

Yannis Manios

List of Publications by Year in descending order

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468
papers

16,035
citations

24978

57
h-index

35952

97
g-index

476
all docs

476
docs citations

476
times ranked

18623
citing authors

#	ARTICLE	IF	CITATIONS
1	Vitamin D deficiency in Europe: pandemic?. American Journal of Clinical Nutrition, 2016, 103, 1033-1044.	2.2	963
2	Association of Gestational Weight Gain With Adverse Maternal and Infant Outcomes. JAMA - Journal of the American Medical Association, 2019, 321, 1702.	3.8	344
3	Television Food Advertising to Children: A Global Perspective. American Journal of Public Health, 2010, 100, 1730-1736.	1.5	312
4	Association between dietary inflammatory index and inflammatory markers in the HELENA study. Molecular Nutrition and Food Research, 2017, 61, 1600707.	1.5	297
5	Maternal body mass index, gestational weight gain, and the risk of overweight and obesity across childhood: An individual participant data meta-analysis. PLoS Medicine, 2019, 16, e1002744.	3.9	291
6	Objectively Measured Physical Activity and Sedentary Time in European Adolescents: The HELENA Study. American Journal of Epidemiology, 2011, 174, 173-184.	1.6	259
7	Differences in Weight Status and Energy-Balance Related Behaviors among Schoolchildren across Europe: The ENERGY-Project. PLoS ONE, 2012, 7, e34742.	1.1	231
8	Effect of personalized nutrition on health-related behaviour change: evidence from the Food4me European randomized controlled trial. International Journal of Epidemiology, 2017, 46, dyw186.	0.9	219
9	Levels of physical activity and sedentary time among 10- to 12-year-old boys and girls across 5 European countries using accelerometers: an observational study within the ENERGY-project. International Journal of Behavioral Nutrition and Physical Activity, 2012, 9, 34.	2.0	204
10	Vitamin D status among adolescents in Europe: the Healthy Lifestyle in Europe by Nutrition in Adolescence study. British Journal of Nutrition, 2012, 107, 755-764.	1.2	198
11	The effect of a cluster randomised control trial on objectively measured sedentary time and parental reports of time spent in sedentary activities in Belgian preschoolers: the ToyBox-study. International Journal of Behavioral Nutrition and Physical Activity, 2016, 13, 1.	2.0	183
12	Adherence to the Mediterranean diet is associated with the severity of non-alcoholic fatty liver disease. Clinical Nutrition, 2014, 33, 678-683.	2.3	182
13	Variations in accelerometry measured physical activity and sedentary time across Europe – harmonized analyses of 47,497 children and adolescents. International Journal of Behavioral Nutrition and Physical Activity, 2020, 17, 38.	2.0	176
14	Food intake of European adolescents in the light of different food-based dietary guidelines: results of the HELENA (Healthy Lifestyle in Europe by Nutrition in Adolescence) Study. Public Health Nutrition, 2012, 15, 386-398.	1.1	160
15	The International Fitness Scale (IFIS): usefulness of self-reported fitness in youth. International Journal of Epidemiology, 2011, 40, 701-711.	0.9	159
16	Clustering patterns of physical activity, sedentary and dietary behavior among European adolescents: The HELENA study. BMC Public Health, 2011, 11, 328.	1.2	158
17	Sedentary patterns and media availability in European adolescents: The HELENA study. Preventive Medicine, 2010, 51, 50-55.	1.6	136
18	Design and baseline characteristics of the Food4Me study: a web-based randomised controlled trial of personalised nutrition in seven European countries. Genes and Nutrition, 2015, 10, 450.	1.2	134

