

Catherine M Milte

List of Publications by Year in descending order

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Version: 2024-02-01

47
papers

2,197
citations

218381

26
h-index

223531

46
g-index

48
all docs

48
docs citations

48
times ranked

3442
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of ω -3 fatty acids, EPA and DHA, on depressive symptoms, quality of life, memory and executive function in older adults with mild cognitive impairment: a 6-month randomised controlled trial. <i>British Journal of Nutrition</i> , 2012, 107, 1682-1693.	1.2	255
2	Nutritional modulation of cognitive function and mental health. <i>Journal of Nutritional Biochemistry</i> , 2013, 24, 725-743.	1.9	220
3	Dietary patterns and successful ageing: a systematic review. <i>European Journal of Nutrition</i> , 2016, 55, 423-450.	1.8	123
4	Influence of Sequential vs. Simultaneous Dual-Task Exercise Training on Cognitive Function in Older Adults. <i>Frontiers in Aging Neuroscience</i> , 2017, 9, 368.	1.7	121
5	Eicosapentaenoic and docosahexaenoic acids, cognition, and behavior in children with attention-deficit/hyperactivity disorder: A randomized controlled trial. <i>Nutrition</i> , 2012, 28, 670-677.	1.1	107
6	Associations of diet quality with health-related quality of life in older Australian men and women. <i>Experimental Gerontology</i> , 2015, 64, 8-16.	1.2	107
7	Oiling the Brain: A Review of Randomized Controlled Trials of Omega-3 Fatty Acids in Psychopathology across the Lifespan. <i>Nutrients</i> , 2010, 2, 128-170.	1.7	104
8	Chrelin selectively reduces mechanosensitivity of upper gastrointestinal vagal afferents. <i>American Journal of Physiology - Renal Physiology</i> , 2007, 292, G1376-G1384.	1.6	91
9	A comparison of the dietary patterns derived by principal component analysis and cluster analysis in older Australians. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2016, 13, 30.	2.0	82
10	Dietary patterns and associations with biomarkers of inflammation in adults: a systematic review of observational studies. <i>Nutrition Journal</i> , 2021, 20, 24.	1.5	72
11	Education and lifestyle predict change in dietary patterns and diet quality of adults 55 years and over. <i>Nutrition Journal</i> , 2019, 18, 67.	1.5	71
12	Telomere shortening in elderly individuals with mild cognitive impairment may be attenuated with ω -3 fatty acid supplementation: A randomized controlled pilot study. <i>Nutrition</i> , 2014, 30, 489-491.	1.1	69
13	A Revised Australian Dietary Guideline Index and Its Association with Key Sociodemographic Factors, Health Behaviors and Body Mass Index in Peri-Retirement Aged Adults. <i>Nutrients</i> , 2016, 8, 160.	1.7	66
14	Mediterranean Diet and Telomere Length: A Systematic Review and Meta-Analysis. <i>Advances in Nutrition</i> , 2020, 11, 1544-1554.	2.9	65
15	How Important Is Health Status in Defining Quality of Life for Older People? An Exploratory Study of the Views of Older South Australians. <i>Applied Health Economics and Health Policy</i> , 2014, 12, 73-84.	1.0	57
16	Dose-dependent effects of docosahexaenoic acid-rich fish oil on erythrocyte docosahexaenoic acid and blood lipid levels. <i>British Journal of Nutrition</i> , 2008, 99, 1083-1088.	1.2	49
17	Erythrocyte polyunsaturated fatty acid status, memory, cognition and mood in older adults with mild cognitive impairment and healthy controls. <i>Prostaglandins Leukotrienes and Essential Fatty Acids</i> , 2011, 84, 153-161.	1.0	44
18	Polyunsaturated fatty acid status in attention deficit hyperactivity disorder, depression, and Alzheimer's disease: towards an omega-3 index for mental health?. <i>Nutrition Reviews</i> , 2009, 67, 573-590.	2.6	40

