Robin M Daly

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	High-Intensity Resistance Training Improves Glycemic Control in Older Patients With Type 2 Diabetes. Diabetes Care, 2002, 25, 1729-1736.	8.6	581
2	The Effect of Mechanical Loading on the Size and Shape of Bone in Pre-, Peri-, and Postpubertal Girls: A Study in Tennis Players. Journal of Bone and Mineral Research, 2002, 17, 2274-2280.	2.8	411
3	Targeted exercise against osteoporosis: A systematic review and meta-analysis for optimising bone strength throughout life. BMC Medicine, 2010, 8, 47.	5.5	350
4	Vitamin D and health in adults in Australia and New Zealand: a position statement. Medical Journal of Australia, 2012, 196, 686-687.	1.7	270
5	Prevalence of vitamin D deficiency and its determinants in Australian adults aged 25 years and older: a national, populationâ€based study. Clinical Endocrinology, 2012, 77, 26-35.	2.4	251
6	Exercise and Sports Science Australia (ESSA) position statement on exercise prescription for the prevention and management of osteoporosis. Journal of Science and Medicine in Sport, 2017, 20, 438-445.	1.3	224
7	Low Serum 25-Hydroxyvitamin D Is Associated with Increased Risk of the Development of the Metabolic Syndrome at Five Years: Results from a National, Population-Based Prospective Study (The Australian) Tj ETQq1 1 2012, 97, 1953-1961.	0,784314	ł rgBT /Over 218
8	Serum 25-Hydroxyvitamin D, Calcium Intake, and Risk of Type 2 Diabetes After 5 Years. Diabetes Care, 2011, 34, 1133-1138.	8.6	211
9	Associations between sedentary behaviour and body composition, muscle function and sarcopenia in community-dwelling older adults. Osteoporosis International, 2015, 26, 571-579.	3.1	192
10	The relationship between muscle size and bone geometry during growth and in response to exercise. Bone, 2004, 34, 281-287.	2.9	185
11	Home-Based Resistance Training Is Not Sufficient to Maintain Improved Glycemic Control Following Supervised Training in Older Individuals With Type 2 Diabetes. Diabetes Care, 2005, 28, 3-9.	8.6	157
12	Protein-enriched diet, with the use of lean red meat, combined with progressive resistance training enhances lean tissue mass and muscle strength and reduces circulating IL-6 concentrations in elderly women: a cluster randomized controlled trial. American Journal of Clinical Nutrition, 2014, 99, 899-910	4.7	153
13	Effects of resistance exercise and fortified milk on skeletal muscle mass, muscle size, and functional performance in middle-aged and older men: an 18-mo randomized controlled trial. Journal of Applied Physiology, 2009, 107, 1864-1873.	2.5	137
14	A cluster-randomized controlled trial to reduce sedentary behavior and promote physical activity and health of 8-9 year olds: The Transform-Us! Study. BMC Public Health, 2011, 11, 759.	2.9	136
15	Effects of a Targeted Multimodal Exercise Program Incorporating High-Speed Power Training on Falls and Fracture Risk Factors in Older Adults: A Community-Based Randomized Controlled Trial. Journal of Bone and Mineral Research, 2014, 29, 182-191.	2.8	127
16	Exercise for the prevention of osteoporosis in postmenopausal women: an evidence-based guide to the optimal prescription. Brazilian Journal of Physical Therapy, 2019, 23, 170-180.	2.5	122
17	Influence of Sequential vs. Simultaneous Dual-Task Exercise Training on Cognitive Function in Older Adults. Frontiers in Aging Neuroscience, 2017, 9, 368.	3.4	121
18	Role of Intensive Training in the Growth and Maturation of Artistic Gymnasts. Sports Medicine, 2013, 43. 783-802.	6.5	118

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19	Gender specific age-related changes in bone density, muscle strength and functional performance in the elderly: a-10Âyear prospective population-based study. BMC Geriatrics, 2013, 13, 71.	2.7	117
