

zeinab Nikniaz

List of Publications by Year in descending order

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Version: 2024-02-01

101
papers

1,126
citations

471509

17
h-index

501196

28
g-index

109
all docs

109
docs citations

109
times ranked

1751
citing authors

#	ARTICLE	IF	CITATIONS
1	Gut microbiota-derived metabolite trimethylamine N-oxide (TMAO) potentially increases the risk of obesity in adults: An exploratory systematic review and dose-response meta-analysis. <i>Obesity Reviews</i> , 2020, 21, e12993.	6.5	85
2	Prevalence and Associated Factors of Prehypertension and Hypertension in Iranian Population: The Lifestyle Promotion Project (LPP). <i>PLoS ONE</i> , 2016, 11, e0165264.	2.5	65
3	The Effects of Magnesium, L-Carnitine, and Concurrent Magnesium-L-Carnitine Supplementation in Migraine Prophylaxis. <i>Biological Trace Element Research</i> , 2012, 150, 42-48.	3.5	54
4	Effects of an oral supplementation of germinated barley foodstuff on serum tumour necrosis factor- α , interleukin-6 and -8 in patients with ulcerative colitis. <i>Annals of Clinical Biochemistry</i> , 2011, 48, 233-237.	1.6	49
5	Higher dietary acid load potentially increases serum triglyceride and obesity prevalence in adults: An updated systematic review and meta-analysis. <i>PLoS ONE</i> , 2019, 14, e0216547.	2.5	49
6	Anemia predicts poor outcomes of COVID-19 in hospitalized patients: a prospective study in Iran. <i>BMC Infectious Diseases</i> , 2021, 21, 170.	2.9	45
7	Effects of <i>Elaeagnus angustifolia</i> L. supplementation on serum levels of inflammatory cytokines and matrix metalloproteinases in females with knee osteoarthritis. <i>Complementary Therapies in Medicine</i> , 2014, 22, 864-869.	2.7	42
8	Determination and Comparison of Total Polyphenol and Vitamin C Contents of Natural Fresh and Commercial Fruit Juices. <i>Pakistan Journal of Nutrition</i> , 2010, 9, 968-972.	0.2	34
9	Effects of an Oral Supplementation of Germinated Barley Foodstuff on Serum CRP Level and Clinical Signs in Patients with Ulcerative Colitis. <i>Health Promotion Perspectives</i> , 2014, 4, 116-21.	1.9	32
10	Factors associated with body image dissatisfaction and distortion among Iranian women. <i>Eating Behaviors</i> , 2016, 22, 5-9.	2.0	30
11	Prevalence and Associated Factors of Overweight or Obesity and Abdominal Obesity in Iranian Population: A Population-based Study of Northwestern Iran. <i>Iranian Journal of Public Health</i> , 2018, 47, 1583-1592.	0.5	28
12	Does probiotic supplementation affect pulmonary exacerbation and intestinal inflammation in cystic fibrosis: a systematic review of randomized clinical trials. <i>World Journal of Pediatrics</i> , 2017, 13, 307-313.	1.8	26
13	The association between dietary inflammatory index and metabolic syndrome components in Iranian adults. <i>Primary Care Diabetes</i> , 2018, 12, 467-472.	1.8	25
14	Dietary inflammatory index potentially increases blood pressure and markers of glucose homeostasis among adults: findings from an updated systematic review and meta-analysis. <i>Public Health Nutrition</i> , 2020, 23, 1362-1380.	2.2	24
15	The association of dietary patterns with migraine attack frequency in migrainous women. <i>Nutritional Neuroscience</i> , 2020, 23, 724-730.	3.1	22
16	Impact of Early Enteral Nutrition on Nutritional and Immunological Outcomes of Gastric Cancer Patients Undergoing Gastrectomy: A Systematic Review and Meta-Analysis. <i>Nutrition and Cancer</i> , 2017, 69, 693-701.	2.0	21
17	Vitamin A supplementation decreases disease activity index in patients with ulcerative colitis: A randomized controlled clinical trial. <i>Complementary Therapies in Medicine</i> , 2018, 41, 215-219.	2.7	21
18	Systematic Review With Meta-analysis of the Health-related Quality of Life in Children With Celiac Disease. <i>Journal of Pediatric Gastroenterology and Nutrition</i> , 2020, 70, 468-477.	1.8	18

