

Alfonso Siani

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277
papers

6,022
citations

43
h-index

67
g-index

289
ext. papers

7,116
ext. citations

3.6
avg, IF

5.24
L-index

#	Paper	IF	Citations
277	The IDEFICS cohort: design, characteristics and participation in the baseline survey. <i>International Journal of Obesity</i> , 2011 , 35 Suppl 1, S3-15	5.5	270
276	Prevalence of overweight and obesity in European children below the age of 10. <i>International Journal of Obesity</i> , 2014 , 38 Suppl 2, S99-107	5.5	196
275	Metabolic syndrome in young children: definitions and results of the IDEFICS study. <i>International Journal of Obesity</i> , 2014 , 38 Suppl 2, S4-14	5.5	160
274	Objectively measured physical activity in European children: the IDEFICS study. <i>International Journal of Obesity</i> , 2014 , 38 Suppl 2, S135-43	5.5	138
273	Guidance on the use of the weight of evidence approach in scientific assessments. <i>EFSA Journal</i> , 2017 , 15, e04971	2.3	128
272	Genetic variation in the renin-angiotensin system and abdominal adiposity in men: the Olivetti Prospective Heart Study. <i>Annals of Internal Medicine</i> , 2003 , 138, 17-23	8	125
271	Reproducibility of food consumption frequencies derived from the Children's Eating Habits Questionnaire used in the IDEFICS study. <i>International Journal of Obesity</i> , 2011 , 35 Suppl 1, S61-8	5.5	124
270	Inverse association between body mass and frequency of milk consumption in children. <i>British Journal of Nutrition</i> , 2005 , 93, 15-9	3.6	124
269	Intra- and inter-observer reliability in anthropometric measurements in children. <i>International Journal of Obesity</i> , 2011 , 35 Suppl 1, S45-51	5.5	123
268	Understanding and preventing childhood obesity and related disorders--IDEFICS: a European multilevel epidemiological approach. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2006 , 16, 302-8	4.5	106
267	Role of microRNAs in obesity and obesity-related diseases. <i>Genes and Nutrition</i> , 2017 , 12, 23	4.3	100
266	Blood pressure and metabolic changes during dietary L-arginine supplementation in humans. <i>American Journal of Hypertension</i> , 2000 , 13, 547-51	2.3	95
265	Altered renal sodium handling in men with abdominal adiposity: a link to hypertension. <i>Journal of Hypertension</i> , 2001 , 19, 2157-64	1.9	89
264	Genetic variations at the endocannabinoid type 1 receptor gene (CNR1) are associated with obesity phenotypes in men. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2007 , 92, 2382-6	5.6	84
263	Percentile reference values for anthropometric body composition indices in European children from the IDEFICS study. <i>International Journal of Obesity</i> , 2014 , 38 Suppl 2, S15-25	5.5	81
262	Changing the Mediterranean diet: effects on blood lipids. <i>American Journal of Clinical Nutrition</i> , 1984 , 40, 1027-37	7	81
261	Controlled trial of long-term oral calcium supplementation in essential hypertension. <i>Hypertension</i> , 1986 , 8, 1084-8	8.5	80

