List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Clinical Characteristics of Older Adults Seeking Hypoglossal Nerve Stimulation for the Treatment of Obstructive Sleep Apnea. Ear, Nose and Throat Journal, 2024, 103, NP118-NP123.	0.4	2
2	Sleep and Healthy Aging: A Systematic Review and Path Forward. Clinical Gerontologist, 2024, 47, 367-379.	1.2	3
3	Sleep, caregiver burden, and life satisfaction in Parkinson's disease caregivers: a multinational investigation. Disability and Rehabilitation, 2022, 44, 1939-1945.	0.9	14
4	Insomnia symptoms during the COVID-19 pandemic: an examination of biopsychosocial moderators. Sleep Medicine, 2022, 91, 175-178.	0.8	20
5	Pain Experiences in Individuals with Reported and Suspected Sleep Disorders. Behavioral Medicine, 2022, 48, 305-312.	1.0	4
6	Change in Dysfunctional Sleep-Related Beliefs is Associated with Changes in Sleep and Other Health Outcomes Among Older Veterans With Insomnia: Findings From a Randomized Controlled Trial. Annals of Behavioral Medicine, 2022, 56, 35-49.	1.7	15
7	Bedroom environment and sleep health. , 2022, , 239-264.		2
8	Insomnia Treatment Preferences Among Primary Care Patients. Clinical Therapeutics, 2022, , .	1.1	1
9	Sleep and Cognition. Sleep Medicine Clinics, 2022, 17, 205-222.	1.2	4
10	Sleep Discrepancy in a Randomized Controlled Trial of Brief Behavioral Therapy for Chronic Insomnia in Older Adults. Behavioral Sleep Medicine, 2021, 19, 221-231.	1.1	5
11	Macro and micro sleep architecture and cognitive performance in older adults. Nature Human Behaviour, 2021, 5, 123-145.	6.2	75
12	Cognitive control beliefs and cognitive functioning in mid―to lateâ€life. British Journal of Developmental Psychology, 2021, 39, 269-281.	0.9	3
13	Measurement of aggression in older adults. Aggression and Violent Behavior, 2021, 57, 101484.	1.2	5
14	Sleep Health as Measured by RU SATED: A Psychometric Evaluation. Behavioral Sleep Medicine, 2021, 19, 48-56.	1.1	43
15	Preliminary investigation of interactive associations of sleep and pain with cognition in sedentary middle-aged and older adults. Journal of Clinical Sleep Medicine, 2021, 17, 233-242.	1.4	3
16	Efficacy of a patient decision aid for improving person-centered decision-making by older adults with obstructive sleep apnea. Journal of Clinical Sleep Medicine, 2021, 17, 121-128.	1.4	9
17	Check your sleep before you start: A secondary analysis of a stress management intervention for caregivers of stem cell transplant patients. Psycho-Oncology, 2021, 30, 936-945.	1.0	5
18	548 Predicting Perceived Functional Limitation in Midlife and Older Adulthood: The Role of Sleep and Perceived Control. Sleep, 2021, 44, A216-A216.	0.6	0

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19	197 Refining the Subjective Assessment of Sleep: An SEM Approach. Sleep, 2021, 44, A79-A79.	0.6	Ο
20	The Rhythm is Gonna Get You: Social Rhythms, Sleep, Depressive, and Anxiety Symptoms. Journal of Affective Disorders, 2021, 286, 197-203.	2.0	9
21	538 Sleep and Self-Efficacy: The Role of Domain Specificity in Predicting Sleep. Sleep, 2021, 44, A212-A212.	0.6	Ο
22	179 Insomnia Symptoms in Latinx emerging adults: The role of perceived discrimination. Sleep, 2021, 44, A73-A73.	0.6	0
23	Sleep Through the Ages: Adults and Older Adults. , 2021, , 49-64.		Ο
24	Light and Sleep. , 2021, , 101-112.		0
25	766 Anxiety is a potential mediating factor in the insomnia-aggression association. Sleep, 2021, 44, A298-A298.	0.6	0
26	Sleep Duration, Timing, and Napping as Components of Healthy Sleep. , 2021, , 87-100.		0
27	Lifestyle Factors and Sleep Health across the Lifespan. International Journal of Environmental Research and Public Health, 2021, 18, 6626.	1.2	17
28	Trading likes for sleepless nights: A lifespan investigation of social media and sleep. Sleep Health, 2021, 7, 474-477.	1.3	3
29	Posttraumatic Stress Disorder Risk and Benzodiazepine Dependence in Older Veterans with Insomnia Symptoms. Clinical Gerontologist, 2021, , 1-5.	1.2	2
