## Matti T J Heino

List of Publications by Year in descending order

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ΜΑΤΤΙ ΤΙ ΗΕΙΝΟ

#	Article	IF	CITATIONS
1	The compendium of self-enactable techniques to change and self-manage motivation and behaviour v.1.0. Nature Human Behaviour, 2020, 4, 215-223.	6.2	116
2	What explains the socioeconomic status gap in activity? Educational differences in determinants of physical activity and screentime. BMC Public Health, 2017, 17, 144.	1.2	92
3	â€~Let's Move It' – a school-based multilevel intervention to increase physical activity and reduce sedentary behaviour among older adolescents in vocational secondary schools: a study protocol for a cluster-randomised trial. BMC Public Health, 2016, 16, 451.	1.2	81
4	Studying Behaviour Change Mechanisms under Complexity. Behavioral Sciences (Basel, Switzerland), 2021, 11, 77.	1.0	36
5	Randomised controlled feasibility study of a school-based multi-level intervention to increase physical activity and decrease sedentary behaviour among vocational school students. International Journal of Behavioral Nutrition and Physical Activity, 2017, 14, 37.	2.0	27
6	Bayesian evaluation of behavior change interventions: a brief introduction and a practical example. Health Psychology and Behavioral Medicine, 2018, 6, 49-78.	0.8	18
7	Characterizing and predicting person-specific, day-to-day, fluctuations in walking behavior. PLoS ONE, 2021, 16, e0251659.	1.1	16
8	White Paper: Open Digital Health – accelerating transparent and scalable health promotion and treatment. Health Psychology Review, 2022, 16, 475-491.	4.4	16
9	Visualisation and network analysis of physical activity and its determinants: Demonstrating opportunities in analysing baseline associations in the Let's Move It trial. Health Psychology and Behavioral Medicine, 2019, 7, 269-289.	0.8	10
10	Promoting scientific integrity through open science in health psychology: results of the Synergy Expert Meeting of the European health psychology society. Health Psychology Review, 2021, 15, 333-349.	4.4	8
11	Commentary: Reproducibility in Psychological Science: When Do Psychological Phenomena Exist?. Frontiers in Psychology, 2017, 8, 1004.	1.1	4
12	Simple and rationale-providing SMS reminders to promote accelerometer use: a within-trial randomised trial comparing persuasive messages. BMC Public Health, 2018, 18, 1352.	1.2	3
13	Cognitive Dynamics of a Single Subject: 1428 Stroop Tests and Other Measures in a Mindfulness Meditation Context Over 2.5 Years. , 2022, 10, .		0