

# Thomas Kubiak

## List of Publications by Year in descending order

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Version: 2024-02-01

102  
papers

3,966  
citations

172386

29  
h-index

138417

58  
g-index

118  
all docs

118  
docs citations

118  
times ranked

5105  
citing authors

#	ARTICLE	IF	CITATIONS
1	Variability in negative affect is an important feature of neuroticism above mean negative affect once measurement issues are accounted for. <i>European Journal of Personality</i> , 2023, 37, 338-351.	1.9	3
2	Emotion regulation dynamics in daily life: Adaptive strategy use may be variable without being unstable and predictable without being autoregressive.. <i>Emotion</i> , 2022, 22, 1487-1504.	1.5	10
3	How much variance can event intensity and emotion regulation strategies explain in momentary affect in daily life?. <i>Emotion</i> , 2022, 22, 1969-1979.	1.5	6
4	Meta-review of implementation determinants for policies promoting healthy diet and physically active lifestyle: application of the Consolidated Framework for Implementation Research. <i>Implementation Science</i> , 2022, 17, 2.	2.5	20
5	Frameworks for implementation of policies promoting healthy nutrition and physically active lifestyle: systematic review. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2022, 19, 16.	2.0	10
6	Study Protocol for an Ecological Momentary Assessment Study: TempRes – Temporal Variability of Risk and Resilience Factors for Suicidal Ideation. <i>Frontiers in Psychiatry</i> , 2022, 13, 877283.	1.3	1
7	A Multilab Replication of the Ego Depletion Effect. <i>Social Psychological and Personality Science</i> , 2021, 12, 14-24.	2.4	73
8	Like clouds in a windy sky: Mindfulness training reduces negative affect reactivity in daily life in a randomized controlled trial. <i>Stress and Health</i> , 2021, 37, 232-242.	1.4	4
9	Examining five pathways on how self-control is associated with emotion regulation and affective well-being in daily life. <i>Journal of Personality</i> , 2021, 89, 451-467.	1.8	18
10	Diabetes technologies in people with type 1 diabetes mellitus and disordered eating: A systematic review on continuous subcutaneous insulin infusion, continuous glucose monitoring and automated insulin delivery. <i>Diabetic Medicine</i> , 2021, 38, e14581.	1.2	17
11	Data on diabetes-specific distress are needed to improve the quality of diabetes care. <i>Lancet, The</i> , 2021, 397, 2149.	6.3	4
12	A round peg in a square hole: strategy-situation fit of intra- and interpersonal emotion regulation strategies and controllability. <i>Cognition and Emotion</i> , 2020, 34, 1003-1009.	1.2	8
13	Comparative characteristics of older people with type 1 diabetes treated with continuous subcutaneous insulin infusion or insulin injection therapy: data from the German/Austrian DPV registry. <i>Diabetic Medicine</i> , 2020, 37, 856-862.	1.2	10
14	Neuroticism may reflect emotional variability when correcting for the confound with the mean. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2020, 117, 32857-32858.	3.3	7
15	Comment on: Comparative characteristics of older people with type 1 diabetes treated with continuous subcutaneous insulin infusion or insulin injection therapy: data from the German/Austrian DPV registry. Reply to Rigalleau et al .. <i>Diabetic Medicine</i> , 2020, 37, 1209-1210.	1.2	0
16	Increases of negative affect following daily hassles are not moderated by neuroticism: An ecological momentary assessment study. <i>Stress and Health</i> , 2020, 36, 615-628.	1.4	6
17	How mindfulness shapes the situational use of emotion regulation strategies in daily life. <i>Cognition and Emotion</i> , 2020, 34, 1408-1422.	1.2	16
18	Setbacks in Self-Control: Failing Not Mere Resisting Impairs Subsequent Self-Control. <i>Social Psychological and Personality Science</i> , 2020, 11, 782-790.	2.4	8

