

# Elyas Nattagh-Eshtivani

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/7187257/publications.pdf>

Version: 2024-02-01

20  
papers

326  
citations

1163117  
8  
h-index

888059  
17  
g-index

20  
all docs

20  
docs citations

20  
times ranked

318  
citing authors

#	ARTICLE	IF	CITATIONS
1	The role of nutrients in the pathogenesis and treatment of migraine headaches: Review. Biomedicine and Pharmacotherapy, 2018, 102, 317-325.	5.6	63
2	Biological and pharmacological effects and nutritional impact of phytosterols: A comprehensive review. Phytotherapy Research, 2022, 36, 299-322.	5.8	63
3	Bioemulsifiers Derived from Microorganisms: Applications in the Drug and Food Industry. Advanced Pharmaceutical Bulletin, 2018, 8, 191-199.	1.4	54
4	Nigella sativa in controlling Type 2 diabetes, cardiovascular, and rheumatoid arthritis diseases: Molecular aspects. Journal of Research in Medical Sciences, 2021, 26, 20.	0.9	27
5	Does propolis have any effect on rheumatoid arthritis? A review study. Food Science and Nutrition, 2022, 10, 1003-1020.	3.4	16
6	The effect of low FODMAP diet with and without gluten on irritable bowel syndrome: A double blind, placebo controlled randomized clinical trial. Clinical Nutrition ESPEN, 2022, 47, 45-50.	1.2	15
7	Effects of probiotics fermented milk products on obesity measure among adults: A systematic review and meta-analysis of clinical trials. Journal of Functional Foods, 2021, 82, 104494.	3.4	12
8	Effects of Momordica charantia L on blood pressure: a systematic review and meta- analysis of randomized clinical trials. International Journal of Food Properties, 2020, 23, 1913-1924.	3.0	10
9	The effect of Coenzyme Q10 supplementation on serum levels of lactate, pyruvate, matrix metalloproteinase 9 and nitric oxide in women with migraine. A double blind, placebo, controlled randomized clinical trial. European Journal of Integrative Medicine, 2018, 21, 70-76.	1.7	9
10	A systematic review and meta-analysis of the impact of cornelian cherry consumption on blood lipid profiles. Food Science and Nutrition, 2021, 9, 4629-4638.	3.4	8
11	The role of Pycnogenol in the control of inflammation and oxidative stress in chronic diseases: Molecular aspects. Phytotherapy Research, 2022, 36, 2352-2374.	5.8	8
12	The effect of propolis on anthropometric indices and lipid profile: a systematic review and meta-analysis of randomized controlled trials. Journal of Diabetes and Metabolic Disorders, 2020, 19, 1835-1843.	1.9	7
13	Effects of Inulin Type-Carbohydrates on blood pressure: a systematic review and meta-analysis. International Journal of Food Properties, 2021, 24, 129-139.	3.0	7
14	Effects of microwave technology on the subcutaneous abdominal fat and anthropometric indices of overweight adults: A clinical trial. Journal of Cosmetic Dermatology, 2022, 21, 1482-1488.	1.6	7
15	The effect of propolis supplementation on inflammatory factors and oxidative status in women with rheumatoid arthritis: Design and research protocol of a double-blind, randomized controlled. Contemporary Clinical Trials Communications, 2021, 23, 100807.	1.1	6
16	The effect of nigella sativa supplementation on cardiometabolic outcomes in patients with non-alcoholic fatty liver: A randomized double-blind, placebo-controlled trial. Complementary Therapies in Clinical Practice, 2022, 48, 101598.	1.7	6
17	Potential of favorable effects of probiotics fermented milk supplementation on blood pressure: a systematic review and meta-analysis. International Journal of Food Properties, 2020, 23, 1925-1940.	3.0	4
18	The Effect of Garlic (<i>Allium sativum</i> L) Supplementation on Circulating Adiponectin: a Systematic Review and Meta-Analysis of Randomized Controlled Trials. Clinical Nutrition Research, 2021, 10, 257.	1.2	2

#	ARTICLE	IF	CITATIONS
19	Socioeconomic Inequality in Fruit and Vegetable Consumptions in Elderly People: A Cross Sectional Study in North West of Iran. Nutrition and Food Sciences Research, 2019, 6, 17-22.	0.8	2
20	Effects of Coenzyme Q10 Supplementation on Anthropometric Indices in Adults: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. International Journal of Preventive Medicine, 2020, 11, 181.	0.4	0