

# Felice Jacka

## List of Publications by Citations

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207  
papers

10,961  
citations

57  
h-index

99  
g-index

227  
ext. papers

13,661  
ext. citations

5.5  
avg. IF

6.54  
L-index

#	Paper	IF	Citations
207	So depression is an inflammatory disease, but where does the inflammation come from?. <i>BMC Medicine</i> , <b>2013</b> , 11, 200	11.4	690
206	Association of Western and traditional diets with depression and anxiety in women. <i>American Journal of Psychiatry</i> , <b>2010</b> , 167, 305-11	11.9	463
205	A randomised controlled trial of dietary improvement for adults with major depression (the <b>SMILES</b> trial). <i>BMC Medicine</i> , <b>2017</b> , 15, 23	11.4	384
204	Relationship between diet and mental health in children and adolescents: a systematic review. <i>American Journal of Public Health</i> , <b>2014</b> , 104, e31-42	5.1	271
203	Nutritional medicine as mainstream in psychiatry. <i>Lancet Psychiatry</i> , <b>2015</b> , 2, 271-4	23.3	268
202	Oxidative & nitrosative stress in depression: why so much stress?. <i>Neuroscience and Biobehavioral Reviews</i> , <b>2014</b> , 45, 46-62	9	263
201	Association of high-sensitivity C-reactive protein with de novo major depression. <i>British Journal of Psychiatry</i> , <b>2010</b> , 197, 372-7	5.4	224
200	A prospective study of diet quality and mental health in adolescents. <i>PLoS ONE</i> , <b>2011</b> , 6, e24805	3.7	211
199	The gut microbiome and diet in psychiatry: focus on depression. <i>Current Opinion in Psychiatry</i> , <b>2015</b> , 28, 1-6	4.9	207
198	Healthy dietary indices and risk of depressive outcomes: a systematic review and meta-analysis of observational studies. <i>Molecular Psychiatry</i> , <b>2019</b> , 24, 965-986	15.1	203
197	The association between habitual diet quality and the common mental disorders in community-dwelling adults: the Hordaland Health study. <i>Psychosomatic Medicine</i> , <b>2011</b> , 73, 483-90	3.7	194
196	The association between diet quality, dietary patterns and depression in adults: a systematic review. <i>BMC Psychiatry</i> , <b>2013</b> , 13, 175	4.2	193
195	Maternal and early postnatal nutrition and mental health of offspring by age 5 years: a prospective cohort study. <i>Journal of the American Academy of Child and Adolescent Psychiatry</i> , <b>2013</b> , 52, 1038-47	7.2	191
194	A review of vulnerability and risks for schizophrenia: Beyond the two hit hypothesis. <i>Neuroscience and Biobehavioral Reviews</i> , <b>2016</b> , 65, 185-94	9	185
193	The Effects of Dietary Improvement on Symptoms of Depression and Anxiety: A Meta-Analysis of Randomized Controlled Trials. <i>Psychosomatic Medicine</i> , <b>2019</b> , 81, 265-280	3.7	176
192	Tobacco smoking as a risk factor for major depressive disorder: population-based study. <i>British Journal of Psychiatry</i> , <b>2008</b> , 193, 322-6	5.4	163
191	Moving towards a population health approach to the primary prevention of common mental disorders. <i>BMC Medicine</i> , <b>2012</b> , 10, 149	11.4	153

