

Philippos Orfanos

List of Publications by Year in descending order

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94
papers

6,876
citations

50170

46
h-index

60497

81
g-index

95
all docs

95
docs citations

95
times ranked

11418
citing authors

#	ARTICLE	IF	CITATIONS
1	Modified Mediterranean diet and survival: EPIC-elderly prospective cohort study. <i>BMJ: British Medical Journal</i> , 2005, 330, 991.	2.4	614
2	Olive oil, the Mediterranean diet, and arterial blood pressure: the Greek European Prospective Investigation into Cancer and Nutrition (EPIC) study. <i>American Journal of Clinical Nutrition</i> , 2004, 80, 1012-1018.	2.2	440
3	Impact of smoking and smoking cessation on cardiovascular events and mortality among older adults: meta-analysis of individual participant data from prospective cohort studies of the CHANCES consortium. <i>BMJ, The</i> , 2015, 350, h1551-h1551.	3.0	349
4	Mediterranean dietary patterns and prospective weight change in participants of the EPIC-PANACEA project. <i>American Journal of Clinical Nutrition</i> , 2010, 92, 912-921.	2.2	194
5	Meat consumption and prospective weight change in participants of the EPIC-PANACEA study. <i>American Journal of Clinical Nutrition</i> , 2010, 92, 398-407.	2.2	189
6	Conformity to traditional Mediterranean diet and cancer incidence: the Greek EPIC cohort. <i>British Journal of Cancer</i> , 2008, 99, 191-195.	2.9	179
7	Burden of hip fracture using disability-adjusted life-years: a pooled analysis of prospective cohorts in the CHANCES consortium. <i>Lancet Public Health, The</i> , 2017, 2, e239-e246.	4.7	169
8	A metabolomic study of biomarkers of meat and fish intake ., <i>American Journal of Clinical Nutrition</i> , 2017, 105, 600-608.	2.2	156
9	Plasma C-Reactive Protein and Risk of Cancer: A Prospective Study from Greece. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2006, 15, 381-384.	1.1	152
10	Low-carbohydrateâ€“high-protein diet and long-term survival in a general population cohort. <i>European Journal of Clinical Nutrition</i> , 2007, 61, 575-581.	1.3	151
11	Adherence to the World Cancer Research Fund/American Institute for Cancer Research guidelines and risk of death in Europe: results from the European Prospective Investigation into Nutrition and Cancer cohort study. <i>American Journal of Clinical Nutrition</i> , 2013, 97, 1107-1120.	2.2	150
12	Adherence to the Mediterranean Diet Is Associated with Lower Abdominal Adiposity in European Men and Women. <i>Journal of Nutrition</i> , 2009, 139, 1728-1737.	1.3	144
13	Eating out of home and its correlates in 10 European countries. The European Prospective Investigation into Cancer and Nutrition (EPIC) study. <i>Public Health Nutrition</i> , 2007, 10, 1515-1525.	1.1	139
14	Mediterranean diet in relation to body mass index and waist-to-hip ratio: the Greek European Prospective Investigation into Cancer and Nutrition Study. <i>American Journal of Clinical Nutrition</i> , 2005, 82, 935-940.	2.2	137
15	Dietary patterns among older Europeans: the EPIC-Elderly study. <i>British Journal of Nutrition</i> , 2005, 94, 100-113.	1.2	136
16	Prevalence, awareness, treatment and control of hypertension in a general population sample of 26 913 adults in the Greek EPIC study. <i>International Journal of Epidemiology</i> , 2004, 33, 1345-1352.	0.9	114
17	Physical activity and gain in abdominal adiposity and body weight: prospective cohort study in 288,498 men and women. <i>American Journal of Clinical Nutrition</i> , 2011, 93, 826-835.	2.2	112
18	Quantification of the smoking-associated cancer risk with rate advancement periods: meta-analysis of individual participant data from cohorts of the CHANCES consortium. <i>BMC Medicine</i> , 2016, 14, 62.	2.3	110

