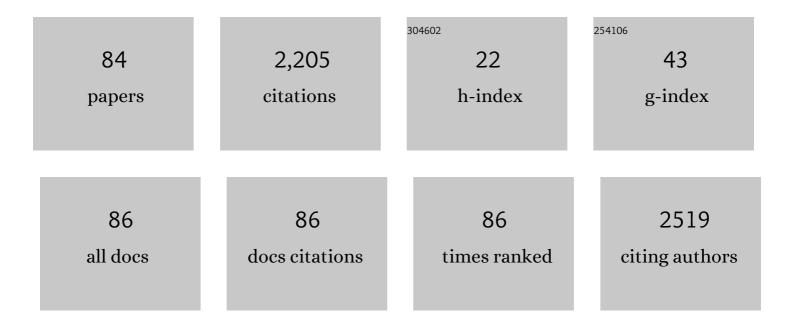
List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	The Influence of the Physical Environment and Sociodemographic Characteristics on Children's Mode of Travel to and From School. American Journal of Public Health, 2009, 99, 520-526.	1.5	293
2	Prevalence of University Students' Sufficient Physical Activity: A Systematic Review. Perceptual and Motor Skills, 2004, 98, 927-943.	0.6	164
3	Environmental influences on physical activity levels in youth. Health and Place, 2009, 15, 357-363.	1.5	111
4	The Influence of Centre-Based Childcare on Preschoolers' Physical Activity Levels: A Cross-Sectional Study. International Journal of Environmental Research and Public Health, 2014, 11, 1794-1802.	1.2	105
5	Preschoolers' Physical Activity Behaviours. Canadian Journal of Public Health, 2005, 96, 299-303.	1.1	104
6	Screen-Viewing Behaviors Among Preschoolers. American Journal of Preventive Medicine, 2005, 29, 120-125.	1.6	89
7	Obesogenic neighbourhoods: the impact of neighbourhood restaurants and convenience stores on adolescents' food consumption behaviours. Public Health Nutrition, 2012, 15, 2331-2339.	1.1	89
8	Can Food Banks Sustain Nutrient Requirements?. Canadian Journal of Public Health, 2007, 98, 17-20.	1.1	63
9	Splashpads, Swings, and Shade. Canadian Journal of Public Health, 2007, 98, 198-202.	1.1	62
10	Impact of the Supporting Physical Activity in the Childcare Environment (SPACE) intervention on preschoolers' physical activity levels and sedentary time: a single-blind cluster randomized controlled trial. International Journal of Behavioral Nutrition and Physical Activity, 2017, 14, 120.	2.0	62
11	The Prevalence of Physical Activity Maintenance in a Sample of University Students: A Longitudinal Study. Journal of American College Health, 2007, 56, 37-42.	0.8	56
12	The influence of parents and the home environment on preschoolers' physical activity behaviours: A qualitative investigation of childcare providers' perspectives. BMC Public Health, 2011, 11, 168.	1.2	53
13	Physical activity at daycare: issues, challenges and perspectives. Early Years, 2010, 30, 175-188.	0.6	51
14	The effect of motivational interviewing on oral healthcare knowledge, attitudes and behaviour of parents and caregivers of preschool children: an exploratory cluster randomised controlled study. BMC Oral Health, 2015, 15, 101.	0.8	51
15	Environmental equity is child's play: mapping public provision of recreation opportunities in urban neighbourhoods. Vulnerable Children and Youth Studies, 2006, 1, 256-268.	0.5	49
16	Environmental Influences on Preschoolers' Physical Activity Levels in Various Early-Learning Facilities. Research Quarterly for Exercise and Sport, 2015, 86, 360-370.	0.8	44
17	Food Insecurity and Dietary Intake Of Immigrant Food Bank Users. Canadian Journal of Dietetic Practice and Research, 2007, 68, 73-78.	0.5	39
18	Prevalence and influences of preschoolers' sedentary behaviors in early learning centers: a cross-sectional study. BMC Pediatrics, 2015, 15, 128.	0.7	37

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19	Sedentary time among undergraduate students: A systematic review. Journal of American College Health, 2021, 69, 237-244.	0.8	32
20	The CHANGE Program: Comparing an Interactive Vs. Prescriptive Approach to Self-Management among University Students with Obesity. Canadian Journal of Diabetes, 2013, 37, 4-11.	0.4	29
21	Preschoolers' Dietary Behaviours: Parents' Perspectives. Canadian Journal of Dietetic Practice and Research, 2006, 67, 67-71.	0.5	28
22	Using Photovoice with At-risk Youth: In a Community-based Cooking Program. Canadian Journal of Dietetic Practice and Research, 2013, 74, 14-20.	0.5	27
