

Thomas Kubiak

List of Publications by Year in descending order

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Version: 2024-02-01

102
papers

3,966
citations

172386

29
h-index

138417

58
g-index

118
all docs

118
docs citations

118
times ranked

5105
citing authors

#	ARTICLE	IF	CITATIONS
1	The resilience framework as a strategy to combat stress-related disorders. <i>Nature Human Behaviour</i> , 2017, 1, 784-790.	6.2	420
2	Intervention studies to foster resilience – A systematic review and proposal for a resilience framework in future intervention studies. <i>Clinical Psychology Review</i> , 2018, 59, 78-100.	6.0	364
3	How to screen for depression and emotional problems in patients with diabetes: comparison of screening characteristics of depression questionnaires, measurement of diabetes-specific emotional problems and standard clinical assessment. <i>Diabetologia</i> , 2006, 49, 469-477.	2.9	271
4	Cardiac vagal tone is associated with social engagement and self-regulation. <i>Biological Psychology</i> , 2013, 93, 279-286.	1.1	239
5	The impact of heart rate variability on subjective well-being is mediated by emotion regulation. <i>Personality and Individual Differences</i> , 2010, 49, 723-728.	1.6	194
6	Affective and anxiety disorders in a German sample of diabetic patients: prevalence, comorbidity and risk factors. <i>Diabetic Medicine</i> , 2005, 22, 293-300.	1.2	149
7	Population-based validation of a German version of the Brief Resilience Scale. <i>PLoS ONE</i> , 2018, 13, e0192761.	1.1	138
8	Direct Quantification of Cell-Free, Circulating DNA from Unpurified Plasma. <i>PLoS ONE</i> , 2014, 9, e87838.	1.1	115
9	Heart rate variability and self-control – A meta-analysis. <i>Biological Psychology</i> , 2016, 115, 9-26.	1.1	112
10	A Multilab Replication of the Ego Depletion Effect. <i>Social Psychological and Personality Science</i> , 2021, 12, 14-24.	2.4	73
11	SGS: a structured treatment and teaching programme for older patients with diabetes mellitus – a prospective randomised controlled multi-centre trial. <i>Age and Ageing</i> , 2009, 38, 390-396.	0.7	71
12	Towards the integration and development of a cross-European research network and infrastructure: the DETERminants of Diet and Physical ACTivity (DEDIPAC) Knowledge Hub. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 143.	2.0	68
13	Psychological and Psychophysiological Ambulatory Monitoring. <i>European Journal of Psychological Assessment</i> , 2007, 23, 214-226.	1.7	67
14	Habitual Goals and Strategies in Anger Regulation. <i>Journal of Individual Differences</i> , 2011, 32, 1-13.	0.5	66
15	Determinants of diet and physical activity (DEDIPAC): a summary of findings. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 150.	2.0	59
16	The effect of an education programme (HyPOS) to treat hypoglycaemia problems in patients with type 1 diabetes. <i>Diabetes/Metabolism Research and Reviews</i> , 2007, 23, 528-538.	1.7	58
17	Correlation between cell free DNA levels and medical evaluation of disease progression in systemic lupus erythematosus patients. <i>Cellular Immunology</i> , 2014, 292, 32-39.	1.4	58
18	Association of glucose levels and glucose variability with mood in type 1 diabetic patients. <i>Diabetologia</i> , 2007, 50, 930-933.	2.9	57