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19	Mediterranean diet and incidence of hip fractures in a European cohort. <i>Osteoporosis International</i> , 2013, 24, 1587-1598.	1.3	109
20	Vegetables and Fruits in Relation to Cancer Risk: Evidence from the Greek EPIC Cohort Study. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2008, 17, 387-392.	1.1	108
21	The Influence of Hormonal Factors on the Risk of Developing Cervical Cancer and Pre-Cancer: Results from the EPIC Cohort. <i>PLoS ONE</i> , 2016, 11, e0147029.	1.1	102
22	Impact of Nonoptimal Intakes of Saturated, Polyunsaturated, and Trans Fat on Global Burdens of Coronary Heart Disease. <i>Journal of the American Heart Association</i> , 2016, 5, .	1.6	102
23	Adherence to a Healthy Diet According to the World Health Organization Guidelines and All-Cause Mortality in Elderly Adults From Europe and the United States. <i>American Journal of Epidemiology</i> , 2014, 180, 978-988.	1.6	95
24	Pre-diagnostic copper and zinc biomarkers and colorectal cancer risk in the European Prospective Investigation into Cancer and Nutrition cohort. <i>Carcinogenesis</i> , 2017, 38, 699-707.	1.3	94
25	Modified Mediterranean diet and survival after myocardial infarction: the EPIC-Elderly study. <i>European Journal of Epidemiology</i> , 2007, 22, 871-881.	2.5	93
26	Diet and physical activity in relation to overall mortality amongst adult diabetics in a general population cohort. <i>Journal of Internal Medicine</i> , 2006, 259, 583-591.	2.7	82
27	Fruit and vegetable consumption and prospective weight change in participants of the European Prospective Investigation into Cancer and Nutritionâ€”Physical Activity, Nutrition, Alcohol, Cessation of Smoking, Eating Out of Home, and Obesity study. <i>American Journal of Clinical Nutrition</i> , 2012, 95, 184-193.	2.2	79
28	A cross-sectional analysis of physical activity and obesity indicators in European participants of the EPIC-PANACEA study. <i>International Journal of Obesity</i> , 2009, 33, 497-506.	1.6	77
29	The association of education with body mass index and waist circumference in the EPIC-PANACEA study. <i>BMC Public Health</i> , 2011, 11, 169.	1.2	72
30	Within- and Between-Cohort Variation in Measured Macronutrient Intakes, Taking Account of Measurement Errors, in the European Prospective Investigation into Cancer and Nutrition Study. <i>American Journal of Epidemiology</i> , 2004, 160, 814-822.	1.6	71
31	Adherence to the WCRF/AICR Dietary Recommendations for Cancer Prevention and Risk of Cancer in Elderly from Europe and the United States: A Meta-Analysis within the CHANCES Project. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2017, 26, 136-144.	1.1	67
32	Meat and fish consumption and risk of pancreatic cancer: Results from the European Prospective Investigation into Cancer and Nutrition. <i>International Journal of Cancer</i> , 2013, 132, 617-624.	2.3	65
33	Macronutrient Composition of the Diet and Prospective Weight Change in Participants of the EPIC-PANACEA Study. <i>PLoS ONE</i> , 2013, 8, e57300.	1.1	64
34	WHO guidelines for a healthy diet and mortality from cardiovascular disease in European and American elderly: the CHANCES project. <i>American Journal of Clinical Nutrition</i> , 2015, 102, 745-756.	2.2	61
35	Weight change in middle adulthood and breast cancer risk in the EPIC-PANACEA study. <i>International Journal of Cancer</i> , 2014, 135, 2887-2899.	2.3	60
36	Smoking and All-cause Mortality in Older Adults. <i>American Journal of Preventive Medicine</i> , 2015, 49, e53-e63.	1.6	60