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19	Sugar-sweetened beverages intake and the risk of obesity in children: An updated systematic review and dose-response meta-analysis. <i>Pediatric Obesity</i> , 2022, 17, e12914.	2.8	18
20	Is within-normal range liver enzymes associated with metabolic syndrome in adults?. <i>Clinics and Research in Hepatology and Gastroenterology</i> , 2018, 42, 92-98.	1.5	17
21	The effect of <i>Elaeagnus angustifolia</i> L. whole fruit and medulla powder on women with osteoarthritis of the knee: A randomized controlled clinical trial. <i>European Journal of Integrative Medicine</i> , 2014, 6, 672-679.	1.7	15
22	The interaction between dietary inflammatory index and 6 P21 rs2010963 gene variants in metabolic syndrome. <i>Eating and Weight Disorders</i> , 2020, 25, 1049-1060.	2.5	15
23	Interaction between Vascular Endothelial Growth Factor-A (rs2010963) Gene Polymorphisms and Dietary Diversity Score on Cardiovascular Risk Factors in Patients with Metabolic Syndrome. <i>Lifestyle Genomics</i> , 2020, 13, 1-10.	1.7	15
24	The interaction effect of aerobic exercise and vitamin D supplementation on inflammatory factors, anti-inflammatory proteins, and lung function in male smokers: a randomized controlled trial. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2021, 13, 102.	1.7	13
25	Effect of different brewing times on soluble oxalate content of loose-packed black teas and tea bags. <i>Urolithiasis</i> , 2013, 41, 15-19.	2.0	12
26	Knowledge, attitude and practice of Iranian hypertensive patients regarding hypertension. <i>Journal of Cardiovascular and Thoracic Research</i> , 2018, 10, 14-19.	0.9	12
27	Comparison of Diet Quality Between Women With Chronic and Episodic Migraine. <i>Headache</i> , 2019, 59, 1221-1228.	3.9	12
28	A systematic review and meta-analysis of the prevalence and odds of eating disorders in patients with celiac disease and vice-versa. <i>International Journal of Eating Disorders</i> , 2021, 54, 1563-1574.	4.0	12
29	Content analysis of advertisements related to oral health in children: a systematic review and meta-analysis. <i>Public Health</i> , 2018, 156, 109-116.	2.9	11
30	Does long sleep duration increase risk of metabolic syndrome in Azar cohort study population?. <i>Health Promotion Perspectives</i> , 2018, 8, 290-295.	1.9	11
31	Perceptions of medical sciences students towards probiotics. <i>Health Promotion Perspectives</i> , 2012, 2, 96-102.	1.9	11
32	Determinants of the food safety knowledge and practice among Iranian consumers. <i>British Food Journal</i> , 2017, 119, 357-365.	2.9	10
33	Food insecurity increases the odds of obesity among Iranian women: A population-based study of northwestern Iran. <i>Nutrition and Dietetics</i> , 2017, 74, 454-459.	1.8	10
34	Health Consequences of Lake Urmia in Crisis in the Disaster Area: A Pilot Study. <i>Disaster Medicine and Public Health Preparedness</i> , 2020, 14, 442-448.	1.3	10
35	Effect of N-acetylcysteine on remission maintenance in patients with ulcerative colitis: A randomized, double-blind controlled clinical trial. <i>Clinics and Research in Hepatology and Gastroenterology</i> , 2021, 45, 101532.	1.5	10
36	Relationship between vitamin D level and Bechcet's disease activity: A systematic review and meta-analysis. <i>International Journal for Vitamin and Nutrition Research</i> , 2020, 90, 527-534.	1.5	10

