

# Christoforos D Giannaki

## List of Publications by Year in descending order

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Version: 2024-02-01

70  
papers

1,364  
citations

331259

21  
h-index

377514

34  
g-index

70  
all docs

70  
docs citations

70  
times ranked

1600  
citing authors

#	ARTICLE	IF	CITATIONS
1	Effect of exercise training and dopamine agonists in patients with uremic restless legs syndrome: a six-month randomized, partially double-blind, placebo-controlled comparative study. <i>BMC Nephrology</i> , 2013, 14, 194.	0.8	111
2	Impact of Flavonols on Cardiometabolic Biomarkers: A Meta-Analysis of Randomized Controlled Human Trials to Explore the Role of Inter-individual Variability. <i>Nutrients</i> , 2017, 9, 117.	1.7	111
3	A single-blind randomized controlled trial to evaluate the effect of 6 months of progressive aerobic exercise training in patients with uraemic restless legs syndrome. <i>Nephrology Dialysis Transplantation</i> , 2013, 28, 2834-2840.	0.4	101
4	Intradialytic Aerobic Exercise Training Ameliorates Symptoms of Restless Legs Syndrome and Improves Functional Capacity in Patients on Hemodialysis. <i>ASAIO Journal</i> , 2008, 54, 185-190.	0.9	97
5	Epidemiology, impact, and treatment options of restless legs syndrome in end-stage renal disease patients: an evidence-based review. <i>Kidney International</i> , 2014, 85, 1275-1282.	2.6	66
6	High-intensity Interval Training Frequency: Cardiometabolic Effects and Quality of Life. <i>International Journal of Sports Medicine</i> , 2018, 39, 210-217.	0.8	49
7	Evidence of Increased Muscle Atrophy and Impaired Quality of Life Parameters in Patients with Uremic Restless Legs Syndrome. <i>PLoS ONE</i> , 2011, 6, e25180.	1.1	48
8	Current trends in the management of uremic restless legs syndrome: A systematic review on aspects related to quality of life, cardiovascular mortality and survival. <i>Sleep Medicine Reviews</i> , 2015, 21, 39-49.	3.8	43
9	Deconstructing athletes' sleep: A systematic review of the influence of age, sex, athletic expertise, sport type, and season on sleep characteristics. <i>Journal of Sport and Health Science</i> , 2021, 10, 387-402.	3.3	43
10	Sleep Abnormalities in Multiple Sclerosis. <i>Current Treatment Options in Neurology</i> , 2019, 21, 4.	0.7	42
11	Restless legs syndrome in hemodialysis patients: an epidemiologic survey in Greece. <i>Sleep Medicine</i> , 2013, 14, 1381-1386.	0.8	41
12	The Effect of Prolonged Intradialytic Exercise in Hemodialysis Efficiency Indices. <i>ASAIO Journal</i> , 2011, 57, 213-218.	0.9	40
13	The Effects of a 6-Month High Dose Omega-3 and Omega-6 Polyunsaturated Fatty Acids and Antioxidant Vitamins Supplementation on Cognitive Function and Functional Capacity in Older Adults with Mild Cognitive Impairment. <i>Nutrients</i> , 2020, 12, 325.	1.7	37
14	Periodic Limb Movements in Sleep Contribute to Further Cardiac Structure Abnormalities in Hemodialysis Patients with Restless Legs Syndrome. <i>Journal of Clinical Sleep Medicine</i> , 2013, 09, 147-153.	1.4	37
15	Restless legs syndrome in Multiple Sclerosis patients: a contributing factor for fatigue, impaired functional capacity, and diminished health-related quality of life. <i>Neurological Research</i> , 2018, 40, 588-594.	0.6	32
16	Non-Pharmacological Management of Periodic Limb Movements During Hemodialysis Session in Patients With Uremic Restless Legs Syndrome. <i>ASAIO Journal</i> , 2010, 56, 538-542.	0.9	30
17	Restless legs syndrome does not affect 3-year mortality in hemodialysis patients. <i>Sleep Medicine</i> , 2015, 16, 1131-1138.	0.8	27
18	Combination of Exercise Training and Dopamine Agonists in Patients with RLS on Dialysis. <i>ASAIO Journal</i> , 2015, 61, 738-741.	0.9	26