20	Effects of Combined Calcium and Vitamin D Supplementation on Insulin Secretion, Insulin Sensitivity and β-Cell Function in Multi-Ethnic Vitamin D-Deficient Adults at Risk for Type 2 Diabetes: A Pilot Randomized, Placebo-Controlled Trial. PLoS ONE, 2014, 9, e109607.	2.5	115
21	Calcium- and Vitamin D3-Fortified Milk Reduces Bone Loss at Clinically Relevant Skeletal Sites in Older Men: A 2-Year Randomized Controlled Trial. Journal of Bone and Mineral Research, 2005, 21, 397-405.	2.8	114
22	Independent and Combined Effects of Calcium-Vitamin D3 and Exercise on Bone Structure and Strength in Older Men: An 18-Month Factorial Design Randomized Controlled Trial. Journal of Clinical Endocrinology and Metabolism, 2011, 96, 955-963.	3.6	113
23	Effects of High-Impact Exercise on Ultrasonic and Biochemical Indices of Skeletal Status: A Prospective Study in Young Male Gymnasts. Journal of Bone and Mineral Research, 1999, 14, 1222-1230.	2.8	110
24	The Effect of Exercise on Bone Mass and Structural Geometry during Growth. , 2007, 51, 33-49.		96
25	Overweight children have a greater proportion of fat mass relative to muscle mass in the upper limbs than in the lower limbs: implications for bone strength at the distal forearm. American Journal of Clinical Nutrition, 2009, 90, 1104-1111.	4.7	93
26	Lifetime sport and leisure activity participation is associated with greater bone size, quality and strength in older men. Osteoporosis International, 2006, 17, 1258-1267.	3.1	90
27	Does high-intensity resistance training maintain bone mass during moderate weight loss in older overweight adults with type 2 diabetes?. Osteoporosis International, 2005, 16, 1703-1712.	3.1	89
28	Induction of cortical plasticity and improved motor performance following unilateral and bilateral transcranial direct current stimulation of the primary motor cortex. BMC Neuroscience, 2013, 14, 64.	1.9	83
29	Brain functional alterations in Type 2 Diabetes – A systematic review of fMRI studies. Frontiers in Neuroendocrinology, 2017, 47, 34-46.	5.2	83
30	Exercise and Calcium Combined Results in a Greater Osteogenic Effect Than Either Factor Alone: A Blinded Randomized Placebo-Controlled Trial in Boys. Journal of Bone and Mineral Research, 2007, 22, 458-464.	2.8	82
31	Examination of mid-intervention mediating effects on objectively assessed sedentary time among children in the Transform-Us! cluster-randomized controlled trial. International Journal of Behavioral Nutrition and Physical Activity, 2013, 10, 62.	4.6	80
32	Fall and Fracture Risk in Sarcopenia and Dynapenia With and Without Obesity: the Role of Lifestyle Interventions. Current Osteoporosis Reports, 2015, 13, 235-244.	3.6	80
33	Associations of Maternal Vitamin D Deficiency with Pregnancy and Neonatal Complications in Developing Countries: A Systematic Review. Nutrients, 2018, 10, 640.	4.1	71
34	Different Current Intensities of Anodal Transcranial Direct Current Stimulation Do Not Differentially Modulate Motor Cortex Plasticity. Neural Plasticity, 2013, 2013, 1-9.	2.2	68
35	Association Between Changes in Habitual Physical Activity and Changes in Bone Density, Muscle Strength, and Functional Performance in Elderly Men and Women. Journal of the American Geriatrics Society, 2008, 56, 2252-2260.	2.6	64
36	Synthesis and Biological Evaluation of a Library of Glycoporphyrin Compounds. Chemistry - A European Journal, 2012, 18, 14671-14679.	3.3	64

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37	Effects of Repetitive Loading on Bone Mass and Geometry in Young Male Tennis Players: A Quantitative Study Using MRI. Journal of Bone and Mineral Research, 2009, 24, 1686-1692.	2.8	60
38	Exercise and nutritional approaches to prevent frail bones, falls and fractures: an update. Climacteric, 2017, 20, 119-124.	2.4	60