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19	Evaluation of a Health and Nutrition Education Program in Primary School Children of Crete over a Three-Year Period. <i>Preventive Medicine</i> , 1999, 28, 149-159.	1.6	131
20	Health and nutrition education in primary schools of Crete: changes in chronic disease risk factors following a 6-year intervention programme. <i>British Journal of Nutrition</i> , 2002, 88, 315-324.	1.2	124
21	The influence of early feeding practices on fruit and vegetable intake among preschool children in 4 European birth cohorts. <i>American Journal of Clinical Nutrition</i> , 2013, 98, 804-812.	2.2	113
22	Sociodemographic and lifestyle-related risk factors for identifying vulnerable groups for type 2 diabetes: a narrative review with emphasis on data from Europe. <i>BMC Endocrine Disorders</i> , 2020, 20, 134.	0.9	111
23	Test-retest reliability and construct validity of the ENERGY-child questionnaire on energy balance-related behaviours and their potential determinants: the ENERGY-project. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2011, 8, 136.	2.0	110
24	Attenuation of the Effect of the FTO rs9939609 Polymorphism on Total and Central Body Fat by Physical Activity in Adolescents. <i>JAMA Pediatrics</i> , 2010, 164, 328.	3.6	101
25	Recommended Levels of Physical Activity to Avoid an Excess of Body Fat in European Adolescents. <i>American Journal of Preventive Medicine</i> , 2010, 39, 203-211.	1.6	100
26	Comparison of the IPAQ-A and Actigraph in relation to VO2max among European adolescents: The HELENA study. <i>Journal of Science and Medicine in Sport</i> , 2011, 14, 317-324.	0.6	98
27	Influence of maternal obesity on the association between common pregnancy complications and risk of childhood obesity: an individual participant data meta-analysis. <i>The Lancet Child and Adolescent Health</i> , 2018, 2, 812-821.	2.7	93
28	The Influence of Parental Dietary Behaviors and Practices on Children's Eating Habits. <i>Nutrients</i> , 2021, 13, 1138.	1.7	93
29	Evidence-based development of school-based and family-involved prevention of overweight across Europe: The ENERGY-project's design and conceptual framework. <i>BMC Public Health</i> , 2010, 10, 276.	1.2	92
30	European Energy balance Research to prevent excessive weight Gain among Youth (ENERGY) project: Design and methodology of the ENERGY cross-sectional survey. <i>BMC Public Health</i> , 2011, 11, 65.	1.2	91
31	A systematic review of vitamin D status in southern European countries. <i>European Journal of Nutrition</i> , 2018, 57, 2001-2036.	1.8	90
32	A Review of Methods to Assess Parental Feeding Practices and Preschool Children's Eating Behavior: The Need for Further Development of Tools. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2012, 112, 1578-1602.e8.	0.4	89
33	Social, economic and demographic correlates of overweight and obesity in primary-school children: preliminary data from the Healthy Growth Study. <i>Public Health Nutrition</i> , 2010, 13, 1693-1700.	1.1	83
34	Validation of the Diet Quality Index for Adolescents by comparison with biomarkers, nutrient and food intakes: the HELENA study. <i>British Journal of Nutrition</i> , 2013, 109, 2067-2078.	1.2	82
35	Dietary fat quality impacts genome-wide DNA methylation patterns in a cross-sectional study of Greek preadolescents. <i>European Journal of Human Genetics</i> , 2015, 23, 654-662.	1.4	80
36	Breakfast consumption and CVD risk factors in European adolescents: the HELENA (Healthy Lifestyle in) Tj ETQq0 0,0 rgBT /Overlock 10	1.1	79