190	Associations between diet quality and depressed mood in adolescents: results from the Australian Healthy Neighbourhoods Study. <i>Australian and New Zealand Journal of Psychiatry</i> , <b>2010</b> , 44, 435-42	2.6	153
189	Vitamin D deficiency may play a role in depression. <i>Medical Hypotheses</i> , <b>2007</b> , 69, 1316-9	3.8	143
188	Western diet is associated with a smaller hippocampus: a longitudinal investigation. <i>BMC Medicine</i> , <b>2015</b> , 13, 215	11.4	132
187	A meta-review of "lifestyle psychiatry": the role of exercise, smoking, diet and sleep in the prevention and treatment of mental disorders. <i>World Psychiatry</i> , <b>2020</b> , 19, 360-380	14.4	132
186	The association between fruit and vegetable consumption and mental health disorders: evidence from five waves of a national survey of Canadians. <i>Preventive Medicine</i> , <b>2013</b> , 56, 225-30	4.3	130
185	The impact of whole-of-diet interventions on depression and anxiety: a systematic review of randomised controlled trials. <i>Public Health Nutrition</i> , <b>2015</b> , 18, 2074-93	3.3	127
184	Annual high-dose vitamin D3 and mental well-being: randomised controlled trial. <i>British Journal of Psychiatry</i> , <b>2011</b> , 198, 357-64	5.4	126
183	Gut Microbiota, Bacterial Translocation, and Interactions with Diet: Pathophysiological Links between Major Depressive Disorder and Non-Communicable Medical Comorbidities. <i>Psychotherapy and Psychosomatics</i> , <b>2017</b> , 86, 31-46	9.4	125
182	Nutritional psychiatry: the present state of the evidence. <i>Proceedings of the Nutrition Society</i> , <b>2017</b> , 76, 427-436	2.9	122
181	Cigarette smoking, nicotine dependence and anxiety disorders: a systematic review of population-based, epidemiological studies. <i>BMC Medicine</i> , <b>2012</b> , 10, 123	11.4	122
180	C-reactive protein concentrations across the mood spectrum in bipolar disorder: a systematic review and meta-analysis. <i>Lancet Psychiatry</i> , <b>2016</b> , 3, 1147-1156	23.3	115
179	Dietary recommendations for the prevention of depression. <i>Nutritional Neuroscience</i> , <b>2017</b> , 20, 161-171	3.6	104
178	Nutritional Psychiatry: Where to Next?. <i>EBioMedicine</i> , <b>2017</b> , 17, 24-29	8.8	103
177	Nutrient intakes and the common mental disorders in women. <i>Journal of Affective Disorders</i> , <b>2012</b> , 141, 79-85	6.6	101
176	Dietary patterns and depressive symptoms over time: examining the relationships with socioeconomic position, health behaviours and cardiovascular risk. <i>PLoS ONE</i> , <b>2014</b> , 9, e87657	3.7	101
175	Association between magnesium intake and depression and anxiety in community-dwelling adults: the Hordaland Health Study. <i>Australian and New Zealand Journal of Psychiatry</i> , <b>2009</b> , 43, 45-52	2.6	95
174	Exercising the worry away: how inflammation, oxidative and nitrogen stress mediates the beneficial effect of physical activity on anxiety disorder symptoms and behaviours. <i>Neuroscience and Biobehavioral Reviews</i> , <b>2013</b> , 37, 573-84	9	90
173	How cigarette smoking may increase the risk of anxiety symptoms and anxiety disorders: a critical review of biological pathways. <i>Brain and Behavior</i> , <b>2013</b> , 3, 302-26	3.4	88

