journal of Experimental Social Psychology, 2009, 45, 431-435. | 1.3 | 224 |

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|----|--|-----|-----------|
| 19 | When and why do implicit measures predict behaviour? Empirical evidence for the moderating role of opportunity, motivation, and process reliance. <i>European Review of Social Psychology</i> , 2008, 19, 285-338. | 5.8 | 196 |
| 20 | On taming horses and strengthening riders: Recent developments in research on interventions to improve self-control in health behaviors. <i>Self and Identity</i> , 2011, 10, 336-351. | 1.0 | 189 |
| 21 | Turning a blind eye to temptation: How cognitive load can facilitate self-regulation.. <i>Journal of Personality and Social Psychology</i> , 2013, 104, 427-443. | 2.6 | 185 |
| 22 | Neural Predictors of Giving in to Temptation in Daily Life. <i>Psychological Science</i> , 2014, 25, 1337-1344. | 1.8 | 185 |
| 23 | Integrating Models of Self-Regulation. <i>Annual Review of Psychology</i> , 2021, 72, 319-345. | 9.9 | 182 |
| 24 | SurveySignal. <i>Social Science Computer Review</i> , 2015, 33, 235-253. | 2.6 | 176 |
| 25 | Executive functions and the self-regulation of eating behavior: A review. <i>Appetite</i> , 2018, 124, 4-9. | 1.8 | 175 |
| 26 | What moderates implicitâ€”explicit consistency?. <i>European Review of Social Psychology</i> , 2005, 16, 335-390. | 5.8 | 167 |
| 27 | Control me or I will control you: Impulses, trait self-control, and the guidance of behavior. <i>Journal of Research in Personality</i> , 2009, 43, 795-805. | 0.9 | 146 |
| 28 | A General Model of Preventive and Interventive Selfâ€”Control. <i>Social and Personality Psychology Compass</i> , 2012, 6, 707-722. | 2.0 | 144 |
| 29 | Dieting and the selfâ€”control of eating in everyday environments: An experience sampling study. <i>British Journal of Health Psychology</i> , 2014, 19, 523-539. | 1.9 | 139 |
| 30 | Impulses got the better of me: Alcohol moderates the influence of implicit attitudes toward food cues on eating behavior.. <i>Journal of Abnormal Psychology</i> , 2008, 117, 420-427. | 2.0 | 126 |
| 31 | As Pleasure Unfolds. <i>Psychological Science</i> , 2010, 21, 1863-1870. | 1.8 | 93 |
| 32 | Slacking Off or Winding Down? An Experience Sampling Study on the Drivers and Consequences of Media Use for Recovery Versus Procrastination. <i>Human Communication Research</i> , 2016, 42, 441-461. | 1.9 | 93 |
| 33 | Disgust and Anger Relate to Different Aggressive Responses to Moral Violations. <i>Psychological Science</i> , 2017, 28, 609-619. | 1.8 | 86 |
| 34 | On implicitâ€”explicit consistency: the moderating role of individual differences in awareness and adjustment. <i>European Journal of Personality</i> , 2005, 19, 25-49. | 1.9 | 72 |
| 35 | Impulsivity, Impulsive and Reflective Processes and the Development of Alcohol Use and Misuse in Adolescents and Young Adults. <i>Frontiers in Psychology</i> , 2010, 1, 144. | 1.1 | 67 |
| 36 | Too much of a good thing? Exploring the invertedâ€”U relationship between selfâ€”control and happiness. <i>Journal of Personality</i> , 2018, 86, 380-396. | 1.8 | 64 |

| # | ARTICLE | IF | CITATIONS |
|----|---|-----|-----------|
| 37 | Experience, Resistance, and Enactment of Desires: Differential Relationships With Trait Measures Predicting Self-Control. <i>Journal of Research in Personality</i> , 2018, 76, 92-101. | 0.9 | 63 |