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37	Cardiorespiratory fitness and ideal cardiovascular health in European adolescents. <i>Heart</i> , 2015, 101, 766-773.	1.2	79
38	Physical Activity of 6-Year-Old Children: Validation of Two Proxy Reports. <i>Pediatric Exercise Science</i> , 1998, 10, 176-188.	0.5	77
39	Changes in biochemical indexes of bone metabolism and bone mineral density after a 12-mo dietary intervention program: the Postmenopausal Health Study. <i>American Journal of Clinical Nutrition</i> , 2007, 86, 781-789.	2.2	77
40	Effect of an Internet-based, personalized nutrition randomized trial on dietary changes associated with the Mediterranean diet: the Food4Me Study. <i>American Journal of Clinical Nutrition</i> , 2016, 104, 288-297.	2.2	77
41	A school- and community-based intervention to promote healthy lifestyle and prevent type 2 diabetes in vulnerable families across Europe: design and implementation of the Feel4Diabetes-study. <i>Public Health Nutrition</i> , 2018, 21, 3281-3290.	1.1	77
42	Designing and implementing a kindergarten-based, family-involved intervention to prevent obesity in early childhood: the ToyBox study. <i>Obesity Reviews</i> , 2014, 15, 5-13.	3.1	74
43	Gestational weight gain charts for different body mass index groups for women in Europe, North America, and Oceania. <i>BMC Medicine</i> , 2018, 16, 201.	2.3	74
44	Changes in Parameters of Bone Metabolism in Postmenopausal Women Following a 12-Month Intervention Period Using Dairy Products Enriched with Calcium, Vitamin D, and Phylloquinone (Vitamin K1) or Menaquinone-7 (Vitamin K2): The Postmenopausal Health Study II. <i>Calcified Tissue International</i> , 2012, 90, 251-262.	1.5	73
45	A systematic approach for the development of a kindergarten-based intervention for the prevention of obesity in preschool age children: the ToyBox study. <i>Obesity Reviews</i> , 2012, 13, 3-12.	3.1	73
46	Nutrient intake of European adolescents: results of the HELENA (Healthy Lifestyle in Europe by) Tj ETQq0 0 0 rgBT /Overlock 10 Tf 50 38	1.1	70
47	Diet Quality of Preschoolers in Greece Based on the Healthy Eating Index: The GENESIS Study. <i>Journal of the American Dietetic Association</i> , 2009, 109, 616-623.	1.3	68
48	Excessive sedentary time and low cardiorespiratory fitness in European adolescents: the HELENA study. <i>Archives of Disease in Childhood</i> , 2011, 96, 240-246.	1.0	68
49	Factors associated with television viewing time in toddlers and preschoolers in Greece: the GENESIS study. <i>Journal of Public Health</i> , 2009, 31, 222-230.	1.0	66
50	Objectively-measured and self-reported physical activity and fitness in relation to inflammatory markers in European adolescents: The HELENA Study. <i>Atherosclerosis</i> , 2012, 221, 260-267.	0.4	65
51	Physical Activity Is Associated with Attention Capacity in Adolescents. <i>Journal of Pediatrics</i> , 2016, 168, 126-131.e2.	0.9	65
52	Association between self-reported sleep duration and dietary quality in European adolescents. <i>British Journal of Nutrition</i> , 2013, 110, 949-959.	1.2	63
53	Health and Nutrition Education in Elementary Schools: Changes in health knowledge, nutrient intakes and physical activity over a six year period. <i>Public Health Nutrition</i> , 1999, 2, 445-448.	1.1	62
54	Food Consumption and Screen-Based Sedentary Behaviors in European Adolescents. <i>JAMA Pediatrics</i> , 2012, 166, 1010.	3.6	62

