

Christopher Thomas

List of Publications by Year in descending order

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Version: 2024-02-01

69
papers

2,751
citations

147801

31
h-index

206112

48
g-index

70
all docs

70
docs citations

70
times ranked

1323
citing authors

#	ARTICLE	IF	CITATIONS
1	Male and female soccer players exhibit different knee joint mechanics during pre-planned change of direction. <i>Sports Biomechanics</i> , 2024, 23, 118-131.	1.6	8
2	Comparison of Countermovement Jumpâ€“Derived Reactive Strength Index Modified and Underpinning Force-Time Variables Between Super League and Championship Rugby League Players. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 226-231.	2.1	14
3	Changes in Early and Maximal Isometric Force Production in Response to Moderate- and High-Load Strength and Power Training. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 593-599.	2.1	9
4	Attacking Agility Actions: Match Play Contextual Applications With Coaching and Technique Guidelines. <i>Strength and Conditioning Journal</i> , 2022, 44, 102-118.	1.4	8
5	Countermovement Jump Forceâ€“Time Curve Analysis between Strength-Matched Male and Female Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 3352.	2.6	4
6	Biomechanical Determinants of Performance and Injury Risk During Cutting: A Performance-Injury Conflict?. <i>Sports Medicine</i> , 2021, 51, 1983-1998.	6.5	30
7	The Cutting Movement Assessment Score (CMAS) Qualitative Screening Tool: Application to Mitigate Anterior Cruciate Ligament Injury Risk during Cutting. <i>Biomechanics</i> , 2021, 1, 83-101.	1.2	17
8	Change of Direction Speed and Technique Modification Training Improves 180Â° Turning Performance, Kinetics, and Kinematics. <i>Sports</i> , 2021, 9, 73.	1.7	11
9	Biomechanical Effects of a 6-Week Change-of-Direction Technique Modification Intervention on Anterior Cruciate Ligament Injury Risk. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 2133-2144.	2.1	11
10	The effect of angle on change of direction biomechanics: Comparison and inter-task relationships. <i>Journal of Sports Sciences</i> , 2021, 39, 2618-2631.	2.0	15
11	How early should you brake during a 180Â° turn? A kinetic comparison of the antepenultimate, penultimate, and final foot contacts during a 505 change of direction speed test. <i>Journal of Sports Sciences</i> , 2021, 39, 395-405.	2.0	11
12	Assessing Interlimb Asymmetries: Are We Heading in the Right Direction?. <i>Strength and Conditioning Journal</i> , 2021, 43, 91-100.	1.4	24
13	Average of trial peaks versus peak of average profile: impact on change of direction biomechanics. <i>Sports Biomechanics</i> , 2020, 19, 483-492.	1.6	11
14	The effect of limb preference on braking strategy and knee joint mechanics during pivoting in female soccer players. <i>Science and Medicine in Football</i> , 2020, 4, 30-36.	2.0	5
15	Biomechanical Determinants of the Modified and Traditional 505 Change of Direction Speed Test. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 1285-1296.	2.1	46
16	Effect of Asymmetry on Biomechanical Characteristics During 180Â° Change of Direction. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 1297-1306.	2.1	9
17	The Benefits of Strength Training on Musculoskeletal System Health: Practical Applications for Interdisciplinary Care. <i>Sports Medicine</i> , 2020, 50, 1431-1450.	6.5	78
18	Role of the Penultimate Foot Contact During Change of Direction: Implications on Performance and Risk of Injury. <i>Strength and Conditioning Journal</i> , 2019, 41, 87-104.	1.4	42