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19	Exercise Training and Depression in ESRD: A Review. <i>Seminars in Dialysis</i> , 2013, 26, 604-613.	0.7	23
20	Effects of High vs. Low Glycemic Index of Post-Exercise Meals on Sleep and Exercise Performance: A Randomized, Double-Blind, Counterbalanced Polysomnographic Study. <i>Nutrients</i> , 2018, 10, 1795.	1.7	23
21	Liver fat, visceral adiposity, and sleep disturbances contribute to the development of insulin resistance and glucose intolerance in nondiabetic dialysis patients. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2008, 295, R1721-R1729.	0.9	22
22	Restless legs syndrome is contributing to fatigue and low quality of life levels in hemodialysis patients. <i>World Journal of Nephrology</i> , 2017, 6, 236.	0.8	19
23	Uremic Versus Idiopathic Restless Legs Syndrome. <i>ASAIO Journal</i> , 2012, 58, 607-611.	0.9	18
24	A Systematic Review, Meta-Analysis and Meta-Regression on the Effects of Carbohydrates on Sleep. <i>Nutrients</i> , 2021, 13, 1283.	1.7	15
25	Effects of high-intensity interval training frequency on perceptual responses and future physical activity participation. <i>Applied Physiology, Nutrition and Metabolism</i> , 2019, 44, 952-957.	0.9	13
26	Long-term intradialytic hybrid exercise training on fatigue symptoms in patients receiving hemodialysis therapy. <i>International Urology and Nephrology</i> , 2021, 53, 771-784.	0.6	13
27	A critical review on sleep assessment methodologies in athletic populations: factors to be considered. <i>Sleep Medicine</i> , 2020, 74, 211-223.	0.8	12
28	Seven months of aerobic intradialytic exercise training can prevent muscle loss in haemodialysis patients: an ultrasonography study. <i>International Urology and Nephrology</i> , 2022, 54, 447-456.	0.6	12
29	The Effects of Specific Omega-3 and Omega-6 Polyunsaturated Fatty Acids and Antioxidant Vitamins on Gait and Functional Capacity Parameters in Patients with Relapsing-Remitting Multiple Sclerosis. <i>Nutrients</i> , 2021, 13, 3661.	1.7	12
30	High-Intensity Functional Training Improves Cardiorespiratory Fitness and Neuromuscular Performance Without Inflammation or Muscle Damage. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 615-623.	1.0	10
31	Evidence of distorted proprioception and postural control in studies of experimentally induced pain: a critical review of the literature. <i>Scandinavian Journal of Pain</i> , 2022, 22, 445-456.	0.5	10
32	Diastolic Doppler flow and tissue Doppler velocities during, and in recovery from, low-intensity supine exercise. <i>Applied Physiology, Nutrition and Metabolism</i> , 2008, 33, 896-902.	0.9	9
33	Periodic Limb Movements in Sleep and Cardiovascular Disease: Time to Act. <i>Frontiers in Neurology</i> , 2013, 4, 97.	1.1	9
34	Cognitive function and exercise training for chronic renal disease patients: A literature review. <i>Journal of Bodywork and Movement Therapies</i> , 2015, 19, 509-515.	0.5	9
35	Effects of Dehydration on Archery Performance, Subjective Feelings and Heart Rate during a Competition Simulation. <i>Journal of Functional Morphology and Kinesiology</i> , 2020, 5, 67.	1.1	9
36	Cold dialysis and its impact on renal patients's health: An evidence-based mini review. <i>World Journal of Nephrology</i> , 2017, 6, 119.	0.8	9

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37	Hydration status, total water intake and subjective feelings of adolescents living in a hot environment, during a typical school day. <i>International Journal of Adolescent Medicine and Health</i> , 2020, 33, .	0.6	8
38	An eight week school-based intervention with circuit training improves physical fitness and reduces body fat in male adolescents. <i>Journal of Sports Medicine and Physical Fitness</i> , 2016, 56, 894-900.	0.4	8
39	Associations between serum biomarkers of cartilage metabolism and serum hyaluronic acid, with risk factors, pain categories, and disease severity in knee osteoarthritis: a pilot study. <i>BMC Musculoskeletal Disorders</i> , 2022, 23, 195.	0.8	8
40	Associations between functional capacity, isokinetic leg strength, sleep quality and cognitive function in multiple sclerosis patients: a cross-sectional study. <i>Postgraduate Medicine</i> , 2019, 131, 453-460.	0.9	7
41	Phosphorus nutritional knowledge among dialysis health care providers and patients: A multicenter observational study. <i>Clinical Nutrition ESPEN</i> , 2019, 31, 33-37.	0.5	7
42	Effects of controlled dehydration on sleep quality and quantity: A polysomnographic study in healthy young adults. <i>Journal of Sleep Research</i> , 2019, 28, e12662.	1.7	7
43	The effect of a three month, low-load- high-repetitions group-based exercise program versus pilates on physical fitness and body composition in inactive women. <i>Journal of Bodywork and Movement Therapies</i> , 2021, 26, 18-23.	0.5	7
44	Effects of Oral Creatine Supplementation on Power Output during Repeated Treadmill Sprinting. <i>Nutrients</i> , 2022, 14, 1140.	1.7	7
45	The Effect of Cold Dialysis in Motor and Sensory Symptoms of RLS/WED Occurring During Hemodialysis: A Double-Blind Study. <i>ASAIO Journal</i> , 2018, 64, 110-114.	0.9	6
46	The effect of evening cycling at different intensities on sleep in healthy young adults with intermediate chronobiological phenotype: A randomized, cross-over trial. <i>Journal of Sports Sciences</i> , 2021, 39, 192-199.	1.0	6
47	POLYSOMNOGRAPHIC EVIDENCE OF SLEEP APNOEA DISORDERS IN LEAN AND OVERWEIGHT HAEMODIALYSIS PATIENTS. <i>Journal of Renal Care</i> , 2007, 33, 159-164.	0.6	5
48	Cardiac autonomic function during intradialytic exercise training. <i>Postgraduate Medicine</i> , 2019, 131, 539-545.	0.9	5
49	Depressive symptoms, sleep quality, physical fitness, and fatigue among adult women with different obesity status. <i>Sport Sciences for Health</i> , 2019, 15, 605-614.	0.4	5
50	The Effects of Zinc and Selenium Supplementation on Body Composition and Thyroid Function in Individuals with Overweight or Obesity: A Systematic Review. <i>Journal of Dietary Supplements</i> , 2023, 20, 643-671.	1.4	5
51	Physical fitness and obesity levels during an academic year followed by summer holidays: an issue of insufficient time for physical activity. <i>International Journal of Adolescent Medicine and Health</i> , 2019, 31, .	0.6	4
52	Effects of 12 months of detraining on health-related quality of life in patients receiving hemodialysis therapy. <i>International Urology and Nephrology</i> , 2020, 52, 1771-1778.	0.6	4
53	Eight weeks of a combination of high intensity interval training and conventional training reduce visceral adiposity and improve physical fitness: a group-based intervention. <i>Journal of Sports Medicine and Physical Fitness</i> , 2016, 56, 483-90.	0.4	4
54	Exploring the Associations between Functional Capacity, Cognitive Function and Well-Being in Older Adults. <i>Life</i> , 2022, 12, 1042.	1.1	4

