

# Urte Scholz

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

158  
papers

7,320  
citations

36  
h-index

83  
g-index

177  
ext. papers

8,486  
ext. citations

4.2  
avg. IF

6.16  
L-index

#	Paper	IF	Citations
158	Implementation of a Novel Medication Regimen Following Cardiac Rehabilitation: an Application of the Health Action Process Approach.. <i>International Journal of Behavioral Medicine</i> , <b>2022</b> , 1	2.6	
157	Validation of Visual and Auditory Digital Markers of Suicidality in Acutely Suicidal Psychiatric Inpatients: Proof-of-Concept Study. <i>Journal of Medical Internet Research</i> , <b>2021</b> , 23, e25199	7.6	1
156	Long-Term and Transfer Effects of an Action Control Intervention in Overweight Couples: A Randomized Controlled Trial Using Text Messages.. <i>Frontiers in Psychology</i> , <b>2021</b> , 12, 754488	3.4	0
155	Physical activity after cardiac rehabilitation: Explicit and implicit attitudinal components and ambivalence. <i>Health Psychology</i> , <b>2021</b> , 40, 491-501	5	1
154	A bio-what? Medical companionsRperceptions towards biosimilars and information needs in rheumatology. <i>Rheumatology International</i> , <b>2021</b> , 1	3.6	1
153	Elena+ Care for COVID-19, a Pandemic Lifestyle Care Intervention: Intervention Design and Study Protocol. <i>Frontiers in Public Health</i> , <b>2021</b> , 9, 625640	6	0
152	The trajectory of COVID-19 pandemic and handwashing adherence: findings from 14 countries. <i>BMC Public Health</i> , <b>2021</b> , 21, 1791	4.1	2
151	TeachersRperceived time pressure, emotional exhaustion and the role of social support from the school principal. <i>Social Psychology of Education</i> , <b>2021</b> , 24, 441-464	2	3
150	Leveraging Daily Social Experiences to Motivate Healthy Aging. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , <b>2021</b> , 76, S157-S166	4.6	3
149	From a motherR point of view: Psycho-social predictors of maternal monitoring strategy and adolescentsRelectronic media use. <i>Journal of Adolescence</i> , <b>2021</b> , 88, 134-145	3.4	0
148	Determinants of protective behaviours during a nationwide lockdown in the wake of the COVID-19 pandemic. <i>British Journal of Health Psychology</i> , <b>2021</b> , 26, 935-957	8.3	15
147	Daily support seeking as coping strategy in dual-smoker couples attempting to quit. <i>Psychology and Health</i> , <b>2021</b> , 1-17	2.9	1
146	Depression and anxiety in cardiac rehabilitation: differential associations with changes in exercise capacity and quality of life. <i>Anxiety, Stress and Coping</i> , <b>2021</b> , 1-15	3.1	1
145	Compensation and transfer effects of eating behavior change in daily life: Evidence from a randomized controlled trial. <i>Appetite</i> , <b>2021</b> , 162, 105170	4.5	0
144	Understanding Between-Person Interventions With Time-Intensive Longitudinal Outcome Data: Longitudinal Mediation Analyses. <i>Annals of Behavioral Medicine</i> , <b>2021</b> , 55, 476-488	4.5	4
143	Compensatory health beliefs and unhealthy snack consumption in daily life. <i>Appetite</i> , <b>2021</b> , 157, 104996	4.5	6
142	Motivation and Healthy Aging: A Heuristic Model. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , <b>2021</b> , 76, S97-S104	4.6	1

