

Nico Steckhan

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/7297941/publications.pdf>

Version: 2024-02-01

40
papers

1,195
citations

687363

13
h-index

395702

33
g-index

50
all docs

50
docs citations

50
times ranked

1604
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of religious intermittent dry fasting on religious experience and mindfulness: A longitudinal study among Bahá'ís.. <i>Psychology of Religion and Spirituality</i> , 2023, 15, 459-470.	1.3	4
2	Mental and Behavioural Responses to Bahá'í-Fasting: Looking behind the Scenes of a Religiously Motivated Intermittent Fast Using a Mixed Methods Approach. <i>Nutrients</i> , 2022, 14, 1038.	4.1	4
3	Therapeutic Phlebotomy in Patients with Grade 1 Hypertension: A Randomized-Controlled Trial. , 2022, , .		1
4	Effects of a Supplement Containing a Cranberry Extract on Recurrent Urinary Tract Infections and Intestinal Microbiota: A Prospective, Uncontrolled Exploratory Study. , 2022, 28, 399-406.		4
5	Prolonged multimodal fasting modulates periodontal inflammation in female patients with metabolic syndrome: A prospective cohort study. <i>Journal of Clinical Periodontology</i> , 2021, 48, 492-502.	4.9	6
6	Monitoring of Sitting Postures With Sensor Networks in Controlled and Free-living Environments: Systematic Review. <i>JMIR Biomedical Engineering</i> , 2021, 6, e21105.	1.2	2
7	Fasting alters the gut microbiome reducing blood pressure and body weight in metabolic syndrome patients. <i>Nature Communications</i> , 2021, 12, 1970.	12.8	108
8	Yoga, Eurythmy Therapy and Standard Physiotherapy (YES-Trial) for Patients With Chronic Non-specific Low Back Pain: A Three-Armed Randomized Controlled Trial. <i>Journal of Pain</i> , 2021, 22, 1233-1245.	1.4	10
9	Federated Learning in a Medical Context: A Systematic Literature Review. <i>ACM Transactions on Internet Technology</i> , 2021, 21, 1-31.	4.4	79
10	Effects of Daytime Dry Fasting on Hydration, Glucose Metabolism and Circadian Phase: A Prospective Exploratory Cohort Study in Bahá'í-Volunteers. <i>Frontiers in Nutrition</i> , 2021, 8, 662310.	3.7	7
11	Efficacy of therapeutic fasting and plant-based diet in patients with rheumatoid arthritis (NutriFast): study protocol for a randomised controlled clinical trial. <i>BMJ Open</i> , 2021, 11, e047758.	1.9	12
12	Ayurvedic vs. Conventional Nutritional Therapy Including Low-FODMAP Diet for Patients With Irritable Bowel Syndromeâ€”A Randomized Controlled Trial. <i>Frontiers in Medicine</i> , 2021, 8, 622029.	2.6	3
13	Effects of Early vs. Late Time-Restricted Eating on Cardiometabolic Health, Inflammation, and Sleep in Overweight and Obese Women: A Study Protocol for the ChronoFast Trial. <i>Frontiers in Nutrition</i> , 2021, 8, 765543.	3.7	7
14	Correction to: HYPE: Predicting Blood Pressure from Photoplethysmograms in a Hypertensive Population. <i>Lecture Notes in Computer Science</i> , 2021, , C1-C1.	1.3	0
15	Yoga in school sport â€” A non-randomized controlled pilot study in Germany. <i>Complementary Therapies in Medicine</i> , 2020, 48, 102243.	2.7	8
16	Ketogenic diet and fasting diet as Nutritional Approaches in Multiple Sclerosis (NAMS): protocol of a randomized controlled study. <i>Trials</i> , 2020, 21, 3.	1.6	55
17	More than just warmthâ€”The perception of warmth and relaxation through warming compresses. <i>Complementary Therapies in Medicine</i> , 2020, 54, 102537.	2.7	7
18	Short-term fasting accompanying chemotherapy as a supportive therapy in gynecological cancer: protocol for a multicenter randomized controlled clinical trial. <i>Trials</i> , 2020, 21, 854.	1.6	13