39	Effects of repetitive loading on the growth-induced changes in bone mass and cortical bone geometry: A 12-month study in pre/peri- and postmenarcheal tennis players. Journal of Bone and Mineral Research, 2011, 26, 1321-1329.	2.8	59
40	The lifestyle of our kids (LOOK) project: Outline of methods. Journal of Science and Medicine in Sport, 2009, 12, 156-163.	1.3	58
41	Higher Dietary Calcium Intakes Are Associated With Reduced Risks of Fractures, Cardiovascular Events, and Mortality: A Prospective Cohort Study of Older Men and Women. Journal of Bone and Mineral Research, 2015, 30, 1758-1766.	2.8	57
42	Prevalence and predictors of vitamin D deficiency in a nationally representative sample of adults participating in the 2011–2013 Australian Health Survey. British Journal of Nutrition, 2019, 121, 894-904.	2.3	57
43	Balancing the risk of injury to gymnasts: how effective are the counter measures?. British Journal of Sports Medicine, 2001, 35, 8-19.	6.7	55
44	Effects of a 12â€Month Supervised, Communityâ€Based, Multimodal Exercise Program Followed by a 6â€Month Researchâ€toâ€Practice Transition on Bone Mineral Density, Trabecular Microarchitecture, and Physical Function in Older Adults: A Randomized Controlled Trial. Journal of Bone and Mineral Research, 2020, 35, 419-429.	2.8	55
45	Formation of cortical plasticity in older adults following tDCS and motor training. Frontiers in Aging Neuroscience, 2013, 5, 87.	3.4	54
46	Differential Effects of Exercise on Tibial Shaft Marrow Density in Young Female Athletes. Journal of Clinical Endocrinology and Metabolism, 2013, 98, 2037-2044.	3.6	52
47	Long-term effects of calcium–vitamin-D3-fortified milk on bone geometry and strength in older men. Bone, 2006, 39, 946-953.	2.9	50
48	Evidence for an Interaction Between Exercise and Nutrition for Improving Bone and Muscle Health. Current Osteoporosis Reports, 2014, 12, 219-226.	3.6	50
49	Effects of an intradialytic resistance training programme on physical function: a prospective stepped-wedge randomized controlled trial. Nephrology Dialysis Transplantation, 2016, 31, 1302-1309.	0.7	47
50	Serum 25-Hydroxyvitamin D Deficiency and the 5-Year Incidence of CKD. American Journal of Kidney Diseases, 2013, 62, 58-66.	1.9	45
51	Sarcopenia Definitions and Their Associations With Mortality in Older Australian Women. Journal of the American Medical Directors Association, 2019, 20, 76-82.e2.	2.5	43
52	Persistent Impairment in Cardiopulmonary Fitness after Breast Cancer Chemotherapy. Medicine and Science in Sports and Exercise, 2019, 51, 1573-1581.	0.4	42
53	Minimal-Dose Resistance Training for Improving Muscle Mass, Strength, and Function: A Narrative Review of Current Evidence and Practical Considerations. Sports Medicine, 2022, 52, 463-479.	6.5	42
54	Frequent walking, but not total physical activity, is associated with increased fracture incidence: A 5-year follow-up of an Australian population-based prospective study (AusDiab). Journal of Bone and Mineral Research, 2011, 26, 1638-1647.	2.8	41

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55	Short stature in competitive prepubertal and early pubertal male gymnasts: The result of selection bias or intense training?. Journal of Pediatrics, 2000, 137, 510-516.	1.8	40
56	Technology-Supported Self-Guided Nutrition and Physical Activity Interventions for Adults With Cancer: Systematic Review. JMIR MHealth and UHealth, 2019, 7, e12281.	3.7	40
57	Muscle Determinants of Bone Mass, Geometry and Strength in Prepubertal Girls. Medicine and Science in Sports and Exercise, 2008, 40, 1135-1141.	0.4	38
58	bihemispheric-tDCS and Upper Limb Rehabilitation Improves Retention of Motor Function in Chronic Stroke: A Pilot Study. Frontiers in Human Neuroscience, 2016, 10, 258.	2.0	36