260	Alcohol consumption and n-3 polyunsaturated fatty acids in healthy men and women from 3 European populations. <i>American Journal of Clinical Nutrition</i> , 2009 , 89, 354-62	7	79
259	Mediterranean diet, overweight and body composition in children from eight European countries: cross-sectional and prospective results from the IDEFICS study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2014 , 24, 205-13	4.5	78
258	High-circulating leptin levels are associated with greater risk of hypertension in men independently of body mass and insulin resistance: results of an eight-year follow-up study. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2008 , 93, 3922-6	5.6	78
257	A high-score Mediterranean dietary pattern is associated with a reduced risk of peripheral arterial disease in Italian patients with Type 2 diabetes. <i>Journal of Thrombosis and Haemostasis</i> , 2003 , 1, 1744-52	15.4	75
256	Increasing the dietary potassium intake reduces the need for antihypertensive medication. <i>Annals of Internal Medicine</i> , 1991 , 115, 753-9	8	74
255	Guidance on the preparation and presentation of an application for authorisation of a novel food in the context of Regulation (EU) 2015/2283. <i>EFSA Journal</i> , 2016 , 14, e04594	2.3	73
254	The IDEFICS community-oriented intervention programme: a new model for childhood obesity prevention in Europe?. <i>International Journal of Obesity</i> , 2011 , 35 Suppl 1, S16-23	5.5	68
253	Assessment of diet, physical activity and biological, social and environmental factors in a multi-centre European project on diet- and lifestyle-related disorders in children (IDEFICS). <i>Zeitschrift Fur Gesundheitswissenschaften</i> , 2006 , 14, 279-289	1.4	64
252	Cohort Profile: The transition from childhood to adolescence in European children-how I.Family extends the IDEFICS cohort. <i>International Journal of Epidemiology</i> , 2017 , 46, 1394-1395j	7.8	64
251	The relationship of waist circumference to blood pressure: the Olivetti Heart Study. <i>American Journal of Hypertension</i> , 2002 , 15, 780-6	2.3	63
250	Relative validity of the Children's Eating Habits Questionnaire-food frequency section among young European children: the IDEFICS Study. <i>Public Health Nutrition</i> , 2014 , 17, 266-76	3.3	62
249	Plasma leptin and blood pressure in men: graded association independent of body mass and fat pattern. <i>Obesity</i> , 2003 , 11, 160-6		62
248	Incidence of high blood pressure in children - effects of physical activity and sedentary behaviors: the IDEFICS study: High blood pressure, lifestyle and children. <i>International Journal of Cardiology</i> , 2015 , 180, 165-70	3.2	61
247	Early life course risk factors for childhood obesity: the IDEFICS case-control study. <i>PLoS ONE</i> , 2014 , 9, e86914	3.7	60
246	Being macrosomic at birth is an independent predictor of overweight in children: results from the IDEFICS study. <i>Maternal and Child Health Journal</i> , 2013 , 17, 1373-81	2.4	58
245	Dietary patterns and longitudinal change in body mass in European children: a follow-up study on the IDEFICS multicenter cohort. <i>European Journal of Clinical Nutrition</i> , 2013 , 67, 1042-9	5.2	54
244	Dietary Patterns of European Children and Their Parents in Association with Family Food Environment: Results from the 1.Family Study. <i>Nutrients</i> , 2017 , 9,	6.7	53
243	Young children's screen activities, sweet drink consumption and anthropometry: results from a prospective European study. <i>European Journal of Clinical Nutrition</i> , 2014 , 68, 223-8	5.2	52