141	SIMON: A Digital Protocol to Monitor and Predict Suicidal Ideation. <i>Frontiers in Psychiatry</i> , <b>2021</b> , 12, 5548-5551	1
140	Is Three a Crowd? The Influence of Companions on a Patient's Decision to Transition to a Biosimilar. <i>Annals of Behavioral Medicine</i> , <b>2021</b> ,	4.5 2
139	The mode of delivery and content of communication strategies used in mandatory and non-mandatory biosimilar transitions: a systematic review with meta-analysis. <i>Health Psychology Review</i> , <b>2021</b> , 1-21	7.1 0
138	Effectiveness of a Dyadic Buddy App for Smoking Cessation: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , <b>2021</b> , 23, e27162	7.6 0
137	Cultivation or enabling? Day-to-day associations between self-efficacy and received support in couples. <i>Social Science and Medicine</i> , <b>2021</b> , 287, 114330	5.1 0
136	Can individual, dyadic, or collaborative planning reduce sedentary behavior? A randomized controlled trial. <i>Social Science and Medicine</i> , <b>2021</b> , 287, 114336	5.1 0
135	Which Components of a Smartphone Walking App Help Users to Reach Personalized Step Goals? Results From an Optimization Trial. <i>Annals of Behavioral Medicine</i> , <b>2020</b> , 54, 518-528	4.5 22
134	Understanding and predicting health behaviour change: a contemporary view through the lenses of meta-reviews. <i>Health Psychology Review</i> , <b>2020</b> , 14, 1-5	7.1 8
133	Integrating intrapersonal and interpersonal processes: a key step in advancing the science of behavior change. <i>Health Psychology Review</i> , <b>2020</b> , 14, 182-187	7.1 7
132	Long-term effects of a dyadic planning intervention with couples motivated to increase physical activity. <i>Psychology of Sport and Exercise</i> , <b>2020</b> , 49, 101710	4.2 7
131	Improvements in exercise capacity of older adults during cardiac rehabilitation. <i>European Journal of Preventive Cardiology</i> , <b>2020</b> , 27, 1747-1755	3.9 7
130	Assessment of the Efficacy of a Mobile Phone-Delivered Just-in-Time Planning Intervention to Reduce Alcohol Use in Adolescents: Randomized Controlled Crossover Trial. <i>JMIR MHealth and UHealth</i> , <b>2020</b> , 8, e16937	5.5 8
129	Control Strategies and Daily Affect. <i>GeroPsych: the Journal of Gerontopsychology and Geriatric Psychiatry</i> , <b>2020</b> , 33, 155-169	1 1
128	Social cognitions and smoking behaviour: Temporal resolution matters. <i>British Journal of Health Psychology</i> , <b>2020</b> , 25, 210-227	8.3 5
127	Do Daily Compensatory Health Beliefs Predict Intention to Quit and Smoking Behavior? A Daily Diary Study during Smoking Cessation. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6 2
126	Dyadic Behavior Change Interventions <b>2020</b> , 632-648	4
125	How Do People Experience and Respond to Social Control From Their Partner? Three Daily Diary Studies. <i>Frontiers in Psychology</i> , <b>2020</b> , 11, 613546	3.4 4
124	"We Feel Good": Daily Support Provision, Health Behavior, and Well-Being in Romantic Couples. <i>Frontiers in Psychology</i> , <b>2020</b> , 11, 622492	3.4 5

