

Eric Brymer

List of Publications by Year in descending order

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Version: 2024-02-01

92
papers

2,750
citations

257429

24
h-index

206102

48
g-index

101
all docs

101
docs citations

101
times ranked

1587
citing authors

#	ARTICLE	IF	CITATIONS
1	The relationship between nature relatedness and anxiety. <i>Journal of Health Psychology</i> , 2016, 21, 1436-1445.	2.3	190
2	Nature-Based Interventions for Improving Health and Wellbeing: The Purpose, the People and the Outcomes. <i>Sports</i> , 2019, 7, 141.	1.7	143
3	The Relationship between the Physical Activity Environment, Nature Relatedness, Anxiety, and the Psychological Well-being Benefits of Regular Exercisers. <i>Frontiers in Psychology</i> , 2017, 8, 1058.	2.1	140
4	The Role of Nature-Based Experiences in the Development and Maintenance of Wellness. <i>Asia-Pacific Journal of Health, Sport and Physical Education</i> , 2010, 1, 21-27.	0.9	132
5	Extreme sports are good for your health: A phenomenological understanding of fear and anxiety in extreme sport. <i>Journal of Health Psychology</i> , 2013, 18, 477-487.	2.3	117
6	Extreme Sports. <i>Journal of Humanistic Psychology</i> , 2009, 49, 114-126.	2.1	109
7	The empowering variability of affordances of nature: Why do exercisers feel better after performing the same exercise in natural environments than in indoor environments?. <i>Psychology of Sport and Exercise</i> , 2019, 42, 138-145.	2.1	107
8	Risk taking in Extreme Sports: A phenomenological perspective. <i>Annals of Leisure Research</i> , 2010, 13, 218-238.	1.7	100
9	Extreme Sports as a Precursor to Environmental Sustainability. <i>Journal of Sport and Tourism</i> , 2009, 14, 193-204.	2.6	90
10	Dancing with nature: rhythm and harmony in extreme sport participation. <i>Journal of Adventure Education and Outdoor Learning</i> , 2009, 9, 135-149.	1.6	87
11	The search for freedom in extreme sports: A phenomenological exploration. <i>Psychology of Sport and Exercise</i> , 2013, 14, 865-873.	2.1	83
12	Physical, Psychological and Emotional Benefits of Green Physical Activity: An Ecological Dynamics Perspective. <i>Sports Medicine</i> , 2016, 46, 947-953.	6.5	82
13	Designing Affordances for Health-Enhancing Physical Activity and Exercise in Sedentary Individuals. <i>Sports Medicine</i> , 2016, 46, 933-938.	6.5	79
14	Conceptualizing adventurous nature sport: A positive psychology perspective. <i>Annals of Leisure Research</i> , 2020, 23, 79-91.	1.7	74
15	Adventurous Physical Activity Environments: A Mainstream Intervention for Mental Health. <i>Sports Medicine</i> , 2016, 46, 963-968.	6.5	73
16	Developing an intimate "relationship" with nature through extreme sports participation. <i>Leisure/Loisir</i> , 2010, 34, 361-374.	1.1	71
17	Towards an operational understanding of wellness. <i>Journal of the Spirituality Leadership and Management Network Limited</i> , 2013, 7, 3-12.	0.3	61
18	Nature-Based Guided Imagery as an Intervention for State Anxiety. <i>Frontiers in Psychology</i> , 2018, 9, 1858.	2.1	54