242	High sodium and low potassium intake among Italian children: relationship with age, body mass and blood pressure. <i>PLoS ONE</i> , 2015 , 10, e0121183	3.7	52
241	Physical activity and sedentary behaviour in European children: the IDEFICS study. <i>Public Health Nutrition</i> , 2014 , 17, 2295-306	3.3	50
240	Prevalence and determinants of childhood overweight and obesity in European countries: pooled analysis of the existing surveys within the IDEFICS Consortium. <i>International Journal of Obesity</i> , 2009 , 33, 1103-10	5.5	48
239	Natriuretic peptide clearance receptor alleles and susceptibility to abdominal adiposity. <i>Obesity</i> , 2004 , 12, 351-6		48
238	Gender differences in copper, zinc and selenium status in diabetic-free metabolic syndrome European population - the IMMIDIET study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2012 , 22, 517-24	4.5	46
237	Circulating microRNAs are deregulated in overweight/obese children: preliminary results of the I.Family study. <i>Genes and Nutrition</i> , 2016 , 11, 7	4.3	45
236	Body mass, fat distribution and blood pressure in Southern Italian children: results of the ARCA project. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2006 , 16, 239-48	4.5	45
235	An investigation into the relationship between soft tissue body composition and bone mineral density in a young adult twin sample. <i>Journal of Bone and Mineral Research</i> , 2011 , 26, 79-87	6.3	43
234	Abdominal obesity and circulating metabolites: A twin study approach. <i>Metabolism: Clinical and Experimental</i> , 2016 , 65, 111-21	12.7	42
233	Gestational weight gain and adiposity, fat distribution, metabolic profile, and blood pressure in offspring: the IDEFICS project. <i>International Journal of Obesity</i> , 2013 , 37, 914-9	5.5	41
232	Dietary reference values for vitamin K. <i>EFSA Journal</i> , 2017 , 15, e04780	2.3	40
231	Guidance on the preparation and submission of an application for authorisation of a novel food in the context of Regulation (EU) 2015/2283 (Revision 1). <i>EFSA Journal</i> , 2021 , 19, e06555	2.3	40
230	Dietary reference values for sodium. <i>EFSA Journal</i> , 2019 , 17, e05778	2.3	39
229	Past history of nephrolithiasis and incidence of hypertension in men: a reappraisal based on the results of the Olivetti Prospective Heart Study. <i>Nephrology Dialysis Transplantation</i> , 2001 , 16, 2232-5	4.3	39
228	Timing of solid food introduction and association with later childhood overweight and obesity: The IDEFICS study. <i>Maternal and Child Nutrition</i> , 2018 , 14,	3.4	38
227	Family structure and childhood obesity: results of the IDEFICS Project. <i>Public Health Nutrition</i> , 2014 , 17, 2307-15	3.3	37
226	Blood cells as a source of transcriptional biomarkers of childhood obesity and its related metabolic alterations: results of the IDEFICS study. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2012 , 97, E648-52	5.6	37
225	Combination of renin-angiotensin system polymorphisms is associated with altered renal sodium handling and hypertension. <i>Hypertension</i> , 2004 , 43, 598-602	8.5	37

224	Does the FTO gene interact with the socioeconomic status on the obesity development among young European children? Results from the IDEFICS study. <i>International Journal of Obesity</i> , 2015 , 39, 1-6	5.5	36
223	High-sensitivity C-reactive protein is a predictive factor of adiposity in children: results of the identification and prevention of dietary- and lifestyle-induced health effects in children and infants (IDEFICS) study. <i>Journal of the American Heart Association</i> , 2013 , 2, e000101	6	36
222	Associations between energy intake, daily food intake and energy density of foods and BMI z-score in 2-9-year-old European children. <i>European Journal of Nutrition</i> , 2014 , 53, 673-81	5.2	35
221	Interaction between the C(-344)T polymorphism of CYP11B2 and age in the regulation of blood pressure and plasma aldosterone levels: cross-sectional and longitudinal findings of the Olivetti Prospective Heart Study. <i>Journal of Hypertension</i> , 2002 , 20, 1785-92	1.9	35
220	Dietary reference values for potassium. <i>EFSA Journal</i> , 2016 , 14, e04592	2.3	33
219	Guidance for the scientific requirements for health claims related to antioxidants, oxidative damage and cardiovascular health: (Revision 1). <i>EFSA Journal</i> , 2018 , 16, e05136	2.3	32
218	Clustering of multiple lifestyle behaviours and its association to cardiovascular risk factors in children: the IDEFICS study. <i>European Journal of Clinical Nutrition</i> , 2013 , 67, 848-54	5.2	31
217	Clustering of lifestyle behaviours and relation to body composition in European children. The IDEFICS study. <i>European Journal of Clinical Nutrition</i> , 2015 , 69, 811-6	5.2	30
216	Diet-obesity associations in children: approaches to counteract attenuation caused by misreporting. <i>Public Health Nutrition</i> , 2013 , 16, 256-66	3.3	29
215	Overweight in singletons compared to children with siblings: the IDEFICS study. <i>Nutrition and Diabetes</i> , 2012 , 2, e35	4.7	29
214	Total fat, fat distribution and blood pressure according to eating frequency in children living in southern Italy: the ARCA project. <i>International Journal of Obesity</i> , 2006 , 30, 1166-9	5.5	29
213	Altered renal sodium handling and hypertension in men carrying the glucagon receptor gene (Gly40Ser) variant. <i>Journal of Molecular Medicine</i> , 2001 , 79, 574-80	5.5	29
212	Analysis of the association of leptin and adiponectin concentrations with metabolic syndrome in children: Results from the IDEFICS study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2017 , 27, 543-551	4.5	28
211	Prevalence of psychosomatic and emotional symptoms in European school-aged children and its relationship with childhood adversities: results from the IDEFICS study. <i>European Child and Adolescent Psychiatry</i> , 2012 , 21, 253-65	5.5	28
210	Circulating microRNAs are associated with early childhood obesity: results of the I.Family Study. <i>Genes and Nutrition</i> , 2019 , 14, 2	4.3	26
209	Physical activity, adiposity and urbanization level in children: results for the Italian cohort of the IDEFICS study. <i>Public Health</i> , 2013 , 127, 761-5	4	26
208	Hyperleptinemia is associated with hypertension, systemic inflammation and insulin resistance in overweight but not in normal weight men. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2012 , 22, 300-6	4.5	26
207	Diagnostic criteria for metabolic syndrome: a comparative analysis in an unselected sample of adult male population. <i>Metabolism: Clinical and Experimental</i> , 2008 , 57, 355-61	12.7	26