30	Practice Does Not Make Perfect: The Tireless Pursuit of Achieving Perfect Sleep. International Journal of Environmental Research and Public Health, 2021, 18, 8523.	1.2	0
31	The Sleep Regularity Questionnaire: development and initial validation. Sleep Medicine, 2021, 85, 45-53.	0.8	7
32	Sleep disturbance and pain in U.S. adults over 50: evidence for reciprocal, longitudinal effects. Sleep Medicine, 2021, 86, 32-39.	0.8	7
33	Sleep Disturbance Mediates the Association Between Loneliness and Health in Older Americans. International Journal of Behavioral Medicine, 2021, 28, 64-72.	0.8	10
34	Sleep quality, neurocognitive performance, and memory self-appraisal in middle-aged and older adults with memory complaints. International Psychogeriatrics, 2021, 33, 703-713.	0.6	18
35	Randomized controlled trial of an integrated approach to treating insomnia and improving the use of positive airway pressure therapy in veterans with comorbid insomnia disorder and obstructive sleep apnea. Sleep, 2021, 44, .	0.6	27
36	Examining and Promoting Sleep Health in the Undergraduate Classroom: A Mixed-Methods Approach. International Journal of Environmental Research and Public Health, 2021, 18, 12297.	1.2	2

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37	Insomnia Disorder and Behaviorally Induced Insufficient Sleep Syndrome: Prevalence and Relationship to Depression in College Students. Behavioral Sleep Medicine, 2020, 18, 275-286.	1.1	40
38	Anxiety and executive functions in mid-to-late life: the moderating role of sleep. Aging and Mental Health, 2020, 24, 1459-1465.	1.5	3
39	Effects of Brief Behavioral Treatment for Insomnia on Daily Associations between Self-Reported Sleep and Objective Cognitive Performance in Older Adults. Behavioral Sleep Medicine, 2020, 18, 577-588.	1.1	9
40	Reciprocal Effects Between Loneliness and Sleep Disturbance in Older Americans. Journal of Aging and Health, 2020, 32, 1156-1164.	0.9	43
41	Sleep Inconsistency and Markers of Inflammation. Frontiers in Neurology, 2020, 11, 1042.	1.1	38
42	0313 Is Healthy Sleep Possible for Professional Firefighters? A Comparison of "On-Duty―and "Off-Dutyâ€ Sleep Quantity and Quality. Sleep, 2020, 43, A118-A118.	0.6	2
43	Nightly fluctuations in sleep apnea severity and clinical practice guidelines for diagnostic testing. Journal of Clinical Sleep Medicine, 2020, 16, 1625-1626.	1.4	0
44	Parkinson's family dynamics and caregiver sense of coherence: A familyâ€systems approach to coping in Mexico and the United States. Aging Medicine (Milton (N S W)), 2020, 3, 252-259.	0.9	3
45	Mental health and sleep disparities in an urban college sample: A longitudinal examination of White and Black students. Journal of Clinical Psychology, 2020, 76, 1972-1983.	1.0	6
46	Sleep Disturbance, Mental Health Symptoms, and Quality of Life: A Structural Equation Model Assessing Aspects of Caregiver Burden. Clinical Gerontologist, 2020, , 1-10.	1.2	9
47	Associations between pain, objective sleep efficiency and cognition in patients with implantable cardioverter defibrillators. Sleep Medicine, 2020, 72, 122-125.	0.8	5
48	Sour sleep, sweet revenge? Aggressive pleasure as a potential mechanism underlying poor sleep quality's link to aggression Emotion, 2020, 20, 842-853.	1.5	11
49	Night-to-night fluctuations in sleep apnea severity: diagnostic and treatment implications. Journal of Clinical Sleep Medicine, 2020, 16, 539-544.	1.4	12
50	Cognitive performance in patients with implantable cardioverter defibrillators: Associations with objective sleep duration, age and anxiety. Journal of Sleep Research, 2019, 28, e12810.	1.7	4
51	Development of a Program Promoting Person entered Care of Older Adults with Sleep Apnea. Journal of the American Geriatrics Society, 2019, 67, 2204-2207.	1.3	1
52	0856 Higher Sleep Efficiency Improves Attention and Processing Speed in Patients with Severe Pain and Implantable Cardioverter Defibrillators. Sleep, 2019, 42, A343-A344.	0.6	0
