

Sabine Ellinger

List of Publications by Year in descending order

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Version: 2024-02-01

42
papers

2,268
citations

393982

19
h-index

315357

38
g-index

46
all docs

46
docs citations

46
times ranked

4114
citing authors

#	ARTICLE	IF	CITATIONS
1	Critical review: vegetables and fruit in the prevention of chronic diseases. <i>European Journal of Nutrition</i> , 2012, 51, 637-663.	1.8	1,320
2	Epicatechin ingested via cocoa products reduces blood pressure in humans: a nonlinear regression model with a Bayesian approach. <i>American Journal of Clinical Nutrition</i> , 2012, 95, 1365-1377.	2.2	74
3	Evidence-Based Guideline of the German Nutrition Society: Fat Intake and Prevention of Selected Nutrition-Related Diseases. <i>Annals of Nutrition and Metabolism</i> , 2015, 67, 141-204.	1.0	71
4	Time to wound closure in trauma patients with disorders in wound healing is shortened by supplements containing antioxidant micronutrients and glutamine: A PRCT. <i>Clinical Nutrition</i> , 2012, 31, 469-475.	2.3	65
5	Consumption of green tea or green tea products: Is there an evidence for antioxidant effects from controlled interventional studies?. <i>Phytomedicine</i> , 2011, 18, 903-915.	2.3	53
6	Efficacy of vitamin supplementation in situations with wound healing disorders: results from clinical intervention studies. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , 2009, 12, 588-595.	1.3	50
7	Tomatoes, tomato products and lycopene in the prevention and treatment of prostate cancer: do we have the evidence from intervention studies?. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , 2006, 9, 722-727.	1.3	46
8	Kinetics of γ -Theanine Uptake and Metabolism in Healthy Participants Are Comparable after Ingestion of γ -Theanine via Capsules and Green Tea ⁴ . <i>Journal of Nutrition</i> , 2012, 142, 2091-2096.	1.3	43
9	Single and repeated moderate consumption of native or dealcoholized red wine show different effects on antioxidant parameters in blood and DNA strand breaks in peripheral leukocytes in healthy volunteers: a randomized controlled trial [ISRCTN68505294]. <i>Nutrition Journal</i> , 2005, 4, 33.	1.5	38
10	Preoperative micronutrient status in morbidly obese patients before undergoing bariatric surgery: results of a cross-sectional study. <i>Surgery for Obesity and Related Diseases</i> , 2015, 11, 1157-1163.	1.0	34
11	Impact of Cocoa Consumption on Inflammation Processes – A Critical Review of Randomized Controlled Trials. <i>Nutrients</i> , 2016, 8, 321.	1.7	29
12	Revised D-A-CH-reference values for the intake of zinc. <i>Journal of Trace Elements in Medicine and Biology</i> , 2020, 61, 126536.	1.5	29
13	Revised Reference Values for the Intake of Sodium and Chloride. <i>Annals of Nutrition and Metabolism</i> , 2018, 72, 12-17.	1.0	28
14	Regular Intake of a Usual Serving Size of Flavanol-Rich Cocoa Powder Does Not Affect Cardiometabolic Parameters in Stably Treated Patients with Type 2 Diabetes and Hypertension – A Double-Blinded, Randomized, Placebo-Controlled Trial. <i>Nutrients</i> , 2018, 10, 1435.	1.7	28
15	Effect of the Intake of Oyster Mushrooms (<i>Pleurotus ostreatus</i>) on Cardiometabolic Parameters – A Systematic Review of Clinical Trials. <i>Nutrients</i> , 2020, 12, 1134.	1.7	26
16	A nutritive dose of pure (â€“)–epicatechin does not beneficially affect increased cardiometabolic risk factors in overweight-to-obese adults – a randomized, placebo-controlled, double-blind crossover study. <i>American Journal of Clinical Nutrition</i> , 2018, 107, 948-956.	2.2	25
17	Lymphocyte proliferation and apoptosis in HIV-seropositive and healthy subjects during long-term ingestion of fruit juices or a fruit-vegetable-concentrate rich in polyphenols and antioxidant vitamins. <i>European Journal of Clinical Nutrition</i> , 2004, 58, 317-325.	1.3	23
18	Extracellular micronutrient levels and pro-/antioxidant status in trauma patients with wound healing disorders: results of a cross-sectional study. <i>Nutrition Journal</i> , 2013, 12, 157.	1.5	23

