

Asmaa S Abdelhamid

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

43
papers

2,202
citations

23
h-index

46
g-index

46
ext. papers

2,739
ext. citations

4.6
avg, IF

4.99
L-index

#	Paper	IF	Citations
43	Effects of chocolate, cocoa, and flavan-3-ols on cardiovascular health: a systematic review and meta-analysis of randomized trials. <i>American Journal of Clinical Nutrition</i> , 2012 , 95, 740-51	7	446
42	Reduction in saturated fat intake for cardiovascular disease. <i>The Cochrane Library</i> , 2015 , CD011737	5.2	197
41	Effect of reducing total fat intake on body weight: systematic review and meta-analysis of randomised controlled trials and cohort studies. <i>BMJ, The</i> , 2012 , 345, e7666	5.9	171
40	The effects of oral iron supplementation on cognition in older children and adults: a systematic review and meta-analysis. <i>Nutrition Journal</i> , 2010 , 9, 4	4.3	147
39	Omega-3 fatty acids for the primary and secondary prevention of cardiovascular disease. <i>The Cochrane Library</i> , 2018 , 7, CD003177	5.2	112
38	Climate change and food security: health impacts in developed countries. <i>Environmental Health Perspectives</i> , 2012 , 120, 1520-6	8.4	105
37	Effectiveness of interventions to directly support food and drink intake in people with dementia: systematic review and meta-analysis. <i>BMC Geriatrics</i> , 2016 , 16, 26	4.1	92
36	Omega-3, omega-6, and total dietary polyunsaturated fat for prevention and treatment of type 2 diabetes mellitus: systematic review and meta-analysis of randomised controlled trials. <i>BMJ, The</i> , 2019 , 366, l4697	5.9	89
35	Omega-3 fatty acids for the primary and secondary prevention of cardiovascular disease. <i>The Cochrane Library</i> , 2018 , 11, CD003177	5.2	89
34	Omega-3 fatty acids for the primary and secondary prevention of cardiovascular disease. <i>The Cochrane Library</i> , 2020 , 3, CD003177	5.2	75
33	Effects of total fat intake on body weight. <i>The Cochrane Library</i> , 2015 , CD011834	5.2	67
32	Clinical symptoms, signs and tests for identification of impending and current water-loss dehydration in older people. <i>The Cochrane Library</i> , 2015 , CD009647	5.2	55
31	Effectiveness of interventions to indirectly support food and drink intake in people with dementia: Eating and Drinking Well IN dementia (EDWINA) systematic review. <i>BMC Geriatrics</i> , 2016 , 16, 89	4.1	54
30	Diagnostic accuracy of calculated serum osmolarity to predict dehydration in older people: adding value to pathology laboratory reports. <i>BMJ Open</i> , 2015 , 5, e008846	3	42
29	A review of clinical practice guidelines found that they were often based on evidence of uncertain relevance to primary care patients. <i>Journal of Clinical Epidemiology</i> , 2014 , 67, 1251-7	5.7	41
28	Polyunsaturated fatty acids for the primary and secondary prevention of cardiovascular disease. <i>The Cochrane Library</i> , 2018 , 7, CD012345	5.2	39
27	Water-loss (intracellular) dehydration assessed using urinary tests: how well do they work? Diagnostic accuracy in older people. <i>American Journal of Clinical Nutrition</i> , 2016 , 104, 121-31	7	38

