

Philippos Orfanos

List of Publications by Citations

Source: <https://exaly.com/author-pdf/7156926/philippos-orfanos-publications-by-citations.pdf>
Version: 2024-04-20

This document has been generated based on the publications and citations recorded by exaly.com. For the latest version of this publication list, visit the link given above.
The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

93 papers	5,340 citations	41 h-index	71 g-index
95 ext. papers	6,140 ext. citations	5.7 avg, IF	4.4 L-index

#	Paper	IF	Citations
93	Modified Mediterranean diet and survival: EPIC-elderly prospective cohort study. <i>BMJ, The</i> , 2005 , 330, 991	5.9	499
92	Olive oil, the Mediterranean diet, and arterial blood pressure: the Greek European Prospective Investigation into Cancer and Nutrition (EPIC) study. <i>American Journal of Clinical Nutrition</i> , 2004 , 80, 1012-8	7.8	384
91	Impact of smoking and smoking cessation on cardiovascular events and mortality among older adults: meta-analysis of individual participant data from prospective cohort studies of the CHANCES consortium. <i>BMJ, The</i> , 2015 , 350, h1551	5.9	235
90	Mediterranean dietary patterns and prospective weight change in participants of the EPIC-PANACEA project. <i>American Journal of Clinical Nutrition</i> , 2010 , 92, 912-21	7	163
89	Conformity to traditional Mediterranean diet and cancer incidence: the Greek EPIC cohort. <i>British Journal of Cancer</i> , 2008 , 99, 191-5	8.7	152
88	Meat consumption and prospective weight change in participants of the EPIC-PANACEA study. <i>American Journal of Clinical Nutrition</i> , 2010 , 92, 398-407	7	150
87	Plasma C-reactive protein and risk of cancer: a prospective study from Greece. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2006 , 15, 381-4	4	136
86	Adherence to the World Cancer Research Fund/American Institute for Cancer Research guidelines and risk of death in Europe: results from the European Prospective Investigation into Nutrition and Cancer cohort study ^{1,4} . <i>American Journal of Clinical Nutrition</i> , 2013 , 97, 1107-20	7	123
85	Dietary patterns among older Europeans: the EPIC-Elderly study. <i>British Journal of Nutrition</i> , 2005 , 94, 100-13	3.6	121
84	Adherence to the Mediterranean diet is associated with lower abdominal adiposity in European men and women. <i>Journal of Nutrition</i> , 2009 , 139, 1728-37	4.1	117
83	Low-carbohydrate-high-protein diet and long-term survival in a general population cohort. <i>European Journal of Clinical Nutrition</i> , 2007 , 61, 575-81	5.2	117
82	A metabolomic study of biomarkers of meat and fish intake. <i>American Journal of Clinical Nutrition</i> , 2017 , 105, 600-608	7	115
81	Mediterranean diet in relation to body mass index and waist-to-hip ratio: the Greek European Prospective Investigation into Cancer and Nutrition Study. <i>American Journal of Clinical Nutrition</i> , 2005 , 82, 935-40	7	115
80	Burden of hip fracture using disability-adjusted life-years: a pooled analysis of prospective cohorts in the CHANCES consortium. <i>Lancet Public Health, The</i> , 2017 , 2, e239-e246	22.4	114
79	Eating out of home and its correlates in 10 European countries. The European Prospective Investigation into Cancer and Nutrition (EPIC) study. <i>Public Health Nutrition</i> , 2007 , 10, 1515-25	3.3	110
78	Prevalence, awareness, treatment and control of hypertension in a general population sample of 26,913 adults in the Greek EPIC study. <i>International Journal of Epidemiology</i> , 2004 , 33, 1345-52	7.8	99
77	Vegetables and fruits in relation to cancer risk: evidence from the Greek EPIC cohort study. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2008 , 17, 387-92	4	98