23	Children and parents' perspectives of the impact of the COVID-19 pandemic on Ontario children's physical activity, play, and sport behaviours. BMC Public Health, 2021, 21, 2271.	1.2	25
24	A Survey of University Students' Vitamin D–Related Knowledge. Journal of Nutrition Education and Behavior, 2015, 47, 99-103.	0.3	23
25	Food Choices in Recreation Facilities: Operators' and Patrons' Perspectives. Canadian Journal of Dietetic Practice and Research, 2010, 71, 180-185.	0.5	21
26	Temperament and Objectively Measured Physical Activity and Sedentary Time among Canadian Preschoolers. Preventive Medicine Reports, 2015, 2, 598-601.	0.8	19
27	Project IMPACT. Journal of Health Psychology, 2008, 13, 1207-1212.	1.3	18
28	Using the RE-AIM framework to evaluate a community-based summer camp for children with obesity: a prospective feasibility study. BMC Obesity, 2015, 2, 21.	3.1	18
29	Comparing the nutrition environment and practices of home- and centre-based child-care facilities. Public Health Nutrition, 2016, 19, 575-584.	1.1	17
30	Not so sweet dreams: adults' quantity, quality, and disruptions of sleep during the initial stages of the COVID-19 pandemic. Sleep Medicine, 2022, 91, 189-195.	0.8	17
31	Exploring the physical activity and screen-viewing-related knowledge, training, and self-efficacy of early childhood education candidates. BMC Pediatrics, 2019, 19, 5.	0.7	16
32	What Is a Healthy Body Weight?Perspectives of Overweight Youth. Canadian Journal of Dietetic Practice and Research, 2009, 70, 110-116.	0.5	15
33	Understanding the post-surgical bariatric experiences of patients two or more years after surgery. Quality of Life Research, 2017, 26, 3157-3168.	1.5	15
34	The Implementation and Feasibility of the <i>Supporting Physical Activity in the Childcare Environment</i> (SPACE) Intervention: A Process Evaluation. Health Education and Behavior, 2018, 45, 935-944.	1.3	15
35	University Students' Satisfaction With, Interest in Improving, and Receptivity to Attending Programs Aimed at Health and Well-Being. Health Promotion Practice, 2011, 12, 388-395.	0.9	14
36	Coaching and/or education intervention for parents with overweight/obesity and their children: study protocol of a single-centre randomized controlled trial. BMC Public Health, 2019, 19, 345.	1.2	14

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37	The use of group dynamics strategies to enhance cohesion in a lifestyle intervention program for obese children. BMC Public Health, 2009, 9, 277.	1.2	13
38	Learning Environments' Activity Potential for Preschoolers (LEAPP): Study Rationale and Design. Journal of Public Health Research, 2013, 2, jphr.2013.e19.	0.5	13
39	Motivational Interviewing and Smoking Behaviors: A Critical Appraisal and Literature Review of Selected Cessation Initiatives. Psychological Reports, 2012, 110, 445-460.	0.9	12
40	Parental Perspectives of a 4-Week Family-Based Lifestyle Intervention for Children with Obesity. Global Journal of Health Science, 2012, 5, 111-22.	0.1	11
41	Supporting Physical Activity in the Childcare Environment (SPACE): rationale and study protocol for a cluster randomized controlled trial. BMC Public Health, 2015, 16, 112.	1.2	11
42	The Impact of Shorter, More Frequent Outdoor Play Periods on Preschoolers' Physical Activity during Childcare: A Cluster Randomized Controlled Trial. International Journal of Environmental Research and Public Health, 2019, 16, 4126.	1.2	11
43	Early childhood education candidates' perspectives of their importance and responsibility for promoting physical activity and minimizing screen-viewing opportunities in childcare. Journal of Early Childhood Teacher Education, 2022, 43, 87-104.	0.9	11
44	Training may enhance early childhood educators' self-efficacy to lead physical activity in childcare. BMC Public Health, 2021, 21, 386.	1.2	11