172	Selective serotonin reuptake inhibitor use and bone mineral density in women with a history of depression. <i>International Clinical Psychopharmacology</i> , <b>2008</b> , 23, 84-7	2.2	84
171	Does reverse causality explain the relationship between diet and depression?. <i>Journal of Affective Disorders</i> , <b>2015</b> , 175, 248-50	6.6	83
170	Lifestyle factors and adolescent depressive symptomatology: Associations and effect sizes of diet, physical activity and sedentary behaviour. <i>Australian and New Zealand Journal of Psychiatry</i> , <b>2016</b> , 50, 1064-1073	2.6	82
169	Ultraprocessed food and chronic noncommunicable diseases: A systematic review and meta-analysis of 43 observational studies. <i>Obesity Reviews</i> , <b>2021</b> , 22, e13146	10.6	80
168	Prevalence of mood and anxiety disorder in self reported irritable bowel syndrome (IBS). An epidemiological population based study of women. <i>BMC Gastroenterology</i> , <b>2010</b> , 10, 88	3	79
167	Nutritional psychiatry research: an emerging discipline and its intersection with global urbanization, environmental challenges and the evolutionary mismatch. <i>Journal of Physiological Anthropology</i> , <b>2014</b> , 33, 22	2.5	77
166	Leptin in depressed women: cross-sectional and longitudinal data from an epidemiologic study. <i>Journal of Affective Disorders</i> , <b>2008</b> , 107, 221-5	6.6	77
165	Clinical implications of the cytokine hypothesis of depression: the association between use of statins and aspirin and the risk of major depression. <i>Psychotherapy and Psychosomatics</i> , <b>2010</b> , 79, 323-5	9.4	73
164	Habitual physical activity and the risk for depressive and anxiety disorders among older men and women. <i>International Psychogeriatrics</i> , <b>2011</b> , 23, 292-8	3.4	72
163	Comparison of self-report and structured clinical interview in the identification of depression. <i>Comprehensive Psychiatry</i> , <b>2014</b> , 55, 866-9	7.3	70
162	Lifestyle management of unipolar depression. <i>Acta Psychiatrica Scandinavica</i> , <b>2013</b> , 127, 38-54	6.5	67
161	International Society for Nutritional Psychiatry Research Practice Guidelines for Omega-3 Fatty Acids in the Treatment of Major Depressive Disorder. <i>Psychotherapy and Psychosomatics</i> , <b>2019</b> , 88, 263-273	9.4	66
160	Diet and depression: exploring the biological mechanisms of action. <i>Molecular Psychiatry</i> , <b>2021</b> , 26, 134-150	15.0	66
159	Diet quality in bipolar disorder in a population-based sample of women. <i>Journal of Affective Disorders</i> , <b>2011</b> , 129, 332-7	6.6	65
158	Dietary selenium and major depression: a nested case-control study. <i>Complementary Therapies in Medicine</i> , <b>2012</b> , 20, 119-23	3.5	63
157	Diet quality, dietary patterns and short sleep duration: a cross-sectional population-based study. <i>European Journal of Nutrition</i> , <b>2019</b> , 58, 641-651	5.2	63
156	Immune-Microbiota Interactions: Dysbiosis as a Global Health Issue. <i>Current Allergy and Asthma Reports</i> , <b>2016</b> , 16, 13	5.6	61
155	Dietary intake of fish and PUFA, and clinical depressive and anxiety disorders in women. <i>British Journal of Nutrition</i> , <b>2013</b> , 109, 2059-66	3.6	61

154	Atopic disorders and depression: findings from a large, population-based study. <i>Journal of Affective Disorders</i> , <b>2014</b> , 155, 261-5	6.6	59
153	Prevention of common mental disorders: what can we learn from those who have gone before and where do we go next?. <i>Australian and New Zealand Journal of Psychiatry</i> , <b>2013</b> , 47, 920-9	2.6	59
152	The association between diet quality and mental health during the perinatal period. A systematic review. <i>Appetite</i> , <b>2015</b> , 91, 41-7	4.5	58
151	Dietary omega-3 fatty acids and depression in a community sample. <i>Nutritional Neuroscience</i> , <b>2004</b> , 7, 101-6	3.6	58
150	Diet quality and mental health problems in adolescents from East London: a prospective study. <i>Social Psychiatry and Psychiatric Epidemiology</i> , <b>2013</b> , 48, 1297-306	4.5	57
149	Depression is a risk factor for incident coronary heart disease in women: An 18-year longitudinal study. <i>Journal of Affective Disorders</i> , <b>2016</b> , 196, 117-24	6.6	56
148	The impact of statins on psychological wellbeing: a systematic review and meta-analysis. <i>BMC Medicine</i> , <b>2012</b> , 10, 154	11.4	56
147	International Society for Nutritional Psychiatry Research consensus position statement: nutritional medicine in modern psychiatry. <i>World Psychiatry</i> , <b>2015</b> , 14, 370-1	14.4	55
146	Depression and pain: an overview. <i>Acta Neuropsychiatrica</i> , <b>2006</b> , 18, 79-87	3.9	55
145	Depression and bone mineral density in a community sample of perimenopausal women: Geelong Osteoporosis Study. <i>Menopause</i> , <b>2005</b> , 12, 88-91	2.5	55
144	Lower levels of physical activity in childhood associated with adult depression. <i>Journal of Science and Medicine in Sport</i> , <b>2011</b> , 14, 222-6	4.4	54
143	Pro-inflammatory dietary intake as a risk factor for CVD in men: a 5-year longitudinal study. <i>British Journal of Nutrition</i> , <b>2015</b> , 114, 2074-82	3.6	53
142	The association between dietary patterns, diabetes and depression. <i>Journal of Affective Disorders</i> , <b>2015</b> , 174, 215-24	6.6	52
141	The kynurenine pathway in major depressive disorder, bipolar disorder, and schizophrenia: a meta-analysis of 101 studies. <i>Molecular Psychiatry</i> , <b>2021</b> , 26, 4158-4178	15.1	52
140	Don't worry, be active: positive affect and habitual physical activity. <i>Australian and New Zealand Journal of Psychiatry</i> , <b>2011</b> , 45, 1047-52	2.6	50
139	A shared framework for the common mental disorders and Non-Communicable Disease: key considerations for disease prevention and control. <i>BMC Psychiatry</i> , <b>2015</b> , 15, 15	4.2	49
138	Fermented foods, the gut and mental health: a mechanistic overview with implications for depression and anxiety. <i>Nutritional Neuroscience</i> , <b>2020</b> , 23, 659-671	3.6	49
137	Lifetime psychiatric disorders and body composition: a population-based study. <i>Journal of Affective Disorders</i> , <b>2009</b> , 118, 173-9	6.6	48