76	Physical activity and gain in abdominal adiposity and body weight: prospective cohort study in 288,498 men and women. <i>American Journal of Clinical Nutrition</i> , 2011 , 93, 826-35	7	95
75	Mediterranean diet and incidence of hip fractures in a European cohort. <i>Osteoporosis International</i> , 2013 , 24, 1587-98	5.3	87
74	Adherence to a healthy diet according to the World Health Organization guidelines and all-cause mortality in elderly adults from Europe and the United States. <i>American Journal of Epidemiology</i> , 2014 , 180, 978-88	3.8	80
73	Modified Mediterranean diet and survival after myocardial infarction: the EPIC-Elderly study. <i>European Journal of Epidemiology</i> , 2007 , 22, 871-81	12.1	79
72	Fruit and vegetable consumption and prospective weight change in participants of the European Prospective Investigation into Cancer and Nutrition-Physical Activity, Nutrition, Alcohol, Cessation of Smoking, Eating Out of Home, and Obesity study. <i>American Journal of Clinical Nutrition</i> , 2012 , 95, 184-93	7	69
71	Quantification of the smoking-associated cancer risk with rate advancement periods: meta-analysis of individual participant data from cohorts of the CHANCES consortium. <i>BMC Medicine</i> , 2016 , 14, 62	11.4	69
70	Diet and physical activity in relation to overall mortality amongst adult diabetics in a general population cohort. <i>Journal of Internal Medicine</i> , 2006 , 259, 583-91	10.8	68
69	Within- and between-cohort variation in measured macronutrient intakes, taking account of measurement errors, in the European Prospective Investigation into Cancer and Nutrition study. <i>American Journal of Epidemiology</i> , 2004 , 160, 814-22	3.8	68
68	The Influence of Hormonal Factors on the Risk of Developing Cervical Cancer and Pre-Cancer: Results from the EPIC Cohort. <i>PLoS ONE</i> , 2016 , 11, e0147029	3.7	68
67	A cross-sectional analysis of physical activity and obesity indicators in European participants of the EPIC-PANACEA study. <i>International Journal of Obesity</i> , 2009 , 33, 497-506	5.5	63
66	Impact of Nonoptimal Intakes of Saturated, Polyunsaturated, and Trans Fat on Global Burdens of Coronary Heart Disease. <i>Journal of the American Heart Association</i> , 2016 , 5,	6	62
65	The association of education with body mass index and waist circumference in the EPIC-PANACEA study. <i>BMC Public Health</i> , 2011 , 11, 169	4.1	56
64	Dietary reporting errors on 24 h recalls and dietary questionnaires are associated with BMI across six European countries as evaluated with recovery biomarkers for protein and potassium intake. <i>British Journal of Nutrition</i> , 2012 , 107, 910-20	3.6	54
63	Macronutrient composition of the diet and prospective weight change in participants of the EPIC-PANACEA study. <i>PLoS ONE</i> , 2013 , 8, e57300	3.7	54
62	WHO guidelines for a healthy diet and mortality from cardiovascular disease in European and American elderly: the CHANCES project. <i>American Journal of Clinical Nutrition</i> , 2015 , 102, 745-56	7	50
61	Biomarker patterns of inflammatory and metabolic pathways are associated with risk of colorectal cancer: results from the European Prospective Investigation into Cancer and Nutrition (EPIC). <i>European Journal of Epidemiology</i> , 2014 , 29, 261-75	12.1	50
60	Adherence to the WCRF/AICR Dietary Recommendations for Cancer Prevention and Risk of Cancer in Elderly from Europe and the United States: A Meta-Analysis within the CHANCES Project. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2017 , 26, 136-144	4	50
59	Weight change in middle adulthood and breast cancer risk in the EPIC-PANACEA study. <i>International Journal of Cancer</i> , 2014 , 135, 2887-99	7.5	47