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19	Time Spent in Nature Is Associated with Increased Pro-Environmental Attitudes and Behaviors. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7498.	2.6	52
20	Evoking the ineffable: The phenomenology of extreme sports.. <i>Psychology of Consciousness: Theory Research, and Practice</i> , 2017, 4, 63-74.	0.4	49
21	Understanding Action and Adventure Sports Participation—An Ecological Dynamics Perspective. <i>Sports Medicine - Open</i> , 2017, 3, 18.	3.1	38
22	Editorial: One Health: The Well-being Impacts of Human-Nature Relationships. <i>Frontiers in Psychology</i> , 2019, 10, 1611.	2.1	34
23	Ecological dynamics as a theoretical framework for development of sustainable behaviours towards the environment. <i>Environmental Education Research</i> , 2013, 19, 45-63.	2.9	28
24	Transformations through Proximity Flying: A Phenomenological Investigation. <i>Frontiers in Psychology</i> , 2017, 8, 1831.	2.1	28
25	Physical and Emotional Benefits of Different Exercise Environments Designed for Treadmill Running. <i>International Journal of Environmental Research and Public Health</i> , 2017, 14, 752.	2.6	28
26	Experiential learning as a constraint-led process: an ecological dynamics perspective. <i>Journal of Adventure Education and Outdoor Learning</i> , 2014, 14, 103-117.	1.6	27
27	Enhancing Health and Wellbeing through Immersion in Nature: A Conceptual Perspective Combining the Stoic and Buddhist Traditions. <i>Frontiers in Psychology</i> , 2017, 8, 1573.	2.1	26
28	Understanding nature sports: a participant centred perspective and its implications for the design and facilitating of learning and performance. <i>Annals of Leisure Research</i> , 2020, 23, 110-125.	1.7	26
29	Extreme Sports as a facilitator of ecocentricity and positive life changes. <i>World Leisure Journal</i> , 2009, 51, 47-53.	1.2	25
30	An Ecological Conceptualization of Extreme Sports. <i>Frontiers in Psychology</i> , 2018, 9, 1274.	2.1	25
31	Designing Environments to Enhance Physical and Psychological Benefits of Physical Activity: A Multidisciplinary Perspective. <i>Sports Medicine</i> , 2016, 46, 925-926.	6.5	24
32	Overcoming acculturation: physical education recruits' experiences of an alternative pedagogical approach to games teaching. <i>Physical Education and Sport Pedagogy</i> , 2016, 21, 386-406.	3.0	24
33	Incidents and Injuries in Foot-Launched Flying Extreme Sports. <i>Aerospace Medicine and Human Performance</i> , 2017, 88, 1016-1023.	0.4	23
34	Nature as a Commodity: What's Good for Human Health Might Not Be Good for Ecosystem Health. <i>Frontiers in Psychology</i> , 2018, 9, 1673.	2.1	23
35	An ecological-phenomenological perspective on multispecies leisure and the horse-human relationship in events. <i>Leisure Studies</i> , 2019, 38, 394-407.	1.9	21
36	Psychology and the Extreme Sport Experience. , 2017, , 3-13.		20

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37	“Leave Your Ego at the Door”: A Narrative Investigation into Effective Wingsuit Flying. <i>Frontiers in Psychology</i> , 2017, 8, 1985.	2.1	19
38	Behavioral Repertoire Influences the Rate and Nature of Learning in Climbing: Implications for Individualized Learning Design in Preparation for Extreme Sports Participation. <i>Frontiers in Psychology</i> , 2018, 9, 949.	2.1	19
39	Exploring perceptions of how nature recreation benefits mental wellbeing: a qualitative enquiry. <i>Annals of Leisure Research</i> , 2021, 24, 394-413.	1.7	19
40	Effective leadership: Transformational or transactional?. <i>Journal of Outdoor and Environmental Education</i> , 2006, 10, 13-19.	1.1	18
41	An introduction to the constraints-led approach to learning in outdoor education. <i>Journal of Outdoor and Environmental Education</i> , 2010, 14, 33-41.	1.1	18
42	Development and Validation of a New Self-Report Instrument for Measuring Sedentary Behaviors and Light-Intensity Physical Activity in Adults. <i>Journal of Physical Activity and Health</i> , 2014, 11, 1097-1104.	2.0	18
43	An Ecological Dynamics Perspective on Adventure Tourism. <i>Tourism Review International</i> , 2017, 21, 307-316.	1.3	17
44	Beyond risk: the importance of adventure in the everyday life of young people. <i>Annals of Leisure Research</i> , 2020, 23, 429-446.	1.7	17
45	Getting Out of the Classroom and Into Nature: A Systematic Review of Nature-Specific Outdoor Learning on School Children's Learning and Development. <i>Frontiers in Public Health</i> , 2022, 10, .	2.7	17
46	The Human“Nature Experience: A Phenomenological-Psychoanalytic Perspective. <i>Frontiers in Psychology</i> , 2018, 9, 969.	2.1	16
47	Injury in kite bugging: the role of the “out-of-buggy experience”. <i>Journal of Orthopaedic Surgery and Research</i> , 2018, 13, 104.	2.3	16
48	Editorial: Understanding Extreme Sports: A Psychological Perspective. <i>Frontiers in Psychology</i> , 2019, 10, 3029.	2.1	16
49	Pediatric and adolescent injury in skateboarding. <i>Research in Sports Medicine</i> , 2018, 26, 129-149.	1.3	14
50	Affordances guiding Forest School practice: the application of the ecological dynamics approach. <i>Journal of Outdoor and Environmental Education</i> , 2018, 21, 103-115.	1.1	13
51	Preservice teachers implementing a nonlinear physical education pedagogy. <i>Physical Education and Sport Pedagogy</i> , 2019, 24, 565-581.	3.0	13
52	An Ecological Dynamics Framework for the Acquisition of Perceptual“Motor Skills in Climbing. , 2017, , 365-382.		10
53	Conceptualizing the Human Health Outcomes of Acting in Natural Environments: An Ecological Perspective. <i>Frontiers in Psychology</i> , 2020, 11, 1362.	2.1	9
54	Health and Wellbeing in an Outdoor and Adventure Sports Context. <i>Sports</i> , 2020, 8, 50.	1.7	9