59	Does Elite Competition Inhibit Growth and Delay Maturation in Some Gymnasts? Quite Possibly. Pediatric Exercise Science, 2003, 15, 360-372.	1.0	35
60	The skeletal benefits of calcium- and vitamin D3–fortified milk are sustained in older men after withdrawal of supplementation: an 18-mo follow-up study. American Journal of Clinical Nutrition, 2008, 87, 771-777.	4.7	35
61	Osteo-cise: Strong Bones for Life: Protocol for a community-based randomised controlled trial of a multi-modal exercise and osteoporosis education program for older adults at risk of falls and fractures. BMC Musculoskeletal Disorders, 2012, 13, 78.	1.9	35
62	The effects of a protein enriched diet with lean red meat combined with a multi-modal exercise program on muscle and cognitive health and function in older adults: study protocol for a randomised controlled trial. Trials, 2015, 16, 339.	1.6	34
63	25-hydroxyvitamin D Levels and chronic kidney disease in the AusDiab (Australian Diabetes, Obesity and) Tj ETQq	1 1 0.784 1.8	314 rgBT /O
64	Feasibility, Usability, and Enjoyment of a Home-Based Exercise Program Delivered via an Exercise App for Musculoskeletal Health in Community-Dwelling Older Adults: Short-term Prospective Pilot Study. JMIR MHealth and UHealth, 2021, 9, e21094.	3.7	33
65	Effects of vitamin D supplementation on neuroplasticity in older adults: a double-blinded, placebo-controlled randomised trial. Osteoporosis International, 2015, 26, 131-140.	3.1	32
66	ls Excess Calcium Harmful to Health?. Nutrients, 2010, 2, 505-522.	4.1	30
67	Effects of a daily school based physical activity intervention program on muscle development in prepubertal girls. European Journal of Applied Physiology, 2009, 105, 533-541.	2.5	29
68	Influence of age and gender on fat mass, fat-free mass and skeletal muscle mass among Australian adults: The Australian diabetes, obesity and lifestyle study (AusDiab). Journal of Nutrition, Health and Aging, 2014, 18, 540-546.	3.3	29
69	Effects of progressive resistance training and weight loss versus weight loss alone on inflammatory and endothelial biomarkers in older adults with type 2 diabetes. European Journal of Applied Physiology, 2017, 117, 1669-1678.	2.5	29
70	Inflammatory cytokine responses to progressive resistance training and supplementation with fortified milk in men aged 50+ years: an 18-month randomized controlled trial. European Journal of Applied Physiology, 2011, 111, 3079-3088.	2.5	28
71	Associations of Monitor-Assessed Activity with Performance-Based Physical Function. PLoS ONE, 2016, 11, e0153398.	2.5	28
72	Building healthy bones throughout life: an evidenceâ€informed strategy to prevent osteoporosis in Australia, Medical Journal of Australia, 2013, 199, S1.	1.7	26

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73	Huisgen-based conjugation of water-soluble porphyrins to deprotected sugars: towards mild strategies for the labelling of glycans. Organic and Biomolecular Chemistry, 2014, 12, 1203-1206.	2.8	26
74	An Increase in School-Based Physical Education Increases Muscle Strength in Children. Medicine and Science in Sports and Exercise, 2013, 45, 997-1003.	0.4	25
75	1H-NMR analysis of the human urinary metabolome in response to an 18-month multi-component exercise program and calcium–vitamin-D3supplementation in older men. Applied Physiology, Nutrition and Metabolism, 2014, 39, 1294-1304.	1.9	25
76	Synthesis and Clycoconjugation of an Azidoâ€BF ₂ –Azadipyrromethene Nearâ€Infrared Fluorochrome. European Journal of Organic Chemistry, 2014, 2014, 6841-6845.	2.4	24
77	Novel substrates for the measurement of endo-1,4-β-glucanase (endo-cellulase). Carbohydrate Research, 2014, 385, 9-17.	2.3	24
78	Bone mineral density and incidence of hip fracture in Swedish urban and rural women 1987–2002. Monthly Notices of the Royal Astronomical Society: Letters, 2010, 81, 453-459.	3.3	23
