

Urte Scholz

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/7268993/publications.pdf>

Version: 2024-02-01

158
papers

9,619
citations

81839

39
h-index

42364

92
g-index

177
all docs

177
docs citations

177
times ranked

9076
citing authors

#	ARTICLE	IF	CITATIONS
1	Is General Self-Efficacy a Universal Construct?1. <i>European Journal of Psychological Assessment</i> , 2002, 18, 242-251.	1.7	1,126
2	The General Self-Efficacy Scale: Multicultural Validation Studies. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 2005, 139, 439-457.	0.9	1,100
3	Bridging the intentionâ€“behaviour gap: Planning, self-efficacy, and action control in the adoption and maintenance of physical exercise. <i>Psychology and Health</i> , 2005, 20, 143-160.	1.2	975
4	Action planning and coping planning for long-term lifestyle change: theory and assessment. <i>European Journal of Social Psychology</i> , 2005, 35, 565-576.	1.5	709
5	Action plans and coping plans for physical exercise: A longitudinal intervention study in cardiac rehabilitation. <i>British Journal of Health Psychology</i> , 2006, 11, 23-37.	1.9	377
6	Adoption and maintenance of four health behaviors: Theory-guided longitudinal studies on dental flossing, seat belt use, dietary behavior, and physical activity. <i>Annals of Behavioral Medicine</i> , 2007, 33, 156-166.	1.7	311
7	Predicting Physical Exercise in Cardiac Rehabilitation: The Role of Phase-Specific Self-Efficacy Beliefs. <i>Journal of Sport and Exercise Psychology</i> , 2005, 27, 135-151.	0.7	225
8	Beyond behavioural intentions: Planning mediates between intentions and physical activity. <i>British Journal of Health Psychology</i> , 2008, 13, 479-494.	1.9	195
9	Social-cognitive predictors of physical exercise adherence: Three longitudinal studies in rehabilitation.. <i>Health Psychology</i> , 2008, 27, S54-S63.	1.3	194
10	Long-term effects of two psychological interventions on physical exercise and self-regulation following coronary rehabilitation. <i>International Journal of Behavioral Medicine</i> , 2005, 12, 244-255.	0.8	162
11	Implementation intention and planning interventions in Health Psychology: Recommendations from the Synergy Expert Group for research and practice. <i>Psychology and Health</i> , 2016, 31, 814-839.	1.2	159
12	The role of action control in implementing intentions during the first weeks of behaviour change. <i>British Journal of Social Psychology</i> , 2006, 45, 87-106.	1.8	141
13	Dementia caregiving in spousal relationships: A dyadic perspective. <i>Aging and Mental Health</i> , 2009, 13, 426-436.	1.5	140
14	Disentangling the relation between intentions, planning, and behaviour: A moderated mediation analysis. <i>Psychology and Health</i> , 2009, 24, 67-79.	1.2	120
15	Testing Stage-Specific Effects of a Stage-Matched Intervention: A Randomized Controlled Trial Targeting Physical Exercise and Its Predictors. <i>Health Education and Behavior</i> , 2010, 37, 533-546.	1.3	113
16	Social support and quality of life among lung cancer patients: a systematic review. <i>Psycho-Oncology</i> , 2013, 22, 2160-2168.	1.0	109
17	Changes in self-regulatory cognitions as predictors of changes in smoking and nutrition behaviour. <i>Psychology and Health</i> , 2009, 24, 545-561.	1.2	102
18	Dyadic planning of health-behavior change after prostatectomy: A randomized-controlled planning intervention. <i>Social Science and Medicine</i> , 2011, 73, 783-792.	1.8	100