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19	Bolus ingestion of white and green tea increases the concentration of several flavanols in plasma, but does not affect markers of oxidative stress in healthy non-smokers. <i>Molecular Nutrition and Food Research</i> , 2010, 54, 1636-1645.	1.5	22
20	Oral High-Dose Vitamin D Dissolved in Oil Raised Serum 25-Hydroxy-Vitamin D to Physiological Levels in Obese Patients After Sleeve Gastrectomy—A Double-Blind, Randomized, and Placebo-Controlled Trial. <i>Obesity Surgery</i> , 2016, 26, 1821-1829.	1.1	20
21	The Effect of Mare's Milk Consumption on Functional Elements of Phagocytosis of Human Neutrophil Granulocytes From Healthy Volunteers. <i>Food and Agricultural Immunology</i> , 2002, 14, 191-200.	0.7	19
22	Bolus Consumption of a Specifically Designed Fruit Juice Rich in Anthocyanins and Ascorbic Acid Did Not Influence Markers of Antioxidative Defense in Healthy Humans. <i>Journal of Agricultural and Food Chemistry</i> , 2012, 60, 11292-11300.	2.4	19
23	Characterization of selenium speciation in selenium-enriched button mushrooms (<i>Agaricus bisporus</i>) and selenized yeasts (dietary supplement) using X-ray absorption near-edge structure (XANES) spectroscopy. <i>Journal of Trace Elements in Medicine and Biology</i> , 2019, 51, 164-168.	1.5	19
24	Antioxidant effects of cocoa and cocoa products ex vivo and in vivo: is there evidence from controlled intervention studies?. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , 2010, 13, 737-742.	1.3	17
25	Revised Reference Values for Potassium Intake. <i>Annals of Nutrition and Metabolism</i> , 2017, 71, 118-124.	1.0	16
26	Impact of a Usual Serving Size of Flavanol-Rich Cocoa Powder Ingested with a Diabetic-Suitable Meal on Postprandial Cardiometabolic Parameters in Type 2 Diabetics—A Randomized, Placebo-Controlled, Double-Blind Crossover Study. <i>Nutrients</i> , 2019, 11, 417.	1.7	16
27	Micronutrients, Arginine, and Glutamine: Does Supplementation Provide an Efficient Tool for Prevention and Treatment of Different Kinds of Wounds?. <i>Advances in Wound Care</i> , 2014, 3, 691-707.	2.6	15
28	Weight Reduction by the Low-Insulin-Method—A Randomized Controlled Trial. <i>Nutrients</i> , 2020, 12, 3004.	1.7	13
29	Effect of the Intake of Isoflavones on Risk Factors of Breast Cancer—A Systematic Review of Randomized Controlled Intervention Studies. <i>Nutrients</i> , 2021, 13, 2309.	1.7	13
30	Bolus Ingestion But Not Regular Consumption of Native or Dealcoholized Red Wine Modulates Selected Immunological Functions of Leukocytes in Healthy Volunteers. <i>Annals of Nutrition and Metabolism</i> , 2008, 52, 288-295.	1.0	12
31	High-dose oral supplementation of antioxidants and glutamine improves the antioxidant status in patients with Crohn's disease: A pilot study. <i>European E-journal of Clinical Nutrition and Metabolism</i> , 2008, 3, e246-e253.	0.4	11
32	Low Plasma Appearance of (+)-Catechin and (âˆ“)-Catechin Compared with Epicatechin after Consumption of Beverages Prepared from Nonalkalized or Alkalized Cocoa—A Randomized, Double-Blind Trial. <i>Nutrients</i> , 2020, 12, 231.	1.7	11
33	Fortifying a meal with oyster mushroom powder beneficially affects postprandial glucagon-like peptide-1, non-esterified free fatty acids and hunger sensation in adults with impaired glucose tolerance: a double-blind randomized controlled crossover trial. <i>European Journal of Nutrition</i> , 2022, 61, 687-701.	1.8	10
34	Dietary protein intake and health-related outcomes: a methodological protocol for the evidence evaluation and the outline of an evidence to decision framework underlying the evidence-based guideline of the German Nutrition Society. <i>European Journal of Nutrition</i> , 2022, 61, 2091-2101.	1.8	6
35	Revised D-A-CH reference values for the intake of biotin. <i>European Journal of Nutrition</i> , 2022, 61, 1779-1787.	1.8	6
36	Nutritional Supplements for Critically Ill Patients: Efficient Tools to Improve Wound Healing. , 2015, , 483-495.		1

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37	Cocoa, Chocolate, and Human Health. <i>Nutrients</i> , 2020, 12, 698.	1.7	1
38	Impact of therapeutic, anthropometric and genetic factors on glucose metabolism in HIV patients – a reason for glyceemic control?. <i>FASEB Journal</i> , 2006, 20, A593.	0.2	1
39	Tomatoes, Tomato Products, and Lycopene in Prevention and Therapy of Prostate Diseases – Is There Evidence from Intervention Studies for Preventive and for Therapeutic Effects?. , 2010, , 343-357.		0
40	Nutritional Supplements for Critically Ill Patients: Efficient Tools to Improve Wound Healing. , 2014, , 1-14.		0
41	Can specific nutrients stimulate bowel wound healing?. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , 2016, 19, 371-376.	1.3	0
42	2050-P: A Multifactorial Telemedical Care Model for Long-Term Treatment of Obesity – A Randomized Controlled Trial. <i>Diabetes</i> , 2019, 68, 2050-P.	0.3	0