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55	Factors Affecting Quality of Sleep in Dialysis Patients: Preliminary Polysomnographic Evidence. <i>Renal Failure</i> , 2008, 30, 475-476.	0.8	3
56	Quality of life score is primarily affected by the mental rather than the physical component in patients with restless legs syndrome. <i>Movement Disorders</i> , 2010, 25, 135-136.	2.2	3
57	The relationship between physical fitness and obesity among a sample of adolescents in Cyprus. <i>International Journal of Adolescent Medicine and Health</i> , 2015, 27, 369-375.	0.6	3
58	Restless legs syndrome and mortality in hemodialysis patients. <i>Sleep Medicine</i> , 2016, 22, 103.	0.8	3
59	Restless legs syndrome/Willis-Ekbom disease prevalence in beta thalassemia patients. <i>Sleep and Breathing</i> , 2018, 22, 175-179.	0.9	3
60	The vicious circle between physical, psychological, and physiological characteristics of shift work in nurses: a multidimensional approach. <i>Sleep and Breathing</i> , 2021, , 1.	0.9	3
61	Prevalence of hypohydration in adolescents during the school day in Cyprus: seasonal variations. <i>Eastern Mediterranean Health Journal</i> , 2020, 26, 1034-1041.	0.3	3
62	Separate and combined effects of cold dialysis and intradialytic exercise on the thermoregulatory responses of hemodialysis patients: a randomized-cross-over study. <i>BMC Nephrology</i> , 2020, 21, 524.	0.8	2
63	A single bout of hybrid intradialytic exercise did not affect left-ventricular function in exercise-naïve dialysis patients: a randomized, cross-over trial. <i>International Urology and Nephrology</i> , 2022, 54, 201-208.	0.6	2
64	Restless legs syndrome in adolescents: Relationship with sleep quality, cardiorespiratory fitness and body fat. <i>Sleep Science</i> , 2017, , .	0.4	1
65	Athletes' sleep assessment: from lifestyle to pharmacological interventions and vice versa. <i>Sleep Medicine</i> , 2021, 78, 49-50.	0.8	1
66	Association of body composition with functional capacity and cognitive function in older adults living in nursing homes. <i>Current Aging Science</i> , 2021, 14, .	0.4	1
67	The effect of a 9-month hybrid intradialytic exercise training program on nerve conduction velocity parameters in patients receiving hemodialysis therapy. <i>International Urology and Nephrology</i> , 2022, 54, 3271-3281.	0.6	1
68	The Effects of a 6-Month Omega Fatty Acid and Antioxidant Vitamin Supplementation on Functional Capacity and Cognitive Function in Older Adults with Cognitive Impairment. <i>Proceedings (mdpi)</i> , 2019, 25, .	0.2	0
69	Nocturnal Activity Is Not Affected by a Long-Duration, Low-Intensity Single Exercise Bout. <i>Sports</i> , 2019, 7, 56.	0.7	0
70	Restless legs syndrome in adolescents: relationship with sleep quality, cardiorespiratory fitness and body fat. <i>Sleep Science</i> , 2017, 10, 7-10.	0.4	0