136	The impact of maternal smoking during pregnancy on depressive and anxiety behaviors in children: the Norwegian Mother and Child Cohort Study. <i>BMC Medicine</i> , <b>2015</b> , 13, 24	11.4	46
135	Study protocol: the Childhood to Adolescence Transition Study (CATS). <i>BMC Pediatrics</i> , <b>2013</b> , 13, 160	2.6	46
134	Depression and bone metabolism. A review. <i>Psychotherapy and Psychosomatics</i> , <b>2009</b> , 78, 16-25	9.4	45
133	Sarcopenia and the Common Mental Disorders: a Potential Regulatory Role of Skeletal Muscle on Brain Function?. <i>Current Osteoporosis Reports</i> , <b>2015</b> , 13, 351-7	5.4	42
132	A randomised, controlled trial of a dietary intervention for adults with major depression (the "SMILES" trial): study protocol. <i>BMC Psychiatry</i> , <b>2013</b> , 13, 114	4.2	41
131	The prevalence of mood and anxiety disorders in Australian women. <i>Australasian Psychiatry</i> , <b>2010</b> , 18, 250-5	1.7	40
130	Complementary medicine, exercise, meditation, diet, and lifestyle modification for anxiety disorders: a review of current evidence. <i>Evidence-based Complementary and Alternative Medicine</i> , <b>2012</b> , 2012, 809653	2.3	40
129	Is this D vitamin to worry about? Vitamin D insufficiency in an inpatient sample. <i>Australian and New Zealand Journal of Psychiatry</i> , <b>2008</b> , 42, 874-8	2.6	40
128	A modified Mediterranean dietary intervention for adults with major depression: Dietary protocol and feasibility data from the SMILES trial. <i>Nutritional Neuroscience</i> , <b>2018</b> , 21, 487-501	3.6	38
127	Food policies for physical and mental health. <i>BMC Psychiatry</i> , <b>2014</b> , 14, 132	4.2	38
126	Red meat consumption and mood and anxiety disorders. <i>Psychotherapy and Psychosomatics</i> , <b>2012</b> , 81, 196-8	9.4	38
125	The effect of blueberry interventions on cognitive performance and mood: A systematic review of randomized controlled trials. <i>Brain, Behavior, and Immunity</i> , <b>2020</b> , 85, 96-105	16.6	38
124	Associations between fruit and vegetable consumption and depressive symptoms: evidence from a national Canadian longitudinal survey. <i>Journal of Epidemiology and Community Health</i> , <b>2016</b> , 70, 155-61	5.1	37
123	Fusing Data Mining, Machine Learning and Traditional Statistics to Detect Biomarkers Associated with Depression. <i>PLoS ONE</i> , <b>2016</b> , 11, e0148195	3.7	37
122	Pain and the relationship with mood and anxiety disorders and psychological symptoms. <i>Journal of Psychosomatic Research</i> , <b>2012</b> , 72, 452-6	4.1	36
121	The relationship between excessive daytime sleepiness and depressive and anxiety disorders in women. <i>Australian and New Zealand Journal of Psychiatry</i> , <b>2013</b> , 47, 772-8	2.6	35
120	Effect of saffron supplementation on symptoms of depression and anxiety: a systematic review and meta-analysis. <i>Nutrition Reviews</i> , <b>2019</b> ,	6.4	33
119	Psychiatric disorders, psychotropic medication use and falls among women: an observational study. <i>BMC Psychiatry</i> , <b>2015</b> , 15, 75	4.2	33