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55	Clustering of energy balance-related behaviors and parental education in European children: the ENERGY-project. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013, 10, 5.	2.0	62
56	Gaps in Guidelines for the Management of Diabetes in Low- and Middle-Income Versus High-Income Countries—A Systematic Review. <i>Diabetes Care</i> , 2018, 41, 1097-1105.	4.3	62
57	Association between Diet-Quality Scores, Adiposity, Total Cholesterol and Markers of Nutritional Status in European Adults: Findings from the Food4Me Study. <i>Nutrients</i> , 2018, 10, 49.	1.7	61
58	Associations between eating meals, watching TV while eating meals and weight status among children, ages 10–12 years in eight European countries: the ENERGY cross-sectional study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013, 10, 58.	2.0	60
59	Physical activity and beverage consumption in preschoolers: focus groups with parents and teachers. <i>BMC Public Health</i> , 2013, 13, 278.	1.2	60
60	The double burden of obesity and iron deficiency on children and adolescents in Greece: the Healthy Growth Study. <i>Journal of Human Nutrition and Dietetics</i> , 2013, 26, 470-478.	1.3	60
61	Factors Associated with Vitamin D Deficiency in European Adolescents: The HELENA Study. <i>Journal of Nutritional Science and Vitaminology</i> , 2013, 59, 161-171.	0.2	60
62	Development and validation of a food frequency questionnaire for assessing dietary calcium intake in the general population. <i>Osteoporosis International</i> , 2006, 17, 304-312.	1.3	59
63	Differences in Energy Balance-Related Behaviours in European Preschool Children: The ToyBox-Study. <i>PLoS ONE</i> , 2015, 10, e0118303.	1.1	59
64	Design and descriptive results of the "Growth, Exercise and Nutrition Epidemiological Study In preSchoolers": The GENESIS Study. <i>BMC Public Health</i> , 2006, 6, 32.	1.2	58
65	Maternal perceptions of their child's weight status: the GENESIS study. <i>Public Health Nutrition</i> , 2009, 12, 1099-1105.	1.1	58
66	Association of passive exposure of pregnant women to environmental tobacco smoke with asthma symptoms in children. <i>Pediatric Allergy and Immunology</i> , 2009, 20, 423-429.	1.1	58
67	Single-nucleotide Polymorphism of CD36 Locus and Obesity in European Adolescents. <i>Obesity</i> , 2010, 18, 1398-1403.	1.5	58
68	Nutritional knowledge in European adolescents: results from the HELENA (Healthy Lifestyle in Europe) Trial. <i>Journal of Human Nutrition and Dietetics</i> , 2010, 23, 1140-1148.	1.1	58
69	Direct and indirect associations between the family physical activity environment and sports participation among 10–12 year-old European children: testing the EnRG framework in the ENERGY project. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013, 10, 15.	2.0	58
70	Seasonal variation in physical activity and sedentary time in different European regions. The HELENA study. <i>Journal of Sports Sciences</i> , 2013, 31, 1831-1840.	1.0	57
71	Evaluation of a Computer-Tailored Physical Activity Intervention in Adolescents in Six European Countries: The Activ-O-Meter in the HELENA Intervention Study. <i>Journal of Adolescent Health</i> , 2010, 46, 458-466.	1.2	56
72	Skeletal site-dependent response of bone mineral density and quantitative ultrasound parameters following a 12-month dietary intervention using dairy products fortified with calcium and vitamin D: the Postmenopausal Health Study. <i>British Journal of Nutrition</i> , 2006, 96, 1140-1148.	1.2	55

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73	Dietary animal and plant protein intakes and their associations with obesity and cardio-metabolic indicators in European adolescents: the HELENA cross-sectional study. <i>Nutrition Journal</i> , 2015, 14, 10.	1.5	55
74	Prevalence of Metabolically Healthy but Overweight/Obese Phenotype and Its Association With Sedentary Time, Physical Activity, and Fitness. <i>Journal of Adolescent Health</i> , 2017, 61, 107-114.	1.2	55
75	Implication of socio-economic status on the prevalence of overweight and obesity in Greek adults: the ATTICA study. <i>Health Policy</i> , 2005, 74, 224-232.	1.4	54
76	Recommended levels and intensities of physical activity to avoid low cardiorespiratory fitness in European adolescents: The HELENA study. <i>American Journal of Human Biology</i> , 2010, 22, 750-756.	0.8	54
77	Changes in parental smoking during pregnancy and risks of adverse birth outcomes and childhood overweight in Europe and North America: An individual participant data meta-analysis of 229,000 singleton births. <i>PLoS Medicine</i> , 2020, 17, e1003182.	3.9	54
78	Body mass index, calcium intake, and physical activity affect calcaneal ultrasound in healthy Greek males in an age-dependent and parameter-specific manner. <i>Journal of Bone and Mineral Metabolism</i> , 2005, 23, 157-166.	1.3	53
79	Self-reported physical activity in European adolescents: results from the HELENA (Healthy Lifestyle in Tj ETQq1 1 0,784314 rgBT /Over	1.1	53
80	Compliance with 24-h Movement Behaviour Guidelines among Belgian Pre-School Children: The ToyBox-Study. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 2171.	1.2	53
81	Lifestyle factors affecting heel ultrasound in Greek females across different life stages. <i>Osteoporosis International</i> , 2005, 16, 552-561.	1.3	51
82	FTO genotype and adiposity in children: physical activity levels influence the effect of the risk genotype in adolescent males. <i>European Journal of Human Genetics</i> , 2010, 18, 1339-1343.	1.4	51
83	Study protocol of physical activity and sedentary behaviour measurement among schoolchildren by accelerometry - Cross-sectional survey as part of the ENERGY-project. <i>BMC Public Health</i> , 2011, 11, 182.	1.2	51
84	Regional, demographic and national influences on attitudes and beliefs with regard to physical activity, body weight and health in a nationally representative sample in the European Union. <i>Public Health Nutrition</i> , 1999, 2, 87-96.	1.1	50
85	Obesity and Television Watching in Preschoolers in Greece: The GENESIS Study. <i>Obesity</i> , 2009, 17, 2047-2053.	1.5	50
86	The effects of a 30-month dietary intervention on bone mineral density: The Postmenopausal Health Study. <i>British Journal of Nutrition</i> , 2010, 104, 100-107.	1.2	50
87	The influence of parental modelling on children's physical activity and screen time: Does it differ by gender?. <i>European Journal of Public Health</i> , 2017, 27, ckw182.	0.1	50
88	Can genetic-based advice help you lose weight? Findings from the Food4Me European randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2017, 105, 1204-1213.	2.2	50
89	Self-reported TV and computer time do not represent accelerometer-derived total sedentary time in 10 to 12-year-olds. <i>European Journal of Public Health</i> , 2013, 23, 30-32.	0.1	49
90	Dietary fiber intake and its association with indicators of adiposity and serum biomarkers in European adolescents: the HELENA study. <i>European Journal of Nutrition</i> , 2015, 54, 771-782.	1.8	49