79	An evidenceâ€ i nformed strategy to prevent osteoporosis in Australia. Medical Journal of Australia, 2013, 198, 90-91.	1.7	23
80	Building healthy bones throughout life: an evidenceâ€informed strategy to prevent osteoporosis in Australia. Medical Journal of Australia, 2013, 199, S1-S46.	1.7	23
81	Screening, Diagnosis and Management of Sarcopenia and Frailty in Hospitalized Older Adults: Recommendations from the Australian and New Zealand Society for Sarcopenia and Frailty Research (ANZSSFR) Expert Working Group. Journal of Nutrition, Health and Aging, 2022, 26, 637-651.	3.3	23
82	Cognitive decline in prostate cancer patients undergoing ADT: a potential role for exercise training. Endocrine-Related Cancer, 2017, 24, R145-R155.	3.1	22
83	Exercise cardiovascular magnetic resonance reveals reduced cardiac reserve in pediatric cancer survivors with impaired cardiopulmonary fitness. Journal of Cardiovascular Magnetic Resonance, 2020, 22, 64.	3.3	22
84	Physical Education Can Improve Insulin Resistance. Medicine and Science in Sports and Exercise, 2013, 45, 1956-1964.	0.4	21
85	Effectiveness of dual-task functional power training for preventing falls in older people: study protocol for a cluster randomised controlled trial. Trials, 2015, 16, 120.	1.6	21
86	The effects of anodal-tDCS on cross-limb transfer in older adults. Clinical Neurophysiology, 2015, 126, 2189-2197.	1.5	21
87	Recruitment of older adults with type 2 diabetes into a community-based exercise and nutrition randomised controlled trial. Trials, 2016, 17, 467.	1.6	21
88	Effect of lean red meat combined with a multicomponent exercise program on muscle and cognitive function in older adults: a 6-month randomized controlled trial. American Journal of Clinical Nutrition, 2020, 112, 113-128.	4.7	21
89	Is there an association between non-alcoholic fatty liver disease and cognitive function? A systematic review. BMC Geriatrics, 2022, 22, 47.	2.7	21
90	Screen-Based Behaviors of Children and Cardiovascular Risk Factors. Journal of Pediatrics, 2015, 167, 1239-1245.	1.8	20

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91	Effects of a Specialist-Led, School Physical Education Program on Bone Mass, Structure, and Strength in Primary School Children: A 4-Year Cluster Randomized Controlled Trial. Journal of Bone and Mineral Research, 2016, 31, 289-298.	2.8	20
92	Independent and Combined Effects of Exercise and Vitamin D on Muscle Morphology, Function and Falls in the Elderly. Nutrients, 2010, 2, 1005-1017.	4.1	19
93	Greater Circulating Copper Concentrations and Copper/Zinc Ratios are Associated with Lower Psychological Distress, But Not Cognitive Performance, in a Sample of Australian Older Adults. Nutrients, 2019, 11, 2503.	4.1	19
94	Fruit and Vegetable Knowledge and Intake within an Australian Population: The AusDiab Study. Nutrients, 2020, 12, 3628.	4.1	19
95	Associations between nut intake, cognitive function and nonâ€alcoholic fatty liver disease (NAFLD) in older adults in the United States: NHANES 2011-14. BMC Geriatrics, 2021, 21, 313.	2.7	19
96	Making too much of a weak case. BMJ: British Medical Journal, 2010, 341, c4997-c4997.	2.3	19
97	The impact of an exercise physiologist coordinated resistance exercise program on the physical function of people receiving hemodialysis: a stepped wedge randomised control study. BMC Nephrology, 2013, 14, 204.	1.8	18
98	Vitamin D, bones and muscle: myth versus reality. Australasian Journal on Ageing, 2017, 36, 8-13.	0.9	18
99	Best Practices for Conducting Observational Research to Assess the Relation between Nutrition and Bone: An International Working Group Summary. Advances in Nutrition, 2019, 10, 391-409.	6.4	18
100	A School-Based Exercise Intervention Program Increases Muscle Strength in Prepubertal Boys. International Journal of Pediatrics (United Kingdom), 2010, 2010, 1-9.	0.8	17