123	A Cluster-Randomized Trial on Small Incentives to Promote Physical Activity. <i>American Journal of Preventive Medicine</i> , <b>2019</b> , 56, e45-e54	6.1	8
122	Patterns of alcohol consumption and alcohol-related harm among European university students. <i>European Journal of Public Health</i> , <b>2019</b> , 29, 1125-1129	2.1	13
121	Perceptions of Physical Activity Promotion, Transportation Support, Physical Activity, and Body Mass: an Insight into Parent-Child Dyadic Processes. <i>International Journal of Behavioral Medicine</i> , <b>2019</b> , 26, 255-265	2.6	6
120	It's Time to Think about Time in Health Psychology. <i>Applied Psychology: Health and Well-Being</i> , <b>2019</b> , 11, 173-186	6.8	38
119	What comes first, negative emotions, positive emotions, or moderate-to-vigorous physical activity?. <i>Mental Health and Physical Activity</i> , <b>2019</b> , 16, 38-42	5	4
118	Invisible Social Support and Invisible Social Control in Dual-smoker Couples' Everyday Life: A Dyadic Perspective. <i>Annals of Behavioral Medicine</i> , <b>2019</b> , 53, 527-540	4.5	9
117	Smoking cessation with smartphone applications (SWAPP): study protocol for a randomized controlled trial. <i>BMC Public Health</i> , <b>2019</b> , 19, 1400	4.1	6
116	VADLite <b>2019</b> ,		2
115	Investigating Intervention Components and Exploring States of Receptivity for a Smartphone App to Promote Physical Activity: Protocol of a Microrandomized Trial. <i>JMIR Research Protocols</i> , <b>2019</b> , 8, e11540	11.5	34
114	Social Support and Common Dyadic Coping in Couples' Dyadic Management of Type II Diabetes: Protocol for an Ambulatory Assessment Application. <i>JMIR Research Protocols</i> , <b>2019</b> , 8, e13685	2	7
113	Poster: DyMand -- An Open-Source Mobile and Wearable System for Assessing Couples' Dyadic Management of Chronic Diseases <b>2019</b> ,		2
112	Improving cardiometabolic and mental health in women with gestational diabetes mellitus and their offspring: study protocol for a randomised controlled trial. <i>BMJ Open</i> , <b>2018</b> , 8, e020462	3	4
111	Day-to-day mastery and self-efficacy changes during a smoking quit attempt: Two studies. <i>British Journal of Health Psychology</i> , <b>2018</b> , 23, 371-386	8.3	23
110	Inter-relations among negative social control, self-efficacy, and physical activity in healthy couples. <i>British Journal of Health Psychology</i> , <b>2018</b> , 23, 580-596	8.3	6
109	Mediators of Physical Activity Adherence: Results from an Action Control Intervention in Couples. <i>Annals of Behavioral Medicine</i> , <b>2018</b> , 52, 65-76	4.5	12
108	What matters, parental or child perceptions of physical activity facilities? A prospective parent-child study explaining physical activity and body fat among children. <i>Psychology of Sport and Exercise</i> , <b>2018</b> , 34, 39-46	4.2	12
107	Bi-directional associations between parental feeding practices and children's body mass in parent-child dyads. <i>Appetite</i> , <b>2018</b> , 129, 192-197	4.5	15
106	Why and for Whom May Coping Planning Have Adverse Effects? A Moderated Mediation Analysis. <i>Applied Psychology: Health and Well-Being</i> , <b>2018</b> , 10, 272-289	6.8	2