53	0982 Decide2Rest: A Program for Promoting Person-centered Obstructive Sleep Apnea (OSA) Treatment. Sleep, 2019, 42, A395-A395.	0.6	0
54	0163 Intraindividual Variability in Objective and Subjective Sleep Longitudinally Predicts Social Acceptance. Sleep, 2019, 42, A67-A67.	0.6	0

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55	Insomnia Disorder Among Older Veterans: Results of a Postal Survey. Journal of Clinical Sleep Medicine, 2019, 15, 543-551.	1.4	18
56	DISCRIMINATION AND DEPRESSION IN MID- TO LATE LIFE: THE ROLE OF OPTIMISM. Innovation in Aging, 2019, 3, S315-S316.	0.0	0
57	REDUCING DYSFUNCTIONAL BELIEFS ABOUT SLEEP PROVIDES LONG-TERM BENEFIT IN OLDER ADULTS WITH INSOMNIA. Innovation in Aging, 2019, 3, S526-S527.	0.0	0
58	LONELINESS PREDICTS REDUCTIONS IN SLEEP QUALITY IN OLDER AMERICANS. Innovation in Aging, 2019, 3, S529-S529.	0.0	1
59	WHICH CAME FIRST, WELL-BEING OR PHYSICAL HEALTH? A LONGITUDINAL INVESTIGATION IN MID- TO LATE LIFE. Innovation in Aging, 2019, 3, S721-S721.	0.0	0
60	VALIDATION AND CLINICAL USEFULNESS OF A SLEEP HEALTH SCALE IN LATE LIFE. Innovation in Aging, 2019, 3, S526-S526.	0.0	2
61	0836 The Association Between Discrimination and Sleep is Exacerbated in Individuals with Comorbid Chronic Health Conditions. Sleep, 2019, 42, A335-A336.	0.6	0
62	Sleep and Pain: the Role of Depression. Current Sleep Medicine Reports, 2019, 5, 173-180.	0.7	6
63	0893 Sleep Health as a Predictor of Mental Health and Quality-of-Life Among Informal Caregivers. Sleep, 2019, 42, A359-A359.	0.6	0
64	0164 Sleep Health Mediates the Association between Social Rhythmicity and Anxiety. Sleep, 2019, 42, A67-A68.	0.6	0
65	Hypnotic Discontinuation Using a Blinded (Masked) Tapering Approach: A Case Series. Frontiers in Psychiatry, 2019, 10, 717.	1.3	8
66	0267 Objective and Subjective Sleep Characteristics of Male Older Adults who Experienced Cerebrovascular Events. Sleep, 2019, 42, A109-A109.	0.6	0
67	Parkinson's family needs and caregiver mental health: A cross-cultural comparison between Mexico and the United States. NeuroRehabilitation, 2019, 45, 433-442.	0.5	4
68	Sleep and pain interference in individuals with chronic pain in mid―to lateâ€life: The influence of negative and positive affect. Journal of Sleep Research, 2019, 28, e12807.	1.7	20
69	<scp>CBT</scp> for lateâ€life insomnia and the accuracy of sleep and wake perceptions: Results from a randomizedâ€controlled trial. Journal of Sleep Research, 2019, 28, e12809.	1.7	22
70	A systematic review of the amount and timing of light in association with objective and subjective sleep outcomes in community-dwelling adults. Sleep Health, 2019, 5, 31-48.	1.3	22
71	Pain inconsistency and sleep in mid to late-life: the role of depression. Aging and Mental Health, 2019, 23, 1174-1179.	1.5	12
72	Sleep and Cognition in Older Adults. Sleep Medicine Clinics, 2018, 13, 93-106.	1.2	167

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73	The ACTIVE conceptual framework as a structural equation model. Experimental Aging Research, 2018, 44, 1-17.	0.6	9
74	Measuring Sleep in Vulnerable Older Adults: A Comparison of Subjective and Objective Sleep Measures. Clinical Gerontologist, 2018, 41, 145-157.	1.2	74
75	Effects of 90 Days of Resveratrol Supplementation on Cognitive Function in Elders: A Pilot Study. Journal of Alternative and Complementary Medicine, 2018, 24, 725-732.	2.1	37
76	Caregiving-Related Sleep Problems and Their Relationship to Mental Health and Daytime Function in Female Veterans. Behavioral Sleep Medicine, 2018, 16, 371-379.	1.1	8
77	Cognitive Expectancies for Hypnotic Use among Older Adult Veterans with Chronic Insomnia. Clinical Gerontologist, 2018, 41, 130-135.	1.2	2
78	Self-perceived Difficulties in Everyday Function Precede Cognitive Decline among Older Adults in the ACTIVE Study. Journal of the International Neuropsychological Society, 2018, 24, 104-112.	1.2	35