101	Associations of Strength Training with Impaired Glucose Metabolism. Medicine and Science in Sports and Exercise, 2013, 45, 299-303.	0.4	17
102	The effects of progressive resistance training combined with a whey-protein drink and vitamin D supplementation on glycaemic control, body composition and cardiometabolic risk factors in older adults with type 2 diabetes: study protocol for a randomized controlled trial. Trials, 2014, 15, 431.	1.6	17
103	Effects of progressive resistance training combined with a protein-enriched lean red meat diet on health-related quality of life in elderly women: secondary analysis of a 4-month cluster randomised controlled trial. British Journal of Nutrition, 2017, 117, 1550-1559.	2.3	17
104	Efficacy of a multi-component exercise programme and nutritional supplementation on musculoskeletal health in men treated with androgen deprivation therapy for prostate cancer (IMPACT): study protocol of a randomised controlled trial. Trials, 2017, 18, 451.	1.6	17
105	Associations Between Fruit Intake and Risk of Diabetes in the AusDiab Cohort. Journal of Clinical Endocrinology and Metabolism, 2021, 106, e4097-e4108.	3.6	17
106	Exercise attenuates bone mineral density loss during diet-induced weight loss in adults with overweight and obesity: A systematic review and meta-analysis. Journal of Sport and Health Science, 2021, 10, 550-559.	6.5	17
107	Discordance of international adiposity classifications in Australian boys and girls – The LOOK study. Annals of Human Biology, 2008, 35, 334-341.	1.0	16
108	Effects of lifetime loading history on cortical bone density and its distribution in middle-aged and older men. Bone, 2010, 47, 673-680.	2.9	16

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109	Twelve-Year Television Viewing Time Trajectories and Physical Function in Older Adults. Medicine and Science in Sports and Exercise, 2017, 49, 1359-1365.	0.4	16
110	Does Use of Androgen Deprivation Therapy (ADT) in Men with Prostate Cancer Increase the Risk of Sarcopenia?. Calcified Tissue International, 2019, 105, 403-411.	3.1	16
111	Predictors of Vitamin D-Containing Supplement Use in the Australian Population and Associations between Dose and Serum 25-Hydroxyvitamin D Concentrations. Nutrients, 2016, 8, 356.	4.1	15
112	Concurrent exergaming and transcranial direct current stimulation to improve balance in people with Parkinson's disease: study protocol for a randomised controlled trial. Trials, 2018, 19, 387.	1.6	15
113	Development of Fully and Partially Protected Fucosyl Donors for Oligosaccharide Synthesis. Journal of Organic Chemistry, 2013, 78, 1080-1090.	3.2	14
114	Association between serum concentration of 25-hydroxyvitamin D and the risk of hip arthroplasty for osteoarthritis: result from a prospective cohort study. Osteoarthritis and Cartilage, 2015, 23, 2134-2140.	1.3	14
115	The Utility of Cardiac Reserve for the Early Detection of Cancer Treatment-Related Cardiac Dysfunction: A Comprehensive Overview. Frontiers in Cardiovascular Medicine, 2020, 7, 32.	2.4	14
116	Effects of whey protein plus vitamin D supplementation combined with progressive resistance training on glycaemic control, body composition, muscle function and cardiometabolic risk factors in middleâ€aged and older overweight/obese adults with type 2 diabetes: A 24â€week randomized controlled trial. Diabetes. Obesity and Metabolism, 2021, 23, 938-949.	4.4	14
117	Forearm bone mineral density and incidence of hip fractures in Swedish urban and rural men 1987–2002. Scandinavian Journal of Public Health, 2012, 40, 102-108.	2.3	13
118	Effects of Habitual Physical Activity and Fitness on Tibial Cortical Bone Mass, Structure and Mass Distribution in Pre-pubertal Boys and Girls: The Look Study. Calcified Tissue International, 2016, 99, 56-65.	3.1	13