206	Bioelectrical impedance analysis and age-related differences of body composition in the elderly. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2007 , 17, 175-80	4.5	26
205	Lack of association between polymorphism in the beta2-adrenergic receptor gene, hypertension, and obesity in the Olivetti heart study. <i>American Journal of Hypertension</i> , 2004 , 17, 718-20	2.3	25
204	Covid-19 and cardiovascular risk: Susceptibility to infection to SARS-CoV-2, severity and prognosis of Covid-19 and blockade of the renin-angiotensin-aldosterone system. An evidence-based viewpoint. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020 , 30, 1227-1235	4.5	24
203	Familial Resemblance in Dietary Intakes of Children, Adolescents, and Parents: Does Dietary Quality Play a Role?. <i>Nutrients</i> , 2017 , 9,	6.7	24
202	Desaturase Activity Is Associated With Weight Status and Metabolic Risk Markers in Young Children. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2015 , 100, 3760-9	5.6	22
201	Dietary patterns and fatty acids levels of three European populations. Results from the IMMIDIET study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2014 , 24, 883-90	4.5	22
200	-344C/T Variant in the promoter of the aldosterone synthase gene (CYP11B2) is associated with metabolic syndrome in men. <i>American Journal of Hypertension</i> , 2007 , 20, 218-22	2.3	22
199	Update of the tolerable upper intake level for vitamin D for infants. <i>EFSA Journal</i> , 2018 , 16, e05365	2.3	22
198	Appropriate age range for introduction of complementary feeding into an infant's diet. <i>EFSA Journal</i> , 2019 , 17, e05780	2.3	21
197	C reactive protein and its determinants in healthy men and women from European regions at different risk of coronary disease: the IMMIDIET Project. <i>Journal of Thrombosis and Haemostasis</i> , 2008 , 6, 436-43	15.4	21
196	Dietary habit profile in European communities with different risk of myocardial infarction: the impact of migration as a model of gene-environment interaction. The IMMIDIET Study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2001 , 11, 122-6	4.5	21
195	Zygoty Differences in Height and Body Mass Index of Twins From Infancy to Old Age: A Study of the CODATwins Project. <i>Twin Research and Human Genetics</i> , 2015 , 18, 557-70	2.2	20
194	Folate intake and folate serum levels in men and women from two European populations: The IMMIDIET project. <i>Nutrition</i> , 2014 , 30, 822-30	4.8	20
193	Glycaemic index and body fat distribution in children: the results of the ARCA project. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2012 , 22, 28-34	4.5	20
192	Pester power and its consequences: do European children's food purchasing requests relate to diet and weight outcomes?. <i>Public Health Nutrition</i> , 2016 , 19, 2393-403	3.3	20
191	Safety of hydroxytyrosol as a novel food pursuant to Regulation (EC) No 258/97. <i>EFSA Journal</i> , 2017 , 15, e04728	2.3	19
190	Prospective analysis of the association of a common variant of FTO (rs9939609) with adiposity in children: results of the IDEFICS study. <i>PLoS ONE</i> , 2012 , 7, e48876	3.7	19
189	Repeatability of maternal report on prenatal, perinatal and early postnatal factors: findings from the IDEFICS parental questionnaire. <i>International Journal of Obesity</i> , 2011 , 35 Suppl 1, S52-60	5.5	19