| 38 | Implicit and Explicit Attitudes and Interracial Interaction: The Moderating Role of Situationally Available Control Resources. <i>Group Processes and Intergroup Relations</i> , 2008, 11, 69-87. | 2.4 | 62 |
| 39 | Moral Punishment in Everyday Life. <i>Personality and Social Psychology Bulletin</i> , 2018, 44, 1697-1711. | 1.9 | 60 |
| 40 | Counteractive control over temptations: Promoting resistance through enhanced perception of conflict and goal value. <i>Self and Identity</i> , 2017, 16, 439-459. | 1.0 | 56 |
| 41 | Close relationships and self-regulation: How relationship satisfaction facilitates momentary goal pursuit.. <i>Journal of Personality and Social Psychology</i> , 2015, 109, 434-452. | 2.6 | 54 |
| 42 | Free to buy? Explaining self-control and impulse in consumer behavior. <i>Journal of Consumer Psychology</i> , 2008, 18, 22-26. | 3.2 | 48 |
| 43 | Hereâ€™s Looking at You, Bud. <i>Social Psychological and Personality Science</i> , 2010, 1, 143-151. | 2.4 | 44 |
| 44 | The spoiled pleasure of giving in to temptation. <i>Motivation and Emotion</i> , 2013, 37, 733-742. | 0.8 | 44 |
| 45 | What would you have as a last supper? Thoughts about death influence evaluation and consumption of food products. <i>Journal of Experimental Social Psychology</i> , 2008, 44, 1388-1394. | 1.3 | 43 |
| 46 | A short fuse after alcohol: Implicit power associations predict aggressiveness after alcohol consumption in young heavy drinkers with limited executive control. <i>Pharmacology Biochemistry and Behavior</i> , 2009, 93, 300-305. | 1.3 | 43 |
| 47 | Motivational and neural correlates of self-control of eating: A combined neuroimaging and experience sampling study in dieting female college students. <i>Appetite</i> , 2016, 103, 192-199. | 1.8 | 39 |
| 48 | Men on the â€œPullâ€. <i>Social Psychology</i> , 2009, 40, 73-78. | 0.3 | 39 |
| 49 | Morality and Self-Control: How They Are Intertwined and Where They Differ. <i>Current Directions in Psychological Science</i> , 2018, 27, 286-291. | 2.8 | 37 |
| 50 | A balance of activity in brain control and reward systems predicts self-regulatory outcomes. <i>Social Cognitive and Affective Neuroscience</i> , 2017, 12, 832-838. | 1.5 | 35 |
| 51 | Trust in everyday life.. <i>Journal of Personality and Social Psychology</i> , 2021, 121, 95-114. | 2.6 | 35 |
| 52 | Differential Stability. <i>Journal of Individual Differences</i> , 2008, 29, 70-79. | 0.5 | 35 |
| 53 | A motivational framework of social comparison.. <i>Journal of Personality and Social Psychology</i> , 2021, 120, 1415-1430. | 2.6 | 28 |
| 54 | When Temptations Come Alive: How Anthropomorphism Undermines Self-Control. <i>Journal of Consumer Research</i> , 0, , ucv017. | 3.5 | 27 |

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|----|---|-----|-----------|
| 55 | Impulsive processes in the self-regulation of health behaviour: theoretical and methodological considerations in response to commentaries. <i>Health Psychology Review</i> , 2011, 5, 162-171. | 4.4 | 26 |
| 56 | Promises and Perils of Experimentation: The Mutual-Internal-Validity Problem. <i>Perspectives on Psychological Science</i> , 2021, 16, 854-863. | 5.2 | 26 |
| 57 | How Anticipated Emotions Guide Self-Control Judgments. <i>Frontiers in Psychology</i> , 2019, 10, 1614. | 1.1 | 24 |
| 58 | Convergent and Predictive Validity of Implicit and Explicit Anxiety Measures as a Function of Specificity Similarity and Content Similarity. <i>European Journal of Psychological Assessment</i> , 2008, 24, 254-262. | 1.7 | 21 |