105	Transfer or Compensation?. <i>Swiss Journal of Psychology</i> , <b>2018</b> , 77, 59-67	0.8	6
104	Interpersonal Processes of Couples' Daily Support for Goal Pursuit: The Example of Physical Activity. <i>Personality and Social Psychology Bulletin</i> , <b>2018</b> , 44, 332-344	4.1	73
103	Robot-Supported Multiplayer Rehabilitation: Feasibility Study of Haptically Linked Patient-Spouse Training <b>2018</b> ,		7
102	From enjoyment to physical activity or from physical activity to enjoyment? Longitudinal associations in parent-child dyads. <i>Psychology and Health</i> , <b>2018</b> , 33, 1269-1283	2.9	11
101	Couples' Daily self-regulation: The Health Action Process Approach at the dyadic level. <i>PLoS ONE</i> , <b>2018</b> , 13, e0205887	3.7	18
100	A cluster randomized controlled trial comparing the effectiveness of an individual planning intervention with collaborative planning in adolescent friendship dyads to enhance physical activity (TWOgether). <i>BMC Public Health</i> , <b>2018</b> , 18, 911	4.1	48
99	Prospective and retrospective memory are differentially related to self-rated omission and commission errors in medication adherence in multimorbidity. <i>Applied Neuropsychology Adult</i> , <b>2017</b> , 24, 505-511	1.9	3
98	Predictors of dyadic planning: Perspectives of prostate cancer survivors and their partners. <i>British Journal of Health Psychology</i> , <b>2017</b> , 22, 42-59	8.3	6
97	Goal Disengagement, Well-Being, and Goal Achievement in Romantic Couples Pursuing Health Behavior Change: Evidence from Two Daily Diary Studies. <i>Applied Psychology: Health and Well-Being</i> , <b>2017</b> , 9, 36-59	6.8	3
96	The role of Compensatory Health Beliefs in eating behavior change: A mixed method study. <i>Appetite</i> , <b>2017</b> , 116, 1-10	4.5	15
95	Does social support predict smoking abstinence in dual-smoker couples? Evidence from a dyadic approach. <i>Anxiety, Stress and Coping</i> , <b>2017</b> , 30, 273-281	3.1	19
94	Assessing adherence to multiple medications and in daily life among patients with multimorbidity. <i>Psychology and Health</i> , <b>2017</b> , 32, 1233-1248	2.9	7
93	Using Smartphone-Based Support Groups to Promote Healthy Eating in Daily Life: A Randomised Trial. <i>Applied Psychology: Health and Well-Being</i> , <b>2017</b> , 9, 303-323	6.8	15
92	Health Behavior Change in Older Adults: Testing the Health Action Process Approach at the Inter- and Intraindividual Level. <i>Applied Psychology: Health and Well-Being</i> , <b>2017</b> , 9, 324-348	6.8	6
91	Association between Children's Physical Activity and Parental Practices Enhancing Children's Physical Activity: The Moderating Effects of Children's BMI z-Score. <i>Frontiers in Psychology</i> , <b>2017</b> , 8, 2359 <sup>3,4</sup>		12
90	Emotional or instrumental support? Distinct effects on vigorous exercise and affect. <i>Psychology of Sport and Exercise</i> , <b>2017</b> , 33, 66-74	4.2	2
89	A Daily Diary Study of Joint Quit Attempts by Dual-Smoker Couples: The Role of Received and Provided Social Support. <i>Nicotine and Tobacco Research</i> , <b>2017</b> , 20, 100-107	4.9	27
88	Enabling, Not Cultivating: Received Social Support and Self-Efficacy Explain Quality of Life After Lung Cancer Surgery. <i>Annals of Behavioral Medicine</i> , <b>2017</b> , 51, 1-12	4.5	33

87	Web-Based Alcohol Intervention: Study of Systematic Attrition of Heavy Drinkers. <i>Journal of Medical Internet Research</i> , <b>2017</b> , 19, e217	7.6	23
86	Planning and self-efficacy interventions encouraging replacing energy-dense foods intake with fruit and vegetable: A longitudinal experimental study. <i>Psychology and Health</i> , <b>2016</b> , 31, 40-64	2.9	75
85	Age differences in prospective memory for everyday life intentions: A diary approach. <i>Memory</i> , <b>2016</b> , 24, 444-54	1.8	15
84	Action control in dyads: A randomized controlled trial to promote physical activity in everyday life. <i>Social Science and Medicine</i> , <b>2016</b> , 163, 89-97	5.1	73
83	Invisible Support: Effects on the Provider's Positive and Negative Affect. <i>Applied Psychology: Health and Well-Being</i> , <b>2016</b> , 8, 172-91	6.8	7
82	Self-Affirmation Before Exposure to Health Communications Promotes Intentions and Health Behavior Change by Increasing Anticipated Regret. <i>Communication Research</i> , <b>2016</b> , 43, 1027-1044	3.8	19
81	Enabling or Cultivating? The Role of Prostate Cancer Patients' Received Partner Support and Self-Efficacy in the Maintenance of Pelvic Floor Exercise Following Tumor Surgery. <i>Annals of Behavioral Medicine</i> , <b>2016</b> , 50, 247-58	4.5	19
80	Implementation intention and planning interventions in Health Psychology: Recommendations from the Synergy Expert Group for research and practice. <i>Psychology and Health</i> , <b>2016</b> , 31, 814-39	2.9	131
79	Self-Efficacy, Planning, or a Combination of Both? A Longitudinal Experimental Study Comparing Effects of Three Interventions on Adolescents' Body Fat. <i>PLoS ONE</i> , <b>2016</b> , 11, e0159125	3.7	68
78	Beliefs Are Not Behavior. <i>Zeitschrift Fur Gesundheitspsychologie</i> , <b>2016</b> , 24, 119-129		8
77	Mind the Gap? An Intensive Longitudinal Study of Between-Person and Within-Person Intention-Behavior Relations. <i>Annals of Behavioral Medicine</i> , <b>2016</b> , 50, 516-22	4.5	40
76	Validation of the Drinking Motives Questionnaire - Revised in six European countries. <i>Addictive Behaviors</i> , <b>2016</b> , 62, 91-8	4.2	15
75	Examining the relationship between daily changes in support and smoking around a self-set quit date. <i>Health Psychology</i> , <b>2016</b> , 35, 514-7	5	32
74	Interacting effects of receiving social control and social support during smoking cessation. <i>Annals of Behavioral Medicine</i> , <b>2015</b> , 49, 141-6	4.5	13
73	Received social support and exercising: An intervention study to test the enabling hypothesis. <i>British Journal of Health Psychology</i> , <b>2015</b> , 20, 763-76	8.3	20
72	The down-regulation of disgust by implementation intentions: experiential and physiological concomitants. <i>Applied Psychophysiology Biofeedback</i> , <b>2015</b> , 40, 95-106	3.4	5
71	Volitional processes and daily smoking: examining inter- and intraindividual associations around a quit attempt. <i>Journal of Behavioral Medicine</i> , <b>2015</b> , 38, 306-17	3.6	9
70	Stabilisation of health as the centre point of a health psychology of ageing. <i>Psychology and Health</i> , <b>2015</b> , 30, 732-49	2.9	7