188	Validation of a food-frequency questionnaire for Flemish and Italian-native subjects in Belgium: The IMMIDIET study. <i>Nutrition</i> , 2011 , 27, 302-9	4.8	19
187	Comparison of variability of urinary sodium, potassium, and calcium in free-living men. <i>Hypertension</i> , 1989 , 13, 38-42	8.5	19
186	Red blood cell sodium-lithium countertransport and risk of future hypertension: the Olivetti Prospective Heart Study. <i>Hypertension</i> , 1998 , 31, 1284-9	8.5	18
185	Early Life Factors and Inter-Country Heterogeneity in BMI Growth Trajectories of European Children: The IDEFICS Study. <i>PLoS ONE</i> , 2016 , 11, e0149268	3.7	18
184	TAS1R3 and UCN2 Transcript Levels in Blood Cells Are Associated With Sugary and Fatty Food Consumption in Children. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2015 , 100, 3556-64	5.6	17
183	Dietary Reference Values for riboflavin. <i>EFSA Journal</i> , 2017 , 15, e04919	2.3	17
182	Fat, sugar and water intakes among families from the IDEFICS intervention and control groups: first observations from I.Family. <i>Obesity Reviews</i> , 2015 , 16 Suppl 2, 127-37	10.6	17
181	Dietary Carbohydrate and Nocturnal Sleep Duration in Relation to Children's BMI: Findings from the IDEFICS Study in Eight European Countries. <i>Nutrients</i> , 2015 , 7, 10223-36	6.7	17
180	Genetic variants of Y chromosome are associated with a protective lipid profile in black men. <i>Arteriosclerosis, Thrombosis, and Vascular Biology</i> , 2008 , 28, 1569-74	9.4	17
179	Genetic variation of alcohol dehydrogenase type 1C (ADH1C), alcohol consumption, and metabolic cardiovascular risk factors: results from the IMMIDIET study. <i>Atherosclerosis</i> , 2009 , 207, 284-90	3.1	16
178	Age- and gender-dependent association of the -344C/T polymorphism of CYP11B2 with blood pressure in European populations. <i>Journal of Human Hypertension</i> , 2007 , 21, 333-6	2.6	16
177	Urinary sucrose and fructose to validate self-reported sugar intake in children and adolescents: results from the I.Family study. <i>European Journal of Nutrition</i> , 2019 , 58, 1247-1258	5.2	16
176	Inflammation in metabolically healthy and metabolically abnormal adolescents: The HELENA study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2018 , 28, 77-83	4.5	15
175	Association between serum fatty acids and lipoprotein subclass profile in healthy young adults: exploring common genetic and environmental factors. <i>Atherosclerosis</i> , 2014 , 233, 394-402	3.1	15
174	Heritability of body weight: moving beyond genetics. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2010 , 20, 691-7	4.5	15
173	Minor Contribution of Endogenous GLP-1 and GLP-2 to Postprandial Lipemia in Obese Men. <i>PLoS ONE</i> , 2016 , 11, e0145890	3.7	15
172	Safety of yeast biomass as a novel food pursuant to Regulation (EU) 2015/2283. <i>EFSA Journal</i> , 2019 , 17, e05594	2.3	14
171	Scientific and technical guidance for the preparation and presentation of a health claim application (Revision 2). <i>EFSA Journal</i> , 2017 , 15, e04680	2.3	14