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19	Assessment of hypoglycaemia awareness using continuous glucose monitoring. <i>Diabetic Medicine</i> , 2004, 21, 487-490.	1.2	50
20	Curb your neuroticism â€“ Mindfulness mediates the link between neuroticism and subjective well-being. <i>Personality and Individual Differences</i> , 2015, 80, 68-75.	1.6	50
21	Daily hassles and emotional eating in obese adolescents under restricted dietary conditionsâ€”The role of ruminative thinking. <i>Appetite</i> , 2008, 51, 206-209.	1.8	47
22	Experiencing anger in a social interaction: The role of personality. <i>Personality and Individual Differences</i> , 2018, 132, 45-51.	1.6	47
23	The more the better? The relationship between mismatches in social support and subjective well-being in daily life. <i>Journal of Health Psychology</i> , 2011, 16, 621-631.	1.3	45
24	Psychological insulin resistance in geriatric patients with diabetes mellitus. <i>Patient Education and Counseling</i> , 2014, 94, 417-422.	1.0	45
25	Effects of metabolic control, patient education and initiation of insulin therapy on the quality of life of patients with type 2 diabetes mellitus. <i>Patient Education and Counseling</i> , 2008, 73, 50-59.	1.0	44
26	Heart rate variability predicts selfâ€“control in goal pursuit. <i>European Journal of Personality</i> , 2009, 23, 623-633.	1.9	44
27	Long-Term Effect of an Education Program (HyPOS) on the Incidence of Severe Hypoglycemia in Patients With Type 1 Diabetes. <i>Diabetes Care</i> , 2010, 33, e36-e36.	4.3	42
28	Continuous Glucose Monitoring in Type 1 Diabetes. <i>Journal of Diabetes Science and Technology</i> , 2016, 10, 633-639.	1.3	35
29	Assessment of Microstressors in Adults: Questionnaire Development and Ecological Validation of the Mainz Inventory of Microstressors. <i>JMIR Mental Health</i> , 2020, 7, e14566.	1.7	34
30	Microdialysis-Based 48-Hour Continuous Glucose Monitoring with GlucoDayâ„¢: Clinical Performance and Patients' Acceptance. <i>Diabetes Technology and Therapeutics</i> , 2006, 8, 570-575.	2.4	32
31	Gamification and Behavior Change Techniques in Diabetes Self-Management Apps. <i>Journal of Diabetes Science and Technology</i> , 2019, 13, 954-958.	1.3	31
32	Psychosocial Aspects of Continuous Glucose Monitoring. <i>Journal of Diabetes Science and Technology</i> , 2016, 10, 859-863.	1.3	29
33	Emotional changes during experimentally induced hypoglycaemia in type 1 diabetes. <i>Biological Psychology</i> , 2003, 63, 15-44.	1.1	28
34	Evaluation of a self-management-based patient education program for the treatment and prevention of hypoglycemia-related problems in type 1 diabetes. <i>Patient Education and Counseling</i> , 2006, 60, 228-234.	1.0	25
35	Continuous Glucose Monitoring Reveals Associations of Glucose Levels with QT Interval Length. <i>Diabetes Technology and Therapeutics</i> , 2010, 12, 283-286.	2.4	24
36	Ambulatory Monitoring of Biobehavioral Processes in Health and Disease. <i>Psychosomatic Medicine</i> , 2012, 74, 325-326.	1.3	24

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37	Applying Circular Statistics to the Analysis of Monitoring Data. <i>European Journal of Psychological Assessment</i> , 2007, 23, 227-237.	1.7	23
38	Music Listening and Stress in Daily Life—A Matter of Timing. <i>International Journal of Behavioral Medicine</i> , 2018, 25, 223-230.	0.8	23
39	Ambulatory Assessment. <i>European Psychologist</i> , 2009, 14, 95-97.	1.8	22
40	Restrained eating predicts effortful self-control as indicated by heart rate variability during food exposure. <i>Appetite</i> , 2016, 96, 502-508.	1.8	22
41	Psychosocial aspects of diabetes technology. <i>Diabetic Medicine</i> , 2020, 37, 448-454.	1.2	22
42	Fear of hypoglycemia in patients with type 2 diabetes: The role of interoceptive accuracy and prior episodes of hypoglycemia. <i>Journal of Psychosomatic Research</i> , 2018, 105, 58-63.	1.2	21
43	Cooperation between community pharmacists and general practitioners in eastern Germany: attitudes and needs. <i>International Journal of Clinical Pharmacy</i> , 2013, 35, 584-592.	1.0	20
44	A mind full of happiness: How mindfulness shapes affect dynamics in daily life.. <i>Emotion</i> , 2020, 20, 436-451.	1.5	20
45	Meta-review of implementation determinants for policies promoting healthy diet and physically active lifestyle: application of the Consolidated Framework for Implementation Research. <i>Implementation Science</i> , 2022, 17, 2.	2.5	20
46	Examining five pathways on how self-control is associated with emotion regulation and affective well-being in daily life. <i>Journal of Personality</i> , 2021, 89, 451-467.	1.8	18
47	Connecting Domains—Ecological Momentary Assessment in a Mobile Sensing Framework. <i>Studies in Neuroscience, Psychology and Behavioral Economics</i> , 2019, , 201-207.	0.1	18
48	Diabetes technologies in people with type 1 diabetes mellitus and disordered eating: A systematic review on continuous subcutaneous insulin infusion, continuous glucose monitoring and automated insulin delivery. <i>Diabetic Medicine</i> , 2021, 38, e14581.	1.2	17
49	Trait anger moderates the impact of anger-associated rumination on social well-being. <i>Personality and Individual Differences</i> , 2011, 51, 769-774.	1.6	16
50	How mindfulness shapes the situational use of emotion regulation strategies in daily life. <i>Cognition and Emotion</i> , 2020, 34, 1408-1422.	1.2	16
51	Understanding the limits of self-control: Positive affect moderates the impact of task switching on consecutive self-control performance. <i>European Journal of Social Psychology</i> , 2013, 43, 175-184.	1.5	15
52	Positive Beliefs about Rumination Are Associated with Ruminative Thinking and Affect in Daily Life: Evidence for a Metacognitive View on Depression. <i>Behavioural and Cognitive Psychotherapy</i> , 2014, 42, 568-576.	0.9	15
53	Positive affect and self-control: Attention to self-control demands mediates the influence of positive affect on consecutive self-control. <i>Cognition and Emotion</i> , 2014, 28, 747-755.	1.2	13
54	PsychDT Working Group. <i>Journal of Diabetes Science and Technology</i> , 2015, 9, 925-928.	1.3	13