69	Daily negative affect and smoking after a self-set quit attempt: The role of dyadic invisible social support in a daily diary study. <i>British Journal of Health Psychology</i> , <b>2015</b> , 20, 708-23	8.3	72
68	The association between automatic thoughts about eating, the actual-ideal weight discrepancies, and eating disorders symptoms: a longitudinal study in late adolescence. <i>Eating and Weight Disorders</i> , <b>2014</b> , 19, 199-207	3.6	11
67	Predicting physical activity in adolescents: the role of compensatory health beliefs within the Health Action Process Approach. <i>Psychology and Health</i> , <b>2014</b> , 29, 458-74	2.9	22
66	Predicting performance and performance satisfaction: mindfulness and beliefs about the ability to deal with social barriers in sport. <i>Anxiety, Stress and Coping</i> , <b>2014</b> , 27, 270-87	3.1	16
65	Self-efficacy moderates but collective efficacy mediates between motivational climate and athletes' well-being. <i>Applied Psychology: Health and Well-Being</i> , <b>2014</b> , 6, 280-99	6.8	7
64	Examining gender differences in received, provided, and invisible social control: an application of the dual-effects model. <i>Anxiety, Stress and Coping</i> , <b>2014</b> , 27, 678-94	3.1	8
63	A Dyadic Action Control Trial in Overweight and Obese Couples (DYACTIC). <i>BMC Public Health</i> , <b>2014</b> , 14, 1321	4.1	62
62	Effects of a new sports companion on received social support and physical exercise: an intervention study. <i>Applied Psychology: Health and Well-Being</i> , <b>2014</b> , 6, 300-17	6.8	7
61	Are diet-specific compensatory health beliefs predictive of dieting intentions and behaviour?. <i>Appetite</i> , <b>2014</b> , 76, 36-43	4.5	24
60	Trait Versus State. <i>Zeitschrift Fur Gesundheitspsychologie</i> , <b>2014</b> , 22, 156-164		7
59	Invisible Social Control as Predictor of Daily Negative Affect and Smoking After a Self-Set Quit Date. <i>Zeitschrift Fur Gesundheitspsychologie</i> , <b>2014</b> , 22, 165-174		3
58	Comparing different boosters of planning interventions on changes in fat consumption in overweight and obese individuals: a randomized controlled trial. <i>International Journal of Psychology</i> , <b>2013</b> , 48, 604-15	1.9	17
57	Does social support really help to eat a low-fat diet? Main effects and gender differences of received social support within the Health Action Process Approach. <i>Applied Psychology: Health and Well-Being</i> , <b>2013</b> , 5, 270-90	6.8	31
56	Social support and quality of life among lung cancer patients: a systematic review. <i>Psycho-Oncology</i> , <b>2013</b> , 22, 2160-8	3.9	74
55	Testing phase-specific self-efficacy beliefs in the context of dietary behaviour change. <i>Applied Psychology: Health and Well-Being</i> , <b>2013</b> , 5, 99-117	6.8	75
54	The interplay of received social support and self-regulatory factors in smoking cessation. <i>Psychology and Health</i> , <b>2013</b> , 29, 16-31	2.9	31
53	Social and cognitive predictors of fruit and vegetable intake among adolescents: the context of changes in body weight. <i>Journal of Health Psychology</i> , <b>2013</b> , 18, 667-79	3.1	12
52	Social control and smoking: examining the moderating effects of different dimensions of relationship quality. <i>Families, Systems and Health</i> , <b>2013</b> , 31, 354-65	0.7	19

