

# Eric Brymer

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

67  
papers

1,783  
citations

22  
h-index

41  
g-index

100  
ext. papers

2,296  
ext. citations

3.1  
avg. IF

5.71  
L-index

#	Paper	IF	Citations
67	The relationship between nature relatedness and anxiety. <i>Journal of Health Psychology</i> , <b>2016</b> , 21, 1436-451	3.1	146
66	The Role of Nature-Based Experiences in the Development and Maintenance of Wellness. <i>Asia-Pacific Journal of Health, Sport and Physical Education</i> , <b>2010</b> , 1, 21-27		107
65	Extreme sports are good for your health: a phenomenological understanding of fear and anxiety in extreme sport. <i>Journal of Health Psychology</i> , <b>2013</b> , 18, 477-87	3.1	90
64	Risk taking in Extreme Sports: A phenomenological perspective. <i>Annals of Leisure Research</i> , <b>2010</b> , 13, 218-238	1.5	79
63	Extreme Sports: A Positive Transformation in Courage and Humility. <i>Journal of Humanistic Psychology</i> , <b>2009</b> , 49, 114-126	0.9	77
62	The empowering variability of affordances of nature: Why do exercisers feel better after performing the same exercise in natural environments than in indoor environments?. <i>Psychology of Sport and Exercise</i> , <b>2019</b> , 42, 138-145	4.2	76
61	Physical, Psychological and Emotional Benefits of Green Physical Activity: An Ecological Dynamics Perspective. <i>Sports Medicine</i> , <b>2016</b> , 46, 947-53	10.6	67
60	Designing Affordances for Health-Enhancing Physical Activity and Exercise in Sedentary Individuals. <i>Sports Medicine</i> , <b>2016</b> , 46, 933-8	10.6	67
59	Extreme Sports as a Precursor to Environmental Sustainability. <i>Journal of Sport and Tourism</i> , <b>2009</b> , 14, 193-204	1.3	67
58	Dancing with nature: rhythm and harmony in extreme sport participation. <i>Journal of Adventure Education and Outdoor Learning</i> , <b>2009</b> , 9, 135-149	1.1	65
57	The search for freedom in extreme sports: A phenomenological exploration. <i>Psychology of Sport and Exercise</i> , <b>2013</b> , 14, 865-873	4.2	62
56	The Relationship between the Physical Activity Environment, Nature Relatedness, Anxiety, and the Psychological Well-being Benefits of Regular Exercisers. <i>Frontiers in Psychology</i> , <b>2017</b> , 8, 1058	3.4	62
55	Nature-Based Interventions for Improving Health and Wellbeing: The Purpose, the People and the Outcomes. <i>Sports</i> , <b>2019</b> , 7,	3	59
54	Developing an intimate relationship with nature through extreme sports participation. <i>Leisure/Loisir</i> , <b>2010</b> , 34, 361-374	0.5	54
53	Towards an operational understanding of wellness <b>2013</b> , 7, 3-12		53
52	Adventurous Physical Activity Environments: A Mainstream Intervention for Mental Health. <i>Sports Medicine</i> , <b>2016</b> , 46, 963-8	10.6	49
51	Conceptualizing adventurous nature sport: A positive psychology perspective. <i>Annals of Leisure Research</i> , <b>2020</b> , 23, 79-91	1.5	39

50	Evoking the ineffable: The phenomenology of extreme sports.. <i>Psychology of Consciousness: Theory Research, and Practice</i> , <b>2017</b> , 4, 63-74	1.8	32
49	Understanding Action and Adventure Sports Participation-An Ecological Dynamics Perspective. <i>Sports Medicine - Open</i> , <b>2017</b> , 3, 18	6.1	31
48	Nature-Based Guided Imagery as an Intervention for State Anxiety. <i>Frontiers in Psychology</i> , <b>2018</b> , 9, 1858-1874	3.4	29
47	Phenomenology and the Extreme Sport Experience <b>2017</b> ,		23
46	Transformations through Proximity Flying: A Phenomenological Investigation. <i>Frontiers in Psychology</i> , <b>2017</b> , 8, 1831	3.4	23
45	Extreme Sports as a facilitator of ecocentricity and positive life changes. <i>World Leisure Journal</i> , <b>2009</b> , 51, 47-53	1.2	21
44	Overcoming acculturation: physical education recruits' experiences of an alternative pedagogical approach to games teaching. <i>Physical Education and Sport Pedagogy</i> , <b>2016</b> , 21, 386-406	3.8	19
43	Development and validation of a new self-report instrument for measuring sedentary behaviors and light-intensity physical activity in adults. <i>Journal of Physical Activity and Health</i> , <b>2014</b> , 11, 1097-104	2.5	18
42	Experiential learning as a constraint-led process: an ecological dynamics perspective. <i>Journal of Adventure Education and Outdoor Learning</i> , <b>2014</b> , 14, 103-117	1.1	17
41	Ecological dynamics as a theoretical framework for development of sustainable behaviours towards the environment. <i>Environmental Education Research</i> , <b>2013</b> , 19, 45-63	3.1	17
40	An Ecological Conceptualization of Extreme Sports. <i>Frontiers in Psychology</i> , <b>2018</b> , 9, 1274	3.4	15
39	Psychology and the Extreme Sport Experience <b>2017</b> , 3-13		15
38	Nature as a Commodity: What's Good for Human Health Might Not Be Good for Ecosystem Health. <i>Frontiers in Psychology</i> , <b>2018</b> , 9, 1673	3.4	15
37	An ecological-phenomenological perspective on multispecies leisure and the horse-human relationship in events. <i>Leisure Studies</i> , <b>2019</b> , 38, 394-407	2	14
36	'Leave Your Ego at the Door': A Narrative Investigation into Effective Wingsuit Flying. <i>Frontiers in Psychology</i> , <b>2017</b> , 8, 1985	3.4	14
35	Physical and Emotional Benefits of Different Exercise Environments Designed for Treadmill Running. <i>International Journal of Environmental Research and Public Health</i> , <b>2017</b> , 14,	4.6	14
34	An introduction to the constraints-led approach to learning in outdoor education. <i>Journal of Outdoor and Environmental Education</i> , <b>2010</b> , 14, 33-41	1.2	13
33	Understanding nature sports: a participant centred perspective and its implications for the design and facilitating of learning and performance. <i>Annals of Leisure Research</i> , <b>2020</b> , 23, 110-125	1.5	13