118	Preventing mental health problems in offspring by targeting dietary intake of pregnant women. <i>BMC Medicine</i> , <b>2014</b> , 12, 208	11.4	32
117	Obesity is associated with previous suicide attempts in bipolar disorder. <i>Acta Neuropsychiatrica</i> , <b>2010</b> , 22, 63-7	3.9	31
116	Pop, heavy metal and the blues: secondary analysis of persistent organic pollutants (POP), heavy metals and depressive symptoms in the NHANES National Epidemiological Survey. <i>BMJ Open</i> , <b>2014</b> , 4, e005142	3	30
115	Reliability of the Mood Disorder Questionnaire: comparison with the Structured Clinical Interview for the DSM-IV-TR in a population sample. <i>Australian and New Zealand Journal of Psychiatry</i> , <b>2009</b> , 43, 526-30	2.6	29
114	Diet and the Microbiota-Gut-Brain Axis: Sowing the Seeds of Good Mental Health. <i>Advances in Nutrition</i> , <b>2021</b> , 12, 1239-1285	10	29
113	The gut microbiome in anorexia nervosa: relevance for nutritional rehabilitation. <i>Psychopharmacology</i> , <b>2019</b> , 236, 1545-1558	4.7	29
112	The use of hormonal contraceptive agents and mood disorders in women. <i>Journal of Affective Disorders</i> , <b>2012</b> , 140, 92-6	6.6	28
111	The Microbiome and Mental Health: Looking Back, Moving Forward with Lessons from Allergic Diseases. <i>Clinical Psychopharmacology and Neuroscience</i> , <b>2016</b> , 14, 131-47	3.4	28
110	Beyond the looking glass: recent advances in understanding the impact of environmental exposures on neuropsychiatric disease. <i>Neuropsychopharmacology</i> , <b>2020</b> , 45, 1086-1096	8.7	27
109	Economic evaluation of a dietary intervention for adults with major depression (the "SMILES" trial). <i>BMC Public Health</i> , <b>2018</b> , 18, 599	4.1	27
108	Macronutrient intake and depressive symptoms among Japanese male workers: the Furukawa Nutrition and Health Study. <i>Psychiatry Research</i> , <b>2014</b> , 220, 263-8	9.9	27
107	The association between poor dental health and depression: findings from a large-scale, population-based study (the NHANES study). <i>General Hospital Psychiatry</i> , <b>2014</b> , 36, 266-70	5.6	27
106	Preventive strategies in depression: gathering evidence for risk factors and potential interventions. <i>British Journal of Psychiatry</i> , <b>2012</b> , 201, 339-41	5.4	25
105	Serum levels of brain-derived neurotrophic factor in schizophrenia on a hypocaloric diet. <i>Progress in Neuro-Psychopharmacology and Biological Psychiatry</i> , <b>2008</b> , 32, 1595-8	5.5	25
104	The impact of smoking in adolescence on early adult anxiety symptoms and the relationship between infant vulnerability factors for anxiety and early adult anxiety symptoms: the TOPP Study. <i>PLoS ONE</i> , <b>2013</b> , 8, e63252	3.7	25
103	The Dietary Inflammatory Index and Human Health: An Umbrella Review of Meta-Analyses of Observational Studies. <i>Advances in Nutrition</i> , <b>2021</b> , 12, 1681-1690	10	25
102	The Importance of Diet and Gut Health to the Treatment and Prevention of Mental Disorders. <i>International Review of Neurobiology</i> , <b>2016</b> , 131, 325-346	4.4	24
101	Depression following fracture in women: a study of age-matched cohorts. <i>BMJ Open</i> , <b>2014</b> , 4, e004226	3	24

