Åukasz RadzimiÅ"ski

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/7086252/publications.pdf

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46 580 13 21 g-index

46 46 46 46 801

times ranked

citing authors

docs citations

all docs

#	Article	IF	CITATIONS
1	A Comparison of the Physiological and Technical Effects of High-Intensity Running and Small-Sided Games in Young Soccer Players. International Journal of Sports Science and Coaching, 2013, 8, 455-466.	1.4	59
2	Effect of 12-week-long aerobic training programme on body composition, aerobic capacity, complete blood count and blood lipid profile among young women. Biochemia Medica, 2015, 25, 103-113.	2.7	40
3	Damage to Liver and Skeletal Muscles in Marathon Runners During a 100 km Run With Regard to Age and Running Speed. Journal of Human Kinetics, 2015, 45, 93-102.	1.5	38
4	Changes in blood morphology and chosen biochemical parameters in ultra-marathon runners during a 100-km run in relation to the age and speed of runners. International Journal of Occupational Medicine and Environmental Health, 2016, 29, 801-814.	1.3	34
5	Repeated "all outâ€interval exercise causes an increase in serum hepcidin concentration in both trained and untrained men. Cellular Immunology, 2013, 283, 12-17.	3.0	31
6	Can Supplementation of Vitamin D Improve Aerobic Capacity in Well Trained Youth Soccer Players?. Journal of Human Kinetics, 2018, 61, 63-72.	1.5	30
7	Body Composition, Physical Fitness, Physical Activity and Nutrition in Polish and Spanish Male Students of Sports Sciences: Differences and Correlations. International Journal of Environmental Research and Public Health, 2019, 16, 1148.	2.6	24
8	Changes in the acid-base balance and lactate concentration in the blood in amateur ultramarathon runners during a 100-km run. Biology of Sport, 2015, 32, 261-265.	3.2	21
9	Vitamin D Supplementation and Physical Activity of Young Soccer Players during High-Intensity Training. Nutrients, 2019, 11, 349.	4.1	21
10	High-Low Impact Exercise Program Including Pelvic Floor Muscle Exercises Improves Pelvic Floor Muscle Function in Healthy Pregnant Women – A Randomized Control Trial. Frontiers in Physiology, 2018, 9, 1867.	2.8	21
11	The Exercise-Induced Irisin Is Associated with Improved Levels of Glucose Homeostasis Markers in Pregnant Women Participating in 8-Week Prenatal Group Fitness Program: A Pilot Study. BioMed Research International, 2017, 2017, 1-10.	1.9	19
12	The Influence of COVID-19 Pandemic Lockdown on the Physical Performance of Professional Soccer Players: An Example of German and Polish Leagues. International Journal of Environmental Research and Public Health, 2021, 18, 8796.	2.6	18
13	Correlations between body composition, aerobic capacity, speed and distance covered among professional soccer players during official matches. Journal of Sports Medicine and Physical Fitness, 2020, 60, 257-262.	0.7	16
14	Effect of In-Season Generic and Soccer-Specific High-Intensity Interval Training in Young Soccer Players. International Journal of Sports Science and Coaching, 2014, 9, 1169-1179.	1.4	14
15	Iron, Hematological Parameters and Blood Plasma Lipid Profile in Vitamin D Supplemented and Non-Supplemented Young Soccer Players Subjected to High-Intensity Interval Training. Journal of Nutritional Science and Vitaminology, 2017, 63, 357-364.	0.6	13
16	Individual vs General Time-Motion Analysis and Physiological Response in 4 vs 4 and 5 vs 5 Small-Sided Soccer Games. International Journal of Performance Analysis in Sport, 2015, 15, 397-410.	1.1	12
17	Relationships between Training Loads and Selected Blood Parameters in Professional Soccer Players during a 12-Day Sports Camp. International Journal of Environmental Research and Public Health, 2020, 17, 8580.	2.6	12
18	Changes of 25(OH)D Concentration, Bone Resorption Markers and Physical Performance as an Effect of Sun Exposure, Supplementation of Vitamin D and Lockdown among Young Soccer Players during a One-Year Training Season. Nutrients, 2022, 14, 521.	4.1	12