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37	Dietary reporting errors on 24h recalls and dietary questionnaires are associated with BMI across six European countries as evaluated with recovery biomarkers for protein and potassium intake. <i>British Journal of Nutrition</i> , 2012, 107, 910-920.	1.2	59
38	Global, regional, and national consumption of animal-source foods between 1990 and 2018: findings from the Global Dietary Database. <i>Lancet Planetary Health</i> , The, 2022, 6, e243-e256.	5.1	59
39	Fluid intake and the risk of urothelial cell carcinomas in the European Prospective Investigation into Cancer and Nutrition (EPIC). <i>International Journal of Cancer</i> , 2011, 128, 2695-2708.	2.3	58
40	Meal patterns across ten European countries – results from the European Prospective Investigation into Cancer and Nutrition (EPIC) calibration study. <i>Public Health Nutrition</i> , 2016, 19, 2769-2780.	1.1	58
41	Self-rated health and all-cause and cause-specific mortality of older adults: Individual data meta-analysis of prospective cohort studies in the CHANCES Consortium. <i>Maturitas</i> , 2017, 103, 37-44.	1.0	58
42	Nut intake and 5-year changes in body weight and obesity risk in adults: results from the EPIC-PANACEA study. <i>European Journal of Nutrition</i> , 2018, 57, 2399-2408.	1.8	58
43	Biomarker patterns of inflammatory and metabolic pathways are associated with risk of colorectal cancer: results from the European Prospective Investigation into Cancer and Nutrition (EPIC). <i>European Journal of Epidemiology</i> , 2014, 29, 261-275.	2.5	56
44	Eating out, weight and weight gain. A cross-sectional and prospective analysis in the context of the EPIC-PANACEA study. <i>International Journal of Obesity</i> , 2011, 35, 416-426.	1.6	51
45	Diet and hip fractures among elderly Europeans in the EPIC cohort. <i>European Journal of Clinical Nutrition</i> , 2011, 65, 132-139.	1.3	50
46	Comparison of two statistical approaches to predict all-cause mortality by dietary patterns in German elderly subjects. <i>British Journal of Nutrition</i> , 2005, 93, 709-716.	1.2	49
47	Fruit and Vegetable Intake and Hip Fracture Incidence in Older Men and Women: The CHANCES Project. <i>Journal of Bone and Mineral Research</i> , 2016, 31, 1743-1752.	3.1	49
48	Comparison of standardised dietary folate intake across ten countries participating in the European Prospective Investigation into Cancer and Nutrition. <i>British Journal of Nutrition</i> , 2012, 108, 552-569.	1.2	48
49	Fruit and vegetable intake and risk of incident of type 2 diabetes: results from the consortium on health and ageing network of cohorts in Europe and the United States (CHANCES). <i>European Journal of Clinical Nutrition</i> , 2017, 71, 83-91.	1.3	46
50	Eating out is different from eating at home among individuals who occasionally eat out. A cross-sectional study among middle-aged adults from eleven European countries. <i>British Journal of Nutrition</i> , 2015, 113, 1951-1964.	1.2	45
51	Coffee and tea consumption and risk of pre- and postmenopausal breast cancer in the European Prospective Investigation into Cancer and Nutrition (EPIC) cohort study. <i>Breast Cancer Research</i> , 2015, 17, 15.	2.2	45
52	The association of lifetime alcohol use with measures of abdominal and general adiposity in a large-scale European cohort. <i>European Journal of Clinical Nutrition</i> , 2011, 65, 1079-1087.	1.3	44
53	Nutrient Patterns and Their Food Sources in an International Study Setting: Report from the EPIC Study. <i>PLoS ONE</i> , 2014, 9, e98647.	1.1	44
54	Modifiable causes of premature death in middle-age in Western Europe: results from the EPIC cohort study. <i>BMC Medicine</i> , 2016, 14, 87.	2.3	44