170	Gender-related differences in the relationships between blood pressure, age, and body size in prepubertal children. <i>American Journal of Hypertension</i> , 2008 , 21, 1007-10	2.3	14
169	Gly40Ser polymorphism of the glucagon receptor gene is associated with central adiposity in men. <i>Obesity</i> , 2001 , 9, 722-6		14
168	Transcriptome analysis in blood cells from children reveals potential early biomarkers of metabolic alterations. <i>International Journal of Obesity</i> , 2017 , 41, 1481-1488	5.5	13
167	HindIII(+/-) polymorphism of the Y chromosome, blood pressure, and serum lipids: no evidence of association in three white populations. <i>American Journal of Hypertension</i> , 2006 , 19, 331-8	2.3	13
166	FinnTwin16: A Longitudinal Study from Age 16 of a Population-Based Finnish Twin Cohort. <i>Twin Research and Human Genetics</i> , 2019 , 22, 530-539	2.2	13
165	Safety of astaxanthin for its use as a novel food in food supplements. <i>EFSA Journal</i> , 2020 , 18, e05993	2.3	12
164	Urinary volatile organic compounds in overweight compared to normal-weight children: results from the Italian I.Family cohort. <i>Scientific Reports</i> , 2017 , 7, 15636	4.9	12
163	Improving the accuracy of self-reports on diet and physical exercise: the co-twin control method. <i>Twin Research and Human Genetics</i> , 2009 , 12, 531-40	2.2	12
162	The role of a FADS1 polymorphism in the association of fatty acid blood levels, BMI and blood pressure in young children-Analyses based on path models. <i>PLoS ONE</i> , 2017 , 12, e0181485	3.7	12
161	Systematic review and meta-analysis of randomised controlled trials on the effects of potassium supplements on serum potassium and creatinine. <i>BMJ Open</i> , 2016 , 6, e011716	3	12
160	Dietary reference values for thiamin. <i>EFSA Journal</i> , 2016 , 14, e04653	2.3	12
159	Safety of xylo-oligosaccharides (XOS) as a novel food pursuant to Regulation (EU) 2015/2283. <i>EFSA Journal</i> , 2018 , 16, e05361	2.3	12
158	Safety of frozen and dried formulations from whole house crickets (<i>Acheta domesticus</i>) as a Novel food pursuant to Regulation (EU) 2015/2283. <i>EFSA Journal</i> , 2021 , 19, e06779	2.3	12
157	Sleep duration and blood pressure in children: Analysis of the pan-European IDEFICS cohort. <i>Journal of Clinical Hypertension</i> , 2019 , 21, 572-578	2.3	11
156	Association between bone stiffness and nutritional biomarkers combined with weight-bearing exercise, physical activity, and sedentary time in preadolescent children. A case-control study. <i>Bone</i> , 2015 , 78, 142-9	4.7	11
155	Safety of 2'-fucosyllactose/difucosyllactose mixture as a novel food pursuant to Regulation (EU) 2015/2283. <i>EFSA Journal</i> , 2019 , 17, e05717	2.3	11
154	A comparison of anthropometric, metabolic, and reproductive characteristics of young adult women from opposite-sex and same-sex twin pairs. <i>Frontiers in Endocrinology</i> , 2014 , 5, 28	5.7	11
153	Relationship between markers of body fat and calcaneal bone stiffness differs between preschool and primary school children: results from the IDEFICS baseline survey. <i>Calcified Tissue International</i> , 2012 , 91, 276-85	3.9	11