#	Article	IF	CITATIONS
19	Analysis of Running Performance in the Offensive and Defensive Phases of the Game: Is It Associated with the Team Achievement in the UEFA Champions League?. Applied Sciences (Switzerland), $2021, 11, 8765$.	2.5	11
20	Differences in Blood Urea and Creatinine Concentrations in Earthed and Unearthed Subjects during Cycling Exercise and Recovery. Evidence-based Complementary and Alternative Medicine, 2013, 2013, 1-6.	1.2	10
21	The Effect of a 6-Week Plyometric Training on Explosive Power in Volleyball Players. Baltic Journal of Health and Physical Activity, 2014, 6, .	0.5	10
22	Expression analysis of selected classes of circulating exosomal miRNAs in soccer players as an indicator of adaptation to physical activity. Biology of Sport, 2017, 34, 331-338.	3.2	9
23	Acute Postexercise Change in Circulating Irisin Is Related to More Favorable Lipid Profile in Pregnant Women Attending a Structured Exercise Program and to Less Favorable Lipid Profile in Controls: An Experimental Study with Two Groups. International Journal of Endocrinology, 2019, 2019, 1-11.	1.5	9
24	Efficiency of 1-on-1 play situations for high-level soccer players during the World and European championships in relation to position on the pitch and match time. International Journal of Sports Science and Coaching, 2017, 12, 495-503.	1.4	8
25	Changes of Physical Capacity and Soccer-Related Skills in Young Soccer Players within a One-Year Training Period. Baltic Journal of Health and Physical Activity, 2011, 3, .	0.5	8
26	Effects of Applied Training Loads on the Aerobic Capacity of Young Soccer Players During a Soccer Season. Journal of Strength and Conditioning Research, 2013, 27, 916-923.	2.1	7
27	Effects of a 12-week-long program of vigorous-intensity physical activity on the body composition of 10-and 11-year-old children. Journal of Human Sport and Exercise, 2017, 12, .	0.4	7
28	An Application of Incremental Running Test Results to Train Professional Soccer Players. Baltic Journal of Health and Physical Activity, 2010, 2 , .	0.5	7
29	Direction of travel of time zones crossed and results achieved by soccer players. The road from the 2018 FIFA World Cup to UEFA EURO 2020. Research in Sports Medicine, 2022, 30, 145-155.	1.3	6
30	The effect of mid-season coach turnover on running match performance and match outcome in professional soccer players. Scientific Reports, 2022, 12, .	3.3	6
31	Effects of a 12-week physical education program on the body composition of 10- and 11-year-old children. Science and Sports, 2017, 32, e155-e161.	0.5	5
32	Responses to Low- and High-Intensity Exercise in Adolescents with Type 1 Diabetes in Relation to Their Level of VO2 Max. International Journal of Environmental Research and Public Health, 2021, 18, 692.	2.6	5
33	Evolution of physical performance in professional soccer across four consecutive seasons. Baltic Journal of Health and Physical Activity, 2021, 13, 79-85.	0.5	5
34	Correlation between the Positive Effect of Vitamin D Supplementation and Physical Performance in Young Male Soccer Players. International Journal of Environmental Research and Public Health, 2022, 19, 5138.	2.6	5
35	Acute Responses to Low and High Intensity Exercise in Type 1 Diabetic Adolescents in Relation to Their Level of Serum 25(OH)D. Nutrients, 2020, 12, 454.	4.1	4
36	Gender differences in the association between physical activity and obesity in adults with vision and hearing losses. European Journal of Public Health, 2021, 31, 835-840.	0.3	4

#	Article	IF	CITATIONS
37	Lactate Threshold Changes in Soccer Players during the Preparation Period. Baltic Journal of Health and Physical Activity, $2011,3,.$	0.5	4
38	Default and individual comparison of physiological responses and time-motion analysis in male and female soccer players during small-sided games. Journal of Human Sport and Exercise, 2017, 12, .	0.4	4
39	Effect of physical training on parathyroid hormone and bone turnover marker profile in relation to vitamin D supplementation in soccer players. Biology of Sport, 2022, 39, 921-932.	3.2	3
40	Body composition, physical fitness, physical activity and nutrition in Polish and Spanish female students of sports sciences. Science and Sports, 2020, 35, e21-e28.	0.5	2
41	Seasonal Changes in 25(OH)D Concentration in Young Soccer Players—Implication for Bone Resorption Markers and Physical Performance. International Journal of Environmental Research and Public Health, 2021, 18, 2932.	2.6	2
42	Association between Selected Screening Tests and Knee Alignment in Single-Leg Tasks among Young Football Players. International Journal of Environmental Research and Public Health, 2022, 19, 6719.	2.6	2
43	Social, Educational and Sports Character of Football Academy in Malbork. Baltic Journal of Health and Physical Activity, 2011, 3, .	0.5	1
44	Changes of Lactate Threshold during a Half-Year Training Cycle in "Arka Gdynia" Football Players. Baltic Journal of Health and Physical Activity, 2010, 2, .	0.5	1
45	Generic versus specific sprint training in young soccer players. Baltic Journal of Health and Physical Activity, 2013, 5, .	0.5	0
46	The Effectiveness of Isolated and Combined Plyometric and Sprint Exercises During an 8-Week Regimen in Young Soccer Players. International Journal of Scientific Research (Ahmedabad, India), 2012, 3, 477-481.	5.0	0