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19	The Effects of Six-Weeks Change of Direction Speed and Technique Modification Training on Cutting Performance and Movement Quality in Male Youth Soccer Players. <i>Sports</i> , 2019, 7, 205.	1.7	37
20	The Effect of Training Interventions on Change of Direction Biomechanics Associated with Increased Anterior Cruciate Ligament Loading: A Scoping Review. <i>Sports Medicine</i> , 2019, 49, 1837-1859.	6.5	35
21	A qualitative screening tool to identify athletes with "high-risk"™ movement mechanics during cutting: The cutting movement assessment score (CMAS). <i>Physical Therapy in Sport</i> , 2019, 38, 152-161.	1.9	47
22	The effect of limb dominance on change of direction biomechanics: A systematic review of its importance for injury risk. <i>Physical Therapy in Sport</i> , 2019, 37, 179-189.	1.9	45
23	Biomechanical Comparison of Cutting Techniques: A Review and Practical Applications. <i>Strength and Conditioning Journal</i> , 2019, 41, 40-54.	1.4	36
24	Standardization and Methodological Considerations for the Isometric Midhigh Pull. <i>Strength and Conditioning Journal</i> , 2019, 41, 57-79.	1.4	92
25	Application of Change of Direction Deficit to Evaluate Cutting Ability. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 2138-2144.	2.1	20
26	Assessing Asymmetries in Change of Direction Speed Performance: Application of Change of Direction Deficit. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 2953-2961.	2.1	67
27	Physical Profiles of Female Academy Netball Players by Position. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 1601-1608.	2.1	12
28	Understanding the Key Phases of the Countermovement Jump Force-Time Curve. <i>Strength and Conditioning Journal</i> , 2018, 40, 96-106.	1.4	172
29	Effect of Low-Pass Filtering on Isometric Midhigh Pull Kinetics. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 983-989.	2.1	19
30	Influence of the Reactive Strength Index Modified on Force" and Power" Time Curves. <i>International Journal of Sports Physiology and Performance</i> , 2018, 13, 220-227.	2.3	45
31	Between-Session Reliability of Isometric Midhigh Pull Kinetics and Maximal Power Clean Performance in Male Youth Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 3364-3372.	2.1	29
32	Comparison of Methods of Calculating Dynamic Strength Index. <i>International Journal of Sports Physiology and Performance</i> , 2018, 13, 320-325.	2.3	19
33	Asymmetries in Isometric Force-Time Characteristics Are Not Detrimental to Change of Direction Speed. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 520-527.	2.1	32
34	Changes in Dynamic Strength Index in Response to Strength Training. <i>Sports</i> , 2018, 6, 176.	1.7	17
35	Comparison of Change of Direction Speed Performance and Asymmetries between Team-Sport Athletes: Application of Change of Direction Deficit. <i>Sports</i> , 2018, 6, 174.	1.7	38
36	Relationships between Unilateral Muscle Strength Qualities and Change of Direction in Adolescent Team-Sport Athletes. <i>Sports</i> , 2018, 6, 83.	1.7	20

#	ARTICLE	IF	CITATIONS
37	Reliability of and Relationship between Flight Time to Contraction Time Ratio and Reactive Strength Index Modified. Sports, 2018, 6, 81.	1.7	22
38	The Effect of Angle and Velocity on Change of Direction Biomechanics: An Angle-Velocity Trade-Off. Sports Medicine, 2018, 48, 2235-2253.	6.5	169
39	An Investigation Into the Effects of Excluding the Catch Phase of the Power Clean on Force-Time Characteristics During Isometric and Dynamic Tasks: An Intervention Study. Journal of Strength and Conditioning Research, 2018, 32, 2116-2129.	2.1	23
40	The Relationship Between 2-Dimensional Knee-Valgus Angles During Single-Leg Squat, Single-Leg-Land, and Drop-Jump Screening Tests. Journal of Sport Rehabilitation, 2017, 26, 72-77.	1.0	37
41	Strength and Conditioning for Netball: A Needs Analysis and Training Recommendations. Strength and Conditioning Journal, 2017, 39, 10-21.	1.4	62
42	Mechanical Determinants of Faster Change of Direction Speed Performance in Male Athletes. Journal of Strength and Conditioning Research, 2017, 31, 696-705.	2.1	125
43	A Comparison of Isometric Midhigh-Pull Strength, Vertical Jump, Sprint Speed, and Change-of-Direction Speed in Academy Netball Players. International Journal of Sports Physiology and Performance, 2017, 12, 916-921.	2.3	41
44	Countermovement-Jump-Phase Characteristics of Senior and Academy Rugby League Players. International Journal of Sports Physiology and Performance, 2017, 12, 803-811.	2.3	79
45	Effect of Different Onset Thresholds on Isometric Midhigh Pull Force-Time Variables. Journal of Strength and Conditioning Research, 2017, 31, 3463-3473.	2.1	63
46	The Effect of Hip Joint Angle on Isometric Midhigh Pull Kinetics. Journal of Strength and Conditioning Research, 2017, 31, 2748-2757.	2.1	33
47	Assessing Muscle-Strength Asymmetry via a Unilateral-Stance Isometric Midhigh Pull. International Journal of Sports Physiology and Performance, 2017, 12, 505-511.	2.3	39
48	Sex Differences in Countermovement Jump Phase Characteristics. Sports, 2017, 5, 8.	1.7	80
49	Between-Session Reliability of Common Strength- and Power-Related Measures in Adolescent Athletes. Sports, 2017, 5, 15.	1.7	28
50	The Role of Eccentric Strength in 180° Turns in Female Soccer Players. Sports, 2017, 5, 42.	1.7	92
51	A Comparison of Dynamic Strength Index between Team-Sport Athletes. Sports, 2017, 5, 71.	1.7	10
52	Influence of Dynamic Strength Index on Countermovement Jump Force-, Power-, Velocity-, and Displacement-Time Curves. Sports, 2017, 5, 72.	1.7	25
53	Differences in Vertical Jump Force-Time Characteristics between Stronger and Weaker Adolescent Basketball Players. Sports, 2017, 5, 63.	1.7	9
54	Relationships between Isometric Force-Time Characteristics and Dynamic Performance. Sports, 2017, 5, 68.	1.7	19

