MaÅ‚gorzata Grabara

List of Publications by Year
in descending order

36 papers	484 citations	759233 12 h-index	752698 20 g-index
38 all docs	38 docs citations	38 times ranked	424 citing authors

#	Article	IF	Citations
1	Occupational and leisure time physical activity of territorial army soldiers during the COVID-19 pandemic in the context of their perceived work ability. International Journal of Occupational Medicine and Environmental Health, 2022, , .	1.3	0
2	The Effects of Nordic Walking Compared to Conventional Walking on Aerobic Capacity and Lipid Profile in Women Over 55 Years of Age. Journal of Physical Activity and Health, 2021, 18, 669-676.	2.0	3
3	Spinal curvatures of yoga practitioners compared to control participantsâ€"a cross-sectional study. PeerJ, 2021, 9, e12185.	2.0	3
4	Musculoskeletal disorders and the physical activity of territorial army soldiers during the COVID-19 pandemic. BMC Musculoskeletal Disorders, 2021, 22, 796.	1.9	7
5	Effects of Hatha Yoga on Cardiac Hemodynamic Parameters and Physical Capacity in Cardiac Rehabilitation Patients. Journal of Cardiopulmonary Rehabilitation and Prevention, 2020, 40, 263-267.	2.1	7
6	Is BAI better than BMI in estimating the increment of lumbar lordosis for the Caucasian population?. Journal of Back and Musculoskeletal Rehabilitation, 2020, 33, 849-855.	1.1	6
7	Posture of adolescent volleyball players â€“ a two-year study. Biomedical Human Kinetics, 2020, 12, 204-211.	0.6	7
8	The posture of adolescent male handball players: A two-year study. Journal of Back and Musculoskeletal Rehabilitation, 2018, 31, 183-189.	1.1	12
9	The relationship between physical activity and work ability â€“ A cross-sectional study of teachers. International Journal of Occupational Medicine and Environmental Health, 2018, 31, 1-9.	1.3	31
10	Spinal curvatures of children and adolescents â€“ a cross-sectional study. Biomedical Human Kinetics, 2017, 9, 69-74.	0.6	12
11	Hatha Yoga as a Form of Physical Activity in the Context of Lifestyle Disease Prevention. Polish Journal of Sport and Tourism, 2017, 24, 65-71.	0.4	5
12	Posture of adolescent male handball players compared to non-athletes. Baltic Journal of Health and Physical Activity, 2017, 9, 76-86.	0.5	3
13	Applying the Health Belief Model in Explaining the Stages of Exercise Change in Older Adults. Polish Journal of Sport and Tourism, 2016, 23, 221-225.	0.4	5
14	Effects of hatha yoga exercises on spine flexibility in young adults. Biomedical Human Kinetics, 2016, 8, 113-116.	0.6	3
15	Could hatha yoga be a health-related physical activity?. Biomedical Human Kinetics, 2016, 8, 10-16.	0.6	8
16	Sagittal spinal curvatures in adolescent male basketball players and non-training individuals â€“ a two-year study. Science and Sports, 2016, 31, e147-e153.	0.5	12
17	Effects of hatha yoga exercises on spine flexibility in women over 50â€...years old. Journal of Physical Therapy Science, 2015, 27, 361-365.	0.6	26
18	Musculoskeletal Pain Among Polish Music School Students. Medical Problems of Performing Artists, 2014, 29, 64-69.	0.4	31

#	Article	IF	Citations
19	Comparison of posture among adolescent male volleyball players and non-athlete. Biology of Sport, 2014, 32, 79-85.	3.2	53
20	Anteroposterior curvatures of the spine in adolescent athletes. Journal of Back and Musculoskeletal Rehabilitation, 2014, 27, 513-519.	1.1	19
21	A comparison of the posture between young female handball players and non-training peers. Journal of Back and Musculoskeletal Rehabilitation, 2014, 27, 85-92.	1.1	28
22	Health-oriented physical activity in prevention of musculoskeletal disorders among young Polish musicians. International Journal of Occupational Medicine and Environmental Health, 2014, 27, 28-37.	1.3	23
23	Investments in Recreational and Sports Infrastructure aS A Basis for the Development of Sports Tourism On the Example of Spa Municipalities. Polish Journal of Sport and Tourism, 2014, 21, 97-101.	0.4	7
24	PHYSICAL RECREATIONAL ACTIVITY AND MUSCULOSKELET AL DISORDERS IN NURSES. Medycyna Pracy, 2014, , .	0.8	11
25	BMI and BAI as Markers of Obesity in a Caucasian Population. Obesity Facts, 2013, 6, 507-511.	3.4	15
26	Effects of 8-months yoga training on shaping the spine in people over 55. Biomedical Human Kinetics, 2013, 5, 59-64.	0.6	5
27	Body posture of young female basketball players. Biomedical Human Kinetics, 2012, 4, 76-81.	0.6	6
28	Analysis of Body Posture Between Young Football Players and their Untrained Peers. Human Movement, 2012, 13, .	0.9	23
29	Declared and real physical activity in patients with type 2 diabetes mellitus as assessed by the International Physical Activity Questionnaire and Caltrac accelerometer monitor: A potential tool for physical activity assessment in patients with type 2 diabetes mellitus. Diabetes Research and Clinical Practice, 2012, 98, 46-50.	2.8	37
30	Effects of Hatha Yoga on the Shaping of the Antero-Posterior Curvature of the Spine. Human Movement, 2011, 12, .	0.9	5
31	Habitual body posture and mountain position of people practising yoga. Biology of Sport, 2011, 28, 51-54.	3.2	12
32	Title is missing!. Polish Journal of Sports Medicine, 2011, 27, 61-73.	0.1	1
33	Spine flexibility and the prevalence of contractures of selected postural muscle groups in junior male football players. Biomedical Human Kinetics, 2010, 2, 15-18.	0.6	1
34	Postural variables in girls practicing sport gymnastics. Biomedical Human Kinetics, 2010, 2, 74-77.	0.6	11
35	Postural variables in girls practicing volleyball. Biomedical Human Kinetics, 2009, 1, 67-71.	0.6	28
36	Influence of Football Training on Alignment of the Lower Limbs and Shaping of the Feet. Human Movement, 2008, 9, .	0.9	3