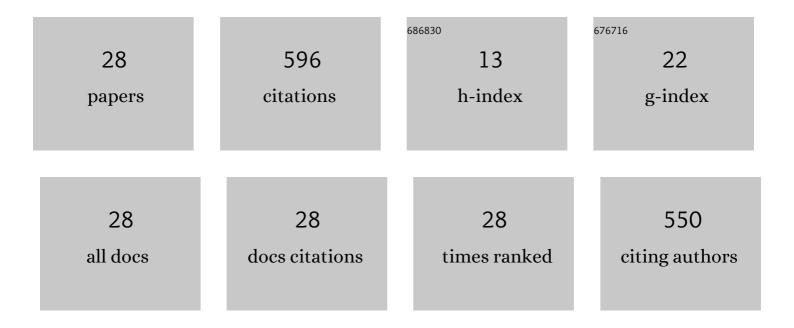
## Valentina Alfonsi

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/7147232/publications.pdf Version: 2024-02-01



#	Article	IF	CITATIONS
1	Pandemic nightmares: Effects on dream activity of the COVIDâ€19 lockdown in Italy. Journal of Sleep Research, 2021, 30, e13300.	1.7	64
2	Later School Start Time: The Impact of Sleep on Academic Performance and Health in the Adolescent Population. International Journal of Environmental Research and Public Health, 2020, 17, 2574.	1.2	52
3	Pandemic dreams: quantitative and qualitative features of the oneiric activity during the lockdown due to COVID-19 in Italy. Sleep Medicine, 2021, 81, 20-32.	0.8	51
4	COVIDâ€19 lockdown and poor sleep quality: Not the whole story. Journal of Sleep Research, 2021, 30, e13368.	1.7	49
5	The Efficacy of Transcranial Current Stimulation Techniques to Modulate Resting-State EEG, to Affect Vigilance and to Promote Sleepiness. Brain Sciences, 2018, 8, 137.	1.1	38
6	Functional connectivity changes in insomnia disorder: A systematic review. Sleep Medicine Reviews, 2022, 61, 101569.	3.8	36
7	<p>The Association Between School Start Time and Sleep Duration, Sustained Attention, and Academic Performance</p> . Nature and Science of Sleep, 2020, Volume 12, 1161-1172.	1.4	28
8	The impact of the end of COVID confinement on pandemic dreams, as assessed by a weekly sleep diary: a longitudinal investigation in Italy. Journal of Sleep Research, 2022, 31, e13429.	1.7	27
9	Bilateral 5 Hz transcranial alternating current stimulation on fronto-temporal areas modulates resting-state EEG. Scientific Reports, 2017, 7, 15672.	1.6	26
10	Sleep talking: A viable access to mental processes during sleep. Sleep Medicine Reviews, 2019, 44, 12-22.	3.8	20
11	<p>Bilateral Theta Transcranial Alternating Current Stimulation (tACS) Modulates EEG Activity: When tACS Works Awake It Also Works Asleep</p> . Nature and Science of Sleep, 2019, Volume 11, 343-356.	1.4	19
12	Pre-sleep arousal and sleep quality during the COVID-19 lockdown in Italy. Sleep Medicine, 2021, 88, 46-57.	0.8	19
13	Sleep-Based Interventions in Alzheimer's Disease: Promising Approaches from Prevention to Treatment along the Disease Trajectory. Pharmaceuticals, 2021, 14, 383.	1.7	17
14	EEG Patterns Prior to Motor Activations of Parasomnias: A Systematic Review. Nature and Science of Sleep, 2021, Volume 13, 713-728.	1.4	17
15	Spatiotemporal Dynamics of Sleep Spindle Sources Across NREM Sleep Cycles. Frontiers in Neuroscience, 2019, 13, 727.	1.4	16
16	<scp>What about dreams</scp> ? State of the art and open questions. Journal of Sleep Research, 2022, 31, .	1.7	16
17	Changes in sleep pattern and dream activity across and after the COVIDâ€19 lockdown in Italy: A longitudinal observational study. Journal of Sleep Research, 2021, , e13500.	1.7	15
18	Dreams and Nightmares during the First and Second Wave of the COVID-19 Infection: A Longitudinal Study. Brain Sciences, 2021, 11, 1375.	1.1	15

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#	Article	IF	CITATIONS
19	Persistence of the Effects of the COVID-19 Lockdown on Sleep: A Longitudinal Study. Brain Sciences, 2021, 11, 1520.	1.1	14
20	Comparison of Sleep and Attention Metrics Among Nurses Working Shifts on a Forward- vs Backward-Rotating Schedule. JAMA Network Open, 2021, 4, e2129906.	2.8	13
21	Investigation on Neurobiological Mechanisms of Dreaming in the New Decade. Brain Sciences, 2021, 11, 220.	1.1	11
22	Dream Activity in Narcoleptic Patients During the COVID-19 Lockdown in Italy. Frontiers in Psychology, 2021, 12, 681569.	1.1	9
23	Age-Related Effect of Sleepiness on Driving Performance: A Systematic-Review. Brain Sciences, 2021, 11, 1090.	1.1	6
24	Dreaming during the COVID-19 pandemic: A narrative review. Neuroscience and Biobehavioral Reviews, 2022, 138, 104710.	2.9	6
25	The Oneiric Activity during and after the COVID-19 Total Lockdown in Italy: A Longitudinal Study. International Journal of Environmental Research and Public Health, 2022, 19, 3857.	1.2	5
26	Relationship between Cortical Thickness and EEG Alterations during Sleep in the Alzheimer's Disease. Brain Sciences, 2021, 11, 1174.	1.1	3
27	Sleep talking versus sleep moaning: electrophysiological patterns preceding linguistic vocalizations during sleep. Sleep, 2022, 45, .	0.6	3
28	The Regional EEG Pattern of the Sleep Onset Process in Older Adults. Brain Sciences, 2021, 11, 1261.	1.1	1