

# Yutaka Igarashi

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/7187108/publications.pdf>

Version: 2024-02-01

8  
papers

155  
citations

1477746

6  
h-index

1588620

8  
g-index

9  
all docs

9  
docs citations

9  
times ranked

361  
citing authors

#	ARTICLE	IF	CITATIONS
1	The effect of regular aquatic exercise on blood pressure: A meta-analysis of randomized controlled trials. <i>European Journal of Preventive Cardiology</i> , 2018, 25, 190-199.	0.8	49
2	Regular aerobic exercise and blood pressure in East Asians: A meta-analysis of randomized controlled trials. <i>Clinical and Experimental Hypertension</i> , 2018, 40, 378-389.	0.5	30
3	Effects of Aerobic Exercise Alone on Lipids in Healthy East Asians: A Systematic Review and Meta-Analysis. <i>Journal of Atherosclerosis and Thrombosis</i> , 2019, 26, 488-503.	0.9	25
4	The required step count for a reduction in blood pressure: a systematic review and meta-analysis. <i>Journal of Human Hypertension</i> , 2018, 32, 814-824.	1.0	18
5	Response of Lipids and Lipoproteins to Regular Aquatic Endurance Exercise: A Meta-Analysis of Randomized Controlled Trials. <i>Journal of Atherosclerosis and Thrombosis</i> , 2019, 26, 14-30.	0.9	18
6	Running to Lower Resting Blood Pressure: A Systematic Review and Meta-analysis. <i>Sports Medicine</i> , 2020, 50, 531-541.	3.1	9
7	The form of exercise to decrease resting blood pressure in older adults: A systematic review and meta-analysis. <i>Archives of Gerontology and Geriatrics</i> , 2021, 96, 104431.	1.4	4
8	The relationship between the level of exercise and hemoglobin A1c in patients with type 2 diabetes mellitus: a systematic review and meta-analysis. <i>Endocrine</i> , 2021, 74, 546-558.	1.1	2