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91	The effect of a kindergarten-based, family-involved intervention on objectively measured physical activity in Belgian preschool boys and girls of high and low SES: the ToyBox-study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 38.	2.0	48
92	Comparison of definitions for the metabolic syndrome in adolescents. The HELENA study. <i>European Journal of Pediatrics</i> , 2017, 176, 241-252.	1.3	48
93	Nutrient Intakes of Toddlers and Preschoolers in Greece: The GENESIS Study. <i>Journal of the American Dietetic Association</i> , 2008, 108, 357-361.	1.3	47
94	Physical activity attenuates the effect of the <i>FTO</i> genotype on obesity traits in European adults: The <i>Food4Me</i> study. <i>Obesity</i> , 2016, 24, 962-969.	1.5	47
95	Correlates of dietary energy misreporting among European adolescents: the Healthy Lifestyle in Europe by Nutrition in Adolescence (HELENA) study. <i>British Journal of Nutrition</i> , 2016, 115, 1439-1452.	1.2	47
96	Determinants of Childhood Obesity and Association with Maternal Perceptions of Their Children's Weight Status: The "GENESIS" Study. <i>Journal of the American Dietetic Association</i> , 2010, 110, 1527-1531.	1.3	46
97	Breakfast habits among European adolescents and their association with sociodemographic factors: the HELENA (Healthy Lifestyle in Europe by Nutrition in Adolescence) study. <i>Public Health Nutrition</i> , 2012, 15, 1879-1889.	1.1	46
98	Cardiometabolic risk through an integrative classification combining physical activity and sedentary behavior in European adolescents: HELENA study. <i>Journal of Sport and Health Science</i> , 2019, 8, 55-62.	3.3	46
99	Behavioral and physiological indices related to BMI in a cohort of primary schoolchildren in Greece. <i>American Journal of Human Biology</i> , 2004, 16, 639-647.	0.8	45
100	Clustering of Multiple Lifestyle Behaviors and Health-related Fitness in European Adolescents. <i>Journal of Nutrition Education and Behavior</i> , 2013, 45, 549-557.	0.3	45
101	Associations between parental rules, style of communication and children's screen time. <i>BMC Public Health</i> , 2015, 15, 1002.	1.2	45
102	Evaluation of a nutrition intervention in adolescents of an urban area in Greece: short- and long-term effects of the VYRONAS study. <i>Public Health Nutrition</i> , 2010, 13, 712.	1.1	44
103	Test-retest reliability and construct validity of the ENERGY-parent questionnaire on parenting practices, energy balance-related behaviours and their potential behavioural determinants: the ENERGY-project. <i>BMC Research Notes</i> , 2012, 5, 434.	0.6	44
104	Associations between home- and family-related factors and fruit juice and soft drink intake among 10- to 12-year old children. The ENERGY project. <i>Appetite</i> , 2013, 61, 59-65.	1.8	44
105	Health and nutrition education in primary schools in Crete: 10 years' follow-up of serum lipids, physical activity and macronutrient intake. <i>British Journal of Nutrition</i> , 2006, 95, 568-575.	1.2	43
106	Daily sugar-sweetened beverage consumption and insulin resistance in European adolescents: the HELENA (Healthy Lifestyle in Europe by Nutrition in Adolescence) Study. <i>Public Health Nutrition</i> , 2013, 16, 479-486.	1.1	43
107	How reliable is internet-based self-reported identity, socio-demographic and obesity measures in European adults?. <i>Genes and Nutrition</i> , 2015, 10, 28.	1.2	42
108	Application of dried blood spots to determine vitamin D status in a large nutritional study with unsupervised sampling: the Food4Me project. <i>British Journal of Nutrition</i> , 2016, 115, 202-211.	1.2	42