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19	Psychosocial aspects of diabetes technology. <i>Diabetic Medicine</i> , 2020, 37, 448-454.	1.2	22
20	A mind full of happiness: How mindfulness shapes affect dynamics in daily life.. <i>Emotion</i> , 2020, 20, 436-451.	1.5	20
21	Assessment of Microstressors in Adults: Questionnaire Development and Ecological Validation of the Mainz Inventory of Microstressors. <i>JMIR Mental Health</i> , 2020, 7, e14566.	1.7	34
22	Effects of an Ultra-brief Computer-based Mindfulness Training on Mindfulness and Self-control: a Randomised Controlled Trial Using a 40-Day Ecological Momentary Assessment. <i>Mindfulness</i> , 2019, 10, 2312-2326.	1.6	13
23	The Role of Self-Control and the Presence of Enactment Models on Sugar-Sweetened Beverage Consumption: A Pilot Study. <i>Frontiers in Psychology</i> , 2019, 10, 1511.	1.1	6
24	Comment on Umpierrez and Klonoff. Diabetes Technology Update: Use of Insulin Pumps and Continuous Glucose Monitoring in the Hospital. <i>Diabetes Care</i> 2018;41:1579-1589. <i>Diabetes Care</i> , 2019, 42, e64-e65.	4.3	1
25	Elderly Patients With Diabetes: Special Aspects to Consider. <i>Journal of Diabetes Science and Technology</i> , 2019, 13, 611-613.	1.3	2
26	Gamification and Behavior Change Techniques in Diabetes Self-Management Apps. <i>Journal of Diabetes Science and Technology</i> , 2019, 13, 954-958.	1.3	31
27	3. Der geriatrische Mensch mit Diabetes mellitus. , 2019, , 13-68.		0
28	Connecting Domainsâ€”Ecological Momentary Assessment in a Mobile Sensing Framework. <i>Studies in Neuroscience, Psychology and Behavioral Economics</i> , 2019, , 201-207.	0.1	18
29	The Limits of Ego Depletion. <i>Social Psychology</i> , 2019, 50, 292-304.	0.3	10
30	The Effects of Self-Control on Glucose Utilization in a Hyperinsulinemic Euglycemic Glucose Clamp. <i>European Journal of Health Psychology</i> , 2019, 26, 111-119.	0.3	1
31	Fear of hypoglycemia in patients with type 2 diabetes: The role of interoceptive accuracy and prior episodes of hypoglycemia. <i>Journal of Psychosomatic Research</i> , 2018, 105, 58-63.	1.2	21
32	Music Listening and Stress in Daily Lifeâ€”a Matter of Timing. <i>International Journal of Behavioral Medicine</i> , 2018, 25, 223-230.	0.8	23
33	Intervention studies to foster resilience â€” A systematic review and proposal for a resilience framework in future intervention studies. <i>Clinical Psychology Review</i> , 2018, 59, 78-100.	6.0	364
34	Are glucose profiles well-controlled within the targets recommended by the International diabetes Federation in type 2 diabetes? A meta-analysis of results from continuous glucose monitoring based studies. <i>Diabetes Research and Clinical Practice</i> , 2018, 146, 289-299.	1.1	5
35	Experiencing anger in a social interaction: The role of personality. <i>Personality and Individual Differences</i> , 2018, 132, 45-51.	1.6	47
36	Population-based validation of a German version of the Brief Resilience Scale. <i>PLoS ONE</i> , 2018, 13, e0192761.	1.1	138

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37	Adaptive modes of rumination: the role of subjective anger. <i>Cognition and Emotion</i> , 2017, 31, 580-589.	1.2	11
38	The power of status: What determines one's reactions to anger in a social situation?. <i>Personality and Individual Differences</i> , 2017, 114, 61-68.	1.6	2
39	The resilience framework as a strategy to combat stress-related disorders. <i>Nature Human Behaviour</i> , 2017, 1, 784-790.	6.2	420
40	Focus group study to identify the central facets of fear of hypoglycaemia in people with Type 2 diabetes mellitus. <i>Diabetic Medicine</i> , 2017, 34, 1765-1772.	1.2	12
41	Experiences from a Wearable-Mobile Acquisition System for Ambulatory Assessment of Diet and Activity. , 2017, , .		4
42	Determinants of diet and physical activity (DEDIPAC): a summary of findings. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 150.	2.0	59
43	The Benefits of Self-Set Goals: Is Ego Depletion Really a Result of Self-Control Failure?. <i>PLoS ONE</i> , 2016, 11, e0157009.	1.1	4
44	Response: Commentary: Heart rate variability and self-control—A meta-analysis. <i>Frontiers in Psychology</i> , 2016, 7, 1070.	1.1	13
45	Diabetes Technology and the Human Factor. <i>Diabetes Technology and Therapeutics</i> , 2016, 18, S-101-S-111.	2.4	8
46	The effects of computer-based mindfulness training on Self-control and Mindfulness within Ambulatorily assessed network Systems across Health-related domains in a healthy student population (SMASH): study protocol for a randomized controlled trial. <i>Trials</i> , 2016, 17, 570.	0.7	12
47	Psychosocial Aspects of Continuous Glucose Monitoring. <i>Journal of Diabetes Science and Technology</i> , 2016, 10, 859-863.	1.3	29
48	Glucose metabolism and self-regulation — Is insulin resistance a valid proxy of self-control?. <i>Personality and Individual Differences</i> , 2016, 99, 38-45.	1.6	4
49	Restrained eating predicts effortful self-control as indicated by heart rate variability during food exposure. <i>Appetite</i> , 2016, 96, 502-508.	1.8	22
50	Self-Control in Daily Life. <i>Social Psychological and Personality Science</i> , 2016, 7, 195-203.	2.4	9
51	Continuous Glucose Monitoring in Type 1 Diabetes. <i>Journal of Diabetes Science and Technology</i> , 2016, 10, 633-639.	1.3	35
52	Heart rate variability and self-control—A meta-analysis. <i>Biological Psychology</i> , 2016, 115, 9-26.	1.1	112
53	Ambulatory assessment as a means of longitudinal phenotypes characterization in psychiatric disorders. <i>Neuroscience Research</i> , 2016, 102, 13-21.	1.0	7
54	PsychDT Working Group. <i>Journal of Diabetes Science and Technology</i> , 2015, 9, 925-928.	1.3	13

