## Brendan J Humphries

List of Publications by Year in descending order

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430874 477307 33 1,982 18 29 citations g-index h-index papers 33 33 33 1738 docs citations times ranked citing authors all docs

| #  | Article  | IF  | CITATIONS |
|----|--|-----|-----------|
| 1  | The optimal training load for the development of dynamic athletic performance. Medicine and Science in Sports and Exercise, 1993, 25, 1279???1286.   | 0.4 | 431       |
| 2  | Kinematics, Kinetics, and Muscle Activation during Explosive Upper Body Movements. Journal of Applied Biomechanics, 1996, 12, 31-43.   | 0.8 | 310       |
| 3  | Influence of load and stretch shortening cycle on the kinematics, kinetics and muscle activation that occurs during explosive upper-body movements. European Journal of Applied Physiology, 1997, 75, 333-342.   | 2.5 | 279       |
| 4  | The Effect of Short-Term Swiss Ball Training on Core Stability and Running Economy. Journal of Strength and Conditioning Research, 2004, 18, 522.  | 2.1 | 138       |
| 5  | Discriminating between elderly and young using a fractal dimension analysis of centre of pressure. International Journal of Medical Sciences, 2004, 1, 11-20.  | 2.5 | 108       |
| 6  | Determining the Optimal Load for Jump Squats: A Review of Methods and Calculations. Journal of Strength and Conditioning Research, 2004, 18, 668.  | 2.1 | 106       |
| 7  | The influence of physical and cognitive factors on reactive agility performance in men basketball players. Journal of Sports Sciences, 2014, 32, 367-374.  | 2.0 | 87        |
| 8  | Myoelectric evidence of peripheral muscle fatigue during exercise in severe hypoxia: some references to m. vastus lateralis myosin heavy chain composition. European Journal of Applied Physiology, 1997, 75, 151-159.   | 2.5 | 73        |
| 9  | 1,1,1-Trichloro-2,2-bis(p-Chlorophenyl)-Ethane (DDT) and Reduced Bone Mineral Density. Archives of Environmental Health, 2000, 55, 177-180.  | 0.4 | 60        |
| 10 | Effect of exercise intensity on bone density, strength, and calcium turnover in older women. Medicine and Science in Sports and Exercise, 2000, 32, 1043-1050.   | 0.4 | 52        |
| 11 | Neuromechanical strategies employed to increase jump height during the initiation of the squat jump.<br>Journal of Electromyography and Kinesiology, 2004, 14, 515-521.  | 1.7 | 38        |
| 12 | Prevalence and correlates of resistance training in a regional Australian population. British Journal of Sports Medicine, 2010, 44, 653-656.   | 6.7 | 36        |
| 13 | Electrophoretic Separation of Myosin Heavy Chain Isoforms in the Human M. Vastus Lateralis: References to Reproducibility and Relationships with Force, Electromechanical Delay, Fibre Conduction Velocity, Endurance and Electromyography. Archives of Physiology and Biochemistry, 1997, 105, 10-18. | 2.1 | 31        |
| 14 | Whole-Body Vibration Effects on Bone Mineral Density in Women With or Without Resistance Training. Aviation, Space, and Environmental Medicine, 2009, 80, 1025-1031.   | 0.5 | 31        |
| 15 | Further Evidence to Change the Medical Classification System of the National Wheelchair Basketball Association. Adapted Physical Activity Quarterly, 2004, 21, 63-70.  | 0.8 | 25        |
| 16 | The Influence of Variable Range of Motion Training on Neuromuscular Performance and Control of External Loads. Journal of Strength and Conditioning Research, 2011, 25, 704-711.   | 2.1 | 25        |
| 17 | The Effect of a Braking Device in Reducing the Ground Impact Forces Inherent in Plyometric Training. International Journal of Sports Medicine, 1995, 16, 129-133.  | 1.7 | 21        |
| 18 | A Comparison of Force Curve Profiles Between the Bench Press and Ballistic Bench Throws. Journal of Strength and Conditioning Research, 2008, 22, 1755-1759.   | 2.1 | 20        |

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|----|--|-----|-----------|
| 19 | Kinanthropometric and physiological characteristics of outrigger canoe paddlers. Journal of Sports Sciences, 2000, 18, 395-399.  | 2.0 | 19        |
| 20 | Moderate-Intensity Running Causes Intervertebral Disc Compression in Young Adults. Medicine and Science in Sports and Exercise, 2012, 44, 2199-2204.   | 0.4 | 15        |
| 21 | An Examination of Strength and Concentric Work Ratios During Variable Range of Motion Training. Journal of Strength and Conditioning Research, 2008, 22, 1716-1719.  | 2.1 | 14        |
| 22 | Validity of a Smartphone-Based Application for Determining Sprinting Performance. Hindawi Publishing Corporation, 2016, 2016, 1-5.   | 1.1 | 13        |
| 23 | The prevalence and performance of resistance exercise training activities in an Australian population in relation to health authority guidelines. Journal of Science and Medicine in Sport, 2018, 21, 616-620.                               | 1.3 | 12        |
| 24 | An examination of student preference for traditional didactic or chunking teaching strategies in an online learning environment. Research in Learning Technology, 0, 29, .   | 2.3 | 11        |
| 25 | Reliability of an electrophoretic and image processing analysis of human skeletal muscle taken from m. vastus lateralis. European Journal of Applied Physiology, 1997, 75, 532-536.  | 2.5 | 10        |
| 26 | Physiological and Fatigue Responses Associated With Male and Mixed-Gender Ultimate Frisbee Game Play. Journal of Strength and Conditioning Research, 2015, 29, 2600-2607.  | 2.1 | 7         |
| 27 | The Activity Intensities Reached When Playing Active Tennis Gaming Relative to Sedentary Gaming, Tennis Game-Play, and Current Activity Recommendations in Young Adults. Journal of Strength and Conditioning Research, 2013, 27, 2588-2595. | 2.1 | 4         |
| 28 | A Structured E-Investigation Into the Prevalence and Acceptance of Smartphone Applications by Exercise Professionals. Journal of Strength and Conditioning Research, 2020, 34, 1330-1339.  | 2.1 | 3         |
| 29 | Female Collegiate Windmill Pitchers: Influences to Injury Incidence. Journal of Strength and Conditioning Research, 2004, 18, 426-431.   | 2.1 | 2         |
| 30 | A novel approach to standardizing landing and balancing tasks in netball using single-leg horizontal jumps. Measurement in Physical Education and Exercise Science, 2018, 22, 294-302.   | 1.8 | 1         |
| 31 | Self-Reported Training Habits of Australian Outrigger Canoe Paddlers. Journal of Strength and Conditioning Research, 2002, 16, 477.  | 2.1 | 0         |
| 32 | Design of a Controlled-Release Ergometer for the Measurement of Musculotendinous Stiffness of the Knee Flexors. Journal of Strength and Conditioning Research, 2005, 19, 959.  | 2.1 | 0         |
| 33 | Comparison Of Two Techniques To Measure Musculotendinous Stiffness Of The Knee Flexors.<br>Medicine and Science in Sports and Exercise, 2005, 37, S91.   | 0.4 | 0         |