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109	Impact of Peroxisome Proliferator-activated Receptors β and γ on Adiposity in Toddlers and Preschoolers in the GENESIS Study. <i>Obesity</i> , 2008, 16, 913-918.	1.5	41
110	The effect of the apolipoprotein E genotype on response to personalized dietary advice intervention: findings from the Food4Me randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2016, 104, 827-836.	2.2	41
111	Associations between a Mediterranean diet pattern and inflammatory biomarkers in European adolescents. <i>European Journal of Nutrition</i> , 2018, 57, 1747-1760.	1.8	41
112	Reliability and validity of the Adolescent Stress Questionnaire in a sample of European adolescents - the HELENA study. <i>BMC Public Health</i> , 2011, 11, 717.	1.2	40
113	Occurrence and duration of various operational definitions of sedentary bouts and cross-sectional associations with cardiometabolic health indicators: The ENERGY-project. <i>Preventive Medicine</i> , 2015, 71, 101-106.	1.6	40
114	Development of a diet-lifestyle quality index for young children and its relation to obesity: the Preschoolers Diet-Lifestyle Index. <i>Public Health Nutrition</i> , 2010, 13, 2000-2009.	1.1	39
115	Association between serum 25-hydroxyvitamin D levels and body composition in postmenopausal women. <i>Menopause</i> , 2009, 16, 701-707.	0.8	38
116	Association of total body and visceral fat mass with iron deficiency in preadolescents: the Healthy Growth Study. <i>British Journal of Nutrition</i> , 2012, 108, 710-719.	1.2	38
117	Process evaluation design and tools used in a kindergarten-based, family-involved intervention to prevent obesity in early childhood. The ToyBox-study. <i>Obesity Reviews</i> , 2014, 15, 74-80.	3.1	38
118	Biochemical and behavioral indices related to BMI in schoolchildren in urban Turkey. <i>Preventive Medicine</i> , 2005, 41, 614-621.	1.6	37
119	Television viewing and food habits in toddlers and preschoolers in Greece: the GENESIS study. <i>European Journal of Pediatrics</i> , 2009, 168, 801-808.	1.3	37
120	Physical Activity, Fitness, and Serum Leptin Concentrations in Adolescents. <i>Journal of Pediatrics</i> , 2012, 160, 598-603.e2.	0.9	37
121	An exploratory trial of parental advice for increasing vegetable acceptance in infancy. <i>British Journal of Nutrition</i> , 2015, 114, 328-336.	1.2	37
122	The influence of early feeding practices on healthy diet variety score among pre-school children in four European birth cohorts. <i>Public Health Nutrition</i> , 2015, 18, 1774-1784.	1.1	37
123	Diet quality in European pre-schoolers: evaluation based on diet quality indices and association with gender, socio-economic status and overweight, the ToyBox-study. <i>Public Health Nutrition</i> , 2016, 19, 2441-2450.	1.1	37
124	Prevalence of hypertension and hypertension phenotypes by age and gender among schoolchildren in Greece: The Healthy Growth Study. <i>Atherosclerosis</i> , 2017, 259, 128-133.	0.4	37
125	Breastfeeding and postpartum weight loss. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , 2019, 22, 413-417.	1.3	37
126	A Dietary Feedback System for the Delivery of Consistent Personalized Dietary Advice in the Web-Based Multicenter Food4Me Study. <i>Journal of Medical Internet Research</i> , 2016, 18, e150.	2.1	37