26	Omega-6 fats for the primary and secondary prevention of cardiovascular disease. <i>The Cochrane Library</i> , 2018 , 7, CD011094	5.2	36
25	Omega-6 fats for the primary and secondary prevention of cardiovascular disease. <i>The Cochrane Library</i> , 2018 , 11, CD011094	5.2	32
24	Omega-3 and polyunsaturated fat for prevention of depression and anxiety symptoms: systematic review and meta-analysis of randomised trials. <i>British Journal of Psychiatry</i> , 2021 , 218, 135-142	5.4	29
23	Reduction in saturated fat intake for cardiovascular disease. <i>The Cochrane Library</i> , 2020 , 5, CD011737	5.2	27
22	Omega-3, omega-6 and total dietary polyunsaturated fat on cancer incidence: systematic review and meta-analysis of randomised trials. <i>British Journal of Cancer</i> , 2020 , 122, 1260-1270	8.7	26
21	The Relationship Between Omega-3, Omega-6 and Total Polyunsaturated Fat and Musculoskeletal Health and Functional Status in Adults: A Systematic Review and Meta-analysis of RCTs. <i>Calcified Tissue International</i> , 2019 , 105, 353-372	3.9	24
20	Polyunsaturated fatty acids for the primary and secondary prevention of cardiovascular disease. <i>The Cochrane Library</i> , 2018 , 11, CD012345	5.2	23
19	Omega-3, Omega-6, and Polyunsaturated Fat for Cognition: Systematic Review and Meta-analysis of Randomized Trials. <i>Journal of the American Medical Directors Association</i> , 2020 , 21, 1439-1450.e21	5.9	20
18	Reduction in saturated fat intake for cardiovascular disease. <i>The Cochrane Library</i> , 2020 , 8, CD011737	5.2	18
17	Does the evidence referenced in NICE guidelines reflect a primary care population?. <i>British Journal of General Practice</i> , 2011 , 61, e112-7	1.6	14
16	Long-term effects of increasing omega-3, omega-6 and total polyunsaturated fats on inflammatory bowel disease and markers of inflammation: a systematic review and meta-analysis of randomized controlled trials. <i>European Journal of Nutrition</i> , 2021 , 60, 2293-2316	5.2	11
15	Creation of a database to assess effects of omega-3, omega-6 and total polyunsaturated fats on health: methodology for a set of systematic reviews. <i>BMJ Open</i> , 2019 , 9, e029554	3	10
14	Primary care evidence in clinical guidelines: a mixed methods study of practitioners' views. <i>British Journal of General Practice</i> , 2014 , 64, e719-27	1.6	10
13	Overall similarity and consistency assessment scores are not sufficiently accurate for predicting discrepancy between direct and indirect comparison estimates. <i>Journal of Clinical Epidemiology</i> , 2013 , 66, 184-91	5.7	10
12	Use of indirect comparison methods in systematic reviews: a survey of Cochrane review authors. <i>Research Synthesis Methods</i> , 2012 , 3, 71-9	7.2	9
11	Predictors of the quality of care for asthma in general practice: an observational study. <i>Family Practice</i> , 2010 , 27, 186-91	1.9	8
10	Effects of total fat intake on body fatness in adults. <i>The Cochrane Library</i> , 2020 , 6, CD013636	5.2	5
9	Effectiveness of interventions to improve, maintain or facilitate oral food and/or drink intake in people with dementia: systematic review. <i>BMC Health Services Research</i> , 2014 , 14,	2.9	5

8	Effects of Dietary or Supplementary Micronutrients on Sex Hormones and IGF-1 in Middle and Older Age: A Systematic Review and Meta-Analysis. <i>Nutrients</i> , 2020 , 12,	6.7	5
7	An evaluation of rheumatology practitioner outreach clinics: a qualitative study. <i>BMC Health Services Research</i> , 2012 , 12, 119	2.9	3
6	Dietary acid-base load and its association with risk of osteoporotic fractures and low estimated skeletal muscle mass. <i>European Journal of Clinical Nutrition</i> , 2020 , 74, 33-42	5.2	3
5	High variability of food and nutrient intake exists across the Mediterranean Dietary Pattern-A systematic review. <i>Food Science and Nutrition</i> , 2020 , 8, 4907-4918	3.2	3
4	Effects of fluid and drinking on pneumonia mortality in older adults: A systematic review and meta-analysis.. <i>Clinical Nutrition ESPEN</i> , 2022 , 47, 96-105	1.3	2
3	Polyunsaturated fat intake for prevention of cardiovascular disease. <i>The Cochrane Library</i> , 2016 ,	5.2	2
2	AuthorsWeply to Henderson. <i>BMJ, The</i> , 2019 , 366, l5703	5.9	
1	Developing clinical guidelines with scant evidence approaches taken and lessons learnt. <i>Archives of Disease in Childhood: Education and Practice Edition</i> , 2018 , 103, 78-81	0.5	