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55	Pre-diagnostic vitamin D concentrations and cancer risks in older individuals: an analysis of cohorts participating in the CHANCES consortium. <i>European Journal of Epidemiology</i> , 2016, 31, 311-323.	2.5	42
56	Educational level and risk of colorectal cancer in EPIC with specific reference to tumor location. <i>International Journal of Cancer</i> , 2012, 130, 622-630.	2.3	40
57	Overweight duration in older adults and cancer risk: a study of cohorts in Europe and the United States. <i>European Journal of Epidemiology</i> , 2016, 31, 893-904.	2.5	40
58	Education, marital status, and risk of hip fractures in older men and women: the CHANCES project. <i>Osteoporosis International</i> , 2015, 26, 1733-1746.	1.3	38
59	Weight change later in life and colon and rectal cancer risk in participants in the EPIC-PANACEA study. <i>American Journal of Clinical Nutrition</i> , 2014, 99, 139-147.	2.2	33
60	Survival and Disease Recurrence Rates among Breast Cancer Patients following Mastectomy with or without Breast Reconstruction. <i>Plastic and Reconstructive Surgery</i> , 2019, 144, 169e-177e.	0.7	33
61	Mediterranean diet and hip fracture incidence among older adults: the CHANCES project. <i>Osteoporosis International</i> , 2018, 29, 1591-1599.	1.3	32
62	Adverse events and infections in patients with rheumatoid arthritis treated with conventional drugs or biologic agents: a real world study. <i>Clinical and Experimental Rheumatology</i> , 2015, 33, 216-24.	0.4	32
63	Comparison of prognostic models to predict the occurrence of colorectal cancer in asymptomatic individuals: a systematic literature review and external validation in the EPIC and UK Biobank prospective cohort studies. <i>Gut</i> , 2019, 68, 672-683.	6.1	31
64	Endometrial cancer risk prediction including serum-based biomarkers: results from the EPIC cohort. <i>International Journal of Cancer</i> , 2017, 140, 1317-1323.	2.3	28
65	Combined Impact of Lifestyle Factors on Prospective Change in Body Weight and Waist Circumference in Participants of the EPIC-PANACEA Study. <i>PLoS ONE</i> , 2012, 7, e50712.	1.1	27
66	Plasma Elaidic Acid Level as Biomarker of Industrial Trans Fatty Acids and Risk of Weight Change: Report from the EPIC Study. <i>PLoS ONE</i> , 2015, 10, e0118206.	1.1	27
67	Longitudinal changes in weight in relation to smoking cessation in participants of the EPIC-PANACEA study. <i>Preventive Medicine</i> , 2012, 54, 183-192.	1.6	26
68	Challenges in estimating the validity of dietary acrylamide measurements. <i>European Journal of Nutrition</i> , 2013, 52, 1503-1512.	1.8	26
69	A treelet transform analysis to relate nutrient patterns to the risk of hormonal receptor-defined breast cancer in the European Prospective Investigation into Cancer and Nutrition (EPIC). <i>Public Health Nutrition</i> , 2016, 19, 242-254.	1.1	26
70	Added Value of Serum Hormone Measurements in Risk Prediction Models for Breast Cancer for Women Not Using Exogenous Hormones: Results from the EPIC Cohort. <i>Clinical Cancer Research</i> , 2017, 23, 4181-4189.	3.2	26
71	Eating at restaurants, at work or at home. Is there a difference? A study among adults of 11 European countries in the context of the HECTOR* project. <i>European Journal of Clinical Nutrition</i> , 2017, 71, 407-419.	1.3	25
72	Risk prediction for estrogen receptor-specific breast cancers in two large prospective cohorts. <i>Breast Cancer Research</i> , 2018, 20, 147.	2.2	24