58	Meat and fish consumption and risk of pancreatic cancer: results from the European Prospective Investigation into Cancer and Nutrition. <i>International Journal of Cancer</i> , 2013 , 132, 617-24	7.5	46
57	Fluid intake and the risk of urothelial cell carcinomas in the European Prospective Investigation into Cancer and Nutrition (EPIC). <i>International Journal of Cancer</i> , 2011 , 128, 2695-708	7.5	45
56	Comparison of two statistical approaches to predict all-cause mortality by dietary patterns in German elderly subjects. <i>British Journal of Nutrition</i> , 2005 , 93, 709-16	3.6	44
55	Diet and hip fractures among elderly Europeans in the EPIC cohort. <i>European Journal of Clinical Nutrition</i> , 2011 , 65, 132-9	5.2	43
54	Nut intake and 5-year changes in body weight and obesity risk in adults: results from the EPIC-PANACEA study. <i>European Journal of Nutrition</i> , 2018 , 57, 2399-2408	5.2	42
53	Self-rated health and all-cause and cause-specific mortality of older adults: Individual data meta-analysis of prospective cohort studies in the CHANCES Consortium. <i>Maturitas</i> , 2017 , 103, 37-44	5	41
52	Smoking and All-cause Mortality in Older Adults: Results From the CHANCES Consortium. <i>American Journal of Preventive Medicine</i> , 2015 , 49, e53-e63	6.1	41
51	Eating out, weight and weight gain. A cross-sectional and prospective analysis in the context of the EPIC-PANACEA study. <i>International Journal of Obesity</i> , 2011 , 35, 416-26	5.5	41
50	Coffee and tea consumption and risk of pre- and postmenopausal breast cancer in the European Prospective Investigation into Cancer and Nutrition (EPIC) cohort study. <i>Breast Cancer Research</i> , 2015 , 17, 15	8.3	39
49	Comparison of standardised dietary folate intake across ten countries participating in the European Prospective Investigation into Cancer and Nutrition. <i>British Journal of Nutrition</i> , 2012 , 108, 552-69	3.6	39
48	Fruit and Vegetable Intake and Hip Fracture Incidence in Older Men and Women: The CHANCES Project. <i>Journal of Bone and Mineral Research</i> , 2016 , 31, 1743-52	6.3	38
47	Nutrient patterns and their food sources in an International Study Setting: report from the EPIC study. <i>PLoS ONE</i> , 2014 , 9, e98647	3.7	37
46	Eating out is different from eating at home among individuals who occasionally eat out. A cross-sectional study among middle-aged adults from eleven European countries. <i>British Journal of Nutrition</i> , 2015 , 113, 1951-64	3.6	36
45	The association of lifetime alcohol use with measures of abdominal and general adiposity in a large-scale European cohort. <i>European Journal of Clinical Nutrition</i> , 2011 , 65, 1079-87	5.2	33
44	Modifiable causes of premature death in middle-age in Western Europe: results from the EPIC cohort study. <i>BMC Medicine</i> , 2016 , 14, 87	11.4	32
43	Meal patterns across ten European countries - results from the European Prospective Investigation into Cancer and Nutrition (EPIC) calibration study. <i>Public Health Nutrition</i> , 2016 , 19, 2769-80	3.3	32
42	Adverse events and infections in patients with rheumatoid arthritis treated with conventional drugs or biologic agents: a real world study. <i>Clinical and Experimental Rheumatology</i> , 2015 , 33, 216-24	2.2	31
41	Pre-diagnostic vitamin D concentrations and cancer risks in older individuals: an analysis of cohorts participating in the CHANCES consortium. <i>European Journal of Epidemiology</i> , 2016 , 31, 311-23	12.1	30

