Thomas M Holland

List of Publications by Year in descending order

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840585 887953 18 478 11 17 citations h-index g-index papers 22 22 22 605 docs citations times ranked citing authors all docs

#	Article	IF	CITATIONS
1	Dietary flavonols and risk of Alzheimer dementia. Neurology, 2020, 94, e1749-e1756.	1.5	115
2	Toward a theoryâ€based specification of nonâ€pharmacological treatments in aging and dementia: Focused reviews and methodological recommendations. Alzheimer's and Dementia, 2021, 17, 255-270.	0.4	55
3	Association of Strawberries and Anthocyanidin Intake with Alzheimer's Dementia Risk. Nutrients, 2019, 11, 3060.	1.7	49
4	Healthy lifestyle and life expectancy with and without Alzheimer's dementia: population based cohort study. BMJ, The, 2022, 377, e068390.	3.0	49
5	Age and cognitive decline in the UK Biobank. PLoS ONE, 2019, 14, e0213948.	1.1	45
6	DASH and Mediterranean-Dash Intervention for Neurodegenerative Delay (MIND) Diets Are Associated With Fewer Depressive Symptoms Over Time. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2021, 76, 151-156.	1.7	30
7	Unhealthy foods may attenuate the beneficial relation of a Mediterranean diet to cognitive decline. Alzheimer's and Dementia, 2021, 17, 1157-1165.	0.4	24
8	Determination of Vitamin D and Its Metabolites in Human Brain Using an Ultra-Pressure LC–Tandem Mass Spectra Method. Current Developments in Nutrition, 2019, 3, nzz074.	0.1	19
9	Genetic risk, adherence to a healthy lifestyle, and cognitive decline in African Americans and European Americans. Alzheimer's and Dementia, 2022, 18, 572-580.	0.4	18
10	Dietary antioxidants associated with slower progression of parkinsonian signs in older adults. Nutritional Neuroscience, 2020, , 1-8.	1.5	18
11	Association of vitamin K with cognitive decline and neuropathology in communityâ€dwelling older persons. Alzheimer's and Dementia: Translational Research and Clinical Interventions, 2022, 8, e12255.	1.8	17
12	Primary prevention recommendations to reduce the risk of cognitive decline. Alzheimer's and Dementia, 2022, 18, 1569-1579.	0.4	13
13	Vitamin D and Vitamin K Concentrations in Human Brain Tissue Are Influenced by Freezer Storage Time: The Memory and Aging Project. Journal of Nutrition, 2021, 151, 104-108.	1.3	11
14	Pelargonidin and Berry Intake Association with Alzheimer's Disease Neuropathology: A Community-Based Study. Journal of Alzheimer's Disease, 2022, 88, 653-661.	1.2	8
15	Western diet associated with increased post-stroke depressive symptoms. Journal of Nutritional Science, 2022, 11 , .	0.7	4
16	Pelargonidin in Strawberries May Reduce Alzheimer's Disease Neuropathology: A Community-Based Study. Current Developments in Nutrition, 2020, 4, nzaa057_002.	0.1	2
17	Free-Living Standing Activity as Assessed by Seismic Accelerometers and Cognitive Function in Community-Dwelling Older Adults: The MIND Trial. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2021, 76, 1981-1987.	1.7	1
18	The Stability of Vitamins D and K of the Human Brain During Freezer Storage: The Memory and Aging Project (MAP). Current Developments in Nutrition, 2020, 4, nzaa057_022.	0.1	0