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55	Asymmetries in single and triple hop are not detrimental to change of direction speed. <i>Journal of Trainology</i> , 2017, 6, 35-41.	0.5	60
56	Physical Profiles of Regional Academy Netball Players. <i>Journal of Trainology</i> , 2016, 5, 30-37.	0.5	11
57	Relationship between Isometric Strength, Sprint, and Change of Direction Speed in Male Academy Cricketers. <i>Journal of Trainology</i> , 2016, 5, 18-23.	0.5	22
58	Reliability of the 505 Change-of-Direction Test in Netball Players. <i>International Journal of Sports Physiology and Performance</i> , 2016, 11, 377-380.	2.3	40
59	Reliability of the 30-15 Intermittent Fitness Test in Semiprofessional Soccer Players. <i>International Journal of Sports Physiology and Performance</i> , 2016, 11, 172-175.	2.3	23
60	Effect of Sampling Frequency on Isometric Midhigh-Pull Kinetics. <i>International Journal of Sports Physiology and Performance</i> , 2016, 11, 255-260.	2.3	29
61	Reliability of the Dynamic Strength Index in College Athletes. <i>International Journal of Sports Physiology and Performance</i> , 2015, 10, 542-545.	2.3	33
62	Effect of Knee and Trunk Angle on Kinetic Variables During the Isometric Midhigh Pull: Test-Retest Reliability. <i>International Journal of Sports Physiology and Performance</i> , 2015, 10, 58-63.	2.3	100
63	Reliability of Maximal Back Squat and Power Clean Performances in Inexperienced Athletes. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 3089-3096.	2.1	44
64	An Investigation Into the Relationship Between Maximum Isometric Strength and Vertical Jump Performance. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 2176-2185.	2.1	66
65	Relationship between isometric mid-thigh pull variables and sprint and change of direction performance in collegiate athletes. <i>Journal of Trainology</i> , 2015, 4, 6-10.	0.5	81
66	Training for Prevention of ACL Injury. <i>Strength and Conditioning Journal</i> , 2013, 35, 59-65.	1.4	13
67	Assessment of Knee Flexor and Extensor Muscle Balance. <i>International Journal of Athletic Therapy and Training</i> , 2013, 18, 1-5.	0.2	12
68	Are Changes in Maximal Squat Strength During Preseason Training Reflected in Changes in Sprint Performance in Rugby League Players?. <i>Journal of Strength and Conditioning Research</i> , 2012, 26, 772-776.	2.1	89
69	Strength and Power Characteristics in English Elite Rugby League Players. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 1374-1384.	2.1	35