#	ARTICLE	IF	CITATIONS
19	Interpersonal Processes of Couplesâ€™ Daily Support for Goal Pursuit: The Example of Physical Activity. <i>Personality and Social Psychology Bulletin</i> , 2018, 44, 332-344.	1.9	90
20	Go no-go performance under psychosocial stress: Beneficial effects of implementation intentions. <i>Neurobiology of Learning and Memory</i> , 2009, 91, 89-92.	1.0	88
21	Planning and self-efficacy interventions encouraging replacing energy-dense foods intake with fruit and vegetable: A longitudinal experimental study. <i>Psychology and Health</i> , 2016, 31, 40-64.	1.2	84
22	Testing Phaseâ€™Specific Selfâ€™Efficacy Beliefs in the Context of Dietary Behaviour Change. <i>Applied Psychology: Health and Well-Being</i> , 2013, 5, 99-117.	1.6	80
23	Action control in dyads: A randomized controlled trial to promote physical activity in everyday life. <i>Social Science and Medicine</i> , 2016, 163, 89-97.	1.8	79
24	Daily negative affect and smoking after a selfâ€™set quit attempt: The role of dyadic invisible social support in a daily diary study. <i>British Journal of Health Psychology</i> , 2015, 20, 708-723.	1.9	76
25	Predicting behavioral intentions and physical exercise: A test of the health action process approach at the intrapersonal level.. <i>Health Psychology</i> , 2009, 28, 702-708.	1.3	74
26	Increasing Physical Exercise Levels. <i>Journal of Aging and Health</i> , 2007, 19, 851-866.	0.9	73
27	Self-Efficacy, Planning, or a Combination of Both? A Longitudinal Experimental Study Comparing Effects of Three Interventions on Adolescentsâ€™ Body Fat. <i>PLoS ONE</i> , 2016, 11, e0159125.	1.1	73
28	Physical activity and depressive symptoms in cardiac rehabilitation: Long-term effects of a self-management intervention. <i>Social Science and Medicine</i> , 2006, 62, 3109-3120.	1.8	68
29	A Dyadic Action Control Trial in Overweight and Obese Couples (DYACTIC). <i>BMC Public Health</i> , 2014, 14, 1321.	1.2	63
30	It's Time to Think about Time in Health Psychology. <i>Applied Psychology: Health and Well-Being</i> , 2019, 11, 173-186.	1.6	61
31	Mind the Gap? An Intensive Longitudinal Study of Between-Person and Within-Person Intention-Behavior Relations. <i>Annals of Behavioral Medicine</i> , 2016, 50, 516-522.	1.7	60
32	Which Components of a Smartphone Walking App Help Users to Reach Personalized Step Goals? Results From an Optimization Trial. <i>Annals of Behavioral Medicine</i> , 2020, 54, 518-528.	1.7	55
33	Investigating Intervention Components and Exploring States of Receptivity for a Smartphone App to Promote Physical Activity: Protocol of a Microrandomized Trial. <i>JMIR Research Protocols</i> , 2019, 8, e11540.	0.5	53
34	Effects of a short behavioural intervention for dental flossing: randomizedâ€™controlled trial on planning when, where and how. <i>Journal of Clinical Periodontology</i> , 2009, 36, 498-505.	2.3	52
35	Smoking is ok as long as I eat healthily: Compensatory Health Beliefs and their role for intentions and smoking within the Health Action Process Approach. <i>Psychology and Health</i> , 2012, 27, 91-107.	1.2	52
36	A cluster randomized controlled trial comparing the effectiveness of an individual planning intervention with collaborative planning in adolescent friendship dyads to enhance physical activity (TWOgether). <i>BMC Public Health</i> , 2018, 18, 911.	1.2	49