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37	Vitamin D decreases CD40L gene expression in ulcerative colitis patients: A randomized, double-blinded, placebo-controlled trial. Turkish Journal of Gastroenterology, 2020, 31, 99-104.	1.1	10
38	Determination and comparison of the total polyphenol contents of fresh and commercial fruit juices. British Food Journal, 2011, 113, 744-752.	2.9	9
39	Effects of synbiotic supplementation on lactating mothers' energy intake and BMI, and infants' growth. International Journal of Food Sciences and Nutrition, 2013, 64, 711-714.	2.8	9
40	Association of major dietary patterns and different metabolic phenotypes: a population-based study of northwestern Iran. BMC Endocrine Disorders, 2019, 19, 131.	2.2	9
41	The association between Sugars Sweetened Beverages (SSBs) and lipid profile among children and youth: A systematic review and dose-response meta-analysis of cross-sectional studies. Pediatric Obesity, 2021, 16, e12782.	2.8	9
42	Maternal body mass index, dietary intake and socioeconomic status: differential effects on breast milk zinc, copper and iron content. Health Promotion Perspectives, 2011, 1, 140-6.	1.9	9
43	Effects of infants' birth order, maternal age, and socio-economic status on birth weight. Journal of King Abdulaziz University, Islamic Economics, 2013, 34, 949-53.	1.1	9
44	Effects of <i>Elaeagnus angustifolia</i> L. on Lipid Profile and Atherogenic Indices in Obese Females: A Randomized Controlled Clinical Trial. Journal of Dietary Supplements, 2016, 13, 595-606.	2.6	8
45	Diabesity Associates with Poor COVID-19 Outcomes among Hospitalized Patients. Journal of Obesity and Metabolic Syndrome, 2021, 30, 149-154.	3.6	8
46	Comparison of diet quality between celiac patients and non-celiac people in East Azerbaijan-Iran. Nutrition Journal, 2020, 19, 44.	3.4	7
47	Determination of the Best Anthropometric Index of Obesity for Prediction of Prehypertension and Hypertension in a Large Population - Based - Study; the Azar- Cohort. Iranian Red Crescent Medical Journal, 2018, 20, .	0.5	7
48	Socio-demographic Determinants of Household Food Insecurity among Iranian: A Population-based Study from Northwest of Iran. Iranian Journal of Public Health, 2018, 47, 893-900.	0.5	7
49	Malnutrition and Weight Loss as Prognostic Factors in the Survival of Patients with Gastric Cancer. Nutrition and Cancer, 2022, 74, 3140-3145.	2.0	7
50	Does a gluten-free diet increase body mass index and lipid profile in celiac patients? A systematic review and meta-analysis. Mediterranean Journal of Nutrition and Metabolism, 2019, 12, 341-352.	0.5	6
51	Development and effectiveness assessment of a Persian-language smartphone application for celiac patients: A randomized controlled clinical trial. Patient Education and Counseling, 2021, 104, 337-342.	2.2	6
52	Effect of cranberry supplementation on liver enzymes and cardiometabolic risk factors in patients with NAFLD: a randomized clinical trial. BMC Complementary Medicine and Therapies, 2021, 21, 283.	2.7	6
53	The effect of group-based education on gastrointestinal symptoms and quality of life in patients with celiac disease: randomized controlled clinical trial. BMC Gastroenterology, 2022, 22, 18.	2.0	6
54	Total phenols and vitamin C contents of Iranian fruits. Nutrition and Food Science, 2009, 39, 603-608.	0.9	5