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73	Smoking and body fatness measurements: A cross-sectional analysis in the EPIC-PANACEA study. Preventive Medicine, 2009, 49, 365-373.	1.6	22
74	Anthropometry, physical activity and hip fractures in the elderly. Injury, 2011, 42, 188-193.	0.7	21
75	Osteoprotegerin and breast cancer risk by hormone receptor subtype: a nested case-control study in the EPIC cohort. BMC Medicine, 2017, 15, 26.	2.3	21
76	An Approach to Estimate Between- and Within-Group Correlation Coefficients in Multicenter Studies: Plasma Carotenoids as Biomarkers of Intake of Fruits and Vegetables. American Journal of Epidemiology, 2005, 162, 591-598.	1.6	17
77	Fish consumption and subsequent change in body weight in European women and men. British Journal of Nutrition, 2013, 109, 353-362.	1.2	17
78	Development and Validation of a Risk Score Predicting Substantial Weight Gain over 5 Years in Middle-Aged European Men and Women. PLoS ONE, 2013, 8, e67429.	1.1	17
79	Occupation and risk of lymphoid and myeloid leukaemia in the European Prospective Investigation into Cancer and Nutrition (EPIC). Occupational and Environmental Medicine, 2013, 70, 464-470.	1.3	16
80	Dietary Intake of Acrylamide and Epithelial Ovarian Cancer Risk in the European Prospective Investigation into Cancer and Nutrition (EPIC) Cohort. Cancer Epidemiology Biomarkers and Prevention, 2015, 24, 291-297.	1.1	16
81	The association of education with long-term weight change in the EPIC-PANACEA cohort. European Journal of Clinical Nutrition, 2012, 66, 957-963.	1.3	15
82	Determinants of non- response to a second assessment of lifestyle factors and body weight in the EPIC-PANACEA study. BMC Medical Research Methodology, 2012, 12, 148.	1.4	15
83	Main nutrient patterns are associated with prospective weight change in adults from 10 European countries. European Journal of Nutrition, 2016, 55, 2093-2104.	1.8	15
84	Timing of eating across ten European countries – results from the European Prospective Investigation into Cancer and Nutrition (EPIC) calibration study. Public Health Nutrition, 2019, 22, 324-335.	1.1	15
85	Diet-Related Behaviors and Diet Quality among School-Aged Adolescents Living in Greece. Nutrients, 2020, 12, 3804.	1.7	14
86	Psychometric Validation of the Youth Social Capital Scale in Greece. Research on Social Work Practice, 2012, 22, 333-343.	1.1	12
87	Social capital and regular alcohol use and binge drinking in adolescence: A cross-sectional study in Greece. Drugs: Education, Prevention and Policy, 2014, 21, 299-309.	0.8	11
88	Prevalence of Overweight and Obesity and Associated Diet-Related Behaviours and Habits in a Representative Sample of Adolescents in Greece. Children, 2022, 9, 119.	0.6	10
89	Evaluating the effect of measurement error when using one or two 24h dietary recalls to assess eating out: a study in the context of the HECTOR project. British Journal of Nutrition, 2013, 110, 1107-1117.	1.2	9
90	Serum Neutrophil Gelatinase-Associated Lipocalin (NGAL) Could Provide Better Accuracy Than Creatinine in Predicting Acute Kidney Injury Development in Critically Ill Patients. Journal of Clinical Medicine, 2021, 10, 5379.	1.0	9

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91	No association between educational level and pancreatic cancer incidence in the European Prospective Investigation into Cancer and Nutrition. <i>Cancer Epidemiology</i> , 2010, 34, 696-701.	0.8	8
92	Anti-CA15.3 and Anti-CA125 Antibodies and Ovarian Cancer Risk: Results from the EPIC Cohort. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2018, 27, 790-804.	1.1	6
93	Hand hygiene education of Greek medical and nursing students: A cross-sectional study. <i>Nurse Education in Practice</i> , 2021, 54, 103130.	1.0	5
94	Treat-to-target biologic therapy in patients with rheumatoid arthritis is more efficacious and safe compared to delayed initiation of biologics: a real-world study. <i>Clinical and Experimental Rheumatology</i> , 2017, 35, 192-200.	0.4	4