#	ARTICLE	IF	CITATIONS
37	Planning to change diet: A controlled trial of an implementation intentions training intervention to reduce saturated fat intake among patients after myocardial infarction. <i>Journal of Psychosomatic Research</i> , 2007, 63, 491-497.	1.2	48
38	Toward a Better Understanding of Psychological Well-Being in Dementia Caregivers: The Link Between Marital Communication and Depression. <i>Family Process</i> , 2010, 49, 185-203.	1.4	46
39	Predictors of Subjective Age Before and After Cataract Surgery: Conscientiousness Makes a Difference.. <i>Psychology and Aging</i> , 2004, 19, 676-688.	1.4	44
40	Enabling, Not Cultivating: Received Social Support and Self-Efficacy Explain Quality of Life After Lung Cancer Surgery. <i>Annals of Behavioral Medicine</i> , 2017, 51, 1-12.	1.7	41
41	Determinants of protective behaviours during a nationwide lockdown in the wake of the COVID-19 pandemic. <i>British Journal of Health Psychology</i> , 2021, 26, 935-957.	1.9	40
42	Does Social Support Really Help to Eat a Low-Fat Diet? Main Effects and Gender Differences of Received Social Support within the Health Action Process Approach. <i>Applied Psychology: Health and Well-Being</i> , 2013, 5, 270-290.	1.6	39
43	The role of motivational and volitional factors for self-regulated running training: Associations on the between- and within-person level. <i>British Journal of Social Psychology</i> , 2008, 47, 421-439.	1.8	38
44	Examining the relationship between daily changes in support and smoking around a self-set quit date.. <i>Health Psychology</i> , 2016, 35, 514-517.	1.3	38
45	Web-Based Alcohol Intervention: Study of Systematic Attrition of Heavy Drinkers. <i>Journal of Medical Internet Research</i> , 2017, 19, e217.	2.1	37
46	Predicting intentions and adherence behavior in the context of organ transplantation: Gender differences of provided social support. <i>Journal of Psychosomatic Research</i> , 2012, 72, 214-219.	1.2	36
47	The interplay of received social support and self-regulatory factors in smoking cessation. <i>Psychology and Health</i> , 2014, 29, 16-31.	1.2	35
48	Smoking-specific compensatory health beliefs and the readiness to stop smoking in adolescents. <i>British Journal of Health Psychology</i> , 2011, 16, 610-625.	1.9	33
49	Associations between received social support and positive and negative affect: evidence for age differences from a daily-diary study. <i>European Journal of Ageing</i> , 2012, 9, 361-371.	1.2	33
50	Are diet-specific compensatory health beliefs predictive of dieting intentions and behaviour?. <i>Appetite</i> , 2014, 76, 36-43.	1.8	33
51	A Daily Diary Study of Joint Quit Attempts by Dual-Smoker Couples: The Role of Received and Provided Social Support. <i>Nicotine and Tobacco Research</i> , 2017, 20, 100-107.	1.4	33
52	The dual-effects model of social control revisited: relationship satisfaction as a moderator. <i>Anxiety, Stress and Coping</i> , 2012, 25, 291-307.	1.7	31
53	Predicting physical activity in adolescents: The role of compensatory health beliefs within the Health Action Process Approach. <i>Psychology and Health</i> , 2014, 29, 458-474.	1.2	31
54	The burden of spousal caregiving: A preliminary psychometric evaluation of the German version of the Zarit Burden Interview. <i>Ageing and Mental Health</i> , 2010, 14, 159-167.	1.5	30

#	ARTICLE	IF	CITATIONS
55	Empowerment Beliefs and Intention to Uptake Cervical Cancer Screening: Three Psychosocial Mediating Mechanisms. <i>Women and Health</i> , 2012, 52, 162-181.	0.4	28
56	Day-to-day mastery and self-efficacy changes during a smoking quit attempt: Two studies. <i>British Journal of Health Psychology</i> , 2018, 23, 371-386.	1.9	28
57	Dynamics in Self-Regulation: Plan Execution Self-Efficacy and Mastery of Action Plans. <i>Journal of Applied Social Psychology</i> , 2007, 37, 2706-2725.	1.3	27
58	Predicting performance and performance satisfaction: mindfulness and beliefs about the ability to deal with social barriers in sport. <i>Anxiety, Stress and Coping</i> , 2014, 27, 270-287.	1.7	27
59	Self-Affirmation Before Exposure to Health Communications Promotes Intentions and Health Behavior Change by Increasing Anticipated Regret. <i>Communication Research</i> , 2016, 43, 1027-1044.	3.9	27
60	Couples' daily self-regulation: The Health Action Process Approach at the dyadic level. <i>PLoS ONE</i> , 2018, 13, e0205887.	1.1	27
61	Received social support and exercising: An intervention study to test the enabling hypothesis. <i>British Journal of Health Psychology</i> , 2015, 20, 763-776.	1.9	26
62	Discontinuity patterns in stages of the precaution adoption process model: Meat consumption during a livestock epidemic. <i>British Journal of Health Psychology</i> , 2005, 10, 221-235.	1.9	25
63	Enabling or Cultivating? The Role of Prostate Cancer Patients' Received Partner Support and Self-Efficacy in the Maintenance of Pelvic Floor Exercise Following Tumor Surgery. <i>Annals of Behavioral Medicine</i> , 2016, 50, 247-258.	1.7	25
64	Age differences in prospective memory for everyday life intentions: A diary approach. <i>Memory</i> , 2016, 24, 444-454.	0.9	25
65	Improvements in exercise capacity of older adults during cardiac rehabilitation. <i>European Journal of Preventive Cardiology</i> , 2020, 27, 1747-1755.	0.8	25
66	Validation of the Drinking Motives Questionnaire - Revised in six European countries. <i>Addictive Behaviors</i> , 2016, 62, 91-98.	1.7	24
67	Does social support predict smoking abstinence in dual-smoker couples? Evidence from a dyadic approach. <i>Anxiety, Stress and Coping</i> , 2017, 30, 273-281.	1.7	24
68	Comparing different boosters of planning interventions on changes in fat consumption in overweight and obese individuals: A randomized controlled trial. <i>International Journal of Psychology</i> , 2013, 48, 604-615.	1.7	23
69	Bi-directional associations between parental feeding practices and children's body mass in parent-child dyads. <i>Appetite</i> , 2018, 129, 192-197.	1.8	23
70	Psychological Aspects in Continuous Subcutaneous Insulin Infusion: A Retrospective Study. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 2009, 143, 147-160.	0.9	22
71	Social control and smoking: Examining the moderating effects of different dimensions of relationship quality. <i>Families, Systems and Health</i> , 2013, 31, 354-365.	0.4	22
72	Using Smartphone-Based Support Groups to Promote Healthy Eating in Daily Life: A Randomised Trial. <i>Applied Psychology: Health and Well-Being</i> , 2017, 9, 303-323.	1.6	22