79	Psychological Interventions for Late-Life Insomnia: Current and Emerging Science. Current Sleep Medicine Reports, 2018, 4, 268-277.	0.7	14
80	0908 Avoidant Coping As A Mediator Of The Sleep-Pain Relationship In Mid- To Late-life. Sleep, 2018, 41, A337-A337.	0.6	0
81	Sleep Outcomes With Cognitive Behavioral Therapy for Insomnia Are Similar Between Older Adults With Low vs. High Self-Reported Physical Activity. Frontiers in Aging Neuroscience, 2018, 10, 274.	1.7	2
82	Who Cares about Sleep in Older Adults?. Clinical Gerontologist, 2018, 41, 109-112.	1.2	10
83	Efficacy of brief behavioral treatment for insomnia in older adults: examination of sleep, mood, and cognitive outcomes. Sleep Medicine, 2018, 51, 153-166.	0.8	46
84	Sleep and Pain in Mid- to Late-Life: An Exploration of Day-to-Day Pain Inconsistency. Clinical Gerontologist, 2018, 41, 123-129.	1.2	8
85	Estimated Prevalence of Insomnia among Women Veterans: Results of a Postal Survey. Women's Health Issues, 2017, 27, 366-373.	0.9	34
86	A Four-Session Sleep Intervention Program Improves Sleep for Older Adult Day Health Care Participants: Results of a Randomized Controlled Trial. Sleep, 2017, 40, .	0.6	41
87	Night-to-Night Sleep Variability in Older Adults With Chronic Insomnia: Mediators and Moderators in a Randomized Controlled Trial of Brief Behavioral Therapy (BBT-I). Journal of Clinical Sleep Medicine, 2017, 13, 1243-1254.	1.4	21
88	Efficacy of Cognitive Behavioral Therapy for Insomnia in Older Adults With Occult Sleep-Disordered Breathing. Psychosomatic Medicine, 2016, 78, 629-639.	1.3	37
89	Acceptability of Medication and Nonmedication Treatment for Insomnia Among Female Veterans: Effects of Age, Insomnia Severity, and Psychiatric Symptoms. Clinical Therapeutics, 2016, 38, 2373-2385.	1.1	21
90	Cognitive Behavioral Therapy for Insomnia in Older Veterans Using Nonclinician Sleep Coaches: Randomized Controlled Trial. Journal of the American Geriatrics Society, 2016, 64, 1830-1838.	1.3	70

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91	Changes in Sleep Predict Changes in Affect in Older Caregivers of Individuals with Alzheimer's Dementia: A Multilevel Model Approach: Table 1 Journals of Gerontology - Series B Psychological Sciences and Social Sciences, 2016, 71, 458-462.	2.4	28
92	Adherence to Continuous Positive Airway Pressure in Existing Users: Self-Efficacy Enhances the Association between Continuous Positive Airway Pressure and Adherence. Journal of Clinical Sleep Medicine, 2016, 12, 169-176.	1.4	37
93	Association Between Sleep and Physical Function in Older Veterans in an Adult Day Healthcare Program. Journal of the American Geriatrics Society, 2015, 63, 1622-1627.	1.3	33
94	Association Between Pain and Functional Independence in Older Adults During and After Admission to Rehabilitation After an Acute Illness or Injury. Journal of the American Geriatrics Society, 2015, 63, 2275-2281.	1.3	6
95	Self-reported physical activity and objective aerobic fitness: differential associations with gray matter density in healthy aging. Frontiers in Aging Neuroscience, 2015, 7, 5.	1.7	16
96	Self-reported sleep duration mitigates the association between inflammation and cognitive functioning in hospitalized older men. Frontiers in Psychology, 2015, 6, 1004.	1.1	5
97	Patterns and Predictors of Sleep Quality Before, During, and After Hospitalization in Older Adults. Journal of Clinical Sleep Medicine, 2015, 11, 45-51.	1.4	18
98	Predictors of Obstructive Sleep Apnea on Polysomnography after a Technically Inadequate or Normal Home Sleep Test. Journal of Clinical Sleep Medicine, 2015, 11, 1313-1318.	1.4	28
99	Cognitive functioning throughout the treatment history of clinical lateâ€life depression. International Journal of Geriatric Psychiatry, 2015, 30, 1076-1084.	1.3	12
100	Development of the Usability of Sleep Apnea Equipment – Positive Airway Pressure (USE-PAP) questionnaire. Sleep Medicine, 2015, 16, 645-651.	0.8	7