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55	Is Food Insecurity Associated With Iron Deficiency Anemia and Vitamin D Deficiency Among Women of Reproductive Age?. <i>Topics in Clinical Nutrition</i> , 2020, 35, 240-247.	0.4	5
56	Effect of different brewing times on antioxidant activity and polyphenol content of loosely packed and bagged black teas (<i>Camellia sinensis</i> L.). <i>Avicenna Journal of Phytomedicine</i> , 2016, 6, 313-21.	0.2	5
57	Psychometric properties of the Persian version of the celiac disease adherence test questionnaire. <i>BMC Gastroenterology</i> , 2020, 20, 247.	2.0	4
58	The Persian Translation and validation of the celiac disease quality of life questionnaire (CDQOL). <i>Health and Quality of Life Outcomes</i> , 2021, 19, 52.	2.4	4
59	Determinants of health-related quality of life in patients with celiac disease: a structural equation modeling. <i>Health and Quality of Life Outcomes</i> , 2021, 19, 204.	2.4	4
60	Estimating the incidence rate of hepatitis B and C in East Azerbaijan, Islamic Republic of Iran. <i>Eastern Mediterranean Health Journal</i> , 2020, 26, 803-809.	0.8	4
61	Effect of cognitive behavioral therapy on anxiety and depression of infertile women: A meta-analysis. <i>Asian Pacific Journal of Reproduction</i> , 2019, 8, 251.	0.4	4
62	Pretreatment nutritional status is associated with quality of life in patients with gastric cancer: a cross-sectional study from Iran. <i>Supportive Care in Cancer</i> , 2022, 30, 3313-3319.	2.2	4
63	Does Maternal Synbiotic Supplementation Affect Conjugated Linoleic Acid Level in Breast Milk? A Randomized Placebo-Controlled Clinical Trial. <i>Breastfeeding Medicine</i> , 2018, 13, 81-84.	1.7	3
64	There is a positive association between vitamin B12 deficiency and serum total cholesterol in Iranian type 2 diabetic patients on Metformin. <i>Nutrition Clinique Et Metabolisme</i> , 2018, 32, 195-200.	0.5	3
65	Effects of synbiotic supplementation on the pulmonary manifestations and anthropometric measurements in children with cystic fibrosis- a randomized clinical trial. <i>European Journal of Integrative Medicine</i> , 2020, 33, 101027.	1.7	3
66	Does synbiotic supplementation affect the quality of life in children with cystic fibrosis? A pilot randomized controlled clinical trial. <i>BMC Nutrition</i> , 2020, 6, 44.	1.6	3
67	The Effect of Group-Based Education on Knowledge and Adherence to a Gluten-Free Diet in Patients with Celiac Disease: Randomized Controlled Clinical Trial. <i>International Journal of Behavioral Medicine</i> , 2021, 28, 583-590.	1.7	3
68	Is normal body mass index a good indicator of metabolic health in Azar cohort population?. <i>Journal of Cardiovascular and Thoracic Research</i> , 2019, 11, 53-60.	0.9	3
69	Prevalence of Dyslipidemia in Urban and Rural Areas of the Northwest of Iran: The Sociodemographic, Dietary and Psychological Determinants. <i>Iranian Journal of Public Health</i> , 2019, 48, 925-933.	0.5	3
70	Comparison of dietary acid load score between celiac patients and healthy population. <i>BMC Nutrition</i> , 2022, 8, 18.	1.6	3
71	Lactobacillus intake for 60 days favors antioxidant status of human breast milk: an RCT. <i>Asia Pacific Journal of Clinical Nutrition</i> , 2017, 26, 619-623.	0.4	3
72	Effects of <i>Elaeagnus angustifolia</i> L. powder supplementation on serum total antioxidant capacity and malondialdehyde levels in females with knee osteoarthritis. <i>Journal of Herbal Medicine</i> , 2015, 5, 177-183.	2.0	2