#	ARTICLE	IF	CITATIONS
73	Association between Children's Physical Activity and Parental Practices Enhancing Children's Physical Activity: The Moderating Effects of Children's BMI z-Score. <i>Frontiers in Psychology</i> , 2017, 8, 2359.	1.1	22
74	Mediators of Physical Activity Adherence: Results from an Action Control Intervention in Couples. <i>Annals of Behavioral Medicine</i> , 2018, 52, 65-76.	1.7	20
75	The 3-phase-model of dyadic adaptation to dementia: why it might sometimes be better to be worse. <i>European Journal of Ageing</i> , 2009, 6, 291-301.	1.2	19
76	Improving cardiometabolic and mental health in women with gestational diabetes mellitus and their offspring: study protocol for <i>MySweetHeart Trial</i> , a randomised controlled trial. <i>BMJ Open</i> , 2018, 8, e020462.	0.8	19
77	SIMON: A Digital Protocol to Monitor and Predict Suicidal Ideation. <i>Frontiers in Psychiatry</i> , 2021, 12, 554811.	1.3	18
78	Assessment of the Efficacy of a Mobile Phone-Delivered Just-in-Time Planning Intervention to Reduce Alcohol Use in Adolescents: Randomized Controlled Crossover Trial. <i>JMIR MHealth and UHealth</i> , 2020, 8, e16937.	1.8	18
79	The trajectory of COVID-19 pandemic and handwashing adherence: findings from 14 countries. <i>BMC Public Health</i> , 2021, 21, 1791.	1.2	18
80	Effects of provision and receipt of social support on adjustment to laparoscopic radical prostatectomy. <i>Anxiety, Stress and Coping</i> , 2008, 21, 227-241.	1.7	17
81	Enhancing intentions to attend cervical cancer screening with a stage-matched intervention. <i>British Journal of Health Psychology</i> , 2011, 16, 33-46.	1.9	17
82	The role of Compensatory Health Beliefs in eating behavior change: A mixed method study. <i>Appetite</i> , 2017, 116, 1-10.	1.8	17
83	Understanding and predicting health behaviour change: a contemporary view through the lenses of meta-reviews. <i>Health Psychology Review</i> , 2020, 14, 1-5.	4.4	17
84	Teachers' perceived time pressure, emotional exhaustion and the role of social support from the school principal. <i>Social Psychology of Education</i> , 2021, 24, 441-464.	1.2	17
85	The German Psychological Need Satisfaction in Exercise Scale. <i>Swiss Journal of Psychology</i> , 2013, 72, 137-148.	0.9	17
86	Interacting Effects of Receiving Social Control and Social Support During Smoking Cessation. <i>Annals of Behavioral Medicine</i> , 2015, 49, 141-146.	1.7	16
87	Volitional processes and daily smoking: examining inter- and intraindividual associations around a quit attempt. <i>Journal of Behavioral Medicine</i> , 2015, 38, 306-317.	1.1	16
88	Assessing adherence to multiple medications and in daily life among patients with multimorbidity. <i>Psychology and Health</i> , 2017, 32, 1233-1248.	1.2	16
89	What matters, parental or child perceptions of physical activity facilities? A prospective parent-child study explaining physical activity and body fat among children. <i>Psychology of Sport and Exercise</i> , 2018, 34, 39-46.	1.1	16
90	Smoking cessation with smartphone applications (SWAPP): study protocol for a randomized controlled trial. <i>BMC Public Health</i> , 2019, 19, 1400.	1.2	16

