

# Julianne Holt-Lunstad

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

44  
papers

8,314  
citations

23  
h-index

49  
g-index

49  
ext. papers

10,465  
ext. citations

5.4  
avg, IF

6.88  
L-index

#	Paper	IF	Citations
44	Positive Social Connection: A Key Pillar of Lifestyle Medicine.. <i>Journal of Family Practice</i> , <b>2022</b> , 71, S38-S40 <sub>2</sub>		
43	Social Connection as a Public Health Issue: The Evidence and a Systemic Framework for Prioritizing the "Social" in Social Determinants of Health.. <i>Annual Review of Public Health</i> , <b>2022</b> ,	20.6	7
42	Isolation in the Time of Covid: What is the True Cost, and How Will we Know?. <i>American Journal of Health Promotion</i> , <b>2022</b> , 36, 380-382	2.5	0
41	NAMS 2021 Utian Translational Science SymposiumSeptember 2021, Washington, DCCharting the path to health in midlife and beyond: the biology and practice of wellness.. <i>Menopause</i> , <b>2022</b> , 29, 504-513 <sup>3.5</sup>		
40	Social Integration <b>2021</b> , 4577-4586		
39	Loneliness and Social Isolation as Risk Factors: The Power of Social Connection in Prevention. <i>American Journal of Lifestyle Medicine</i> , <b>2021</b> , 15, 567-573	1.9	7
38	Effects of psychosocial support interventions on survival in inpatient and outpatient healthcare settings: A meta-analysis of 106 randomized controlled trials. <i>PLoS Medicine</i> , <b>2021</b> , 18, e1003595	11.6	6
37	The Major Health Implications of Social Connection. <i>Current Directions in Psychological Science</i> , <b>2021</b> , 30, 251-259	6.5	13
36	Social Isolation and Loneliness Among San Francisco Bay Area Older Adults During the COVID-19 Shelter-in-Place Orders. <i>Journal of the American Geriatrics Society</i> , <b>2021</b> , 69, 20-29	5.6	88
35	A pandemic of social isolation?. <i>World Psychiatry</i> , <b>2021</b> , 20, 55-56	14.4	14
34	A randomised controlled trial of the Nextdoor Kind Challenge: a study protocol. <i>BMC Public Health</i> , <b>2021</b> , 21, 1510	4.1	0
33	Impact of the COVID-19 Pandemic on Loneliness and Social Isolation: A Multi-Country Study. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	12
32	Social isolation: An underappreciated determinant of physical health. <i>Current Opinion in Psychology</i> , <b>2021</b> , 43, 232-237	6.2	4
31	The economic costs of loneliness: a review of cost-of-illness and economic evaluation studies. <i>Social Psychiatry and Psychiatric Epidemiology</i> , <b>2020</b> , 55, 823-836	4.5	26
30	Reply to: Older People's Loneliness in Clinical Work. <i>Journal of the American Geriatrics Society</i> , <b>2019</b> , 67, 2212-2213	5.6	
29	Social Ambivalence and Disease (SAD): A Theoretical Model Aimed at Understanding the Health Implications of Ambivalent Relationships. <i>Perspectives on Psychological Science</i> , <b>2019</b> , 14, 941-966	9.8	19
28	A Practical Approach to Assessing and Mitigating Loneliness and Isolation in Older Adults. <i>Journal of the American Geriatrics Society</i> , <b>2019</b> , 67, 657-662	5.6	58