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55	Response: Commentary: Heart rate variability and self-control—A meta-analysis. <i>Frontiers in Psychology</i> , 2016, 7, 1070.	1.1	13
56	Effects of an Ultra-brief Computer-based Mindfulness Training on Mindfulness and Self-control: a Randomised Controlled Trial Using a 40-Day Ecological Momentary Assessment. <i>Mindfulness</i> , 2019, 10, 2312-2326.	1.6	13
57	The effects of computer-based mindfulness training on Self-control and Mindfulness within Ambulatorily assessed network Systems across Health-related domains in a healthy student population (SMASH): study protocol for a randomized controlled trial. <i>Trials</i> , 2016, 17, 570.	0.7	12
58	Focus group study to identify the central facets of fear of hypoglycaemia in people with Type 2 diabetes mellitus. <i>Diabetic Medicine</i> , 2017, 34, 1765-1772.	1.2	12
59	Adaptive modes of rumination: the role of subjective anger. <i>Cognition and Emotion</i> , 2017, 31, 580-589.	1.2	11
60	Patient-Reported Outcomes and Continuous Glucose Monitoring: Can We Do Better With Artificial Pancreas Devices?. <i>Diabetes Care</i> , 2015, 38, e70-e70.	4.3	10
61	Comparative characteristics of older people with type 1 diabetes treated with continuous subcutaneous insulin infusion or insulin injection therapy: data from the German/Austrian DPV registry. <i>Diabetic Medicine</i> , 2020, 37, 856-862.	1.2	10
62	Emotion regulation dynamics in daily life: Adaptive strategy use may be variable without being unstable and predictable without being autoregressive.. <i>Emotion</i> , 2022, 22, 1487-1504.	1.5	10
63	The Limits of Ego Depletion. <i>Social Psychology</i> , 2019, 50, 292-304.	0.3	10
64	Frameworks for implementation of policies promoting healthy nutrition and physically active lifestyle: systematic review. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2022, 19, 16.	2.0	10
65	Self-Control in Daily Life. <i>Social Psychological and Personality Science</i> , 2016, 7, 195-203.	2.4	9
66	The Decade of Behavior Revisited. <i>European Journal of Psychological Assessment</i> , 2010, 26, 151-153.	1.7	9
67	Reversible cognitive deterioration after a single episode of severe hypoglycaemia: a case report. <i>Diabetic Medicine</i> , 2004, 21, 1366-1367.	1.2	8
68	Development and Testing of the Insulin Treatment Experience Questionnaire (ITEQ). <i>Patient</i> , 2010, 3, 45-58.	1.1	8
69	Diabetes Technology and the Human Factor. <i>Diabetes Technology and Therapeutics</i> , 2016, 18, S-101-S-111.	2.4	8
70	A round peg in a square hole: strategy-situation fit of intra- and interpersonal emotion regulation strategies and controllability. <i>Cognition and Emotion</i> , 2020, 34, 1003-1009.	1.2	8
71	Setbacks in Self-Control: Failing Not Mere Resisting Impairs Subsequent Self-Control. <i>Social Psychological and Personality Science</i> , 2020, 11, 782-790.	2.4	8
72	Ambulatory assessment as a means of longitudinal phenotypes characterization in psychiatric disorders. <i>Neuroscience Research</i> , 2016, 102, 13-21.	1.0	7