#	ARTICLE	IF	CITATIONS
91	A Cluster-Randomized Trial on Small Incentives to Promote Physical Activity. <i>American Journal of Preventive Medicine</i> , 2019, 56, e45-e54.	1.6	16
92	Patterns of alcohol consumption and alcohol-related harm among European university students. <i>European Journal of Public Health</i> , 2019, 29, 1125-1129.	0.1	16
93	Social and cognitive predictors of fruit and vegetable intake among adolescents: The context of changes in body weight. <i>Journal of Health Psychology</i> , 2013, 18, 667-679.	1.3	15
94	Understanding Between-Person Interventions With Time-Intensive Longitudinal Outcome Data: Longitudinal Mediation Analyses. <i>Annals of Behavioral Medicine</i> , 2021, 55, 476-488.	1.7	15
95	Stabilisation of health as the centre point of a health psychology of ageing. <i>Psychology and Health</i> , 2015, 30, 732-749.	1.2	14
96	Effectiveness of a Dyadic Buddy App for Smoking Cessation: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2021, 23, e27162.	2.1	14
97	The association between automatic thoughts about eating, the actualâ€“ideal weight discrepancies, and eating disorders symptoms: a longitudinal study in late adolescence. <i>Eating and Weight Disorders</i> , 2014, 19, 199-207.	1.2	13
98	From enjoyment to physical activity or from physical activity to enjoyment? Longitudinal associations in parentâ€“child dyads. <i>Psychology and Health</i> , 2018, 33, 1269-1283.	1.2	13
99	Selfâ€“Efficacy Moderates but Collective Efficacy Mediates between Motivational Climate and Athletesâ€™ Wellâ€“Being. <i>Applied Psychology: Health and Well-Being</i> , 2014, 6, 280-299.	1.6	12
100	Health Behavior Change in Older Adults: Testing the Health Action Process Approach at the Interâ€“and Intraindividual Level. <i>Applied Psychology: Health and Well-Being</i> , 2017, 9, 324-348.	1.6	12
101	What comes first, negative emotions, positive emotions, or moderate-to-vigorous physical activity?. <i>Mental Health and Physical Activity</i> , 2019, 16, 38-42.	0.9	12
102	Integrating intrapersonal and interpersonal processes: a key step in advancing the science of behavior change. <i>Health Psychology Review</i> , 2020, 14, 182-187.	4.4	12
103	Long-term effects of a dyadic planning intervention with couples motivated to increase physical activity. <i>Psychology of Sport and Exercise</i> , 2020, 49, 101710.	1.1	12
104	Compensatory health beliefs and unhealthy snack consumption in daily life. <i>Appetite</i> , 2021, 157, 104996.	1.8	12
105	Social Support and Common Dyadic Coping in Couples' Dyadic Management of Type II Diabetes: Protocol for an Ambulatory Assessment Application. <i>JMIR Research Protocols</i> , 2019, 8, e13685.	0.5	12
106	Validation of Visual and Auditory Digital Markers of Suicidality in Acutely Suicidal Psychiatric Inpatients: Proof-of-Concept Study. <i>Journal of Medical Internet Research</i> , 2021, 23, e25199.	2.1	12
107	Interâ€“relations among negative social control, selfâ€“efficacy, and physical activity in healthy couples. <i>British Journal of Health Psychology</i> , 2018, 23, 580-596.	1.9	11
108	Invisible Social Support and Invisible Social Control in Dual-smoker Coupleâ€™s Everyday Life: A Dyadic Perspective. <i>Annals of Behavioral Medicine</i> , 2019, 53, 527-540.	1.7	11