40	Education, marital status, and risk of hip fractures in older men and women: the CHANCES project. <i>Osteoporosis International</i> , 2015 , 26, 1733-46	5.3	30
39	Educational level and risk of colorectal cancer in EPIC with specific reference to tumor location. <i>International Journal of Cancer</i> , 2012 , 130, 622-30	7.5	30
38	Pre-diagnostic copper and zinc biomarkers and colorectal cancer risk in the European Prospective Investigation into Cancer and Nutrition cohort. <i>Carcinogenesis</i> , 2017 , 38, 699-707	4.6	28
37	Fruit and vegetable intake and risk of incident of type 2 diabetes: results from the consortium on health and ageing network of cohorts in Europe and the United States (CHANCES). <i>European Journal of Clinical Nutrition</i> , 2017 , 71, 83-91	5.2	28
36	Overweight duration in older adults and cancer risk: a study of cohorts in Europe and the United States. <i>European Journal of Epidemiology</i> , 2016 , 31, 893-904	12.1	26
35	Weight change later in life and colon and rectal cancer risk in participants in the EPIC-PANACEA study. <i>American Journal of Clinical Nutrition</i> , 2014 , 99, 139-47	7	25
34	Longitudinal changes in weight in relation to smoking cessation in participants of the EPIC-PANACEA study. <i>Preventive Medicine</i> , 2012 , 54, 183-92	4.3	24
33	Plasma elaidic acid level as biomarker of industrial trans fatty acids and risk of weight change: report from the EPIC study. <i>PLoS ONE</i> , 2015 , 10, e0118206	3.7	24
32	Added Value of Serum Hormone Measurements in Risk Prediction Models for Breast Cancer for Women Not Using Exogenous Hormones: Results from the EPIC Cohort. <i>Clinical Cancer Research</i> , 2017 , 23, 4181-4189	12.9	23
31	Challenges in estimating the validity of dietary acrylamide measurements. <i>European Journal of Nutrition</i> , 2013 , 52, 1503-12	5.2	22
30	Combined impact of lifestyle factors on prospective change in body weight and waist circumference in participants of the EPIC-PANACEA study. <i>PLoS ONE</i> , 2012 , 7, e50712	3.7	22
29	Smoking and body fatness measurements: a cross-sectional analysis in the EPIC-PANACEA study. <i>Preventive Medicine</i> , 2009 , 49, 365-73	4.3	22
28	Mediterranean diet and hip fracture incidence among older adults: the CHANCES project. <i>Osteoporosis International</i> , 2018 , 29, 1591-1599	5.3	21
27	A treelet transform analysis to relate nutrient patterns to the risk of hormonal receptor-defined breast cancer in the European Prospective Investigation into Cancer and Nutrition (EPIC). <i>Public Health Nutrition</i> , 2016 , 19, 242-54	3.3	21
26	Anthropometry, physical activity and hip fractures in the elderly. <i>Injury</i> , 2011 , 42, 188-93	2.5	19
25	Survival and Disease Recurrence Rates among Breast Cancer Patients following Mastectomy with or without Breast Reconstruction. <i>Plastic and Reconstructive Surgery</i> , 2019 , 144, 169e-177e	2.7	19
24	Osteoprotegerin and breast cancer risk by hormone receptor subtype: a nested case-control study in the EPIC cohort. <i>BMC Medicine</i> , 2017 , 15, 26	11.4	18
23	Comparison of prognostic models to predict the occurrence of colorectal cancer in asymptomatic individuals: a systematic literature review and external validation in the EPIC and UK Biobank prospective cohort studies. <i>Gut</i> , 2019 , 68, 672-683	19.2	18