100	Leptin in bipolar disorder: A systematic review and meta-analysis. <i>European Psychiatry</i> , <b>2016</b> , 35, 1-7	6	24
99	Antenatal dietary patterns and depressive symptoms during pregnancy and early post-partum. <i>Maternal and Child Nutrition</i> , <b>2017</b> , 13,	3.4	23
98	Diet and Bipolar Disorder: A Review of Its Relationship and Potential Therapeutic Mechanisms of Action. <i>Journal of Alternative and Complementary Medicine</i> , <b>2015</b> , 21, 733-9	2.4	23
97	Gut microbiota composition during infancy and subsequent behavioural outcomes. <i>EBioMedicine</i> , <b>2020</b> , 52, 102640	8.8	23
96	Depression, diet and exercise. <i>Medical Journal of Australia</i> , <b>2013</b> , 199, S21-3	4	23
95	Efficacy and safety of fecal microbiota transplantation for the treatment of diseases other than infection: a systematic review and meta-analysis. <i>Gut Microbes</i> , <b>2020</b> , 12, 1-25	8.8	23
94	Variation in the prevalence of depression and patterns of association, sociodemographic and lifestyle factors in community-dwelling older adults in six low- and middle-income countries. <i>Journal of Affective Disorders</i> , <b>2019</b> , 251, 218-226	6.6	22
93	Associations between obesogenic risk and depressive symptomatology in Australian adolescents: a cross-sectional study. <i>Journal of Epidemiology and Community Health</i> , <b>2014</b> , 68, 767-72	5.1	22
92	Obesity and the relationship with positive and negative affect. <i>Australian and New Zealand Journal of Psychiatry</i> , <b>2013</b> , 47, 477-82	2.6	21
91	Prebiotics, probiotics, fermented foods and cognitive outcomes: A meta-analysis of randomized controlled trials. <i>Neuroscience and Biobehavioral Reviews</i> , <b>2020</b> , 118, 472-484	9	21
90	The effects of dairy and dairy derivatives on the gut microbiota: a systematic literature review. <i>Gut Microbes</i> , <b>2020</b> , 12, 1799533	8.8	21
89	The association between self-reported diet quality and health-related quality of life in rural and urban Australian adolescents. <i>Australian Journal of Rural Health</i> , <b>2016</b> , 24, 317-325	1.3	21
88	Depression as a risk factor for fracture in women: A 10 year longitudinal study. <i>Journal of Affective Disorders</i> , <b>2016</b> , 192, 34-40	6.6	20
87	The relationship between depression and cardiovascular disease. <i>International Journal of Psychiatry in Clinical Practice</i> , <b>2005</b> , 9, 157-67	2.4	19
86	The impact of urbanization on mood disorders: an update of recent evidence. <i>Current Opinion in Psychiatry</i> , <b>2019</b> , 32, 198-203	4.9	18
85	Statin and Aspirin Use and the Risk of Mood Disorders among Men. <i>International Journal of Neuropsychopharmacology</i> , <b>2016</b> , 19,	5.8	17
84	Healthy together Victoria and childhood obesity-a methodology for measuring changes in childhood obesity in response to a community-based, whole of system cluster randomized control trial. <i>Archives of Public Health</i> , <b>2016</b> , 74, 16	2.6	17
83	The Cross-Sectional Association between Diet Quality and Depressive Symptomology amongst Fijian Adolescents. <i>PLoS ONE</i> , <b>2016</b> , 11, e0161709	3.7	16