| 59 | Inspired to Perspire: The Interplay of Social Comparison Direction and Standard Extremity in the Context of Challenging Exercising Goals. <i>Social Cognition</i> , 2019, 37, 247-265. | 0.5 | 20 |
| 60 | Moral values and increasing stakes in a dictator game. <i>Journal of Economic Psychology</i> , 2016, 56, 107-115. | 1.1 | 19 |
| 61 | Examining the relationship between trait self-control and stress: Evidence on generalizability and outcome variability. <i>Journal of Research in Personality</i> , 2020, 84, 103901. | 0.9 | 18 |
| 62 | Cooling the heat of temptation: Mental self-control and the automatic evaluation of tempting stimuli. <i>European Journal of Social Psychology</i> , 2010, 40, 17-25. | 1.5 | 17 |
| 63 | The road to the unconscious self not taken: Discrepancies between self- and observer- inferences about implicit dispositions from nonverbal behavioural cues. <i>European Journal of Personality</i> , 2009, 23, 343-366. | 1.9 | 17 |
| 64 | Binding moral values gain importance in the presence of close others. <i>Nature Communications</i> , 2021, 12, 2718. | 5.8 | 17 |
| 65 | Executive Functions and Motivation as Moderators of the Relationship Between Automatic Associations and Alcohol Use in Problem Drinkers Seeking Online Help. <i>Alcoholism: Clinical and Experimental Research</i> , 2015, 39, 1788-1796. | 1.4 | 15 |
| 66 | Introducing functional and dysfunctional self-licensing: Associations with indices of (un)successful dietary regulation. <i>Journal of Personality</i> , 2019, 87, 934-947. | 1.8 | 15 |
| 67 | Moving beyond Inhibition: Capturing a Broader Scope of the Self-Control Construct with the Self-Control Strategy Scale (SCSS). <i>Journal of Personality Assessment</i> , 2021, 103, 762-776. | 1.3 | 13 |
| 68 | Indirect Assessment of Implicit Disgust Sensitivity. <i>European Journal of Psychological Assessment</i> , 2011, 27, 237-243. | 1.7 | 12 |
| 69 | Motivating sustainability through morality: A daily diary study on the link between moral self-control and clothing consumption. <i>Journal of Environmental Psychology</i> , 2021, 73, 101551. | 2.3 | 11 |
| 70 | Motivational and emotional effects of social comparison in sports. <i>Psychology of Sport and Exercise</i> , 2021, 57, 102048. | 1.1 | 11 |
| 71 | Advances and Challenges in the Indirect Measurement of Individual Differences at Age 10 of the Implicit Association Test. <i>European Journal of Psychological Assessment</i> , 2008, 24, 207-209. | 1.7 | 11 |
| 72 | When impulsive behaviours do not equal self-control failures: the (added) value of temptation enactments. <i>European Journal of Personality</i> , 2021, 35, 267-288. | 1.9 | 10 |

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|----|--|-----|-----------|
| 73 | Choice architecture meets motivation science: How stimulus availability interacts with internal factors in shaping the desire for food. <i>Appetite</i> , 2020, 155, 104815. | 1.8 | 9 |
| 74 | Healthy eating in the wild: An experience-sampling study of how food environments and situational factors shape out-of-home dietary success. <i>Social Science and Medicine</i> , 2022, 299, 114869. | 1.8 | 9 |
| 75 | Simple Pleasures, Small Annoyances, and Goal Progress in Daily Life. <i>Journal of the Association for Consumer Research</i> , 2016, 1, 527-539. | 1.0 | 8 |