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73	Is Food Insecurity Associated With Lipid Profile and Atherogenic Indices in Iranian Adults? A Population-Based Study. <i>Topics in Clinical Nutrition</i> , 2018, 33, 23-30.	0.4	2
74	Association between major dietary patterns and metabolic syndrome components: a population-based study from north-west of Iran. <i>International Journal of Diabetes in Developing Countries</i> , 2019, 39, 721-729.	0.8	2
75	Perceived Barriers to Follow AHA Dietary Recommendations in Hypercholesterolemic Patients. <i>Clinical Nursing Research</i> , 2021, 30, 146-153.	1.6	2
76	Synbiotic supplementation is not effective on breast milk selenium concentrations and growth of exclusively breast fed infants: a pilot study. <i>International Journal for Vitamin and Nutrition Research</i> , 2019, 89, 73-79.	1.5	2
77	Relationship between Microalbuminuria and Disease Activity in Patients with Ulcerative Colitis. <i>Middle East Journal of Digestive Diseases</i> , 2020, 12, 34-38.	0.4	2
78	Concentration of Maternal Serum 25-Hydroxy Vitamin D and Gestational 2 Diabetes Mellitus Risk. <i>Pharmaceutical Sciences</i> , 2017, 23, 189-192.	0.2	2
79	Health-Related Quality of Life in Patients with Biliary Atresia: A Systematic Review and Meta-Analysis. <i>Iranian Journal of Pediatrics</i> , 2019, 29, .	0.3	2
80	Vitamin D Increases CTLA-4 Gene Expression in Patients with Mild to Moderate Ulcerative Colitis. <i>Middle East Journal of Digestive Diseases</i> , 2019, 11, 199-204.	0.4	2
81	Biliary Atresia in Northwest Iran: Epidemiologic Features and Long-Term Outcome. <i>Iranian Journal of Pediatrics</i> , 2020, 30, .	0.3	2
82	Oxalate content of different drinkable dilutions of tea infusions after different brewing times. <i>Health Promotion Perspectives</i> , 2012, 2, 218-22.	1.9	2
83	Physical Activity in Overweight and Obese Women: Association with Body Mass Index and Demographic Characteristics. <i>Applied Research in Quality of Life</i> , 2014, 9, 887-896.	2.4	1
84	Correlates and pattern of physical activity among urban and suburban Iranian adults: a population-based study. <i>Sport Sciences for Health</i> , 2017, 13, 599-605.	1.3	1
85	The value of serum CA19â€š in predicting primary sclerosing cholangitis in patients with ulcerative colitis. <i>Advances in Digestive Medicine</i> , 2020, 7, 147-151.	0.2	1
86	Community-based interventions to increase dairy intake in healthy populations: a systematic review. <i>Public Health Reviews</i> , 2020, 41, 18.	3.2	1
87	Assessment of Diet Diversity in Patients with Celiac Disease in East Azerbaijan-Iran: A Cross-Sectional Study. <i>Taâ€švÄ«r-i SalÄ«mat</i> , 2021, 12, 5-11.	0.1	1
88	Barriers of Adherence to a Gluten-Free Diet in Iranian Adults With Celiac Disease. <i>Gastroenterology Nursing</i> , 2021, 44, 320-327.	0.4	1
89	Infertile Womenâ€™s Opinion Concerning Gestational Surrogacy: A Systematic Review and Meta-Analysis. <i>Iranian Journal of Public Health</i> , 2020, 49, 1432-1438.	0.5	1
90	Efficacy of Sovodak in the Management of Patients Co-infected with HIV/HCV. <i>Advanced Pharmaceutical Bulletin</i> , 2020, 10, 662-665.	1.4	1

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91	Comparison of the serum fibrinogen level and International Normalized Ratio in the assessment of the risk of gastrointestinal bleeding in decompensated cirrhosis. <i>Journal of Research in Clinical Medicine</i> , 2020, 8, 48-48.	0.1	1
92	Community-based Interventions to Reduce Fat Intake in Healthy Populations: A Systematic Review and Meta-Analysis. <i>Current Nutrition and Food Science</i> , 2022, 18, 649-669.	0.6	1
93	Smartphone Application for Celiac Patients: Assessing Its Effect on Gastrointestinal Symptoms in a Randomized Controlled Clinical Trial. <i>International Journal of Telemedicine and Applications</i> , 2022, 2022, 1-7.	2.0	1
94	For those who form calcium oxalate stones, which one is healthier?. <i>Nutrition and Food Science</i> , 2013, 43, 298-303.	0.9	0
95	Perceived underlying causes of obesity among overweight and obese women: An exploratory factor analysis. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2015, 8, 67-73.	0.5	0
96	Probiotics and Synbiotics in Lactating Mothers. , 2016, , 435-447.		0
97	The Effect of Nanohydrogel Oral Insulin Therapy on Serum Glucose and Insulin Level in Patients with Type 2 Diabetes: A Pilot Study. <i>Pharmaceutical Sciences</i> , 2016, 22, 181-185.	0.2	0
98	Maternal and Neonatal Effect of Fentanyl as a Premedication before Induction of General Anesthesia in Cesarean Surgery: A Systematic Review and Meta-analysis of Randomized Clinical Trials. <i>Current Women's Health Reviews</i> , 2019, 15, 232-237.	0.2	0
99	The diagnostic value of non-invasive serum liver fibrosis indices in the prediction of portal hypertension in cirrhotic patients: a cross-sectional study. <i>Journal of Research in Clinical Medicine</i> , 2020, 8, 23-23.	0.1	0
100	Effect of Curcumin on Experimental Models of Cystic Fibrosis: A Systematic Review. <i>Iranian Journal of Pediatrics</i> , 2022, 32, .	0.3	0
101	Community-based interventions to reduce sugar intake in healthy populations: A systematic review. <i>World Medical and Health Policy</i> , 2022, 14, 698-749.	1.6	0