#	ARTICLE	IF	CITATIONS
109	How Do People Experience and Respond to Social Control From Their Partner? Three Daily Diary Studies. <i>Frontiers in Psychology</i> , 2020, 11, 613546.	1.1	11
110	Effects of received and mobilized support on recipients' and providers' self-efficacy beliefs: A 1-year follow-up study with patients receiving radical prostatectomy and their spouses. <i>International Journal of Psychology</i> , 2009, 44, 129-137.	1.7	10
111	Well-Being Curves Across Transitions. <i>Swiss Journal of Psychology</i> , 2010, 69, 15-29.	0.9	10
112	Examining gender differences in received, provided, and invisible social control: an application of the dual-effects model. <i>Anxiety, Stress and Coping</i> , 2014, 27, 678-694.	1.7	10
113	Effects of a New Sports Companion on Received Social Support and Physical Exercise: An Intervention Study. <i>Applied Psychology: Health and Well-Being</i> , 2014, 6, 300-317.	1.6	10
114	"We Feel Good": Daily Support Provision, Health Behavior, and Well-Being in Romantic Couples. <i>Frontiers in Psychology</i> , 2020, 11, 622492.	1.1	10
115	Leveraging Daily Social Experiences to Motivate Healthy Aging. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2021, 76, S157-S166.	2.4	10
116	Life Satisfaction and Burnout Among Heart, Lung, Liver, and Kidney Transplant Patients and Their Spouses. <i>Swiss Journal of Psychology</i> , 2012, 71, 125-134.	0.9	9
117	Transfer or Compensation?. <i>Swiss Journal of Psychology</i> , 2018, 77, 59-67.	0.9	9
118	Attitudes towards transplantation and medication among 121 heart, lung, liver and kidney recipients and their spouses. <i>Swiss Medical Weekly</i> , 2012, 142, w13595.	0.8	9
119	Physical activity after cardiac rehabilitation: Explicit and implicit attitudinal components and ambivalence.. <i>Health Psychology</i> , 2021, 40, 491-501.	1.3	9
120	Elena+ Care for COVID-19, a Pandemic Lifestyle Care Intervention: Intervention Design and Study Protocol. <i>Frontiers in Public Health</i> , 2021, 9, 625640.	1.3	9
121	The Interplay Between Strictness of Policies and Individuals' Self-Regulatory Efforts: Associations with Handwashing During the COVID-19 Pandemic. <i>Annals of Behavioral Medicine</i> , 2022, 56, 368-380.	1.7	9
122	Collaborative, dyadic, and individual planning and physical activity: A dyadic randomized controlled trial.. <i>Health Psychology</i> , 2022, 41, 134-144.	1.3	9
123	Evaluating the decisional balance construct of the Transtheoretical Model: are two dimensions of pros and cons really enough?. <i>International Journal of Public Health</i> , 2011, 56, 97-105.	1.0	8
124	The Down-Regulation of Disgust by Implementation Intentions: Experiential and Physiological Concomitants. <i>Applied Psychophysiology Biofeedback</i> , 2015, 40, 95-106.	1.0	8
125	Invisible Support: Effects on the Provider's Positive and Negative Affect. <i>Applied Psychology: Health and Well-Being</i> , 2016, 8, 172-191.	1.6	8
126	Prospective and retrospective memory are differentially related to self-rated omission and commission errors in medication adherence in multimorbidity. <i>Applied Neuropsychology Adult</i> , 2017, 24, 505-511.	0.7	8