| 76 | “Thou Shalt Kill” Practicing self-control supports adherence to personal values when asked to aggress. <i>Journal of Experimental Social Psychology</i> , 2017, 69, 71-78. | 1.3 | 8 |
| 77 | Setbacks in Self-Control: Failing Not Mere Resisting Impairs Subsequent Self-Control. <i>Social Psychological and Personality Science</i> , 2020, 11, 782-790. | 2.4 | 8 |
| 78 | Synergistic Moderator Effects of Situation and Person Factors of Awareness and Adjustment on the Consistency of Implicit and Explicit Attitudes. <i>Journal of Individual Differences</i> , 2006, 27, 47-56. | 0.5 | 8 |
| 79 | Whither Inhibition?. <i>Current Directions in Psychological Science</i> , 2022, 31, 333-339. | 2.8 | 8 |
| 80 | Just a Little Bit Longer: Viewing Time of Erotic Material from a Self-Control Perspective. <i>Applied Cognitive Psychology</i> , 2012, 26, 489-496. | 0.9 | 5 |
| 81 | Temptation, self-control, and inter-temporal choice. <i>Journal of Bioeconomics</i> , 2019, 21, 47-70. | 1.5 | 4 |
| 82 | Frequency of helping friends and helping strangers is explained by different neural signatures. <i>Cognitive, Affective and Behavioral Neuroscience</i> , 2019, 19, 177-186. | 1.0 | 4 |
| 83 | Associations between use of self-regulatory strategies and daily eating patterns: An experience sampling study in college-aged women. <i>Motivation and Emotion</i> , 2021, 45, 747-758. | 0.8 | 4 |
| 84 | On the Road to the Unconscious Self: Understanding when People Gain Self-knowledge of Implicit Disgust Sensitivity from Behavioural Cues. <i>European Journal of Personality</i> , 2013, 27, 355-376. | 1.9 | 3 |
| 85 | On the selection and balancing of multiple selfish goals. <i>Behavioral and Brain Sciences</i> , 2014, 37, 147-148. | 0.4 | 3 |
| 86 | When and for Whom Implicit Partner Evaluations Predict Forgiveness. <i>Social Psychological and Personality Science</i> , 2021, 12, 708-718. | 2.4 | 3 |
| 87 | Toward a mechanistic understanding of the impact of food insecurity on obesity. <i>Behavioral and Brain Sciences</i> , 2017, 40, e116. | 0.4 | 2 |
| 88 | Changing Behavior Using Integrative Self-Control Theory. , 2020, , 150-163. | | 2 |
| 89 | Testing Buddha: Is Acute Desire Associated with Lower Momentary Happiness?. <i>Journal of Happiness Studies</i> , 2021, 22, 3241-3258. | 1.9 | 2 |
| 90 | Training Three Facets of Executive Functions. <i>Experimental Psychology</i> , 2019, 66, 402-413. | 0.3 | 2 |

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|----|---|-----|-----------|
| 91 | Teaching & Learning Guide for: A General Model of Preventive and Interventive Self-Control. <i>Social and Personality Psychology Compass</i> , 2013, 7, 775-779. | 2.0 | 1 |
| 92 | Person-Å-domain interactions in resisting desires in daily life. <i>European Journal of Personality</i> , 2023, 37, 453-467. | 1.9 | 1 |
| 93 | Why Is Right-Wing Media Consumption Associated With Lower Compliance With COVID-19 Measures?. <i>Journal of Media Psychology</i> , 0, , . | 0.7 | 1 |
| 94 | Judging a Group by Sampling Members: How the Subdivision of a Minority Affects Its Perceived Size and Influence. <i>Journal of Social Psychology</i> , 2008, 148, 91-104. | 1.0 | 0 |
| 95 | Response to Comment on "Morality in everyday life". <i>Science</i> , 2015, 348, 767-767. | 6.0 | 0 |
| 96 | Do Narcissists Benefit from Materialistic Pursuits? Examining the Relation Between Narcissistic Tendencies, Extrinsic Goals, and Well-Being. <i>Collabra: Psychology</i> , 2019, 5, . | 0.9 | 0 |