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55	Diabetes: Psychosocial Aspects. , 2015, , 337-341.		0
56	Patient-Reported Outcomes and Continuous Glucose Monitoring: Can We Do Better With Artificial Pancreas Devices?. Diabetes Care, 2015, 38, e70-e70.	4.3	10
57	Affective consequences of optimism and pessimism in the face of failure: Evidence of a moderation by attribution. Personality and Individual Differences, 2015, 83, 154-157.	1.6	3
58	Curb your neuroticism â€“ Mindfulness mediates the link between neuroticism and subjective well-being. Personality and Individual Differences, 2015, 80, 68-75.	1.6	50
59	Positive Beliefs about Rumination Are Associated with Ruminative Thinking and Affect in Daily Life: Evidence for a Metacognitive View on Depression. Behavioural and Cognitive Psychotherapy, 2014, 42, 568-576.	0.9	15
60	Towards the integration and development of a cross-European research network and infrastructure: the DETERminants of Diet and Physical ACTivity (DEDIPAC) Knowledge Hub. International Journal of Behavioral Nutrition and Physical Activity, 2014, 11, 143.	2.0	68
61	Positive affect and self-control: Attention to self-control demands mediates the influence of positive affect on consecutive self-control. Cognition and Emotion, 2014, 28, 747-755.	1.2	13
62	Disentangling the effects of optimism and attributions on feelings of success. Personality and Individual Differences, 2014, 56, 78-82.	1.6	1
63	Correlation between cell free DNA levels and medical evaluation of disease progression in systemic lupus erythematosus patients. Cellular Immunology, 2014, 292, 32-39.	1.4	58
64	Psychological insulin resistance in geriatric patients with diabetes mellitus. Patient Education and Counseling, 2014, 94, 417-422.	1.0	45
65	Direct Quantification of Cell-Free, Circulating DNA from Unpurified Plasma. PLoS ONE, 2014, 9, e87838.	1.1	115
66	Spezielle Situationen. , 2014, , 261-300.		0
67	Cooperation between community pharmacists and general practitioners in eastern Germany: attitudes and needs. International Journal of Clinical Pharmacy, 2013, 35, 584-592.	1.0	20
68	Cardiac vagal tone is associated with social engagement and self-regulation. Biological Psychology, 2013, 93, 279-286.	1.1	239
69	Prognosis of Patients Listed for a Heart Transplant During the Pretransplant Period: Does Diabetes Matter?. Diabetes Care, 2013, 36, e45-e46.	4.3	3
70	The Differential Relations between Perceived Social Support and Rumination-Associated Goals. Journal of Social and Clinical Psychology, 2013, 32, 1075-1094.	0.2	2
71	Understanding the limits of self-control: Positive affect moderates the impact of task switching on consecutive self-control performance. European Journal of Social Psychology, 2013, 43, 175-184.	1.5	15
72	Ambulatory Monitoring of Biobehavioral Processes in Health and Disease. Psychosomatic Medicine, 2012, 74, 325-326.	1.3	24