51	The German Psychological Need Satisfaction in Exercise Scale. <i>Swiss Journal of Psychology</i> , <b>2013</b> , 72, 137-148	0.8	12
50	German-Language Version of the Compensatory Health Belief Scale. <i>Zeitschrift Fur Gesundheitspsychologie</i> , <b>2013</b> , 21, 159-166		4
49	Associations between received social support and positive and negative affect: evidence for age differences from a daily-diary study. <i>European Journal of Ageing</i> , <b>2012</b> , 9, 361-371	3.6	25
48	Predicting intentions and adherence behavior in the context of organ transplantation: gender differences of provided social support. <i>Journal of Psychosomatic Research</i> , <b>2012</b> , 72, 214-9	4.1	33
47	Life Satisfaction and Burnout Among Heart, Lung, Liver, and Kidney Transplant Patients and Their Spouses. <i>Swiss Journal of Psychology</i> , <b>2012</b> , 71, 125-134	0.8	7
46	The dual-effects model of social control revisited: relationship satisfaction as a moderator. <i>Anxiety, Stress and Coping</i> , <b>2012</b> , 25, 291-307	3.1	25
45	Empowerment beliefs and intention to uptake cervical cancer screening: three psychosocial mediating mechanisms. <i>Women and Health</i> , <b>2012</b> , 52, 162-81	1.7	19
44	Smoking is ok as long as I eat healthily: Compensatory Health Beliefs and their role for intentions and smoking within the Health Action Process Approach. <i>Psychology and Health</i> , <b>2012</b> , 27 Suppl 2, 91-107	2.9	44
43	Attitudes towards transplantation and medication among 121 heart, lung, liver and kidney recipients and their spouses. <i>Swiss Medical Weekly</i> , <b>2012</b> , 142, w13595	3.1	6
42	Dyadic planning of health-behavior change after prostatectomy: a randomized-controlled planning intervention. <i>Social Science and Medicine</i> , <b>2011</b> , 73, 783-92	5.1	91
41	Enhancing intentions to attend cervical cancer screening with a stage-matched intervention. <i>British Journal of Health Psychology</i> , <b>2011</b> , 16, 33-46	8.3	14
40	Smoking-specific compensatory health beliefs and the readiness to stop smoking in adolescents. <i>British Journal of Health Psychology</i> , <b>2011</b> , 16, 610-25	8.3	28
39	Evaluating the decisional balance construct of the Transtheoretical Model: are two dimensions of pros and cons really enough?. <i>International Journal of Public Health</i> , <b>2011</b> , 56, 97-105	4	6
38	Toward a better understanding of psychological well-being in dementia caregivers: the link between marital communication and depression. <i>Family Process</i> , <b>2010</b> , 49, 185-203	3.9	35
37	Testing stage-specific effects of a stage-matched intervention: a randomized controlled trial targeting physical exercise and its predictors. <i>Health Education and Behavior</i> , <b>2010</b> , 37, 533-46	4.2	95
36	The burden of spousal caregiving: a preliminary psychometric evaluation of the German version of the Zarit burden interview. <i>Aging and Mental Health</i> , <b>2010</b> , 14, 159-67	3.5	24
35	Well-Being Curves Across Transitions. <i>Swiss Journal of Psychology</i> , <b>2010</b> , 69, 15-29	0.8	7
34	The 3-phase-model of dyadic adaptation to dementia: why it might sometimes be better to be worse. <i>European Journal of Ageing</i> , <b>2009</b> , 6, 291	3.6	12