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19	Dose-dependent increases in heart rate variability and arterial compliance in overweight and obese adults with DHA-rich fish oil supplementation. <i>British Journal of Nutrition</i> , 2010, 103, 243-248.	1.2	39
20	Polyunsaturated fatty acids, cognition and literacy in children with ADHD with and without learning difficulties. <i>Journal of Child Health Care</i> , 2011, 15, 299-311.	0.7	35
21	Increased Erythrocyte Eicosapentaenoic Acid and Docosahexaenoic Acid Are Associated With Improved Attention and Behavior in Children With ADHD in a Randomized Controlled Three-Way Crossover Trial. <i>Journal of Attention Disorders</i> , 2015, 19, 954-964.	1.5	34
22	Diet quality and telomere length in older Australian men and women. <i>European Journal of Nutrition</i> , 2018, 57, 363-372.	1.8	34
23	Dairy Foods and Dairy Protein Consumption Is Inversely Related to Markers of Adiposity in Obese Men and Women. <i>Nutrients</i> , 2013, 5, 4665-4684.	1.7	33
24	Relationship between Erythrocyte Omega-3 Content and Obesity Is Gender Dependent. <i>Nutrients</i> , 2014, 6, 1850-1860.	1.7	32
25	Family meetings for older adults in intermediate care settings: the impact of patient cognitive impairment and other characteristics on shared decision making. <i>Health Expectations</i> , 2015, 18, 1030-1040.	1.1	29
26	Diet quality and cognitive function in mid-aged and older men and women. <i>BMC Geriatrics</i> , 2019, 19, 361.	1.1	29
27	Influence of health locus of control on recovery of function in recently hospitalized frail older adults. <i>Geriatrics and Gerontology International</i> , 2015, 15, 341-349.	0.7	21
28	Effect of lean red meat combined with a multicomponent exercise program on muscle and cognitive function in older adults: a 6-month randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2020, 112, 113-128.	2.2	21
29	Diet quality indices, genetic risk and risk of cardiovascular disease and mortality: a longitudinal analysis of 77% UK Biobank participants. <i>BMJ Open</i> , 2021, 11, e045362.	0.8	19
30	Higher Adherence to the Australian Dietary Guidelines Is Associated with Better Mental Health Status among Australian Adult First-Time Mothers. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2016, 116, 1406-1412.	0.4	17
31	Diet and sleep in children with attention deficit hyperactivity disorder: Preliminary data in Australian children. <i>Journal of Child Health Care</i> , 2011, 15, 14-24.	0.7	15
32	Effects of a multicomponent exercise program combined with calcium-vitamin D3-enriched milk on health-related quality of life and depressive symptoms in older men: secondary analysis of a randomized controlled trial. <i>European Journal of Nutrition</i> , 2020, 59, 1081-1091.	1.8	10
33	Association between dietary protein intake and changes in health-related quality of life in older adults: findings from the AusDiab 12-year prospective study. <i>BMC Geriatrics</i> , 2022, 22, 211.	1.1	10
34	Costs and advance directives at the end of life: a case of the "Coaching Older Adults and Carers to have their preferences Heard (COACH)" trial. <i>BMC Health Services Research</i> , 2015, 15, 545.	0.9	9
35	Dietary patterns are associated with depressive symptoms in older Australian women but not men. <i>British Journal of Nutrition</i> , 2019, 122, 1424-1431.	1.2	9
36	Interaction of erythrocyte eicosapentaenoic acid and physical activity predicts reduced risk of mild cognitive impairment. <i>Aging and Mental Health</i> , 2015, 19, 885-891.	1.5	8

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37	Associations between inflammatory and neurological markers with quality of life and well-being in older adults. <i>Experimental Gerontology</i> , 2019, 125, 110662.	1.2	8
38	Missing data in FFQs: making assumptions about item non-response. <i>Public Health Nutrition</i> , 2017, 20, 965-970.	1.1	7
39	Associations between access to alcohol outlets and alcohol intake and depressive symptoms in women from socioeconomically disadvantaged neighbourhoods in Australia. <i>BMC Public Health</i> , 2017, 17, 83.	1.2	7
40	Associations of Diet Quality with Midlife Brain Volume: Findings from the UK Biobank Cohort Study. <i>Journal of Alzheimer's Disease</i> , 2021, 84, 79-90.	1.2	7
41	A Dietary Inflammatory Index and associations with C-reactive protein in a general adult population. <i>European Journal of Nutrition</i> , 2021, 60, 4093-4106.	1.8	6
42	Associations between physical activity, television viewing and postnatal depressive symptoms amongst healthy primiparous mothers. <i>Mental Health and Physical Activity</i> , 2016, 10, 62-67.	0.9	4
43	Nineteen-Year Associations between Three Diet Quality Indices and All-Cause and Cardiovascular Disease Mortality: The Australian Diabetes, Obesity, and Lifestyle Study. <i>Journal of Nutrition</i> , 2022, 152, 805-815.	1.3	4
44	Total physical activity but not diet quality associated with postnatal depressive symptoms amongst women living in socioeconomically disadvantaged neighborhoods. <i>Nutrition Research</i> , 2019, 68, 54-61.	1.3	2
45	The Design and Evaluation of Online Interactive Learning in an Undergraduate Nutrition Course. <i>Frontiers in Nutrition</i> , 2022, 9, 811103.	1.6	2
46	Associations between three diet quality indices, genetic risk and body composition: A prospective cohort study. <i>Clinical Nutrition</i> , 2022, 41, 1942-1949.	2.3	2
47	Fruit and vegetable consumption and psychological distress in Australian pregnant and breastfeeding women. <i>Asia Pacific Journal of Clinical Nutrition</i> , 2020, 29, 348-354.	0.3	1