119	Bone mineral density, structure, distribution and strength in men with prostate cancer treated with androgen deprivation therapy. Bone, 2019, 127, 367-375.	2.9	13
120	The vitamin D and calcium controversy: an update. Current Opinion in Rheumatology, 2019, 31, 91-97.	4.3	13
121	Activity Accumulation and Cardiometabolic Risk in Youth: A Latent Profile Approach. Medicine and Science in Sports and Exercise, 2020, 52, 1502-1510.	0.4	13
122	Exercise and Nutritional Approaches to Combat Cancer-Related Bone and Muscle Loss. Current Osteoporosis Reports, 2020, 18, 291-300.	3.6	13
123	Using compositional data analysis to explore accumulation of sedentary behavior, physical activity and youth health. Journal of Sport and Health Science, 2022, 11, 234-243.	6.5	13
124	Effects of exercise frequency and training volume on bone changes following a multi-component exercise intervention in middle aged and older men: Secondary analysis of an 18-month randomized controlled trial. Bone, 2021, 148, 115944.	2.9	13
125	Adoption and maintenance of gym-based strength training in the community setting in adults with excess weight or type 2 diabetes: a randomized controlled trial. International Journal of Behavioral Nutrition and Physical Activity, 2015, 12, 105.	4.6	12
126	Selenium Status Is Not Associated with Cognitive Performance: A Cross-Sectional Study in 154 Older Australian Adults. Nutrients, 2018, 10, 1847.	4.1	12

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127	Commentaries on Viewpoint: Rejuvenation of the term sarcopenia. Journal of Applied Physiology, 2019, 126, 257-262.	2.5	12
128	Dietary Nitrate Intake Is Positively Associated with Muscle Function in Men and Women Independent of Physical Activity Levels. Journal of Nutrition, 2021, 151, 1222-1230.	2.9	12
129	Perspective: Is it Time to Expand Research on "Nuts―to Include "Seeds� Justifications and Key Considerations. Advances in Nutrition, 2022, 13, 1016-1027.	6.4	12
130	Influence of a School-based Physical Activity Intervention on Cortical Bone Mass Distribution: A 7-year Intervention Study. Calcified Tissue International, 2016, 99, 443-453.	3.1	11
131	The clinical importance of quantifying body fat distribution during androgen deprivation therapy for prostate cancer. Endocrine-Related Cancer, 2017, 24, R35-R48.	3.1	11
132	Intake of Nuts and Seeds Is Associated with a Lower Prevalence of Nonalcoholic Fatty Liver Disease in US Adults: Findings from 2005–2018 NHANES. Journal of Nutrition, 2021, 151, 3507-3515.	2.9	11
133	The clinical relevance of adiposity when assessing muscle health in men treated with androgen deprivation for prostate cancer. Journal of Cachexia, Sarcopenia and Muscle, 2019, 10, 1036-1044.	7.3	10
134	Effects of a multicomponent exercise program combined with calcium–vitamin D3-enriched milk on health-related quality of life and depressive symptoms in older men: secondary analysis of a randomized controlled trial. European Journal of Nutrition, 2020, 59, 1081-1091.	3.9	10
135	Growth of highly versus moderately trained competitive female artistic gymnasts. Medicine and Science in Sports and Exercise, 2005, 37, 1053-60.	0.4	10
136	Association between dietary protein intake and changes in health-related quality of life in older adults: findings from the AusDiab 12-year prospective study. BMC Geriatrics, 2022, 22, 211.	2.7	10
137	Counselling for physical activity, life-space mobility and falls prevention in old age (COSMOS): protocol of a randomised controlled trial. BMJ Open, 2019, 9, e029682.	1.9	9
138	Exercise as a diagnostic and therapeutic tool for preventing cardiovascular morbidity in breast cancer patients– the BReast cancer EXercise InTervention (BREXIT) trial protocol. BMC Cancer, 2020, 20, 655.	2.6	9