#	ARTICLE	IF	CITATIONS
19	Ketosis in patients undergoing medically supervised therapeutic fastingâ€”results from an observational trial. <i>European Journal of Clinical Nutrition</i> , 2020, 74, 43-47.	2.9	1
20	Quantified Complementary and Alternative Medicine: Convergence of Digital Health Technologies and Complementary and Alternative Medicine. <i>Complementary Medicine Research</i> , 2020, 27, 131-133.	1.2	2
21	Yoga in school sports improves functioning of autonomic nervous system in young adults: A non-randomized controlled pilot study. <i>PLoS ONE</i> , 2020, 15, e0231299.	2.5	13
22	Self-prediction of seizures in drug resistance epilepsy using digital phenotyping. , 2020, , .		1
23	HYPE: Predicting Blood Pressure from Photoplethysmograms in a Hypertensive Population. <i>Lecture Notes in Computer Science</i> , 2020, , 325-335.	1.3	4
24	Effects of Periodic Fasting on Fatty Liver Indexâ€”A Prospective Observational Study. <i>Nutrients</i> , 2019, 11, 2601.	4.1	59
25	Unobtrusive Measurement of Blood Pressure During Lifestyle Interventions. , 2019, , .		0
26	Abstract P2072: Integrative Network Analysis Of Microbiome-Immune Axis In Metabolic Syndrome Patients During A Fasting Intervention. <i>Hypertension</i> , 2019, 74, .	2.7	0
27	The effects of short-term fasting on quality of life and tolerance to chemotherapy in patients with breast and ovarian cancer: a randomized cross-over pilot study. <i>BMC Cancer</i> , 2018, 18, 476.	2.6	159
28	Influence of CT-based depth correction of renal scintigraphy in evaluation of living kidney donors on side selection and postoperative renal function: is it necessary to know the relative renal function?. <i>World Journal of Urology</i> , 2018, 36, 1327-1332.	2.2	2
29	A nonrandomized controlled clinical pilot trial on 8Âˆwk ofÂˆintermittent fasting (24Âˆh/wk). <i>Nutrition</i> , 2018, 46, 143-152.e2.	2.4	29
30	The Effectiveness of Leech Therapy in Chronic Low Back Pain. <i>Deutsches A&#x0308;rztblatt International</i> , 2018, 115, 785-792.	0.9	14
31	Abstract P372: The Effect of Periodic Fasting on Patients With Hypertension and Metabolic Syndrome. <i>Hypertension</i> , 2018, 72, .	2.7	0
32	Effects of A One-week Fasting Therapy in Patients with Type-2 Diabetes Mellitus and Metabolic Syndrome â€” A Randomized Controlled Explorative Study. <i>Experimental and Clinical Endocrinology and Diabetes</i> , 2017, 125, 618-624.	1.2	73
33	Mindâ€”body medicine and lifestyle modification in supportive cancer care: A cohort study on a day care clinic program for cancer patients. <i>Psycho-Oncology</i> , 2017, 26, 2127-2134.	2.3	19
34	Ayurvedic versus conventional dietary and lifestyle counseling for mothers with burnout-syndrome: A randomized controlled pilot study including a qualitative evaluation. <i>Complementary Therapies in Medicine</i> , 2017, 34, 57-65.	2.7	8
35	World Congress Integrative Medicine & Health 2017: part two. <i>BMC Complementary and Alternative Medicine</i> , 2017, 17, .	3.7	8
36	Effects of different dietary approaches on inflammatory markers in patients with metabolic syndrome: A systematic review and meta-analysis. <i>Nutrition</i> , 2016, 32, 338-348.	2.4	75

#	ARTICLE	IF	CITATIONS
37	Influence of a Suggestive Placebo Intervention on Psychobiological Responses to Social Stress. <i>Journal of Evidence-Based Complementary & Alternative Medicine</i> , 2016, 21, 3-9.	1.5	1
38	Effects of high phenolic olive oil on cardiovascular risk factors: A systematic review and meta-analysis. <i>Phytomedicine</i> , 2015, 22, 631-640.	5.3	91
39	Effects of yoga on cardiovascular disease risk factors: A systematic review and meta-analysis. <i>International Journal of Cardiology</i> , 2014, 173, 170-183.	1.7	226
40	A Systematic Review and Meta-Analysis of Yoga for Hypertension. <i>American Journal of Hypertension</i> , 2014, 27, 1146-1151.	2.0	75