22	Endometrial cancer risk prediction including serum-based biomarkers: results from the EPIC cohort. <i>International Journal of Cancer</i> , 2017 , 140, 1317-1323	7.5	17
21	Eating at restaurants, at work or at home. Is there a difference? A study among adults of 11 European countries in the context of the HECTOR* project. <i>European Journal of Clinical Nutrition</i> , 2017 , 71, 407-419	5.2	17
20	Dietary intake of acrylamide and epithelial ovarian cancer risk in the european prospective investigation into cancer and nutrition (EPIC) cohort. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2015 , 24, 291-7	4	14
19	Main nutrient patterns are associated with prospective weight change in adults from 10 European countries. <i>European Journal of Nutrition</i> , 2016 , 55, 2093-104	5.2	14
18	Development and validation of a risk score predicting substantial weight gain over 5 years in middle-aged European men and women. <i>PLoS ONE</i> , 2013 , 8, e67429	3.7	14
17	An approach to estimate between- and within-group correlation coefficients in multicenter studies: plasma carotenoids as biomarkers of intake of fruits and vegetables. <i>American Journal of Epidemiology</i> , 2005 , 162, 591-8	3.8	14
16	The association of education with long-term weight change in the EPIC-PANACEA cohort. <i>European Journal of Clinical Nutrition</i> , 2012 , 66, 957-63	5.2	13
15	Risk prediction for estrogen receptor-specific breast cancers in two large prospective cohorts. <i>Breast Cancer Research</i> , 2018 , 20, 147	8.3	13
14	Fish consumption and subsequent change in body weight in European women and men. <i>British Journal of Nutrition</i> , 2013 , 109, 353-62	3.6	12
13	Occupation and risk of lymphoid and myeloid leukaemia in the European Prospective Investigation into Cancer and Nutrition (EPIC). <i>Occupational and Environmental Medicine</i> , 2013 , 70, 464-70	2.1	11
12	Social capital and regular alcohol use and binge drinking in adolescence: A cross-sectional study in Greece. <i>Drugs: Education, Prevention and Policy</i> , 2014 , 21, 299-309	1.2	10
11	Determinants of non- response to a second assessment of lifestyle factors and body weight in the EPIC-PANACEA study. <i>BMC Medical Research Methodology</i> , 2012 , 12, 148	4.7	9
10	Evaluating the effect of measurement error when using one or two 24 h dietary recalls to assess eating out: a study in the context of the HECTOR project. <i>British Journal of Nutrition</i> , 2013 , 110, 1107-17	3.6	8
9	No association between educational level and pancreatic cancer incidence in the European Prospective Investigation into Cancer and Nutrition. <i>Cancer Epidemiology</i> , 2010 , 34, 696-701	2.8	8
8	Psychometric Validation of the Youth Social Capital Scale in Greece. <i>Research on Social Work Practice</i> , 2012 , 22, 333-343	1.4	7
7	Timing of eating across ten European countries - results from the European Prospective Investigation into Cancer and Nutrition (EPIC) calibration study. <i>Public Health Nutrition</i> , 2019 , 22, 324-335	3.3	7
6	Anti-CA15.3 and Anti-CA125 Antibodies and Ovarian Cancer Risk: Results from the EPIC Cohort. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2018 , 27, 790-804	4	4
5	Treat-to-target biologic therapy in patients with rheumatoid arthritis is more efficacious and safe compared to delayed initiation of biologics: a real-world study. <i>Clinical and Experimental Rheumatology</i> , 2017 , 35, 192-200	2.2	4

4	Serum Neutrophil Gelatinase-Associated Lipocalin (NGAL) Could Provide Better Accuracy Than Creatinine in Predicting Acute Kidney Injury Development in Critically Ill Patients. <i>Journal of Clinical Medicine</i> , 2021 , 10,	5.1	2
3	Diet-Related Behaviors and Diet Quality among School-Aged Adolescents Living in Greece. <i>Nutrients</i> , 2020 , 12,	6.7	2
2	Hand hygiene education of Greek medical and nursing students: A cross-sectional study. <i>Nurse Education in Practice</i> , 2021 , 54, 103130	3.2	2
1	Global, regional, and national consumption of animal-source foods between 1990 and 2018: findings from the Global Dietary Database.. <i>Lancet Planetary Health, The</i> , 2022 , 6, e243-e256	9.8	1