45	Prescriptive Medicine: The Importance of Preparing Canadian Medical Students to Counsel Patients Toward Physical Activity. Journal of Physical Activity and Health, 2013, 10, 889-899.	1.0	10
46	Participants' perceived utility of motivational interviewing using Co-Active Life Coaching skills on their struggle with obesity. Coaching, 2011, 4, 104-122.	0.8	9
47	The <scp>CHANGE</scp> Program: Comparing an Interactive versus Prescriptive Obesity Intervention on University Students' Selfâ€Esteem and Quality of Life. Applied Psychology: Health and Well-Being, 2012, 4, 369-389.	1.6	9
48	Exploring the nexus between health promotion and occupational therapy: Synergies and similarities. Canadian Journal of Occupational Therapy, 2014, 81, 183-193.	0.8	9
49	Motivational interviewing with families in the home environment. Patient Education and Counseling, 2019, 102, 2073-2080.	1.0	9
50	Implementation Adherence and Perspectives of the Childcare PhysicaL ActivitY (PLAY) Policy: A Process Evaluation. Health Education and Behavior, 2022, 49, 66-77.	1.3	9
51	Change in pre- and in-service early childhood educators' knowledge, self-efficacy, and intentions following an e-learning course in physical activity and sedentary behaviour: a pilot study. BMC Public Health, 2022, 22, 244.	1.2	9
52	Perspectives and Impact of a Parent-Child Intervention on Dietary Intake and Physical Activity Behaviours, Parental Motivation, and Parental Body Composition: A Randomized Controlled Trial. International Journal of Environmental Research and Public Health, 2020, 17, 6822.	1.2	8
53	Kindness as an Intervention for Student Social Interaction Anxiety, Resilience, Affect, and Mood: The KISS of Kindness Study II. Journal of Happiness Studies, 2021, 22, 3631-3661.	1.9	8
54	Minding many minds: An assessment of mental health and resilience among undergraduate and graduate students; a mixed methods exploratory study. Journal of American College Health, 2022, 70, 898-910.	0.8	7

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55	Ontario adults' health behaviors, mental health, and overall well-being during the COVID-19 pandemic. BMC Public Health, 2021, 21, 1679.	1.2	7
56	The Children's Health and Activity Modification Program (C.H.A.M.P.). Journal of Child Health Care, 2012, 16, 382-394.	0.7	6
57	Assessing motivational interviewing via co-active life coaching on selected smoking cessation outcomes. Addiction Research and Theory, 2015, 23, 131-142.	1.2	6
58	Comparing physical activity and sedentary time among overweight and nonoverweight preschoolers enrolled in early learning programs: a cross-sectional study. Applied Physiology, Nutrition and Metabolism, 2016, 41, 971-976.	0.9	6
59	Preschoolers' health-related quality of life following the implementation of a childcare physical activity intervention. Applied Physiology, Nutrition and Metabolism, 2018, 43, 453-459.	0.9	6
60	Exploring the Feasibility and Effectiveness of a Childcare PhysicaL ActivitY (PLAY) Policy: Rationale and Protocol for a Pilot, Cluster-Randomized Controlled Trial. International Journal of Environmental Research and Public Health, 2019, 16, 4400.	1.2	6
61	Kindness as an Intervention for Student Social Interaction Anxiety, Affect, and Mood: The KISS of Kindness Study. International Journal of Applied Positive Psychology, 2021, 6, 23-44.	1.2	6
62	Impact of the Childcare Physical Activity (PLAY) Policy on Young Children's Physical Activity and Sedentary Time: A Pilot Clustered Randomized Controlled Trial. International Journal of Environmental Research and Public Health, 2021, 18, 7468.	1.2	6
63	Health Care Practitioners' perceptions of motivational interviewing training for facilitating behaviour change among patients. Journal of Allied Health, 2012, 41, 131-9.	0.2	6