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73	Trait anger moderates the impact of anger-associated rumination on social well-being. <i>Personality and Individual Differences</i> , 2011, 51, 769-774.	1.6	16
74	The more the better? The relationship between mismatches in social support and subjective well-being in daily life. <i>Journal of Health Psychology</i> , 2011, 16, 621-631.	1.3	45
75	Habitual Goals and Strategies in Anger Regulation. <i>Journal of Individual Differences</i> , 2011, 32, 1-13.	0.5	66
76	The impact of heart rate variability on subjective well-being is mediated by emotion regulation. <i>Personality and Individual Differences</i> , 2010, 49, 723-728.	1.6	194
77	Continuous Glucose Monitoring Reveals Associations of Glucose Levels with QT Interval Length. <i>Diabetes Technology and Therapeutics</i> , 2010, 12, 283-286.	2.4	24
78	Analysis of GlucoMen <sup>®</sup> Day: A Novel Microdialysis-Based Continuous Glucose Monitor. <i>Journal of Diabetes Science and Technology</i> , 2010, 4, 1193-1194.	1.3	0
79	Long-Term Effect of an Education Program (HyPOS) on the Incidence of Severe Hypoglycemia in Patients With Type 1 Diabetes. <i>Diabetes Care</i> , 2010, 33, e36-e36.	4.3	42
80	Development and Testing of the Insulin Treatment Experience Questionnaire (ITEQ). <i>Patient</i> , 2010, 3, 45-58.	1.1	8
81	The Decade of Behavior Revisited. <i>European Journal of Psychological Assessment</i> , 2010, 26, 151-153.	1.7	9
82	Ambulatory Assessment. <i>European Psychologist</i> , 2009, 14, 95-97.	1.8	22
83	Heart rate variability predicts self-control in goal pursuit. <i>European Journal of Personality</i> , 2009, 23, 623-633.	1.9	44
84	SGS: a structured treatment and teaching programme for older patients with diabetes mellitus—a prospective randomised controlled multi-centre trial. <i>Age and Ageing</i> , 2009, 38, 390-396.	0.7	71
85	Effects of metabolic control, patient education and initiation of insulin therapy on the quality of life of patients with type 2 diabetes mellitus. <i>Patient Education and Counseling</i> , 2008, 73, 50-59.	1.0	44
86	Daily hassles and emotional eating in obese adolescents under restricted dietary conditions—The role of ruminative thinking. <i>Appetite</i> , 2008, 51, 206-209.	1.8	47
87	Applying Circular Statistics to the Analysis of Monitoring Data. <i>European Journal of Psychological Assessment</i> , 2007, 23, 227-237.	1.7	23
88	Clinical Depression Versus Distress Among Patients With Type 2 Diabetes: Not Just a Question of Semantics: Response to Fisher et al.. <i>Diabetes Care</i> , 2007, 30, e100-e100.	4.3	5
89	PDB78 COMPARISONS BETWEEN ITEQ AND DTSQ IN A SAMPLE OF TYPE 2 DIABETES MELLITUS PATIENTS. <i>Value in Health</i> , 2007, 10, A278-A279.	0.1	0
90	The effect of an education programme (HyPOS) to treat hypoglycaemia problems in patients with type 1 diabetes. <i>Diabetes/Metabolism Research and Reviews</i> , 2007, 23, 528-538.	1.7	58

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91	Association of glucose levels and glucose variability with mood in type 1 diabetic patients. <i>Diabetologia</i> , 2007, 50, 930-933.	2.9	57
92	Psychological and Psychophysiological Ambulatory Monitoring. <i>European Journal of Psychological Assessment</i> , 2007, 23, 214-226.	1.7	67
93	Behandlung psychischer Störungen bei Diabetes mellitus. , 2007, , 111-123.		1
94	How to screen for depression and emotional problems in patients with diabetes: comparison of screening characteristics of depression questionnaires, measurement of diabetes-specific emotional problems and standard clinical assessment. <i>Diabetologia</i> , 2006, 49, 469-477.	2.9	271
95	Evaluation of a self-management-based patient education program for the treatment and prevention of hypoglycemia-related problems in type 1 diabetes. <i>Patient Education and Counseling</i> , 2006, 60, 228-234.	1.0	25
96	Microdialysis-Based 48-Hour Continuous Glucose Monitoring with GlucoDay <sup>®</sup> : Clinical Performance and Patients' Acceptance. <i>Diabetes Technology and Therapeutics</i> , 2006, 8, 570-575.	2.4	32
97	Affective and anxiety disorders in a German sample of diabetic patients: prevalence, comorbidity and risk factors. <i>Diabetic Medicine</i> , 2005, 22, 293-300.	1.2	149
98	Memory Impairments Associated With Postprandial Hyperglycemia and Glycemic Control: Comment on Greenwood et al.. <i>Diabetes Care</i> , 2004, 27, 633-634.	4.3	1
99	Reversible cognitive deterioration after a single episode of severe hypoglycaemia: a case report. <i>Diabetic Medicine</i> , 2004, 21, 1366-1367.	1.2	8
100	Assessment of hypoglycaemia awareness using continuous glucose monitoring. <i>Diabetic Medicine</i> , 2004, 21, 487-490.	1.2	50
101	Emotional changes during experimentally induced hypoglycaemia in type 1 diabetes. <i>Biological Psychology</i> , 2003, 63, 15-44.	1.1	28
102	Ambulatory Monitoring and Ambulatory Assessment in Personality Research. , 0, , 305-316.		3