152	Nutrition and prevention of ischemic stroke: present knowledge, limitations and future perspectives. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2004 , 14, 97-114	4.5	11
151	Risk-benefit in food safety and nutrition - Outcome of the 2019 Parma Summer School. <i>Food Research International</i> , 2021 , 141, 110073	7	11
150	Safety of synthetic l-ergothioneine (Ergoneine) as a novel food pursuant to Regulation (EC) No 258/97. <i>EFSA Journal</i> , 2016 , 14, e04629	2.3	11
149	Cardiovascular risk factors and global risk of fatal cardiovascular disease are positively correlated between partners of 802 married couples from different European countries. Report from the IMMIDIET project. <i>Thrombosis and Haemostasis</i> , 2007 , 98, 648-55	7	11
148	Health claims made on food in the EU: The edge between scientific knowledge and regulatory requirements. <i>Trends in Food Science and Technology</i> , 2017 , 69, 315-323	15.3	10
147	Ideal cardiovascular health and inflammation in European adolescents: The HELENA study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2017 , 27, 447-455	4.5	10
146	Safety of chia seeds (L.) as a novel food for extended uses pursuant to Regulation (EU) 2015/2283. <i>EFSA Journal</i> , 2019 , 17, e05657	2.3	10
145	Statement on the safety of synthetic l-ergothioneine as a novel food - supplementary dietary exposure and safety assessment for infants and young children, pregnant and breastfeeding women. <i>EFSA Journal</i> , 2017 , 15, e05060	2.3	10
144	Self-rated measures of physical activity and cardiovascular risk in a sample of Southern Italian male workers: the Olivetti heart study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2004 , 14, 143-9	4.5	10
143	Insulin-induced increase in heart rate and its prevention by propranolol. <i>European Journal of Clinical Pharmacology</i> , 1990 , 38, 393-5	2.8	10
142	Polygenic risk for obesity and its interaction with lifestyle and sociodemographic factors in European children and adolescents. <i>International Journal of Obesity</i> , 2021 , 45, 1321-1330	5.5	10
141	Safety of frozen and dried formulations from migratory locust () as a Novel Food pursuant to Regulation (EU) 2015/2283. <i>EFSA Journal</i> , 2021 , 19, e06667	2.3	10
140	Liver Fat and Insulin Sensitivity Define Metabolite Profiles During a Glucose Tolerance Test in Young Adult Twins. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2017 , 102, 220-231	5.6	10
139	Scientific Opinion on taxifolin-rich extract from Dahurian Larch (). <i>EFSA Journal</i> , 2017 , 15, e04682	2.3	9
138	Development of a Food-Based Diet Quality Score from a Short FFQ and Associations with Obesity Measures, Eating Styles and Nutrient Intakes in Finnish Twins. <i>Nutrients</i> , 2019 , 11,	6.7	9
137	Safety of phlorotannins as a novel food pursuant to Regulation (EC) No 258/97. <i>EFSA Journal</i> , 2017 , 15, e05003	2.3	9
136	Safety of cranberry extract powder as a novel food ingredient pursuant to Regulation (EC) No 258/97. <i>EFSA Journal</i> , 2017 , 15, e04777	2.3	9
135	Ethnic differences in red blood cell sodium/lithium countertransport and metabolic correlates of hypertension: an international collaborative study. <i>American Journal of Hypertension</i> , 1998 , 11, 935-41	2.3	9

134	Efficacy of neck circumference to identify metabolic syndrome in 3-10 year-old European children: Results from IDEFICS study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2016 , 26, 510-6	4.5	9
133	Guidance on the scientific requirements for health claims related to muscle function and physical performance: (Revision 1). <i>EFSA Journal</i> , 2018 , 16, e05434	2.3	9
132	Iodine deficiency among Italian children and adolescents assessed through 24-hour urinary iodine excretion. <i>American Journal of Clinical Nutrition</i> , 2019 , 109, 1080-1087	7	8
131	Dietary calcium intake and adiposity in children and adolescents: Cross-sectional and longitudinal results from IDEFICS/I.Family cohort. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2019 , 29, 440-449	4.5	8
130	Familial aggregation and socio-demographic correlates of taste preferences in European children. <i>BMC Nutrition</i> , 2017 , 3, 87	2.5	8
129	Understanding the links among neuromedin U gene, beta2-adrenoceptor gene and bone health: an observational study in European children. <i>PLoS ONE</i> , 2013 , 8, e70632	3.7	8
128	Safety of frozen and dried formulations from whole yellow mealworm (larva) as a novel food pursuant to Regulation (EU) 2015/2283. <i>EFSA Journal</i> , 2021 , 19, e06778	2.3	8
127	Increasing evidence for the role of salt and salt-sensitivity in hypertension. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2000 , 10, 93-100	4.5	8
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