64	"C.H.A.M.P. Familiesâ€: Description and Theoretical Foundations of a Paediatric Overweight and Obesity Intervention Targeting Parents—A Single-Centre Non-Randomised Feasibility Study. International Journal of Environmental Research and Public Health, 2018, 15, 2858.	1.2	5
65	Designing effective point-of-choice prompts to promote active transportation and staircase use at a Canadian University. Journal of American College Health, 2019, 67, 215-223.	0.8	5
66	Participants' Perceptions of "C.H.A.M.P. Families†A Parent-Focused Intervention Targeting Paediatric Overweight and Obesity. International Journal of Environmental Research and Public Health, 2019, 16, 2171.	1.2	5
67	Feasibility of a Campus-Based "Buddy System―to Promote Physical Activity: Canadian Students' Perspectives. Journal of Physical Activity and Health, 2006, 3, 323-334.	1.0	4
68	Prevalence of Sufficient Physical Activity Among Parents Attending a University. Journal of American College Health, 2008, 56, 680-685.	0.8	4
69	Skip the wait and take a walk home! The suitability of point-of-choice prompts to promote active transportation among undergraduate students. Journal of American College Health, 2020, , 1-9.	0.8	4
70	The relationship between perceptions of discounted public transit and physical activity: Cross-sectional online survey in Canada. Case Studies on Transport Policy, 2017, 5, 279-285.	1.1	3
71	Bariatric Surgery Recipients' Needs and Perspectives on Maintaining Long-Term Health and Well-Being. Bariatric Surgical Patient Care, 2017, 12, 72-84.	0.1	3
72	Weekly recall of sedentary time: Validity of 2Âweekly selfâ€reported measures in undergraduate students. Translational Sports Medicine, 2020, 3, 127-133.	0.5	3

JENNIFER D IRWIN

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73	Assessing the prevalence and severity of smartphone addiction in postsecondary students: a brief report. Journal of American College Health, 2020, , 1-5.	0.8	3
74	A cross-sectional examination of Canadian adults' prosocial behavior during the COVID-19 pandemic Journal of Rural Mental Health, 2022, 46, 174-182.	0.5	3
75	University Students' Perspectives on a Physical Activity Record-Keeping Log. Health Promotion Practice, 2007, 8, 173-180.	0.9	2
76	Using mixed-method feasibility studies to examine the impact of a mobile standing desk on undergraduates' sedentary time. Journal of American College Health, 2021, , 1-10.	0.8	2
77	Impacts of COVID-19 on the Coping Behaviours of Canadian Women Experiencing Intimate Partner Violence. Global Social Welfare, 2022, 9, 141-156.	1.1	2
78	Step on up! A multi-component health promotion intervention to promote stair climbing. Health Education Journal, 2021, 80, 623-631.	0.6	1
79	Training Pre-Service Early Childhood Educators in Physical Activity (TEACH): Protocol for a Quasi-Experimental Study. International Journal of Environmental Research and Public Health, 2022, 19, 3890.	1.2	1
80	Effective Social Marketing to Promote a Campus-Based Physical Activity Intervention: Students' Perspectives. Social Marketing Quarterly, 2005, 11, 55-57.	0.9	0
81	Response to †Reply to Van Zandvoort, Tucker, Irwin and Burke: Physical activity at daycare: issues, challenges and perspectives' by Albon. Early Years, 2011, 31, 201-201.	0.6	0
82	Physical Activity, Overweight and Obesity Levels of Columbian Food Bank Users in London, Ontario. Medicine and Science in Sports and Exercise, 2007, 39, S381.	0.2	0
83	What is needed to support bariatric surgery recipients' long-term health and wellbeing? Bariatric clinic staff's perspectives. European Journal for Person Centered Healthcare, 2017, 5, 480.	0.3	0
84	"A cross-sectional examination of Canadian adults' prosocial behavior during the COVID-19 pandemic": Correction Journal of Rural Mental Health, 2022, 46, 182-182.	0.5	0