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55	Affordances in nature: Australian primary school children identify learning opportunities. <i>Curriculum Perspectives</i> , 2018, 38, 175-180.	0.9	8
56	Flourishing and Eudaimonic Well-Being. <i>Encyclopedia of the UN Sustainable Development Goals</i> , 2020, , 205-214.	0.1	8
57	Subjective Well-Being and Leisure. <i>Encyclopedia of the UN Sustainable Development Goals</i> , 2019, , 1-10.	0.1	7
58	The benefits of ecotourism for visitor wellness. , 2013, , .		7
59	BASE Jumping Fatalities Between 2007 and 2017: Main Causes of Fatal Events and Recommendations for Safety. <i>Wilderness and Environmental Medicine</i> , 2019, 30, 407-411.	0.9	6
60	Nature and Health. , 0, , .		6
61	Learning and Expertise in Mineral Exploration Decision-Making: An Ecological Dynamics Perspective. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 9752.	2.6	5
62	The Power of a Profound Experience With Nature: Living With Meaning. <i>Frontiers in Psychology</i> , 0, 13, .	2.1	5
63	Designing Physical Activity Environments to Enhance Physical and Psychological Effects. <i>Procedia Engineering</i> , 2016, 147, 793-798.	1.2	4
64	Injuries and illnesses related to dinghy-sailing on hydrofoiling boats. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2021, 13, 118.	1.7	4
65	Extreme sports as transformational tourism.. , 2013, , 111-124.		4
66	Subjective Well-Being and Leisure. <i>Encyclopedia of the UN Sustainable Development Goals</i> , 2020, , 678-687.	0.1	3
67	An Ecological Dynamics Approach to Understanding Human-Environment Interactions in the Adventure Sport Contextâ€”Implications for Research and Practice. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 3691.	2.6	3
68	The Relationship Between Climate Change Issue Engagement, Connection to Nature and Mental Wellbeing. <i>Frontiers in Public Health</i> , 2022, 10, .	2.7	3
69	Exploring Expedition Research Methodology: A Personal Reflection. <i>Journal of Outdoor and Environmental Education</i> , 2002, 6, 44-57.	1.1	2
70	Program design and activity selection. , 0, , 116-131.		2
71	Feeding Time at the Zoo: psychological aspects of a serious rock climbing accident. <i>Journal of Adventure Education and Outdoor Learning</i> , 2020, , 1-13.	1.6	2
72	Reconsidering McKenzieâ€™s Six Adventure Education Programming Elements Using an Ecological Dynamics Lens and Its Implications for Health and Wellbeing. <i>Sports</i> , 2020, 8, 20.	1.7	2

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73	Facilitating Mental Health. <i>Historiographies of Science</i> , 2019, , 1-12.	0.2	2
74	Profiling Outdoor Leadership. <i>Journal of Outdoor Recreation, Education, and Leadership</i> , 2010, 2, .	0.2	2
75	What Is an Extreme Sports Healthcare Provider: An Auto-Ethnographic Study of the Development of an Extreme Sports Medicine Training Program. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 8286.	2.6	2
76	Nature and Pets. , 2020, , 413-422.		1
77	Phenomenology and Human Wellbeing in Nature: An Eco-phenomenological Perspective. , 2021, , 83-94.		1
78	Outdoor and Environmental Education: Nature and Wellbeing. , 2020, , 1-7.		1
79	A different way forward: an ecological perspective on leadership in outdoor adventurous activity.. , 2021, , 147-159.		1
80	Conceptualising Performance Enhancement in Extreme Sports: Combining Physiological and Psychological Perspectives. <i>Muscles, Ligaments and Tendons Journal</i> , 2020, 10, 309.	0.3	1
81	Measuring Sustainable Development Goal 3. , 2021, , 82-89.		1
82	An overview of SDG 3. , 2021, , 69-81.		1
83	Flourishing and Eudaimonic Well-Being. <i>Historiographies of Science</i> , 2019, , 1-11.	0.2	0
84	The elephant in the room: an autoethnographic approach.. , 2021, , 38-48.		0
85	Physical Activity in Nature: An Ecological Dynamics Perspective. , 2021, , 112-126.		0
86	The elephant in the room: an autoethnographic approach.. , 2021, , 38-48.		0
87	Mixed methods research in outdoor studies Practical applications. , 2019, , 279-293.		0
88	Facilitating Mental Health. <i>Encyclopedia of the UN Sustainable Development Goals</i> , 2020, , 193-204.	0.1	0
89	What Is So Special about Wingsuit BASE Jumpers? A Comparative Study of Their Psychological Characteristics. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 3061.	2.6	0
90	Phenomenology and Extreme Sports in Natural Landscapes. , 0, , .		0

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91	Learning clinical skills: an ecological perspective. <i>Advances in Health Sciences Education</i> , 0, , .	3.3	0
92	Call for papers for special issue investigating the potential benefits of outdoor and adventure for human health and wellbeing to be published by the <i>Journal of Adventure Education and Outdoor Learning</i> . <i>Journal of Adventure Education and Outdoor Learning</i> , 0, , 1-3.	1.6	0