82	Relationships between mental health symptoms and body mass index in women with and without excessive weight gain during pregnancy. <i>Midwifery</i> , <b>2015</b> , 31, 138-46	2.8	15
81	Self-reported depression and cardiovascular risk factors in a community sample of women. <i>Psychosomatics</i> , <b>2007</b> , 48, 54-9	2.6	15
80	Diet and Common Mental Disorders: The Imperative to Translate Evidence into Action. <i>Frontiers in Public Health</i> , <b>2016</b> , 4, 81	6	15
79	The effect of ultra-processed very low-energy diets on gut microbiota and metabolic outcomes in individuals with obesity: A systematic literature review. <i>Obesity Research and Clinical Practice</i> , <b>2020</b> , 14, 197-204	5.4	14
78	Quantitative Heel Ultrasound (QUS) measures of bone quality in association with mood and anxiety disorders. <i>Journal of Affective Disorders</i> , <b>2013</b> , 146, 395-400	6.6	14
77	Area-based socioeconomic status and mood disorders: cross-sectional evidence from a cohort of randomly selected adult women. <i>Maturitas</i> , <b>2011</b> , 69, 173-8	5	14
76	Efficacy of online lifestyle interventions targeting lifestyle behaviour change in depressed populations: A systematic review. <i>Australian and New Zealand Journal of Psychiatry</i> , <b>2018</b> , 52, 834-846	2.6	13
75	Why so GLUMM? Detecting depression clusters through graphing lifestyle-environs using machine-learning methods (GLUMM). <i>European Psychiatry</i> , <b>2017</b> , 39, 40-50	6	13
74	Association of serum leptin and ghrelin with depressive symptoms in a Japanese working population: a cross-sectional study. <i>BMC Psychiatry</i> , <b>2014</b> , 14, 203	4.2	13
73	The association between Western and Prudent dietary patterns and fasting blood glucose levels in type 2 diabetes and normal glucose metabolism in older Australian adults. <i>Heliyon</i> , <b>2017</b> , 3, e00315	3.6	12
72	Into the Bowels of Depression: Unravelling Medical Symptoms Associated with Depression by Applying Machine-Learning Techniques to a Community Based Population Sample. <i>PLoS ONE</i> , <b>2016</b> , 11, e0167055	3.7	12
71	Diet quality and mental health problems in late childhood. <i>Nutritional Neuroscience</i> , <b>2021</b> , 24, 62-70	3.6	12
70	A systematic review of gut microbiota composition in observational studies of major depressive disorder, bipolar disorder and schizophrenia.. <i>Molecular Psychiatry</i> , <b>2022</b> ,	15.1	12
69	Faecal microbiota transplants for depression - Who gives a crapsule?. <i>Australian and New Zealand Journal of Psychiatry</i> , <b>2019</b> , 53, 732-734	2.6	10
68	Psychometric properties of a scale to measure investment in the sick role: the Illness Cognitions Scale. <i>Journal of Evaluation in Clinical Practice</i> , <b>2012</b> , 18, 360-4	2.5	10
67	Milk consumption and the risk for incident major depressive disorder. <i>Psychotherapy and Psychosomatics</i> , <b>2015</b> , 84, 384-6	9.4	10
66	Supporting Engagement, Adherence, and Behavior Change in Online Dietary Interventions. <i>Journal of Nutrition Education and Behavior</i> , <b>2019</b> , 51, 719-739	2	9
65	Effects of a walking program in the psychiatric in-patient treatment setting: a cohort study. <i>Health Promotion Journal of Australia</i> , <b>2007</b> , 18, 39-42	1.7	9

64	Targeting the Infant Gut Microbiota Through a Perinatal Educational Dietary Intervention: Protocol for a Randomized Controlled Trial. <i>JMIR Research Protocols</i> , <b>2019</b> , 8, e14771	2	9
63	Nutrition-based interventions for mood disorders. <i>Expert Review of Neurotherapeutics</i> , <b>2021</b> , 21, 303-315	4.3	9
62	Does Fruit and Vegetable Consumption During Adolescence Predict Adult Depression? A Longitudinal Study of US Adolescents. <i>Frontiers in Psychiatry</i> , <b>2018</b> , 9, 581	5	9
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