33	Effects of a short behavioural intervention for dental flossing: randomized-controlled trial on planning when, where and how. <i>Journal of Clinical Periodontology</i> , <b>2009</b> , 36, 498-505	7.7	39
32	Go no-go performance under psychosocial stress: beneficial effects of implementation intentions. <i>Neurobiology of Learning and Memory</i> , <b>2009</b> , 91, 89-92	3.1	75
31	Psychological aspects in continuous subcutaneous insulin infusion: a retrospective study. <i>Journal of Psychology: Interdisciplinary and Applied</i> , <b>2009</b> , 143, 147-60	2.7	22
30	Dementia caregiving in spousal relationships: a dyadic perspective. <i>Aging and Mental Health</i> , <b>2009</b> , 13, 426-36	3.5	106
29	Effects of received and mobilized support on recipients and providers self-efficacy beliefs: a 1-year follow-up study with patients receiving radical prostatectomy and their spouses. <i>International Journal of Psychology</i> , <b>2009</b> , 44, 129-37	1.9	10
28	Predicting behavioral intentions and physical exercise: a test of the health action process approach at the intrapersonal level. <i>Health Psychology</i> , <b>2009</b> , 28, 702-8	5	57
27	Changes in self-regulatory cognitions as predictors of changes in smoking and nutrition behaviour. <i>Psychology and Health</i> , <b>2009</b> , 24, 545-61	2.9	87
26	Disentangling the relation between intentions, planning, and behaviour: a moderated mediation analysis. <i>Psychology and Health</i> , <b>2009</b> , 24, 67-79	2.9	97
25	Effects of provision and receipt of social support on adjustment to laparoscopic radical prostatectomy. <i>Anxiety, Stress and Coping</i> , <b>2008</b> , 21, 227-41	3.1	16
24	Social-cognitive predictors of physical exercise adherence: three longitudinal studies in rehabilitation. <i>Health Psychology</i> , <b>2008</b> , 27, S54-63	5	160
23	The role of motivational and volitional factors for self-regulated running training: associations on the between- and within- person level. <i>British Journal of Social Psychology</i> , <b>2008</b> , 47, 421-39	6.8	26
22	Beyond behavioural intentions: planning mediates between intentions and physical activity. <i>British Journal of Health Psychology</i> , <b>2008</b> , 13, 479-94	8.3	160
21	Social exchange processes, health behaviour, and health behaviour change. <i>Zeitschrift Fur Gesundheitspsychologie</i> , <b>2008</b> , 16, 131-134		1
20	Dynamics in Self-Regulation: Plan Execution Self-Efficacy and Mastery of Action Plans. <i>Journal of Applied Social Psychology</i> , <b>2007</b> , 37, 2706-2725	2.1	20
19	Adoption and maintenance of four health behaviors: theory-guided longitudinal studies on dental flossing, seat belt use, dietary behavior, and physical activity. <i>Annals of Behavioral Medicine</i> , <b>2007</b> , 33, 156-66	4.5	256
18	Increasing physical exercise levels: age-specific benefits of planning. <i>Journal of Aging and Health</i> , <b>2007</b> , 19, 851-66	2.6	61
17	Planning to change diet: a controlled trial of an implementation intentions training intervention to reduce saturated fat intake among patients after myocardial infarction. <i>Journal of Psychosomatic Research</i> , <b>2007</b> , 63, 491-7	4.1	41
16	Physical activity and depressive symptoms in cardiac rehabilitation: long-term effects of a self-management intervention. <i>Social Science and Medicine</i> , <b>2006</b> , 62, 3109-20	5.1	59

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