

# Valentina Alfonsi

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/7147232/publications.pdf>

Version: 2024-02-01

28  
papers

596  
citations

686830

13  
h-index

676716

22  
g-index

28  
all docs

28  
docs citations

28  
times ranked

550  
citing authors

#	ARTICLE	IF	CITATIONS
1	Pandemic nightmares: Effects on dream activity of the COVID-19 lockdown in Italy. <i>Journal of Sleep Research</i> , 2021, 30, e13300.	1.7	64
2	Later School Start Time: The Impact of Sleep on Academic Performance and Health in the Adolescent Population. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 2574.	1.2	52
3	Pandemic dreams: quantitative and qualitative features of the oneiric activity during the lockdown due to COVID-19 in Italy. <i>Sleep Medicine</i> , 2021, 81, 20-32.	0.8	51
4	COVID-19 lockdown and poor sleep quality: Not the whole story. <i>Journal of Sleep Research</i> , 2021, 30, e13368.	1.7	49
5	The Efficacy of Transcranial Current Stimulation Techniques to Modulate Resting-State EEG, to Affect Vigilance and to Promote Sleepiness. <i>Brain Sciences</i> , 2018, 8, 137.	1.1	38
6	Functional connectivity changes in insomnia disorder: A systematic review. <i>Sleep Medicine Reviews</i> , 2022, 61, 101569.	3.8	36
7	&lt;p&gt;The Association Between School Start Time and Sleep Duration, Sustained Attention, and Academic Performance&lt;/p&gt;. <i>Nature and Science of Sleep</i> , 2020, Volume 12, 1161-1172.	1.4	28
8	The impact of the end of COVID confinement on pandemic dreams, as assessed by a weekly sleep diary: a longitudinal investigation in Italy. <i>Journal of Sleep Research</i> , 2022, 31, e13429.	1.7	27
9	Bilateral 5â€%Hz transcranial alternating current stimulation on fronto-temporal areas modulates resting-state EEG. <i>Scientific Reports</i> , 2017, 7, 15672.	1.6	26
10	Sleep talking: A viable access to mental processes during sleep. <i>Sleep Medicine Reviews</i> , 2019, 44, 12-22.	3.8	20
11	&lt;p&gt;Bilateral Theta Transcranial Alternating Current Stimulation (tACS) Modulates EEG Activity: When tACS Works Awake It Also Works Asleep&lt;/p&gt;. <i>Nature and Science of Sleep</i> , 2019, Volume 11, 343-356.	1.4	19
12	Pre-sleep arousal and sleep quality during the COVID-19 lockdown in Italy. <i>Sleep Medicine</i> , 2021, 88, 46-57.	0.8	19
13	Sleep-Based Interventions in Alzheimerâ€™s Disease: Promising Approaches from Prevention to Treatment along the Disease Trajectory. <i>Pharmaceuticals</i> , 2021, 14, 383.	1.7	17
14	EEG Patterns Prior to Motor Activations of Parasomnias: A Systematic Review. <i>Nature and Science of Sleep</i> , 2021, Volume 13, 713-728.	1.4	17
15	Spatiotemporal Dynamics of Sleep Spindle Sources Across NREM Sleep Cycles. <i>Frontiers in Neuroscience</i> , 2019, 13, 727.	1.4	16
16	<sc>What about dreams</sc>? State of the art and open questions. <i>Journal of Sleep Research</i> , 2022, 31, .	1.7	16
17	Changes in sleep pattern and dream activity across and after the COVID-19 lockdown in Italy: A longitudinal observational study. <i>Journal of Sleep Research</i> , 2021, , e13500.	1.7	15
18	Dreams and Nightmares during the First and Second Wave of the COVID-19 Infection: A Longitudinal Study. <i>Brain Sciences</i> , 2021, 11, 1375.	1.1	15

#	ARTICLE	IF	CITATIONS
19	Persistence of the Effects of the COVID-19 Lockdown on Sleep: A Longitudinal Study. <i>Brain Sciences</i> , 2021, 11, 1520.	1.1	14
20	Comparison of Sleep and Attention Metrics Among Nurses Working Shifts on a Forward- vs Backward-Rotating Schedule. <i>JAMA Network Open</i> , 2021, 4, e2129906.	2.8	13
21	Investigation on Neurobiological Mechanisms of Dreaming in the New Decade. <i>Brain Sciences</i> , 2021, 11, 220.	1.1	11
22	Dream Activity in Narcoleptic Patients During the COVID-19 Lockdown in Italy. <i>Frontiers in Psychology</i> , 2021, 12, 681569.	1.1	9
23	Age-Related Effect of Sleepiness on Driving Performance: A Systematic-Review. <i>Brain Sciences</i> , 2021, 11, 1090.	1.1	6
24	Dreaming during the COVID-19 pandemic: A narrative review. <i>Neuroscience and Biobehavioral Reviews</i> , 2022, 138, 104710.	2.9	6
25	The Oneiric Activity during and after the COVID-19 Total Lockdown in Italy: A Longitudinal Study. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 3857.	1.2	5
26	Relationship between Cortical Thickness and EEG Alterations during Sleep in the Alzheimer's Disease. <i>Brain Sciences</i> , 2021, 11, 1174.	1.1	3
27	Sleep talking versus sleep moaning: electrophysiological patterns preceding linguistic vocalizations during sleep. <i>Sleep</i> , 2022, 45, .	0.6	3
28	The Regional EEG Pattern of the Sleep Onset Process in Older Adults. <i>Brain Sciences</i> , 2021, 11, 1261.	1.1	1