101	Sleep Problems in the Elderly. Medical Clinics of North America, 2015, 99, 431-439.	1.1	118
102	Intervention Markers of Physical Activity Maintenance in Older Adults. American Journal of Health Behavior, 2015, 39, 487-499.	0.6	36
103	Sleep in the Context of Healthy Aging and Psychiatric Syndromes. Sleep Medicine Clinics, 2015, 10, 11-15.	1.2	28
104	Human factors/usability barriers to home medical devices among individuals with disabling conditions: In-depth interviews with positive airway pressure device users. Disability and Health Journal, 2015, 8, 86-92.	1.6	19
105	Diversity in Late Life: Definitions, Implications, and Considerations. Clinical Gerontologist, 2014, 37, 1-3.	1.2	1
106	Exercise and sleep in communityâ€dwelling older adults: evidence for a reciprocal relationship. Journal of Sleep Research, 2014, 23, 61-68.	1.7	94
107	Decrease in Daytime Sleeping Is Associated with Improvement in Cognition After Hospital Discharge in Older Adults. Journal of the American Geriatrics Society, 2014, 62, 47-53.	1.3	12
108	Clinical Geropsychology: Treatment and Research Approaches With Rural Older Adults. Clinical Gerontologist, 2014, 37, 64-75.	1.2	4

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109	Content and Perceived Utility of Mental Imagery by Older Adults in a Peer-Delivered Physical Activity Intervention. Journal of Applied Sport Psychology, 2014, 26, 129-143.	1.4	9
110	Older Adults Display Concurrent but notÂDelayed Associations Between Life Stressors and Depressive Symptoms: AÂMicrolongitudinal Study. American Journal of Geriatric Psychiatry, 2014, 22, 1131-1139.	0.6	12
111	Greater Night-to-Night Variability in Sleep Discrepancy Among Older Adults with a Sleep Complaint Compared to Noncomplaining Older Adults. Behavioral Sleep Medicine, 2013, 11, 76-90.	1.1	27
112	Functional Language Networks in Sedentary and Physically Active Older Adults. Journal of the International Neuropsychological Society, 2013, 19, 625-634.	1.2	23
113	Patterns of sleep quality during and after postacute rehabilitation in older adults: a latent class analysis approach. Journal of Sleep Research, 2013, 22, 640-647.	1.7	8
114	Cognitive Inconsistency and Practice-Related Learning in Older Adults. GeroPsych: the Journal of Gerontopsychology and Geriatric Psychiatry, 2013, 26, 173-184.	0.2	1
115	Prevalence and Symptoms of Occult Sleep Disordered Breathing among Older Veterans with Insomnia. Journal of Clinical Sleep Medicine, 2013, 09, 1173-1178.	1.4	27
116	Day-to-day variability in nap duration predicts medical morbidity in older adults Health Psychology, 2012, 31, 671-676.	1.3	24
117	Habitual Sleep, Reasoning, and Processing Speed in Older Adults with Sleep Complaints. Cognitive Therapy and Research, 2012, 36, 156-164.	1.2	21
118	Peer Volunteers Improve Long-Term Maintenance of Physical Activity With Older Adults: A Randomized Controlled Trial. Journal of Physical Activity and Health, 2011, 8, S257-S266.	1.0	116
119	Peer volunteers improve long-term maintenance of physical activity with older adults: a randomized controlled trial. Journal of Physical Activity and Health, 2011, 8 Suppl 2, S257-66.	1.0	45
120	Daily Variations in Objective Nighttime Sleep and Subjective Morning Pain in Older Adults with Insomnia: Evidence of Covariation over Time. Journal of the American Geriatrics Society, 2010, 58, 925-930.	1.3	47
121	Tackling sleeplessness: psychological treatment options for insomnia in older adults. Nature and Science of Sleep, 2010, 2, 47.	1.4	28
122	Race-Related Cognitive Test Bias in the Active Study: A Mimic Model Approach. Experimental Aging Research, 2010, 36, 426-452.	0.6	19
123	Treatment of Late-life Insomnia. Sleep Medicine Clinics, 2009, 4, 593-604.	1.2	17
124	Sleep and affect in older adults: using multilevel modeling to examine daily associations. Journal of Sleep Research, 2008, 17, 42-53.	1.7	145