139	Barriers and enablers for older adults participating in a home-based pragmatic exercise program delivered and monitored by Amazon Alexa: a qualitative study. BMC Geriatrics, 2022, 22, 248.	2.7	9
140	Creatinine to Cystatin C Ratio, a Biomarker of Sarcopenia Measures and Falls Risk in Community-Dwelling Older Women. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2022, 77, 1389-1397.	3.6	9
141	Strategies and challenges associated with recruiting retirement village communities and residents into a group exercise intervention. BMC Medical Research Methodology, 2018, 18, 173.	3.1	8
142	Associations between inflammatory and neurological markers with quality of life and well-being in older adults. Experimental Gerontology, 2019, 125, 110662.	2.8	8
143	Cross-Sectional Associations of Total Daily Volume and Activity Patterns across the Activity Spectrum with Cardiometabolic Risk Factors in Children and Adolescents. International Journal of Environmental Research and Public Health, 2020, 17, 4286.	2.6	8
144	Association of habitual intake of fruits and vegetables with depressive symptoms: the AusDiab study. European Journal of Nutrition, 2021, 60, 3743-3755.	3.9	8

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145	Musculoskeletal Responses to Exercise Plus Nutrition in Men with Prostate Cancer on Androgen Deprivation: A 12-Month RCT. Medicine and Science in Sports and Exercise, 2021, 53, 2054-2065.	0.4	8
146	Fruit and vegetable intake is inversely associated with perceived stress across the adult lifespan. Clinical Nutrition, 2021, 40, 2860-2867.	5.0	8
147	Does Training Affect Growth?. Physician and Sportsmedicine, 2002, 30, 21-29.	2.1	7
148	Comparison of segmental lean tissue mass in individuals with spinal cord injury measured by dual energy X-ray absorptiometry and predicted by bioimpedance spectroscopy. Spinal Cord, 2021, 59, 730-737.	1.9	7
149	Is replacing sedentary time with bouts of physical activity associated with inflammatory biomarkers in children?. Scandinavian Journal of Medicine and Science in Sports, 2021, 31, 733-741.	2.9	7
150	Association between non-tea flavonoid intake and risk of type 2 diabetes: the Australian diabetes, obesity and lifestyle study. Food and Function, 2022, 13, 4459-4468.	4.6	7
151	Physical Activity and Exercise in the Maintenance of the Adult Skeleton and the Prevention of Osteoporotic Fractures. , 2013, , 683-719.		6
152	Impact of fractional excretion of sodium on a single morning void urine collection as an estimate of 24â€hour urine sodium. Journal of Clinical Hypertension, 2019, 21, 1763-1770.	2.0	6
153	Modification of diet, exercise and lifestyle (MODEL) study: a randomised controlled trial protocol. BMJ Open, 2020, 10, e036366.	1.9	6
154	Effects of a multinutrient-fortified milk drink combined with exercise on functional performance, muscle strength, body composition, inflammation, and oxidative stress in middle-aged women: a 4-month, double-blind, placebo-controlled, randomized trial. American Journal of Clinical Nutrition, 2020, 112, 427-446.	4.7	6
155	Reallocating sedentary time with total physical activity and physical activity bouts in children: Associations with cardiometabolic biomarkers. Journal of Sports Sciences, 2021, 39, 332-340.	2.0	6
156	Associations between Dietary Patterns and Malnutrition, Low Muscle Mass and Sarcopenia in Adults with Cancer: A Scoping Review. International Journal of Environmental Research and Public Health, 2022, 19, 1769.	2.6	6
157	Association between Fruit and Vegetable Intakes and Mental Health in the Australian Diabetes Obesity and Lifestyle Cohort. Nutrients, 2021, 13, 1447.	4.1	5
158	Development of a Parkinson's disease specific falls questionnaire. BMC Geriatrics, 2021, 21, 614.	2.7	5
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