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127	Dietary patterns and breakfast consumption in relation to insulin resistance in children. The Healthy Growth Study. <i>Public Health Nutrition</i> , 2014, 17, 2790-2797.	1.1	36
128	Large proportions of overweight and obese children, as well as their parents, underestimate children's weight status across Europe. The ENERGY (European Energy balance Research to prevent) Tj ETQq0 0.0 rgBT / Overlock 10	0.0	0
129	The combined effect of physical activity and sedentary behaviors on a clustered cardio-metabolic risk score: The Helena study. <i>International Journal of Cardiology</i> , 2015, 186, 186-195.	0.8	36
130	Prevalence of childhood hypertension and hypertension phenotypes by weight status and waist circumference: the Healthy Growth Study. <i>European Journal of Nutrition</i> , 2018, 57, 1147-1155.	1.8	36
131	Ten-year follow-up of the Cretan Health and Nutrition Education Program on children's physical activity levels. <i>Preventive Medicine</i> , 2006, 43, 442-446.	1.6	35
132	Association of breakfast consumption with objectively measured and self-reported physical activity, sedentary time and physical fitness in European adolescents: the HELENA (Healthy Lifestyle in Europe by Tj ETQq0 0.0 rgBT / Overlock 10	0.0	0
133	Identification of lifestyle patterns associated with obesity and fat mass in children: the Healthy Growth Study. <i>Public Health Nutrition</i> , 2014, 17, 614-624.	1.1	35
134	Prevalence and sociodemographic correlates of overweight and obesity in a large Pan-European cohort of preschool children and their families: the ToyBox study. <i>Nutrition</i> , 2018, 55-56, 192-198.	1.1	35
135	The role of context in implementation research for non-communicable diseases: Answering the "how-to" dilemma. <i>PLoS ONE</i> , 2019, 14, e0214454.	1.1	35
136	The effect of maternal obesity on initiation and duration of breast-feeding in Greece: the GENESIS study. <i>Public Health Nutrition</i> , 2009, 12, 517.	1.1	34
137	Health Inequalities in Urban Adolescents: Role of Physical Activity, Diet, and Genetics. <i>Pediatrics</i> , 2014, 133, e884-e895.	1.0	34
138	The translation of preschoolers' physical activity guidelines into a daily step count target. <i>Journal of Sports Sciences</i> , 2015, 33, 1051-1057.	1.0	34
139	Profile of European adults interested in internet-based personalised nutrition: the Food4Me study. <i>European Journal of Nutrition</i> , 2016, 55, 759-769.	1.8	34
140	Prevalence of ideal cardiovascular health in European adolescents: The HELENA study. <i>International Journal of Cardiology</i> , 2017, 240, 428-432.	0.8	34
141	Prevalence of vitamin D deficiency and insufficiency among schoolchildren in Greece: the role of sex, degree of urbanisation and seasonality. <i>British Journal of Nutrition</i> , 2017, 118, 550-558.	1.2	34
142	Effects of a Web-Based Personalized Intervention on Physical Activity in European Adults: A Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2015, 17, e231.	2.1	34
143	Pilot evaluation of the HELENA (Healthy Lifestyle in Europe by Nutrition in Adolescence) Food-O-Meter, a computer-tailored nutrition advice for adolescents: a study in six European cities. <i>Public Health Nutrition</i> , 2011, 14, 1292-1302.	1.1	33
144	European adolescents' level of perceived stress is inversely related to their diet quality: the Healthy Lifestyle in Europe by Nutrition in Adolescence study. <i>British Journal of Nutrition</i> , 2012, 108, 371-380.	1.2	33

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145	Ready-to-eat cereals improve nutrient, milk and fruit intake at breakfast in European adolescents. <i>European Journal of Nutrition</i> , 2016, 55, 771-779.	1.8	33
146	Effective strategies for childhood obesity prevention via school based, family involved interventions: a critical review for the development of the Feel4Diabetes-study school based component. <i>BMC Endocrine Disorders</i> , 2020, 20, 52.	0.9	33
147	Comparison of several anthropometric indices with insulin resistance proxy measures among European adolescents: The Helena Study. <i>European Journal of Pediatrics</i> , 2011, 170, 731-739.	1.3	32
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