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73	Neuroticism may reflect emotional variability when correcting for the confound with the mean. Proceedings of the National Academy of Sciences of the United States of America, 2020, 117, 32857-32858.	3.3	7
74	The Role of Self-Control and the Presence of Enactment Models on Sugar-Sweetened Beverage Consumption: A Pilot Study. Frontiers in Psychology, 2019, 10, 1511.	1.1	6
75	Increases of negative affect following daily hassles are not moderated by neuroticism: An ecological momentary assessment study. Stress and Health, 2020, 36, 615-628.	1.4	6
76	How much variance can event intensity and emotion regulation strategies explain in momentary affect in daily life?. Emotion, 2022, 22, 1969-1979.	1.5	6
77	Clinical Depression Versus Distress Among Patients With Type 2 Diabetes: Not Just a Question of Semantics: Response to Fisher et al.. Diabetes Care, 2007, 30, e100-e100.	4.3	5
78	Are glucose profiles well-controlled within the targets recommended by the International diabetes Federation in type 2 diabetes? A meta-analysis of results from continuous glucose monitoring based studies. Diabetes Research and Clinical Practice, 2018, 146, 289-299.	1.1	5
79	The Benefits of Self-Set Goals: Is Ego Depletion Really a Result of Self-Control Failure?. PLoS ONE, 2016, 11, e0157009.	1.1	4
80	Glucose metabolism and self-regulation – Is insulin resistance a valid proxy of self-control?. Personality and Individual Differences, 2016, 99, 38-45.	1.6	4
81	Experiences from a Wearable-Mobile Acquisition System for Ambulatory Assessment of Diet and Activity. , 2017, , .		4
82	Like clouds in a windy sky: Mindfulness training reduces negative affect reactivity in daily life in a randomized controlled trial. Stress and Health, 2021, 37, 232-242.	1.4	4
83	Data on diabetes-specific distress are needed to improve the quality of diabetes care. Lancet, The, 2021, 397, 2149.	6.3	4
84	Prognosis of Patients Listed for a Heart Transplant During the Pretransplant Period: Does Diabetes Matter?. Diabetes Care, 2013, 36, e45-e46.	4.3	3
85	Affective consequences of optimism and pessimism in the face of failure: Evidence of a moderation by attribution. Personality and Individual Differences, 2015, 83, 154-157.	1.6	3
86	Ambulatory Monitoring and Ambulatory Assessment in Personality Research. , 0, , 305-316.		3
87	Variability in negative affect is an important feature of neuroticism above mean negative affect once measurement issues are accounted for. European Journal of Personality, 2023, 37, 338-351.	1.9	3
88	The Differential Relations between Perceived Social Support and Rumination-Associated Goals. Journal of Social and Clinical Psychology, 2013, 32, 1075-1094.	0.2	2
89	The power of status: What determines one's reactions to anger in a social situation?. Personality and Individual Differences, 2017, 114, 61-68.	1.6	2
90	Elderly Patients With Diabetes: Special Aspects to Consider. Journal of Diabetes Science and Technology, 2019, 13, 611-613.	1.3	2

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91	Memory Impairments Associated With Postprandial Hyperglycemia and Glycemic Control: Comment on Greenwood et al.. Diabetes Care, 2004, 27, 633-634.	4.3	1
92	Disentangling the effects of optimism and attributions on feelings of success. Personality and Individual Differences, 2014, 56, 78-82.	1.6	1
93	Comment on Umpierrez and Klonoff. Diabetes Technology Update: Use of Insulin Pumps and Continuous Glucose Monitoring in the Hospital. Diabetes Care 2018;41:1579â€“1589. Diabetes Care, 2019, 42, e64-e65.	4.3	1
94	The Effects of Self-Control on Glucose Utilization in a Hyperinsulinemic Euglycemic Glucose Clamp. European Journal of Health Psychology, 2019, 26, 111-119.	0.3	1
95	Behandlung psychischer StÃ¶rungen bei Diabetes mellitus. , 2007, , 111-123.		1
96	Study Protocol for an Ecological Momentary Assessment Study: TempRes â€œTemporal Variability of Risk and Resilience Factors for Suicidal Ideationâ€ Frontiers in Psychiatry, 2022, 13, 877283.	1.3	1
97	PDB78 COMPARISONS BETWEEN ITEQAND DTSQ IN A SAMPLE OF TYPE 2 DIABETES MELLITUS PATIENTS. Value in Health, 2007, 10, A278-A279.	0.1	0
98	Analysis of GlucoMenÂ®Day: A Novel Microdialysis-Based Continuous Glucose Monitor. Journal of Diabetes Science and Technology, 2010, 4, 1193-1194.	1.3	0
99	Diabetes: Psychosocial Aspects. , 2015, , 337-341.		0
100	3. Der geriatrische Mensch mit Diabetes mellitus. , 2019, , 13-68.		0
101	Comment on: Comparative characteristics of older people with type 1 diabetes treated with continuous subcutaneous insulin infusion or insulin injection therapy: data from the German/Austrian DPV registry. Reply to Rigalleau et al .. Diabetic Medicine, 2020, 37, 1209-1210.	1.2	0
102	Spezielle Situationen. , 2014, , 261-300.		0