#	ARTICLE	IF	CITATIONS
127	Robot-Supported Multiplayer Rehabilitation: Feasibility Study of Haptically Linked Patient-Spouse Training. , 2018, , .		8
128	Perceptions of Physical Activity Promotion, Transportation Support, Physical Activity, and Body Mass: an Insight into Parent-Child Dyadic Processes. <i>International Journal of Behavioral Medicine</i> , 2019, 26, 255-265.	0.8	8
129	Trait Versus State. <i>Zeitschrift Fur Gesundheitspsychologie</i> , 2014, 22, 156-164.	0.4	8
130	Predictors of dyadic planning: Perspectives of prostate cancer survivors and their partners. <i>British Journal of Health Psychology</i> , 2017, 22, 42-59.	1.9	7
131	Social cognitions and smoking behaviour: Temporal resolution matters. <i>British Journal of Health Psychology</i> , 2020, 25, 210-227.	1.9	7
132	Dyadic Behavior Change Interventions. , 2020, , 632-648.		7
133	Depression and anxiety in cardiac rehabilitation: differential associations with changes in exercise capacity and quality of life. <i>Anxiety, Stress and Coping</i> , 2022, 35, 204-218.	1.7	7
134	Motivation and Healthy Aging: A Heuristic Model. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2021, 76, S97-S104.	2.4	7
135	The mode of delivery and content of communication strategies used in mandatory and non-mandatory biosimilar transitions: a systematic review with meta-analysis. <i>Health Psychology Review</i> , 2023, 17, 148-168.	4.4	7
136	Can individual, dyadic, or collaborative planning reduce sedentary behavior? A randomized controlled trial. <i>Social Science and Medicine</i> , 2021, 287, 114336.	1.8	7
137	A bio-what? Medical companionsâ€™ perceptions towards biosimilars and information needs in rheumatology. <i>Rheumatology International</i> , 2022, 42, 1993-2002.	1.5	6
138	Dynamic associations between stress and relationship functioning in the wake of COVID-19: Longitudinal data from the German family panel (pairfam). <i>Journal of Social and Personal Relationships</i> , 2022, 39, 3183-3203.	1.4	6
139	Is Three a Crowd? The Influence of Companions on a Patientâ€™s Decision to Transition to a Biosimilar. <i>Annals of Behavioral Medicine</i> , 2022, 56, 512-522.	1.7	5
140	Control Strategies and Daily Affect. <i>GeroPsych: the Journal of Gerontopsychology and Geriatric Psychiatry</i> , 2020, 33, 155-169.	0.2	5
141	Goal Disengagement, Well-Being, and Goal Achievement in Romantic Couples Pursuing Health Behavior Change: Evidence from Two Daily Diary Studies. <i>Applied Psychology: Health and Well-Being</i> , 2017, 9, 36-59.	1.6	4
142	Why and for Whom May Coping Planning Have Adverse Effects? A Moderated Mediation Analysis. <i>Applied Psychology: Health and Well-Being</i> , 2018, 10, 272-289.	1.6	4
143	Do Daily Compensatory Health Beliefs Predict Intention to Quit and Smoking Behavior? A Daily Diary Study during Smoking Cessation. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6419.	1.2	4
144	VADLite. , 2019, , .		4

#	ARTICLE	IF	CITATIONS
145	Poster: DyMand – An Open-Source Mobile and Wearable System for Assessing Couples' Dyadic Management of Chronic Diseases. , 2019, , .		3
146	Daily support seeking as coping strategy in dual-smoker couples attempting to quit. <i>Psychology and Health</i> , 2022, 37, 811-827.	1.2	3
147	Cultivation or enabling? Day-to-day associations between self-efficacy and received support in couples. <i>Social Science and Medicine</i> , 2021, 287, 114330.	1.8	3
148	Invisible Social Control as Predictor of Daily Negative Affect and Smoking After a Self-Set Quit Date. <i>Zeitschrift Fur Gesundheitspsychologie</i> , 2014, 22, 165-174.	0.4	3
149	Gender Differences in Preventive Nutrition: An Exploratory Study Addressing Meat Consumption After Livestock Epidemics. <i>Irish Journal of Psychology</i> , 2005, 26, 101-113.	0.2	2
150	Emotional or instrumental support? Distinct effects on vigorous exercise and affect. <i>Psychology of Sport and Exercise</i> , 2017, 33, 66-74.	1.1	2
151	Compensation and transfer effects of eating behavior change in daily life: Evidence from a randomized controlled trial. <i>Appetite</i> , 2021, 162, 105170.	1.8	2
152	Dual-Focused Transformational Leadership, Teachers' Satisfaction of the Need for Relatedness, and the Mediating Role of Social Support. <i>Frontiers in Education</i> , 2021, 6, .	1.2	2
153	From a mother's point of view: Psycho-social predictors of maternal monitoring strategy and adolescents' electronic media use. <i>Journal of Adolescence</i> , 2021, 88, 134-145.	1.2	1
154	Long-Term and Transfer Effects of an Action Control Intervention in Overweight Couples: A Randomized Controlled Trial Using Text Messages. <i>Frontiers in Psychology</i> , 2021, 12, 754488.	1.1	1
155	One SMS a day keeps the stress away? A just-in-time planning intervention to reduce occupational stress among apprentices. <i>Applied Psychology: Health and Well-Being</i> , 2022, , .	1.6	1
156	Behavior Modification. , 2015, , 1-7.		0
157	Implementation of a Novel Medication Regimen Following Cardiac Rehabilitation: an Application of the Health Action Process Approach. <i>International Journal of Behavioral Medicine</i> , 2022, , 1.	0.8	0
158	The influence of individual and cultural factors on perceptions of alcohol control strategies among university students in Europe. <i>Drugs: Education, Prevention and Policy</i> , 2023, 30, 406-412.	0.8	0