27	Where is the love? A double-blind, randomized study of the effects of intranasal oxytocin on stress regulation and aggression. <i>International Journal of Psychophysiology</i> , <b>2019</b> , 136, 15-21	2.9	10
26	Early life trauma: An exploratory study of effects on OXTR and NR3C1 gene expression and nurturing self-efficacy in mothers of infants. <i>International Journal of Psychophysiology</i> , <b>2019</b> , 136, 64-72	2.9	7
25	Social aggravation: Understanding the complex role of social relationships on stress and health-relevant physiology. <i>International Journal of Psychophysiology</i> , <b>2018</b> , 131, 13-23	2.9	10
24	Why Social Relationships Are Important for Physical Health: A Systems Approach to Understanding and Modifying Risk and Protection. <i>Annual Review of Psychology</i> , <b>2018</b> , 69, 437-458	26.1	260
23	Fostering Social Connection in the Workplace. <i>American Journal of Health Promotion</i> , <b>2018</b> , 32, 1307-1312	5	6
22	Acute Physiologic Stress and Subsequent Anxiety Among Family Members of ICU Patients. <i>Critical Care Medicine</i> , <b>2018</b> , 46, 229-235	1.4	20
21	Romantic relationships and mental health. <i>Current Opinion in Psychology</i> , <b>2017</b> , 13, 120-125	6.2	78
20	Does Improving Marital Quality Improve Sleep? Results From a Marital Therapy Trial. <i>Behavioral Sleep Medicine</i> , <b>2017</b> , 15, 330-343	4.2	25
19	The Potential Public Health Relevance of Social Isolation and Loneliness: Prevalence, Epidemiology, and Risk Factors. <i>The Public Policy and Aging Report</i> , <b>2017</b> , 27, 127-130	1.8	160
18	Advancing social connection as a public health priority in the United States. <i>American Psychologist</i> , <b>2017</b> , 72, 517-530	9.5	302
17	Loneliness and social isolation as risk factors for mortality: a meta-analytic review. <i>Perspectives on Psychological Science</i> , <b>2015</b> , 10, 227-37	9.8	2210
16	Social stressors and cardiovascular response: influence of ambivalent relationships and behavioral ambivalence. <i>International Journal of Psychophysiology</i> , <b>2014</b> , 93, 381-9	2.9	14
15	The influence of depressive symptomatology and perceived stress on plasma and salivary oxytocin before, during and after a support enhancement intervention. <i>Psychoneuroendocrinology</i> , <b>2011</b> , 36, 1249-56	5	73
14	Understanding the connection between spiritual well-being and physical health: an examination of ambulatory blood pressure, inflammation, blood lipids and fasting glucose. <i>Journal of Behavioral Medicine</i> , <b>2011</b> , 34, 477-88	3.6	42
13	Social relationships and mortality risk: a meta-analytic review. <i>PLoS Medicine</i> , <b>2010</b> , 7, e1000316	11.6	3460
12	The assessment of positivity and negativity in social networks: the reliability and validity of the social relationships index. <i>Journal of Community Psychology</i> , <b>2009</b> , 37, 471-486	2.2	61
11	Married with children: the influence of parental status and gender on ambulatory blood pressure. <i>Annals of Behavioral Medicine</i> , <b>2009</b> , 38, 170-9	4.5	5
10	The influence of close relationships on nocturnal blood pressure dipping. <i>International Journal of Psychophysiology</i> , <b>2009</b> , 71, 211-7	2.9	23

9	Understanding Social Relationship Maintenance Among Friends: Why We Don't End Those Frustrating Friendships. <i>Journal of Social and Clinical Psychology</i> , <b>2009</b> , 28, 749-778	1.6	28
8	Influence of a "warm touch" support enhancement intervention among married couples on ambulatory blood pressure, oxytocin, alpha amylase, and cortisol. <i>Psychosomatic Medicine</i> , <b>2008</b> , 70, 976-985	3.7	286
7	Is there something unique about marriage? The relative impact of marital status, relationship quality, and network social support on ambulatory blood pressure and mental health. <i>Annals of Behavioral Medicine</i> , <b>2008</b> , 35, 239-44	4.5	381
6	Can hostility interfere with the health benefits of giving and receiving social support? The impact of cynical hostility on cardiovascular reactivity during social support interactions among friends. <i>Annals of Behavioral Medicine</i> , <b>2008</b> , 35, 319-30	4.5	30
5	On the importance of relationship quality: the impact of ambivalence in friendships on cardiovascular functioning. <i>Annals of Behavioral Medicine</i> , <b>2007</b> , 33, 278-90	4.5	112
4	Diurnal cortisol variation is associated with nocturnal blood pressure dipping. <i>Psychosomatic Medicine</i> , <b>2007</b> , 69, 339-43	3.7	39
3	Heterogeneity in Social Networks: A Comparison of Different Models Linking Relationships to Psychological Outcomes. <i>Journal of Social and Clinical Psychology</i> , <b>2004</b> , 23, 123-139	1.6	81
2	Social relationships and ambulatory blood pressure: structural and qualitative predictors of cardiovascular function during everyday social interactions. <i>Health Psychology</i> , <b>2003</b> , 22, 388-97	5	108
1	Heterogeneity in the social networks of young and older adults: prediction of mental health and cardiovascular reactivity during acute stress. <i>Journal of Behavioral Medicine</i> , <b>2001</b> , 24, 361-82	3.6	133