32	Enhancing Health and Wellbeing through Immersion in Nature: A Conceptual Perspective Combining the Stoic and Buddhist Traditions. <i>Frontiers in Psychology</i> , <b>2017</b> , 8, 1573	3.4	12
31	An Ecological Dynamics Perspective on Adventure Tourism. <i>Tourism Review International</i> , <b>2017</b> , 21, 307-316		11
30	Effective leadership: Transformational or transactional?. <i>Journal of Outdoor and Environmental Education</i> , <b>2006</b> , 10, 13-19	1.2	11
29	Incidents and Injuries in Foot-Launched Flying Extreme Sports. <i>Aerospace Medicine and Human Performance</i> , <b>2017</b> , 88, 1016-1023	1.1	10
28	Behavioral Repertoire Influences the Rate and Nature of Learning in Climbing: Implications for Individualized Learning Design in Preparation for Extreme Sports Participation. <i>Frontiers in Psychology</i> , <b>2018</b> , 9, 949	3.4	10
27	The Human-Nature Experience: A Phenomenological-Psychoanalytic Perspective. <i>Frontiers in Psychology</i> , <b>2018</b> , 9, 969	3.4	10
26	Injury in kite bugging: the role of the 'out-of-buggy experience'. <i>Journal of Orthopaedic Surgery and Research</i> , <b>2018</b> , 13, 104	2.8	10
25	Exploring perceptions of how nature recreation benefits mental wellbeing: a qualitative enquiry. <i>Annals of Leisure Research</i> , <b>2021</b> , 24, 394-413	1.5	10
24	Beyond risk: the importance of adventure in the everyday life of young people. <i>Annals of Leisure Research</i> , <b>2020</b> , 23, 429-446	1.5	9
23	Pediatric and adolescent injury in skateboarding. <i>Research in Sports Medicine</i> , <b>2018</b> , 26, 129-149	3.8	8
22	Affordances guiding Forest School practice: the application of the ecological dynamics approach. <i>Journal of Outdoor and Environmental Education</i> , <b>2018</b> , 21, 103-115	1.2	8
21	An Ecological Dynamics Framework for the Acquisition of Perceptual-Motor Skills in Climbing <b>2017</b> , 365-382		7
20	Time Spent in Nature Is Associated with Increased Pro-Environmental Attitudes and Behaviors. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	7
19	Preservice teachers implementing a nonlinear physical education pedagogy. <i>Physical Education and Sport Pedagogy</i> , <b>2019</b> , 24, 565-581	3.8	6
18	Phenomenology and Extreme Sports in Natural Landscapes <b>2015</b> , 135-146		6
17	The benefits of ecotourism for visitor wellness 217-230		4
16	Affordances in nature: Australian primary school children identify learning opportunities <b>2018</b> , 38, 175-180		4
15	Sport participation to create a deeper environmental identity with pro-environmental behaviors <b>2017</b> , 330-339		3

14	Extreme sports as transformational tourism. <b>2013</b> , 111-124		3
13	Nature and Health		3
12	Designing Physical Activity Environments to Enhance Physical and Psychological Effects. <i>Procedia Engineering</i> , <b>2016</b> , 147, 793-798		3
11	BASE Jumping Fatalities Between 2007 and 2017: Main Causes of Fatal Events and Recommendations for Safety. <i>Wilderness and Environmental Medicine</i> , <b>2019</b> , 30, 407-411	1.4	3
10	Program design and activity selection 116-131		2
9	Subjective Well-Being and Leisure. <i>Encyclopedia of the UN Sustainable Development Goals</i> , <b>2020</b> , 678-687	0.1	2
8	Conceptualizing the Human Health Outcomes of Acting in Natural Environments: An Ecological Perspective. <i>Frontiers in Psychology</i> , <b>2020</b> , 11, 1362	3.4	2
7	Injuries and illnesses related to dinghy-sailing on hydrofoiling boats. <i>BMC Sports Science, Medicine and Rehabilitation</i> , <b>2021</b> , 13, 118	2.4	2
6	Feeding Time at the Zoo: psychological aspects of a serious rock climbing accident. <i>Journal of Adventure Education and Outdoor Learning</i> , <b>2020</b> , 1-13	1.1	1
5	Nature and Pets <b>2020</b> , 413-422		1
4	Exploring Expedition Research Methodology: A Personal Reflection. <i>Journal of Outdoor and Environmental Education</i> , <b>2002</b> , 6, 44-57	1.2	1
3	Conceptualising Performance Enhancement in Extreme Sports: Combining Physiological and Psychological Perspectives. <i>Muscles, Ligaments and Tendons Journal</i> , <b>2020</b> , 10, 309	1.9	1
2	A different way forward: an ecological perspective on leadership in outdoor adventurous activity. <b>2021</b> , 147-159		0
1	Mixed methods research in outdoor studies Practical applications <b>2019</b> , 279-293		